

Address WHITE STAR LINE, 118 Notre Dame street W., Montreal, Can.

tims of the quackery. It is most essential that the youth be properly taught by word and example to think pure thoughts and live a clean, pure life; but we are even to-day not giving sufficient attention to such instruction, and inasmuch as the evil exists, it is the duty of every parent and teacher to protest against the publishing of advertisements that are positively harmful to the youth. Every youth should be taught that the only way to gain vitality that has been lost by abnormal living is to observe the principles of health that should be made familiar to every child. tims of the quackery. It is most essential

## Purity in Schools.

(By Belle H. Mix.)

The heavenly Parent has made possible the impartation of truth concerning the reproducimpartation of truth concerning the reproductive powers in terms so chaste as to bring no blush to the cheek of the innocent child of culture and clean inheritance, yet so simple that the boy or girl from the slums could not mistake their meaning. Strange it is, that the cry of the children for light on the origin of life has been so long unheeded or shamefully evaded! Life that all so love!

Why should the story of the beginning of that which is so highly treasured be hidden in foul fogs of fear and deceit? Let the school speedily become a promoter of that knowledge for lack of which the people perish.

school speedily become a promoter of that knowledge for lack of which the people perish.

Many parents are prevented from giving needed instruction through the fear that chi'dish lips will put them to confusion by questions referring to their own obedience to God's laws governing sex-life and its relations. Teachers may in a measure make amends for the omission in the house. Could the inmates of insane hospitals, penitentiaries and reform schools make known the steps by which they were first led astray, the results of neglected responsibility on the part of parents and teachers would produce an awakening to duty in the home, and physiological instruction in school would no longer ignore the most important physical powers. Children will be easily impressed by the reverently told 'story of life.' They do not see evil in creative functions until taught to look at these mysteries through the perverted moral vision of their elders. As Frances Willard stated in one of her annual addresses, 'The great difficulty is that adults have not been taught to think purely of all things pertaining to sex.'

Yet impure thinking is inevitable, so long as impure practices prevail, and society and law sanctions the perversion of creative powers in the marital relation. When this ceases to be general, there will be a multitude who are truly 'pure in heart and see God' as clearly in right sex relation, as in the springing grass, the opening flower, or the star-lit sky.

# Raspberry Tart.

Line a deep earthen pie dish with pie crust and fill the dish up with the berries, sprinkling them thickly with sugar. Roll out an upper crust a little thicker than the under crust and larger than the top of the pie. Spread this on top, but do not press down the edges. Bake in a moderate oven. Make a custard as follows: Put a cup of rich milk in the dcuble-boiler and place over the fire to scald. Mix a level teaspoonful of corn-starch with a little cold water or milk and add to the hot milk; then add a tablespoonful of sugar.

Beat the whites of two eggs and add to the mixture. Stir and cook a moment, then remixture. Stir and cook a moment, then remove from the fire and stand the dish in a basin of cold water and stir until the custard is cold. When the pie is baked carefully remove the top crust and pour the custard over the fruit; replace the crust and let the pie get perfectly cold before serving it.

### Apprehension.

Don't you trouble trouble
'Till trouble troubles you,
Don't you look for trouble,
Let trouble look for you.

Then don't you trouble trouble
'Till trouble troubles you
You'll only double trouble
And trouble others too. -Selected.

# Religious News.

(Continued from page 2.)

ing their teachings in any way. The people are said to be drifting away from all belief in the church and from the control of the priests. the church and from the control of the priests. One of their priests states that while in some villages a number still attend mass, in others the church was so deserted that on Sunday mornings the attendance consisted only of the priest, his servants and the sexton, while in some churches grass was growing between the stones on the floor. It is sometimes heard, 'We do believe in God, but we do not believe in the priests.' M. Boissonnas, secretary of the Société Centrale, recently reported that in some parts of the country no religious ceremony has been held for ten years.

The French Congo, in western Africa extends from the Atlantic Ocean inland along the right bank of the Congo River, and contains about ten millions of people, upon an area of 450,000 square miles. Besides the Roman Catholic missionaries, American Presbyman Catholic missionaries, American Presbyterian and French missionaries are at work. The Paris Missionary Society entered the field twenty years ago at the request of the Presbyterians, who had difficulties with the French officials over the language to be used in the schools, and desired to limit themselves to the extreme northwest of the colony (Libreville and Angom). The French mission-

# Church BELLS Memorial Bells Chime BELLS a Specialty Poal McShane Bell Foundry Co., Baltimore, Ms., U.S.A.

SEND \$1 Receive 4 Wool Remnants, suitable for Boys' knee pants up to 11 years. Give age, and we will cut pants free; add 25 cents for postage. N. SOUTHCOTT & CO., London. Ont.

# ARMER AS

### Synopsis of Canadian Northwest Land Regulations.

ANY person who is the sole head of a family, or any male over 18 years old, may homestead a quarter-section of available Dominion land in Mahiltoba, Saskatchewan or Alberta. The applicant must appear in person at the Dominion Lands Agency or Sub-Agency for the district. Entry by proxy may be made at any agency, on certain conditions, by father, mother, son, daughter, brother or sister of intending homesteader.

Duties. — Six months' residence upon and cultivation of the land in each of three years. A homestead on a farm of at least 80 acres solely owned and occupied by him or by his father, mother, son, daughter, brother or sister.

In certain districts a homesteader in good standing may pre-empt a quarter section alongside his homestead. Price 43.00 per acre. Duties—Must reside six months in each of six years from date of homestead entry (lacluding the time required to earn homestead patent), and cultivate fifty acres extra.

A homesteader who has exhausted his homestead right and cannot obtain a pre-emption may take a purchased homestead in certain districts. Price, \$2.00 per acre. Duties-Must reside six months in each of three years, cultivate fifty acres and erect a house worth \$300,00.

W. W. CORY.

Deputy of the Minister of the Interior.

N.B.—Unauthorized publication of this advertisement will not be paid for.

When writing to advertisers please mention the "Northern Messenger."

aries were at first welcomed and aided by the officials, but are now being treated with in-difference, yet they are unhindered in their work, which extends along the river Ogowe. The chief work is educational, and four boys and two girls' schools have been founded upon the four stations. About forty native helpers preach in the villages, where 2,500 native Christians are found. Few women have been converted, and thus a Christian family-life is almost altogether lacking. Eleven European missionaries and two lady teachers are at work, but more are much needed because of the calls from other parts of the field, where the soil is being prepared by native Christians who are not in the employ of the missionaries, but preach Christ wherever they go. A most preserve in given indeed. encouraging sign indeed.

Reports to the Anti-Saloon League from 22 States up to within a few days before the holidays of 1908-09 placed the number of saloons put out of business during the year at 9,974. Additional reports received since from other States bring the number to more than 15,000 saloons expelled last year. More than 325,000 square miles and a population of 4,300,000 were added 5 the prohibition territory of the United States in these recent conflicts. There are now about 38,000,000 people flicts. There are now about 38,000,000 people living under prohibition, as contrasted with about 6,000,000 in 1893.—'The American Is-

### THE NORTHERN MESSENGER.

#### ANNUAL SUBSCRIPTION RATES.

(Strictly in Advance.)

8 .40 a year Single Copies

Ten Copies or more, to one address,

Six months trial at half the above rates.

Six months trial at half the above rates.

Postage included for Canada (Montreal and Suburbs excepted)
Newfoundland and the British Isles also for Bahamas, Barba,
does, Bermuda, British Guiana, British Honduras, British North
Borneo, Ceylom, Cyprus, Falkland Islands, Fiji, Gambia
Gibraltar, Hongkong, Jamaica, Leeward Islands, Malta
Mauritius, New Zealand, Northern Rigeria Sarawak
Seychelles, Sierra Leone, Southern Nigeria, Transvaal, Trinidad
Tobago, Turk's Island and Zanzibar.

U. S. Postage 10c extra to the United States, Alaska Rawaiian and Philippine Islands except in clubs, to one address, when each copy will be fifteen cents extra postage per annum.

Samples and Subscription Blanks freely and promptly sent on request.

### A SPLENDID GROUP-TRY IT! TRY ONE-TRY ALL!

The 'Witness' For over sixty years univalled in the confidence of the Canadian pubrivalled in the confidence of the Canadian public. Latest news, market reports, etc., financiai and literary reviews, good stories, home and boys pages, queries, etc., etc. Valuable departments devoted to farming interests. At clean, commercial, agricultural and home news-

clean, commercial, agricultural and home newspaper. (Send for a sample.)
'Daily Witness,' \$3.00 a year.
'Weekly Witness and Canadian Homestead,' \$1.00 a year.
(Foreign postage extra.)
'World Wide' A weekly reprint of the best things in the world's great journals. Reflects the thought of the times. Best cartoons of the week. The busy man's paper. Nothing like it anywhere for the money. Send for a sample. \$1.50 a year to all parts of the world.

'Canadian Pictorial' Canada's popular illustrated monthly. High grade paper, high grade pictures. Interesting to young and old alike. Many of its full page pictures suitable for framing. \$1.00 a year to all parts of the world.

The 'Northern Messenger' speaks for itself. A favorite for over forty years, and increasingly popular. A potent influence for good.—a Subscription rates above.

JOHN DOUGALL & SON, 'Witness' Block fontreal. Publishers of 'Witness,' 'World Vide,' and 'Northern Messenger,' agents for Montreal. Wide, and Northern the 'Canadian Pictorial,'

THE 'NORTHERN MESSENGER' is printed and published every week at the 'Witness' Building, at the corner of Craig and St. Peter streets, in the city of Montreal, by John Redpath Dougall and Frede ick Eugene Dougall, both of Montreal.

All business communications should be addressed 'John Dougal' & Son,' and all letters to the editor should be addressed Editor of the 'Northern Messenger.'