

Mainly About Women

BY ELIZABETH BAILEY

TELEPHONE 2380

Miss Currie Love has returned from a short business trip to Chicago.

Miss Marion Fox left for her home in Toronto yesterday.

Mrs. Graham and Miss Hodgins of Ottawa are guests at the Y. W. C. A.

Mr. Bert Polle of High River spent Monday in the city.

Mr. Jack Sharpe, Y. M. C. A. boys' secretary, left for the east on Monday night.

Miss Stella Jones of Washington is visiting her cousin, Miss Della Jones, Seventh avenue west.

Mr. Harvey Taylor has left on a holiday trip to Vancouver and Seattle.

Miss L. K. Meising of the C. P. R. offices London, England, is a guest at Braemar Lodge.

Mr. and Mrs. A. J. Macorquodale spent yesterday in the city, en route to Edmonton.

Mrs. H. Fitzgerald and Mrs. A. N. Hobbick are visiting Mrs. R. H. Hardy in Medicine Hat.

Mrs. E. V. Diver of London, England, arrived in the city yesterday, and is a guest at the Arlington Hotel.

Rev. A. Mahaffy and Mrs. Mahaffy left yesterday for Midnapore, where they will camp a couple of weeks.

Waldo, Minor, Campbell, Aldred, and Clarence Price left this afternoon for Banff and Calgary, where they will spend their vacation—Leithbridge, New.

The primary branch of the Sunday school of the Church of the Redeemer will hold their annual picnic today at St. George's Island. Parents are requested to have their children meet at Paget hall not later than 1:30 p.m., when they will proceed by car and special car to their destination, and return by the same way at 8:15 p.m.

Should the weather be unfavorable they will be entertained at Paget hall.



Imprisoned Minds
(Copyright: 1912, by Lillian Russell.)
The child that is punished for venturing its imagination is being criminally imprisoned. Our souls are full of noble aspirations, great longings and ambitions to do something in this world to lift us out of the mediocrity of just living. When we were children we always wanted to be the central figure of all the games. There never was a girl so homely and plain that she did not aspire to be the sleeping beauty in the tableau of that name.

Every one cannot travel and learn, and many who have the wealth and advantage to travel, do travel, but learn nothing, the world passes them by, and when once the world neglects to interest man or woman, then they may as well be counted among the pebbles of the sea, for there is no place in Heaven for them.



Nemo Corsets are the last word in the corset makers' art. They are a strong, well made garment, and for a lady who is particularly hard on her corset, are the best make we know of.

We have a model here for every style of figure and the prices range from \$3.50 to \$6.50 a pair.

Come and let us show you.

B.C. Binning & Co.
112 Eighth Avenue East

Western Residential Schools
Distinctively Christian—Non-Denominational.
BRAEMAR A high-class residential and day school for girls of all ages. Shaughnessy Heights, Vancouver. Large grounds, magnificent buildings, with every modern appliance for health and comfort. Staff unequalled; every teacher a specialist in her own department. Both schools open this autumn. For particulars address: DR. E. D. McLAUREN, 4 Stanley Court, Vancouver, B.C.

Havergal Ladies' College
JANIS ST. TORONTO
Principal **MISS KROX**
Thorough education on modern lines. Preparation for honors matriculation and other examinations. Separate Junior School, Domestic Science Department, Gymnasium, Outdoor Games.
HVERGAL-ON-THE-HILL College Heights, Toronto
Junior School
for the convenience of pupils resident in the Northern and Western parts of the City. Large playing grounds of nearly level ground, with a beautiful hockey. Under the direct supervision of Miss Krox, assisted by specialists in every department.
For illustrated calendars and prospectus apply to the Bureau.
SCHOOL YEAR BEGINS ON SEP. 10. R. MILLICAMP, Hon. Sec.-Treas.

Good Housekeeping

By Jane Eddington.

Some Plain Dishes

The plain, simple, almost homely dishes are in most demand. The ordinary and wholesome must make up the larger part of our everyday fare. While it is the duty of the writer on cookery to be as suggestive as possible, yet she must constantly recur to the everyday things.

For these there is always one sure source—it is the church cookbook. The little books are in general those of women who do their own cooking and who, in making their contributions, always give what is well tried and favorite.

The following are taken from a little book got out many years ago by the church in which I was baptized. It is not a well arranged work, but every recipe ought to be dependable.

French Cake—To be made at time of making any cake. Line half a dozen tins with buttered paper, and in each tin place a cup of sugar, one-half a cup of milk, one-half a teaspoon of soda one teaspoon of cream of tartar, three cups of flour, and vanilla flavoring. Drop from a teaspoon in buttered pans and bake in a quick oven.—M. S. L.

Caramel Cake—One cup of sugar, one-half a cup of butter, two eggs, one-half a cup of milk, one teaspoonful of cream of tartar, one-half a teaspoonful of soda two scant cups of flour, half a cup of raisins, and one-half a cup of nuts. Bake in a quick oven.—M. P.

Hermit's—Two eggs, one cup and a half of sugar, one-half a cup of milk, one teaspoon of soda dissolved in two tablespoons of sweet milk, one cup of stoned raisins chopped fine, one teaspoon each of nutmeg, cloves, and allspice. Mix very stiff. Cut with a cork cutter.—Mrs. E. A. W.

Nice Pickles—One quart of raw white cabbage chopped fine, one quart of boiled red beets chopped fine, one cup of sugar, one tablespoonful of salt, one teaspoonful of black pepper, one cup of ground horseradish, cover with cold cider vinegar and keep from air.—Mrs. M. W. C.

Chicken Chest—Take two or more nice chickens put until tender in a little water as possible; chop, but not too fine; season well with salt and pepper, boil six or eight eggs in hard, slice and line dishes or molds and pour in the chicken while hot, with a little of the liquor poured over it. Press in moderate oven three hours. Slice when cold.—Mrs. J. C. W.

Cream Cheese and Cherry Salad—Make small balls of the cream cheese; slice the cherries. Cut the cherries in halves and place a half cherry on two sides of the cheese balls. Serve on hearts of lettuce, with French dressing, highly seasoned with paprika.

Bananas a la Richelieu—Three-quarters cup of sugar, three-quarters cup of water, one tablespoon of butter, one and one-half tablespoons of lemon juice, two bananas cut lengthwise, and then crosswise, and one-eighth teaspoon of salt; one pint of boiled rice.

Summer Recipe
Norwegian Potatoes—One pint of raw diced potatoes, one cup of raw diced carrots, one small onion, four tablespoons of butter, one-half teaspoon of salt. Slice the onion and saute it in two tablespoons of the butter; use care that it does not burn. Add the potatoes and carrots, and turn into a greased baking dish; add enough boiling water to keep covered, and bake closely covered until potatoes are soft. Drain off the water and salt. Set in the oven uncovered to brown.



HIS WIFE'S WAGES

How much truth is there in the words of the poet who tells of her who exchanged her maiden gladness for a name and for a ring. The woman of wealth who weds exchanges the position of petted daughter for that of humored, idolized wife, with few added cares.

It is the woman who makes her own way in the world by her own industry who should look earnestly at wedlock from every viewpoint. If she has been accustomed to dress neatly and having the wherewithal to treat herself to any little luxury she craved it wedlock is not only just and right to come to a clear understanding with the man she is to wed regarding the disbursement of his money after their marriage. This no man should dislike to discuss, declaring it savors too much of business.

That is a wrong view of the matter on his part and should be a forewarning of future difficulties in this direction. For the kind of man who expects his wife to be an upper servant, as it were, doing the entire work of his house for his board and clothes. The wife does not ask money as salary or wages, but she has a right to expect a certain amount as part of the money which he promised her at the altar she would be endowed with. She does not presume that she will have to wait until he dies to have this contract carried out, but on the contrary that he will share with her as she goes along.

No matter how much a wife loves her husband, it soon becomes tiresome to her to go to him for every penny she needs or to give an account to him of every cent she spends. Even a housekeeper would resent too close an inquiry into the expenditures and consider that her judgment was competent as to how much she should invest; that a dollar or two more than had been calculated should not be argued over.

The paid housekeeper has an advantage over the unpaid wife. She is not called upon to give up any of her earnings for sudden reverses. She can leave whenever she chooses, having no life compact on her hands. The discouragement of being penniless after working a lifetime for a husband ends in a wife's breakdown.

No man who loves his wife and can afford her a handsome income should allow her to be without it. Being a wife does not always bring its rightful reward. Meet husbands mean well.

"O, Dear Me!"

"Dear Miss Libbey: I am of good family, but poor, have a fairly good education, and am full of fun. I have a lady friend of about 20. I have been in love with her for the last twelve months. We have been engaged for about six months.

"She treats me nicely in her parlour one evening in every seven, but she is not any more familiar now than she was before we were engaged. When we are in company it seems as if she wishes them to think she cares absolutely nothing for me. When I ask and converse her love she refuses; but I must say she treats me with fair respect. However, I am quite sure she could treat me much better than she does.

"O, dear me! If she only knew how my poor heart is filled with love for her she would be different. She is a lovely little belle, admired by one and all. Under the circumstances should I marry her or not?"

"How decided you are! If you really loved the girl you would not make such a foolish request. The girl sounds like she has good sense not to want to make any display of affection in public. If you love her, marry her of course.

Shall She Reform Him?
"Dear Miss Libbey: I went with a young man for two years. He told me frankly what kind of a life he had led and I told him to forget it and start all over again. I took him to church, kept him in good company, made him stop his bad habits and tried to make him aim for higher things in life. When he repeated that I forgave him I said, 'Try again,' I said as I thought he was weak.

"He makes good money and I made him put so much in the bank every week and our courtship was like a real love story. We understood each other well and he was as perfect as I could make him.

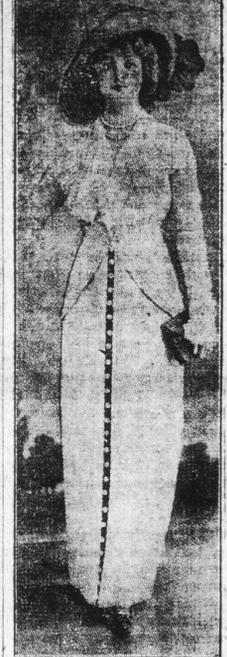
"One evening we had a quarrel. I became angry and he left. I did not see him for a long time and I missed him. He has come back to me now and confessed he went back to his old company and tricks, spent the money he had on girls, and indulged in drinks, etc.

"He says he still cares for me and is going to do right again. I want to help him, but I am afraid of making myself care for him too much. Is it any use to reform a lady? Do you think he is worth bothering with? They say all fellows are alike. I hate to think so. H. Y. Z.

No girl is justified in taking the life-long and thankless job of reforming a man. If he is worth while, he will reform himself. If he isn't, no woman on earth can reform him.

CASTORIA

For Infants and Children. The Kind You Have Always Bought. Bears the Signature of *Chas. H. Tuttle*



A WALKING COSTUME, carried out in fine white material relieved by a narrow black band running down the front of the skirt. This makes a very effective walking costume.

Invitation to Call
"Dear Miss Libbey: When two people have met or are acquainted for some time, isn't it correct for the girl to ask the fellow to call?"

It is the girl's privilege to ask the man to call on her.

LOWER COST OF LIVING
Spend less for your breakfasts—eat more Kellogg's Toasted Corn Flakes. There are twenty big platelets to the package—and the package costs only 10 cents.



WHAT A BOTHER IT IS GETTING YOUR HAIR DRY—Especially during the winter and you have to take into the water with you, and you have as much of it as these ladies have. Photos taken at the bathing beach.

SALLOW FACES
Often Caused by Tea and Coffee Drinking
How many persons realize that tea and coffee so disturb digestion that they produce a muddy, yellow complexion?

A ten days' trial of Postum has proven a means, in thousands of cases, of clearing up a bad complexion.

A Washington young lady tells her experience: "All of us—father, mother, sister and brother—had used tea and coffee for many years until finally we all had stomach troubles more or less.

"We all were sallow and troubled with pimples, breath bad, disagreeable taste in the mouth, and all of us suffered so many bundles of nerves.

"There's a reason," and it is explained in the little book, "The Road to Well-being." Name gives you the Canadian Postum Co., Windsor, Ont. "There's a reason," and it is explained in the little book, "The Road to Well-being." Name gives you the Canadian Postum Co., Windsor, Ont.

and trade schools in Europe and America. She was married in 1883 to Franklin Conrad Woolman. She was assistant in domestic economy from 1888 to 1897, and has been professor of domestic arts in the Teachers' College since 1897.

She was organizer and first director of the Manhattan Trade School for Girls, which she administered for ten years. She is regarded as the creator of this scheme of industrial education.

She organized as a part of the work at the New Practical Arts School of Teachers' College, a course in occupational and trade education, in which teachers in trade art, trade academic work, elementary sewing, millinery, and advanced dressmaking may be trained.

Woolman has been vice-president of the New York Association of Sewing Schools and is a member of the editorial advisory committee of "Vocational Education," vice-president of the American Home Economics Association, member of the National Consumers' League, the Public Education Association, Armstrong Association, Women's Municipal League, Academy of Political Science, National Society for the Promotion of Industrial Education, member of the National Council of Women's Auxiliary, Civil Service Reform, and many other organizations. Among her best known writings are text-books for teachers.

The Women's Educational and Industrial Union has had only three presidents since its organization in 1892. It was incorporated a year later, with Dr. Harriet Clary, one of the founders, as president. Mrs. Amy Morton Diaz was her successor, and Mrs. Mary Morton Echew followed her in the office. These three women all gave their time and devoted interest to the up-building of the work. Mrs. Woolman is the first professionally trained and married president. The union now has a membership of 1,884.

Summer Recipe
Fricassee of Cold Roast Beef—Remove the bones, fat and gristle from cold roast beef. Cook the bones and gristle in a small amount of water for an hour. Make a cup of gravy with the stock thus obtained, two tablespoons of beef fat and two tablespoons of flour; add one teaspoon of salt, one-fourth teaspoon of pepper, one tablespoon chopped onion, and a cup of strained tomato. Cook the meat in this sauce five minutes. Just long enough to heat through. Serve at once.

FRANCHISE TO WOMEN WILL NOT PRODUCE GREAT CHANGES

Women Suffrage Will Only Extend the Numbers Who Vote

Women's Greatest Sphere is in Directing Expenditure of Money

Economic Reasons Why Girls Do Not Want to Enter Matrimony

"I do not look for any great changes, either for better or for worse, when women obtain the franchise. I am not much inclined to attach much importance to the question of either women or men, and the simple right of a vote. The steadily rising number of the franchise," said Professor James Short, chairman of the civil service commission, Ottawa, in his address to the members of the Women's Canadian club yesterday afternoon in the public library.

"Men can live complete lives, and many of them do, without ever casting a vote. The steadily rising number of the franchise is containing no obligation, and they think and vote accordingly. A great many men who vote, vote for the individual who is nominated rather than for the soundness of the principles which he represents.

"Women's functions are those that prepare conditions for law. An ordinary individual's life is not worked out by law. Indeed, law is only a register of what ought to be done in case of dispute, mainly private rights. It is but a fragment of life.

"The great work of a modern community doesn't rise out of law. Law does not dominate the individual, but he is governed by the courage of his own convictions.

"Hence if women had the franchise, it only means an extension of the numbers who are voting rather than addition to the soundness of principles."

"Women, with the exception of the militant suffragettes, who are in the minority, do not understand the laws and after all, there are few questions which are not of equal interest to both men and women.

"There is a difference between the duties of men and women, because women as a class, have more leisure, compared to the men who have the more stringent calls of business. Women keep up the finer side of life, while men, from sheer business necessity, can't keep it up."

"The wealth made at the present time is enormous, and it is made from nature in the most approved methods. But the reckless, harem-arrangement, unreasonable way of spending it is one of the big problems of today. It is the cause of the high price of living. There is no economy or attention given to the use of it in the most efficient way for the service of the community.

"The women, certainly, are the best of this problem. They can devise ways of benefiting the community, and of developing the secondary interests of our life that makes our civilization. Therefore the obligation rests on the women to give character to the expenditure of wealth and see that it is devoted to the very highest possible use, such as charitable organizations, hospitals, churches, and literary pursuits.

Some Modern Problems
"Our ancestors were dominated absolutely by a blind recognition of custom. But the rapidity of the progress of our age is in the breaking of the customs or fashions, and it is done by the pioneer individual, not by the community, but because we are no longer under the group restrictions, then women, as individuals are given the opportunity of individual advancement."

"This gives rise to economic social difficulties. If women do not work as men, they should be treated on the same basis, such as salary, etc. But men have to support a family on the same salary, for we haven't anticipated them from that obligation. This interferes with marriage, because girls do not want to marry men who get the same salary as they do, especially when the obligations are doubled. These peculiar conditions arise from the emancipation of women."

Professor Short's clever address was listened to with interest by the women, as individuals are given the opportunity of individual advancement. It was well received, and it was full of new suggestions for thought, and it threw a new light on some of the immediate problems of the day.

Watch Registering of All Kinds—American, English and Swiss. Makers' charges, work locally guaranteed. Dikens, working watchmaker, 312 Eighth avenue east, just below Queen's. Phone 2240. Open 10 to 5 every night.

The Bertram J. Vine Co. LIMITED
Calgary's Exclusive Coat and Suit House
1214-1218 FIRST STREET WEST

LADIES' HOSIERY
Ladies' Lace Lisle Hose in black, white and lawn, regular price 50c, now, per pair \$2.75
Ladies' Shot Silk Hose, price, per pair \$2.75
Children's Lisle Thread Hose, in black, white and tan, sizes from 5 to 8-2; per pair \$2.50
Discriminating women wear "Vine's" Hosiery, finding real economy, durability and comfort their first consideration. From every point of view "Vine's" Hosiery is the best.



Dear Aunt

"This is to wish you many happy returns of your birthday. We hope you liked the present of tea we sent you. It was a lucky chance that Pa brought some home to try it, because we were awfully undecided what to send. When we found this tea so delicious he said, 'Send your aunt a parcel of this tea,' and we knew nothing would please you better. And, Auntie, if you want more later on, all you need to tell your grocer is

"TETLEYS' TEAS PLEASE"

When relations between men and women are given the opportunity of individual advancement. It was well received, and it was full of new suggestions for thought, and it threw a new light on some of the immediate problems of the day.

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