

## Healthy Children-- Happy Mothers.



Give your babies a chance to grow into vigorous and healthy children.

Feed them on the world's best Infant Foods. We stock a great variety of well-known brands, including the following:—

### Allenbury's Milk Food No. 1.

From birth to 3 months of age.

Practically identical in composition with human milk. It keeps well and is easily prepared.

### Allenbury's Milk Food No. 2.

From 3 to 6 months of age.

Similar to No. 1, with the addition of soluble phosphates and albumoids for building up the growing brain and body.

### Allenbury's Malted Food No. 3.

From 6 months of age upwards.

A partially digested farinaceous food requiring the addition of boiled cow's milk and water.

### Sugar of Milk.

Specially prepared for infants. In 1 lb. airtight containers.

### Brook's Baby Barley.

For infants, nursing mothers and invalids. In 1/2 lb. and 1 lb. tins.

### Nestle's Milk Food.

Perfect nutriment for children and invalids. In 1 lb. tins.

### Neave's Food for Infants.

Specially prepared for infants, growing children, invalids and the aged.

### Glaxo.

The food that builds bonny babies.

## The Royal Stores Grocery



ENGAGEMENT RINGS.  
Beautiful Designs, First Quality.



WEDDING RINGS.

Any karat or style, made up at a moment's notice. Outport orders given special attention. Send for measuring card.

**R. H. TRAPNELL, Ltd.**  
Jewellers and Opticians.

## Coal and Yet NO Coal!

Editor Evening Telegram.

Dear Sir,—I saw by a late Telegram that another seam of coal has been discovered on the property of the Coal Co. Coming at the present juncture, this is great and glorious news,—that is if the discovery be utilized SOON. We have been hearing for years of the presence of immense quantities of coal on the West Coast. With the present coal famine, we need the coal here.

Surely we have brains, energy and initiative enough amongst us to utilize this great boon NOW. If the company cannot develop it themselves, let them sell it to some one who will develop it. A coal mine is not a gamble,—it is a SURE thing,—if the quantity is there as alleged. If there are so many million tons in sight, it is just a question of figuring out. Coal is better than gold now, because you can't buy it for gold in the town to-day. Let someone get to work NOW, and get this coal from where it has been lying for centuries, useless, to this market, where it is so badly needed at present.

We are tired of hearing of the existence of vast quantities of coal, what we want now is someone to deliver the goods. I hope the papers and the Government will take this matter in hand immediately. If we have coal, it will never again be HALF AS VALUABLE as it is NOW.

Yours,  
SUFFERER.

March 22, 1920.

### As the North Sees It.

(Twillingate Sun.)

#### A STANDING JOKE.

We used to rave a bit about the Food Control Board of the late Government, and considered it as a joke. In fact, we once had the nerve to write the Chairman of that Board and voice our tale of woe. We got a polite answer in reply—full of platitudes.

Perhaps Food Control Boards can't do anything. If so their appointment is useless, and their expense might be as well saved.

The Squires Govt. Food Control Board does not seem to be producing any greater results than its predecessors. It has just been enquiring into the Milk supply of St. John's, and gravely announces that it "cannot recommend any reduction in the price of milk."

The old F.C.B. did about the same. After enquiries into the price of sugar, butter and other things it always was "unable to recommend any reduction." What puzzles the outports is that so much attention is paid to the food supplies of St. John's. Apparently whether the outport food supplies go up or down is a matter of no concern to the Food Board.

We had an idea that this was a Newfoundland food board, not a St. John's one. Apparently we were wrong, and the outports must just muddle along as best they can. It seems a trifle hard though, that the outports must pay the expense of governing St. John's. We had an idea that that was a city, with a civic government of its very own.

Not Strong Sections, Either.

Signs seem to point to a political upheaval in government circles before long. We are ready to admit that we are only judging by slight outward manifestations, and the political "ring around the moon" may not bring bad weather for the ship of state—only it looks mighty like it at present.

The Squires government, although with a strong majority, was built in sections. There was the Squires section, the Coaker section and the Warren section.

Material built in sections is sometimes stronger than that built all in one piece. Governments often seem differently constituted, but the glue that holds the sections of the Liberal Reform Party together shows some indications of yielding.

Time alone can tell whether the structure of the L. R. Party will hold; but just as present there is a decided shakiness.

### The Claim of Youth.

That modern manners are free and easy does not seem to us a cause to find fault with them. It is part of the desire for self-expression—for getting rid of useless shackles. Their great defect is that they are so often ugly—that they have done away with the dignity and reserve which gave beauty to much of the social life of the past. Those who desire self-expression have to see to it that the self they express is beautiful, and expresses itself beautifully. It may have been prim and stupid of our ancestors to sit straight up on the edge of their chairs, but to sprawl in ugly attitudes in large arm-chairs with a needless display of legs, and a want of thought as to where others are to sit, is not an improvement on past primness. Not to speak in the presence of your elders may have made the social life dull, but to talk and laugh at the top of your voice and to drown all reasonable talk by your noise is equally destructive of real social intercourse.

The fact that young people in these days do feel free to talk to their elders is an immense gain to both sides, and probably nothing has really added

# KNOWLING'S Boot Department Bargains.

## SPECIAL BIG PURCHASE

OF

## Men's, Women's, Boys' and Girls' Boots.

THESE OUR BUYER HAS SECURED UNDER MOST FAVOURABLE CIRCUMSTANCES. THE VARIOUS ITEMS WILL BE ANNOUNCED AS WE GET THEM READY.

## WE OFFER TO-DAY WOMEN'S and MISSES' BOOTS.

### Women's Boot Bargain.

Women's Dongola Button Boot, medium weight soles and heels, toe cap, back straps, good strong twill lining; full sizes, 3 to 7. An excellent Boot for growing school girls.

The same in Box Calf, buttoned and laced; these Boots are worth to-day \$6.00.

**Sale Price, \$3.75**

### Women's Boot Bargain.

Women's Dongola Laced Boots, 7 inches high, medium weight sole, military heels, good twill lining, leather inside facings, perforated toe cap. A good soft serviceable Kid Boot. All sizes from 2 1/2 to 9. Regular value \$6.50.

**Sale Price, \$4.70**

### Wom's. Gun Metal 8-inch Laced Boots

Grey Nubuck top, perforated toe cap, vamp and tops, inner and outer back straps, Louis heels, kid inside top and front facings, medium weight soles. Sizes 2 1/2 to 5 1/2. Regular value to-day \$10.00.

**Sale Price, \$6.50**

### Wom's. Ivory Kid 8-inch Laced Boots

Plain recede toe, oak soles, Louis heels, inner and outer back straps, kid top and front facings, beautifully finished with folded edges, making a very attractive looking Boot.

These Boots would cost to import to-day \$9.00.

**Sale Price, \$4.50**

### Wom's. Gun Metal 9-inch Laced Boots

Fawn, Nubuck, tops perforated, wing tip, Louis heels with white metal plate protection to keep them from going over, inner and outer back straps, leather top and front facings, folded edges, daintily perforated vamps and toppings; the finest product of the shoemaker's art. Regular value \$12.00.

**Sale Price, \$7.50**

### Misses' BOOT BARGAIN

Misses' Dongola Buttoned and Laced Boots, self tipped, whole foxed, medium weight soles with school heels, back straps. A good economical school boot. Whole sizes, 12 to 2 only. Regular value \$5.00.

**Sale Price, \$3.20**

### Misses' BOOT BARGAIN

Misses' Box Calf Buttoned and Laced Boots, self tipped, whole foxed, back straps, medium weight soles and heels. A good strong serviceable Boot, footform shape and a splendid fitter. These Boots are good value for \$5.00.

**Sale Price, \$3.20**

Duckworth St.,  
Central,  
West End.  
mar22,24,26

BOOT  
Stores

**G. Knowling, Ltd.**

BOOT  
Stores  
Duckworth St.,  
Central,  
West End.

## Schooners for Sale!

When wishing to purchase a schooner of any class or tonnage, consult me. I have at the present time listed with me for sale over 50 Schooners ranging from a small 17 ton fishing smack to a 900 ton Auxiliary Schooner.

My list includes several up-to-date fishing vessels, also schooners suitable for freighting purposes.

Write me stating class of Schooner you require.

### H. W. DURNING, Broker

Room 33, Furness, Withy Bldg., Halifax, N.S.

P. O. Box 931.  
mar20,31

Phone Sackville 631.

ed so much to the pleasantness of ordinary life as the fact that children have ceased to be shy, and that young people are ready to talk, and be agreeable to those older than themselves. If this is to be free and easy we can only be thankful for it. The respect shown to elders should rest upon the sense of their greater experience, or when they are really old upon the recognition of their greater feebleness. It should not be demanded as a right merely because of the addition of a few years in age. We are certainly approaching a real freedom of intercourse between old and young. This must be

all to the good, because in such freedom each will be able to give of their best for the good of all. But all freedom must be enjoyed with a remembrance of the rights of others, and of the claims they make upon us either by their weakness or their greater experience. When the desire for freedom leads to self-assertion, when the claim for self-expression makes us aggressive, then manners grow ugly, and social life loses its charm. Dignity, modesty, reserve all have their places by the side of freedom, and those who love and value freedom must see that they pursue it in such a way as to make it seem desirable

to all, with its own beauty and its own special charm.—Mrs. Creighton in Glasgow Weekly Times.

**KYLE ARRIVED AT SYDNEY.**—S. S. Kyle arrived at Sydney at 9 o'clock this morning, having left this port at 6 p.m. on Saturday.

**POLICE COURT.**—For being drunk and disorderly and assaulting a constable, a man was fined \$10 or 20 days. For a breach of the Motor Car Act, i.e. having no tail light, a driver was fined \$2 or 7 days.

**MINARD'S LINIMENT**  
CURES COLDS, ETC.

### Mates Developed "Flu."

On the western trip of the S. S. Prospero, the first and second mates Barnes and Blandford, developed influenza and had to be landed at Port aux Basques. The ship has gone to North Sydney to load coal and two mates, Saunders and Hennebury left here Saturday by the Kyle to join her. The sick men are on the road to recovery, the attack being of a mild type.

**MINARD'S LINIMENT CURES COLD, GET IN COYS.**