

MADE IN CANADA

Royal Yeast Cakes reach the user in sealed air-tight waxed paper wrappers, each cake being wrapped by machinery—not by hand so that even after package has been opened, the cakes are protected from dust and other harmful contamination.

ROYAL YEAST CAKES

RICH IN VITAMINES

Lady Wyverne's Daughter.

CHAPTER XI.

A low sigh of unutterable relief from her lips as Philip opened the case, and she saw the magnificent parure of diamonds that had driven half the fashionable ladies in London wild with envy.

"How am I to thank you?" she said, raising her dark eyes to his face.

"By always looking as beautiful when you wear them as you do now," was the gallant reply.

Then Agatha kissed her, and wished her joy and happiness, without one shade or cloud upon her sweet face, and went out, leaving the lovers to gether.

No one round Lynnewolde will ever forget the wedding-day of its young lord. The sun shone brightly, the grey bells in the old church tower seemed delicious with joy. The rich feasted in the hall, the poor on the lawn. Bonfires blazed, and flags, banners, and triumphal arches met the eye at every turn. It was a scene of gaiety and happiness never forgotten by those who witnessed it.

A more beautiful bride or fairer bridesmaids were never seen. Sorrow and sadness seemed far as death from that noble and brilliant throng.

The last face Lady Lynne saw as she drove away from home, the last smile that greeted her, were the face and smiles of the gentle sister she had betrayed.

CHAPTER XIII.

It is something worth living for to be perfectly happy even for one day. Lady Lynne was even more fortunate; she was perfectly and entirely happy during the "golden" months she passed with her husband at Rosy-Glyn. She had said to herself that she would make him happy, and she did so. She studied his every wish and every thought; and yet, wonderful to relate, never wearied him, but left him always longing for her to speak again.

Nor were those quiet weeks all given to love-making; Inez imparted to her husband of those ambitious hopes

Agatha should be presented with her sister, and have the advantage of passing the remainder of the season in London. Inez did not know how to object to what seemed a sensible and kindly arrangement. There was not one single reason that she could bring forward against it; nor, when she came to consider the matter, did she care about interfering. Both Lord Lynne and her sister were far too honorable, she knew, to allude, however distantly, to any attachment that might previously have existed between them; there was no fear, besides, she would be always near.

So the invitation was sent, urgently by Inez, with a postscript from Philip, begging his mother to accompany Agatha to London. But Mrs. Lynne, fatigued by the festivities attending the wedding, begged this season to be excused. Their cousin, Lady Everleigh, would have great pleasure in presenting her beautiful young relations at court.

"I long to see London," said Inez, to her husband, when they were seated in the railway carriage. "I have seen nothing of the world at present. I long to take my place in it, as a soldier longs for battle. Shall I like London, Philip?"

"I think so," he replied. "It is not so gay, perhaps, nor so beautiful, as Paris, but I would rather live there than in any other city in the world. Life always seems to me twice as full and complete in London."

"Perhaps English ladies may not like me," said Inez, half timidly; "I am so very Spanish in appearance."

"I must not flatter you, Inez," replied Lord Lynne, smiling quietly; "but I prophesy you will be the belle of the season."

"That will be something new for me," she said.

"Was your life in Spain so very lonely?" said Philip, gently.

"Very," she replied; and the beautiful face grew pale and sad.

"We must make it up to you now," said her husband, kindly. "You shall enjoy yourself as you like, and crowd as much pleasure into each day as you can. It will be doubly pleasant for you to have Agatha with you."

Great was the delight of Lady Lynne when she saw the magnificent home prepared for her. She had married entirely for love. If Philip Lynne had been penniless and obscure, she would have preferred him to all the world beside; but she loved splendor, and her heart rejoiced in the superb and luxurious appointments of her new home. It was evening when they arrived, and dinner was served up to them in the stately dining-room.

"You must go to rest early to-night, Inez," said her husband; "late hours will begin soon enough. Agatha will be here to-morrow, and Lady Everleigh will call. She will take you to Madame Nevers to choose your court costume. You must wear your diamonds; mind, Inez, we must do all honor to the Lynnes of Lynnewolde."

On the day following Agatha arrived. Mrs. Lynne had found an escort for her. At three, Lady Everleigh called, and both sisters were charmed with her. She was not beautiful, not even pretty, but she possessed that incomparable and irresistible gift of fascination given to so few—highbred and amiable, piquant and pleasant in conversation, with manners at once gentle and dignified. Lady Everleigh had been for some few years one of the leaders of ton. Her delight was unbounded at making the acquaintance of her beautiful cousin, and her eyes were at once riveted on that lovely Southern face.

"Properly managed," said the lady to herself, "Lady Lynne will make a perfect furor."

Agatha was fair and sweet, but her English face and golden hair paled before the luster of the radiant Andalasian.

There was a long debate about the costume; but it was settled at once when Lady Everleigh saw the magnificent parure of diamonds. She pronounced in favor of white satin. "Nothing else," she declared, "would go with those superb stones."

Lady Lynne may be pardoned if she did utter an exclamation of surprise when she saw herself for the first time in court costume. It suited her regal style of beauty to perfection.

(To be continued.)

Cucumber sauce is also served in baked stuffed mackerel.

Serve the wholesome rhubarb stuffed with baked dumplings.



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If you have never known the convenience of milk that is always at hand and ready to use, that takes up so little room and keeps sweet so long, you will be delighted with Carnation Milk. Creamy and rich, it adds a new flavor and richness at less cost than cream. Economical for ordinary milk uses because you add a little more than an equal part of water to replace that which we have removed, and because it is never watered, as it keeps for several days after the can is opened, when kept cool.

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Try this recipe and write for the free Carnation-Cook Book.

RICE PUDDING

2 1/2 cups water, 1 1/2 cups Carnation Milk, 1/3 cup rice, 1/2 teaspoonful salt, 2 table-spoonfuls sugar. Wash rice, mix ingredients, and pour into buttered baking dish. Bake two and a half hours in a very slow oven, stirring every twenty minutes the first hour of baking to prevent rice from settling.

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GERALD S. DOYLE, DISTRICT MGR.

Which is England's Oldest City

EXETER'S TWO THOUSAND YEARS OF SPLENDOR.

There is no city in England, and there are few in the world, that can look back on a longer or more distinguished history than Exeter (written an Exeter reader).

Long before London was cradled, and before Julius Caesar set foot on Kentish soil, this town was picture-perfectly perched on her green hill in the Exe Valley, with stout walls for her girde—the crowned Queen of the West Country.

She had counted her years in centuries when the first of Nero's centuries trod her streets; and in those long-dead Roman days, as Inez Danonorium, her name and fame were known in the farthest corners of Britain.

Naturally, a town so flourishing could not hope to escape covetous eyes. Again and again through the centuries Danes poured westward to attack her—only to be driven back each time.

A Starving Town.

And when Athelstan strengthened her walls with mighty towers, she felt she could afford to smile at the Northern barbarians; though Sverey's warriors once succeeded in breaking down her defences, and laid her waste with fire and sword, destroying the minster church of which she was so proud. A few years later, however, the mistler rose from its ashes in still greater splendor.

When the Conqueror made his triumphant way to the West of England, Exeter would have none of the usurper. She barred her gates against him, and defied him to do his worst; and it was only when she was reduced to starvation and her walls were tumbling around her that she consented to parley with him.

The next few centuries saw Exeter's cathedral grow in splendour to the perfection which has made it one of the most beautiful in the world—each bishop, from William of Warelast to Bishop Stapleton, vying with his predecessors in adding to its wonders of architecture.

But while Exeter was raising this glorious temple, she was never long free from the horrors of war. Now we see Stephen's forces laying siege to her for three terrible months until no crust was left to sustain her defenders' valour. Now she is valiantly beating back Perkin Warbeck's rabble army, and hanging the impostor within her walls.

In later years she is besieged by rebel Catholics, 10,000 strong, and reduced to the extremes of hunger before deliverance comes; and in the Civil War we see her the stormy centre of battle and bloodshed, with Cromwell's Roundheads defiling and desecrating her cathedral.

Charles I. spent many happy days as Exeter's guest; his daughter, Henrietta, faded to a life of misery and a tragic death, was born there and baptised in her cathedral; and the second Charles, on his restoration, walked through her streets amid showers of roses. And when William of Orange landed in Devonshire, Exeter received him with open arms.

All this time Exeter was a hive of industry. She was the great centre of the woolen trade in the West of England, into which woven cloths poured from all points of the compass, to be sent over the seas to all parts of the earth. To this great and profitable trade she has added a wide range of industries, from agricultural implements to gloves, and from nurseries to Honiton lace.

Plans for Aerial Pullman

BEING EXAMINED BY BRITISH AIRCRAFT AUTHORITIES.

LONDON, May 15.—Plans for an aerial pullman are being examined by British aircraft authorities. A great slim metal salon, like a long tapering pullman car, is the basis of the idea.

Covered with smooth gleaming sheaths of featherweight metal alloy, this great air coach will be designed to rest on a long framework which will have wheels like a railway coach. The conveyance, which will have day and night accommodation, will run on ordinary railway tracks and will be packed into a railway station to receive its passengers.

When they are aboard an engine will take it to an airfield outside a city, where it will be brought to a halt in the center of a strange futuristic framework of wide-spreading wings and machinery. The coach shodding its railway wheels; will then slide into position above a powerful pneumatic-tired airplane chassis, to which it will be bolted.

Thus in a few minutes a railway car will be transformed into an airplane.

Serve roasted spring lamb with croustades.

Spinach is quite nice when served with lettuce.

Serve steamed cucumbers with sets of sola.

Bran is nice served with raisins and milk.

Baked carrots are good served with fish souffle.

Rhubarb and raisins make acellent pie filling.

Fruited crackers are nice served with a fruit salad.

GOLD

On the arrival from Boston contest the Boy and Girl

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