was reached. There a former St. Ann's boy, the Rev. Director, Brother William; extended them one of those genuine Irish welcomes that can only be expressed in the Celtic «Coed mille failtha», and which is untranslated. It would be too long to relate all the pleasant and happy incidents that marked this visit to Quebec, and the homeward journey; but the members of St. Ann's Cadet Band, were they to live far beyond the allotted three score and ten, can never forget their first magnificent pilgrimage to the shrine of Ste Anne de Beaupré.

Br. PRUDENT.

The Manner of saying the Rosary

There are different manners or saying this prayer well. The first is to attach ourselves to the sense of the words to enjoy them, to penetrate into them; the mind tires and is wearied, the heart never. A second manner is to propose to ourselves, before commencing each decade, a special intention, which by occupying the mind and the heart whilst reciting it, obviates the weariness of repetition by means of the particular interest attached to each intention. For example: One decade may be said for some fault which needs to be corrected. Another for such or such a virtue to be acquired; the third for such or such a grace which we desire; a fourth for the conversion of sinners or some particular sinner, and a fifth for the souls in purgatory. A third manner is to occupy ourselves with the mysteries of the rosary; one day with the mys. iss—the Annunciation, the Visitation, Christmas, the Purification, and the finding of Jesus in the Temple: the second day a meditation way be made on the sorrowful mysteries — Jesus in the Garden of Olives, scourged, crowned with thorns, bearing His cross, crucified; the third day it will be the glorious mysteries - the Resurrection, the Ascension Pentecost, the Assumption, and the Coronation of the Blessed Virgin in heaven. Is there not abundant and varied matter for our meditation in all these great mysteries, and shall we still doze to speak of, monotony? A fourth manner of reciting the rosary is to consider the Blessed Virgin in the first decade as daughter of the Father; the second, as mother of the Son; in the third, as spouse of the Holy Ghost; in the fourth, as Queen of the Church Triumphant; in the fifth as Queen of the Church Suffering; in the sixth, as Queen of the Church Militant. These are new points of view eminently suited to sustain piety during the recitation of each decade. Have we recourse to these different means for saying the rosary well?

(St. Boniface Calendar.)