

A very quict wedding took place at least ownight. But as son, and song the point of the point of

HEALTH TALKS By John B. Huber, A. M., M. D.

Obesity. Why are a great many people stouter bon they will the distinguished editor found traveling no hardship. Why should he since he so plainly has "the mighty means of securing true has "the mighty means of securing true has used." To be sure, he would probably not say that he loves all these people with whom he beguides his travels. And

to be? Obesity comes on sometimes by rea-son of hereditary, a family tendency. In some cases this tendency is shown soon after birth. But generally speak-ing, it does not manifest itself until after 40. Some such overweights are remarkably light feeders, and are rather more active in their daily occupations than their neighbors. And yet they remain stout. Such people can do much in the way of keeping themselves from becoming enormous; but they must once and for all give up all idea of having lithe, willowy and "svelte" fig-ures. But substitute for love in the quota-tion "a complete web of friendly in-terest and friendly feeling" and Tol-stoi's dictum is still true. This man is doing brilliantly in a maternal way, and beyond that he en-joys life and makes those with whom he comes into contact enjoy it, too. Isn't his method worth cultivating? HAS 400 ACRES OF FLAX. PARKHILL, July 1.-The Ontario Flax Company has about 400 acres of good flax this year. It is expected that pulling will begin in July. Prices of-fiered are from \$15 to \$18 per acre.

ures. However, such cases of hereditary stoutness are not nearly so frequent as imagined. There have been peopie of enormous weight, in the freak class, whose parents were no stouter than ordinary, and in some instances under-weight. As a general rule, obesity is acquired after birth and is not heredacquired after birth and is not hered-itary. With many stout people the, question is a good deal one of temper-ament; it goes against the grain for them to reduce. The process makes them miserable; and they conclude they had rather remain fat and friendly and kindly than get thin and mean-tem-pered, which latter goes hopelessly

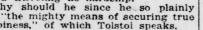


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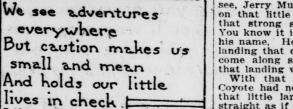
the last hundred miles and we talked about everything." After that little tale we wondered no longer why the distinguished editor his nose high. Then he grinned. You



than they ought to be or than they want to be? Obesity comes on sometimes by rea-son of hereditary, a family tendency. In some cases this tendency is shown in the beguiles his travels. And perhaps "love" is too strong a word. But substitute for love in the quota-tion "a complete web of friendly in-terest and friendly feeling" and Tol-

pulling will begin in July. Prices fered are from \$15 to \$18 per acre.

THE CHEERFUL CHERUB We see adventures



that landing was his. With that to guide him Old Man Coyote had no trouble at all in finding that little landing. He went to it as straight as if he had known all the time that little landing. He went to it as that ittle landing. He went to it as take an experiment that only a couple straight as if he had known all the time exactly where it was. He didn't expect to find Jerry there, so he didn't hesitate to walk right out and examine it. It was well to know all about that little landing. Old Mon Gouste was meetly pleased by the state of the angels could pull off. Having put a prudent and likeable distance between you and mother-in-law, put the good thought on her. Keep your mind fastened on her virtues in-stead of going on a still hunt for all of THE.

is walk right out and examine it. It was well to know all about that little anding.
Old Man Coyote was greatly pleased when he found that it was a new and that it. Suppose she is overflowing that jerry probably would make us an every film an insatilable curiosity that makes be gooding and privace and set it and that in a for the same and that the old have ne interests in life cach dery that night, so as soon found the his attention to Peter Rabbit this wonderful nose soon found the had seen Hooty the Owl and ware and fail of nations.
The isn't more than a rew good jumps from here this very mind that performed as the diamer to some of the set of a soft in the very mind that after all the soft of a soft in the very mind that after all the soft of a soft in the very mind that after all the soft of a soft in the very mind that after all the soft of a soft in the very mind that after all the soft of a soft in the very mind that after all the soft of a soft in the very mind that after all the soft in the very mind that after all the soft of a soft in the very mind that after all the soft of a soft in the very mind that after all the soft in the very mole has a take and were marked of equal parts of love and appreciation. It's wonderful how it was worth a little patience. His mouth at in the very mind the soft in soft in the baset of ore her, and that you take and with his wonderful nose kept test in the soft in the very and that after all the worth as soft in the heart of the soft in the baset of the soft in the the soft in the the soft in the

states that: "In view of the alarming and wide-spread use of the cigarette among the young boys and young woan extended trip to Eastern points.

PARKHILL LOSES TEACHERS. men, we recommend that every union in the county will at once, if possible, appoint a superintendent of narcotics, who will sound the alarm relative to PARKHILL, July 1 .- Mr. McRichan, principal of the high school, has rethe grave menace the cigarette evil is to prospective motherhood, and also to the boys of Canada, through physical signed and will teach in Petrolea next year. Miss Alberta Watson has resigned also and will teach in Port Arand mental lowering of the standard of efficiency, now so necessary to reap suc-cess in every department." thur, and Mr. Coon, principal of the public school, will go to Glencoe. Park-hill is losing three teachers who will be difficult to replace.

THE GROWTH OF DISEASE. shoulder, and thy loins girded for fight. Equally important is the stand taken Rather shalt thou come therein as the Equally important is the stand taken Dove of Peace, seeking a roosting place, against the spread of venereal disease, Third: Thou shalt not regard thy the recommendation reading: "In view"

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SPLENDID SKIRT FOR WEARING' WITH SEPARATE WAISTS OR AS A SUIT SKIRT.

AMART

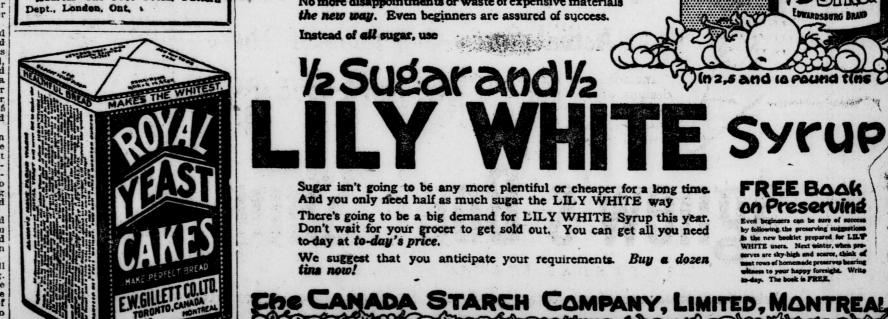
Eighth: Thou shalt not forget that thou showest thy husband the quality of thy love by the way in which thou conducteth thyself to his mother, and if thou art tender and loving to her he will arise and bless thy name, and es-teem thee a wife whose price is above rubies, yea, above much fine gold, and sirens shall vamp him in vain. Ninth: Remember that the day com-eth when thou shalt sit among, the

eth when thou shalt sit among the mothers-in-law, and even as thou hast treated thy mother-in-law thy daugh-ter-in-law shall hand it to thee. These simple rules are guaranteed to cure the most acute case of mother-ifflawitis with which any bride may be

The stopped and held his nose high. Then he grinned.
 see, Jerry Muskrat had left behind him on that little landing of his a little of that she will love you gike a going to take you to live with mother, and that she will love you gike a daughter, so that she will love you will wait until her and held his nose his name. He had left is on that little of that she will love you will wait until her and held his nose his name. He had left is on that little come along should know at once that will not that she will love you are wise to the fact that not mand it that the did his nome along should know at once that will the target of target of the target of target of the target of targe

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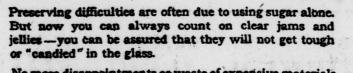
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