

Had Headache For Two Years

A Barrie Man Tells of Persistent Headaches and Indigestion—Finally Found His Way to Good Health.

For two long years the writer of this letter was subject to severe headaches. The nervous system got run down, digestion failed, and there was continued loss of weight.

The use of Dr. Chase's Nerve Food changed all this, and now with scores of other Barrie people Mr. Nader is recommending the use of this food cure as the best means of building up the exhausted nervous system and curing headaches, indigestion and all the annoying symptoms of a run-down condition.

John Nader, 33 Penetang street, Barrie, Ont., writes: "During the last two years I had an attack of indigestion, accompanied by severe headaches. I suffered from loss of appetite, and my system became run down. I also lost considerably in weight. I began using Dr. Chase's Nerve Food, and as they helped me I continued this treatment for some time. My condition is now greatly improved, my headaches are gone and my health in general is much better. I can cheerfully recommend the use of Dr. Chase's Nerve Food to those suffering from nervousness of any kind."

The reason Dr. Chase's Nerve Food is so effective in cases of this kind is because of its extraordinary blood-forming influence. By creating an abundance of rich, red blood it strengthens the action of the heart, revitalizes the exhausted nerves and builds up the system in every way.

The appetite is restored, digestion improves, you rest and sleep well, and the new vigor and energy is felt in every organ of the human body. Dr. Chase's Nerve Food is doing wonders for men, women and children whose systems have become weak and run down. 50 cents a box, 6 boxes for \$2.75, all dealers or Edmondson, Bates & Co., Limited, Toronto.

Doing Our Bit

The most patriotic service we can render is to continue to fit young people to take the places of those who have enlisted.

There will therefore be no Summer Vacation this year. One of the principals and other senior teachers always in attendance.

Students can enter at any time. Send for Catalogue!



Bakery Goods
Bread, Cakes, Pies, Etc. Fresh Daily.

Confectionery
Canned Goods
Beer and Cigars
Stationery
15c Lunches Served

MRS. DAN HOGAN
Phone 120 Wyse Building

DALTON'S Livery Sales and Exchange Stables

Edward Dalton, Prop.
McCalum Street.
Phone 47



Chas. Sargeant
First Class Livery
Horses for Sale at all times.
Public Wharf Phone 61

THE SAFEST MATCHES IN THE WORLD also THE CHEAPEST are EDDYS "Silent 500's"

SAFEST because they are impregnated with a chemical solution which renders the stick "dead" immediately the match is extinguished.

CHEAPEST because there are more perfect matches to the sized box than any other box on the market.

Buy Time economy and your time goes down, will save the necessity of buying more but EDDY'S MATCHES.

More Victories For Lord Beaverbrook

Journals Which Opposed Former Newcastle Boy Now Praise the Work of His Ministry

(A London Dispatch says:) Since his appointment as head of the new British Ministry of Information Lord Beaverbrook has been the subject of much attention at the hands of British journals. His Ministry is a new department charged with work the success of which depends largely upon its secrecy. Nevertheless so multifarious have its energies become under Lord Beaverbrook's direction that it is actually securing more publicity than almost any other British department. Two of the most notable antagonists of Lord Beaverbrook in the British press were until quite recently the London Globe and Lead and Evening Standard; the latter journal, in the opinion of many sound English observers, is the best edited of all the London Newspapers. Both journals are now urging that more and not less of the work of government propaganda should be placed under Lord Beaverbrook's new department. This home propaganda in England is in the hands of the National War Aims Committee—that is to say a committee headed by the leaders of both the Unionist and Radical parties. The Globe now declares this body to be as flabby as a "Dartmoor Conch" and urges that the committee resign in a body and its work be transferred to the Ministry of Information which is at present hampered in its efforts by the existence of this committee of politicians and party men.

As for the Evening Standard, when Lord Beaverbrook's appointment as Minister of Information was first suggested, it demanded that so distressing a rumor should be authoritatively and immediately denied. It also now urges that Lord Beaverbrook be asked to devote part of his energies to countering enemy propaganda at home, a task for which says the Evening Standard, "he is eminently fitted by his energy, in genuity and accessibility to new ideas." This former enemy of the new Minister especially notes the ease with which he has disposed of fossilized officialdom and his success in "making the collection of legitimate information as easy and pleasing as possible to the correspondents of newspapers published outside these islands."

New Brunswick Lumbermen Organize

W. B. Snowball, of Chatham Head New Association—Will Employ Permanent Secretary

(Fredericton Mail) The organizing meeting of the New Brunswick Lumbermen's Association was finished Thursday night the constitution and bylaws being adopted and officers elected. The members of the new organization are much gratified with the success which has attended the beginning of closer association among the lumbermen of the province and believe that the association will be productive of much benefit.

In the New Brunswick Lumbermen's Association are represented about seven tenths of the timber license holders of the province. The area of Crown Lands under license is about ten thousand square miles. Of that 6,900 square miles are under license to members of the association.

The executive of the association will meet early in August for the purpose of considering the matter of appointing a permanent secretary who will take over the duties now being temporarily performed by H. W. McLellan of Fredericton. A remunerative salary will be paid by the association to a practical man who can fill the position satisfactorily. The secretary will be required to devote all his attention to the business of the association.

Officers and executive were selected Thursday afternoon. They are as follows: W. B. Snowball, Chatham, president; Donald Fraser, Plaster Rock, vice-president; R. W. McLellan, Fredericton, secretary protem; J. W. Brankley, Chatham; James Robinson, Millerton; W. B. Snowball, Chatham; F. C. Beattie, St. John; G. H. King, M. L. A. Chipman; J. B. Gogory, Fredericton; Donald Fraser, Plaster Rock; Daniel Richards, Campbellton; M. Garfield White, Sussex.

As matters of business arise they will be considered by the executive.

DELEGATES TO SYNOD
The North Shore delegate to the general synod of the Anglican church, which meets in Toronto in September is Hon. John F. Burdick of Nelson.

Military Medal Won By Pte. George Brooks

Received by His Wife Last Week—Dressing Soldier's Wounds Under Fire

Mrs. George Brooks was in receipt last week of the Military Medal, won by her husband on the fields of France.

The medal, which is about the size of a silver dollar has on the face the bust of King George while on the reverse, is the initials G. V. R. I. and the words, "For Bravery in the Field," while on the edge is stamped the name of the person to whom it was awarded viz Pte. George Brooks, 16th Canadians.

The act, for which Pte. Brooks was awarded the coveted medal, was "dressing a soldier's wounds under heavy shell fire and helping him to safety" Pte. Brooks is still on the Western front, enjoying the heat of health and helping to keep back the German troops.

See "Womanhood" the glory of a nation.



Far more effective than Sticky Fly Catchers. Clean to handle. Sold by Druggists and Grocers everywhere.



To neglect it is folly—To conserve it, the duty of the hour

ANY building, five years old or older, is to-day worth 50% more than when it was built. The cost of lumber, bricks, cement and other building materials has greatly increased. Good carpenters and bricklayers are scarce, and they demand a high wage for their services. In other words, the intrinsic value of your home has become so high that to protect it with paint is only logical foresight—you should paint nowadays more regularly than ever. That is thrift. It should also be part of your thrift program to use a paint that lasts. Any painter will tell you that paint durability depends on the use of pure white lead and pure zinc in correct proportion. It is on this point that we lay emphasis when we recommend to you, for its true economy,

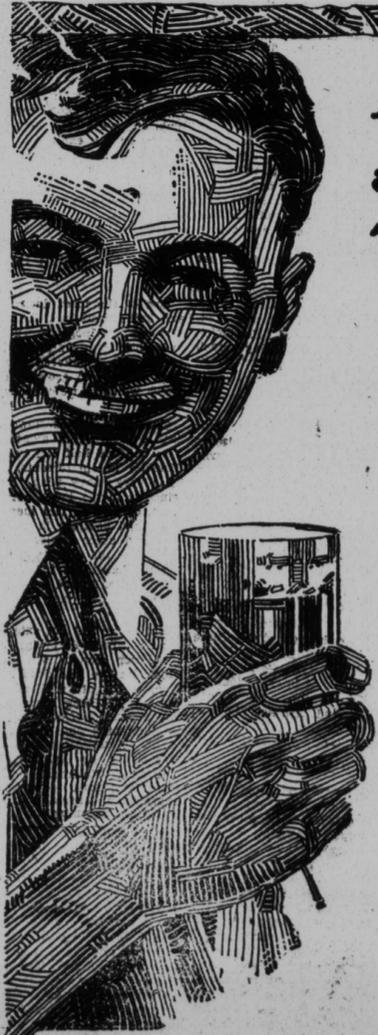
B-H ENGLISH PAINT 70% Pure White Lead (Standard's Genuine B.H.) 30% Pure White Zinc 100% Pure Paint

We are proud to be able to announce ourselves as local agents for this paint. B-H is so guaranteed as to the above basic ingredients that we have only to point to the guarantee (stamped on the can) to make clear the difference between B-H and all other paints. B-H is higher in quality; more to be depended on for lasting service and for covering capacity.

We carry and recommend the following B-H products:

- For Interior Finishing "China-Lac"—The Perfect Household Finish.
- Staining the Roof "Anchor Brand Shingle Stain" in 19 different colors.
- B-H Parq Floor Paint For Parq Floors, Ceilings and parts exposed to the weather.
- Plaster Ceilings and Walls B-H "Freemote"—A flat tone oil paint.
- Finishing the Floor B-H "Floorstrate," excellent for interior floors.
- For barns and outbuildings Imperial Barn Paint.

D. W. STOTHART - NEWCASTLE, N. B.



A Safe, Sane and Satisfying Thirst Quencher

Put a seal on your drink past and turn over a new leaf in life's happy days book by getting acquainted without delay with



—the first to cure that thirst

Made of selected materials in a thoroughly clean way, it brings joy to the thirst weary, and tones up the whole system.

To be obtained wherever drinks are sold. Keep a few bottles always on ice for yourself, your family or your guests.

Don't forget to ask for **XXX** —the speed-up sip. be sure you get the genuine

A. D. FARRAH & CO.
NEWCASTLE, N. B.