

## YOUNG GIRLS NEED CARE

Mothers! Watch Your Daughters' Health

Health Is Happiness



From the time a girl reaches the age of twelve until womanhood is reached she needs all the care the thoughtful mother can give.

The condition that the girl is then passing through is so critical and may have such far-reaching effects upon her future happiness and health that it is almost criminal for a mother or guardian to withhold sound advice.

Many a woman has suffered years of prolonged pain and misery through having been the victim of thoughtlessness or ignorance on the part of those who should have guided her through the dangers and difficulties that beset this period.

Mothers should teach their girls what danger comes from standing around with cold or wet feet, from lifting heavy articles, and from overexertion. Do not let her overstudy. If she complains of headache, pains in the back and lower limbs, or if you notice a slowness of thought, nervousness or irritability on the part of your daughter, make life easier for her. She needs thoughtful care for a few years.

In all such cases Lydia E. Pinkham's Vegetable Compound should be given as it is especially adapted for such conditions. It contains nothing that can injure and can be taken in perfect safety.

Read how Mrs. Elcher helped her daughter. She says:

"At the age of sixteen my daughter was having trouble every month. She had pains across her back and in her sides. Every month her back would pain her so she could not do her work and would have to lie down. My married daughter recommended Lydia E. Pinkham's Vegetable Compound and I read the books which were left at my door. She took it faithfully and is now regular and has no pain. We recommend the Vegetable Compound and give you permission to publish this letter in your little book and in the newspapers."

Mrs. Williams will profit by her own experience. She says:

"When I was thirteen years old I had sick spells each month and as I was very backward I would bear the pain and my mother knew nothing about it. I read in the daily paper about Lydia E. Pinkham's Vegetable Compound and took my own spending money and bought a bottle. It helped me so much that I took it regularly after that until I had taken two bottles and I did not have any more pain or headache and have been a healthy, strong woman. I am now 22 years old and have a little girl of my own, and when she gets old enough I shall give her some other than Lydia E. Pinkham's Vegetable Compound."

For almost fifty years Lydia E. Pinkham's Vegetable Compound has been relieving women, young and old, of ailments peculiar to their sex. Ask your neighbor about it, for in every neighborhood there are women who know of its merits.

Thousands of letters similar to the above are in the files of the Lydia E. Pinkham Medicine Co., and for years such letters have been published. Surely it is worth your while to make a fair trial of Lydia E. Pinkham's Vegetable Compound.

Lydia E. Pinkham's Private Text-Book upon "Ailments Peculiar to Women" will be sent to you free upon request. Write to The Lydia E. Pinkham Medicine Co., Lynn, Massachusetts. This book contains valuable information.

## McCORMICK'S

Jersey Cream SODA BISCUITS

are baked in the finest sunshine biscuit factory in America by experienced bakers in spotless white uniforms.

Ask for McCormick's Sodas.

"Makers of Biscuits for 62 years."

## You Need More Than A Laxative

To correct constipation, all organs of digestion and elimination should be helped. Try NR and see how much better you feel.

### NR Today—Keeps the Doctor Away

To live and be healthy, your body mechanism must properly digest your food, extract all the good from it, and promptly throw off the waste that is left. This is accomplished by the processes of digestion, assimilation and elimination—the Nature's Remedy (NR) Tablets do this for you.

The Nature's Remedy (NR) Tablets are not harsh, they do not grip, and they do not irritate. They are gentle and soothing, and they are the only laxative that does not harm the system.

By its action on the digestive system, NR drives poisons out of the body and cleans up your blood, and thereby gives you new strength, energy, better blood, better appetite. By toning, not irritating, your liver, NR sends bile into the intestine, improving intestinal digestion. Lastly, by gentle kidney action, NR drives poisons out of the body and cleans up your blood.

Try Nature's Remedy (NR) Tablets and just see how much better you feel in every way. Get a box today and take one each night for a week. You'll say you never felt better in your life. NR is sold, guaranteed, and induces constipation and gives you real, JAMES H. MOORE'S, Druggist.

When you decide to purchase a diamond ring, you should purchase a JEWELER on whom you can absolutely rely. We invite you to come in and see our stock and to ask any of our patrons whether they have ever been deceived in the quality of the jewelry we sell.

R. C. CANTIN

Jeweler, Repairer & Optician. 4- Week Repairing Specialty. WATER STREET, CAMPBELLTON, N. B.

### CAPE COVE

On Friday evening, March 4th, a surprise party was held at the home of Mr. and Mrs. Percy de Gruchy.

The main feature of the evening was the musical solos, rendered by Mr. Fred Manger on vocal solos by Mr. Arthur LeGros. We were also very grateful to Messrs. Ernest and Alex. Beck for providing the delightful violin music for the dancing.

The guests included: Misses Eva LeGrand, Esther LeGrand, Jessie Mahan, E. LeMesurier, Leonie MacNeill, C. Bower, Gertrude Beck and Mrs. O. Urquhart, Mrs. J. J. Mahan, Mrs. Ren- (Grand River) and Messrs. Ernest LeGrand, Arthur Olivier, Ernest Beck, Alex. Beck, Nelson Beck, Sidney Beck, J. Alexander, Arthur LeGros, Alfred Manger, Arthur Bauche, Frank Jean.

Mr. and Mrs. de Gruchy gave a most kind reception and altogether a delightful evening was spent.

We are pleased to see Mr. Frank Windsor of Montreal with us again.

Congratulations are extended to Mr. and Mrs. Ansel Beck on the arrival of a baby boy at their home last week.

Mr. Irwin Lyster is the guest of Mr. and Mrs. P. Aubert. His many old acquaintances are calling upon him and we are all glad to have him in our midst again.

Miss Leonie MacNeill and Miss Eva LeGrand were the guests of Mrs. P. Aubert on Wednesday afternoon.

Miss Jessie Mahan was the guest of friends in Cape Despair recently.

We notice that Mr. Geo. Lucas is about again and seems none the worse of his recent serious illness.

We hope this another storm ensuing, we hope that this will prevent the transition of the trains. For the past week they have been running quite regularly.

### CHANDLER

Chandler, Que. Feb. 28.—Mr. and Mrs. Thomas Maher returned home last Tuesday from Shigawake where they attended the funeral of Mrs. Maher's father, the late Mr. Edward Vautier.

Miss Jennie Vautier is spending a few days here the guest of her sister, Mrs. Maher.

Sincere sympathy is being expressed for Mrs. Jos. Langlois in the death of her father, Mr. Dugas, which occurred at St. Omer recently. He passed away in his seventy-fifth year.

An exciting game of hockey was played here on Saturday night between the New Carlisle and Chandler teams. The visitors were certainly no match for the local team, and the game was very one-sided, score being 12 to 2 in favor of Chandler.

A Whist and Euchre party was held in the Parish Hall on last Sunday evening, the proceeds of which were for the benefit of the Roman Catholic Church. A goodly number were in attendance and several prizes were donated to the winners.

REPORT OF GLEN LEVIT SCHOOL.

Report for the month of January. Number of pupils enrolled 32. Average made by each pupil: Grade VI.

Annie Kierstead, 96.4; Vernie Pollock, 91.6.

Grade V.

Marjorie Pollock, 86.8; Evelyn Bain, 85.6; Memory Wilnot, 77.6; Wesley Kierstead, 62.6; Simon Pollock, 50.

Grade IV.

Greta Boudreau, 84.5; Elizabeth Boudreau, 82.

Grade III.

Marion Wilnot, 99.5; Louise Bain, 93.7; Lulu Kierstead, 88.5; Bessie Smith, 67.6; Howard Boudreau, 66.

Grade II.

Jack Pollock, 87.5; Austin Thompson, 85; Laura Smith, 66.

Grade I.

Winton Wilnot, 100; Murray Pollock, 75; Vera Bain, 87.

J. M. McCARRON, Teacher.

A picture of Paris, the wicked and Paris the wonderful—painted on the screen by a Master Artist—"THE DEVIL'S PASSEY."

### "Cascarets" if Sick or Bilious

Tonight's surprise! Let a pleasant, harmless Cascaret work while you sleep and have your liver active, head clear, stomach sweet and bowels moving regularly by morning. No griping or inconvenience. 10, 25 or 50 cent boxes. Children love this candy cathartic too.

## FATHER AND SON WELL AND HAPPY

"The Way Tanlac Helped Us Is Simply Wonderful," Says Halifax Man.

"Nobility except those who have been though it can understand what I have suffered before I got hold of Tanlac," said Richard H. Week, of 13 Cabot Place, Halifax N. S.

"My stomach has been out of order for the past year or two, and my appetite got so poor that I had to force down whatever I ate. I was troubled with gnawing pains in the pit of my stomach and had sharp pains around my heart. After every meal I had a heavy feeling, like a dead weight in the pit of my stomach and felt miserable for hours. I had sick headaches with attacks of dizziness. I lost weight continually and hardly had strength and energy to drag my feet after me. My condition at one time got so bad that I had to give up work entirely for over a month. I went for days at a time without eating scarcely anything and sometimes even the sight of anything to eat made me sick."

"I noticed an improvement before I had taken half a bottle of Tanlac. I am now on my fourth bottle, have a good appetite and eat three square meals a day. Everything agrees with me and I never have a touch of indigestion. I am not bothered by constipation or dizziness any more, have gained ten pounds in weight and am working every day. Tanlac had done me so much good that I decided to try it on my little son who had been puny for years and the way it has helped him has been certainly wonderful."

Tanlac is sold in Campbellton by THOMAS WRAN, and in River Charles by THE CONTINENTAL LBR. CO., LTD.

CANADA'S NET DEBT

Is \$2,248,868,623.19

From March 1919 to March 1920

the Debt Increased \$674,337,591.39.

Ottawa, March 2.—In the House yesterday Sir Henry Drayton tabled the report of the Deputy Minister of Finance on Public accounts for the fiscal year ending March 31, 1920. The report showed a net debt at March 31, 1920, of \$2,248,868,623.19, an increase from \$1,964,853,618.61.

Receipts on account of consolidated revenue fund for the year amounted to \$849,746,334.79, and expenditures on the same account, to \$808,843,929.99, showing a surplus of ordinary receipts over ordinary expenditures. Special expenditures were made chargeable to the consolidated revenue fund amounting to \$336,943,115.15.

The net debt increased by \$674,337,591.39 over the debt at March 31, 1919. The increase was accounted for as follows:

Special expenditures, \$336,943,115.15.

Capital expenditures, \$69,301,877.83.

Non-active assets, \$283,995,005.17.

Catarhal Deafness Cannot be Cured by local applications, as they cannot reach the seat of the disease. The only effective treatment is the use of the CATARRHAL DEAFNESS CURE. This is a powerful medicine which is a combination of the most effective ingredients. It is a powerful medicine which is a combination of the most effective ingredients. It is a powerful medicine which is a combination of the most effective ingredients.

For sale.

The store premises at Dalhousie, N. B., lately occupied by the late Daniel McDonald as a Grocery and Flour and Feed Store, consisting of Grocery Store with up-to-date display counters and fixtures. Two flour sheds, ice house with meat cold storage room, barn with large storage room and stabling for four horses. The store fixtures will be sold either with the store or separately. Consisting of new Dayton Computing Scales, McKinley Account System, New Taylor Safe Show Cases, Bacon Slicer, Cheese Cutter, Oil Tank, etc. Freehold situation. This is one of the best business stands on the north shore and is sold to close out the estate.

For further particulars write to John O. McLean, Executive, Charlo Station or Mary A. McNeish, Secy. of Estate, Dalhousie, N. B. March 2-21wks.

Graphic Ads Always Pay.

## King Cole Tea

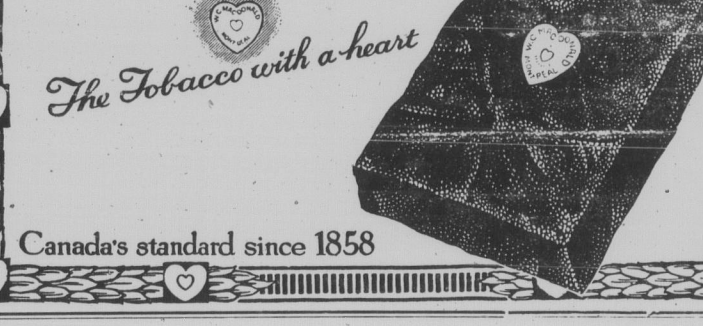
POPULAR RETAIL PRICES

RED Package	55c.	KING COLE	85c.
GREEN Package	65c.	ORANGE PEKOE	PER LB
BLUE Package	75c.	"The EXTRA" in Choice Tea	

It will be observed that the RED and GREEN Packages have again been reduced five cents per pound. For the past ten years every package of KING COLE TEA has carried a definite guarantee of satisfaction to the buyer. This guarantee is in force to day as heretofore, and will be found plainly printed on each package.

## MACDONALD'S

PRINCE OF WALES CHEWING TOBACCO



The Tobacco with a heart

Canada's standard since 1858

## OCEAN LIMITED

DELAYED IN QUEBEC

Side Swiped a String of Freight Cars: P. E. I. Man Hurt.

The South bound Ocean Limited express due here Sunday at 10:35 o'clock, did not reach here until about 9:00 in the evening, the delay being due to an accident north of Causapal, as the result of a wheel on the front truck of a colonist car breaking down, there is a number of intelligent girls in When the colonist car left the rails it this neighborhood.

Jack Poore (feeling his way)—Your charming daughter, I understand, is an excellent cook and housekeeper.

Old Lady—Yes, I have had her carefully taught, for I have always held that no lady who does not understand housekeeping can properly manage a retinue of servants.—Boston Transcript.

Plenty of Opportunity. He—I shall never marry until I meet a woman who is my direct opposite.

She—(encouraging)—Mr. Duffer, think it necessary to go hunting for an honest woman.—Boston Transcript.

## Strengthen Your Business "Morale"

Soldiers know what it means when an army's "morale" is shattered.

The fighting spirit is gone, the men invite defeat. What is true of military forces is true of some industrial armies.

At the first serious jolt their morale weakens—hope flies, courage disappears—their fighting spirit is lost. There is no place in business today for the "calamity howler." He is drawing salary or wages under false pretences. More distressing still, he is weakening the "morale" of other workers, and of the business itself.

Strengthen your business morale.

Take stock of your men as well as your goods. Venture into new fields for business.

Trade and Prosperity are interdependent. The sooner Capital, Labor and Management realize this the quicker will conditions improve.

## Tell the Story of Your Business and its Products in the Newspapers

Advertise—Create Sales—Stimulate Trade.