

Going to Bed Hungry.

It Is All Wrong and Man Is the Only Creature That Does It.

The complete emptiness of the stomach during sleep adds greatly to the amount of emaciation, sleeplessness and general weakness so often met with. There is a perpetual change of tissues in the body, sleeping or waking, and the supply of nourishment ought to be somewhat continuous, and food taken just before retiring adds more tissue than is destroyed, and increased weight and vigor is the result. Dr. W. T. Catnell says: "All animals except man eat before sleep, and there is no reason in nature why man should form the exception to the rule."

If people who are thin, nervous and sleepless would take a light lunch of bread and milk or oatmeal and cream and at the same time take a safe, harmless stomach remedy like Stuart's Dyspepsia Tablets in order to aid the stomach in digesting it, the result will be a surprising increase in weight, strength and general vigor. The only drawback has been that thin, nervous, dyspeptic people cannot digest and assimilate wholesome food at night or any other time. For such it is absolutely necessary to use Stuart's Dyspepsia Tablets, because they will digest the food, no matter how weak the stomach may be, nourishing the body and resting the stomach at the same time.

Dr. Stevenson says: "I depend almost entirely upon Stuart's Dyspepsia Tablets in treating indigestion, because it is not a quack nostrum, and I know just what they contain—a combination of vegetable essences, pure pepsin, and they cure dyspepsia and stomach troubles because they cannot help but cure." Stuart's Dyspepsia Tablets are sold by druggists everywhere at fifty cents per package. They are in lozenge form, pleasant to take, and contain nothing but pure pepsin, vegetable essences and bismuth, scientifically compounded. Your druggist will tell you they give universal satisfaction.—Advt.

If Your Friend Is Sick

Tell Me the Book to Send.

No money is wanted—not from you nor from him. I ask only a postal card, and I ask it as an act of humanity.

Then I will do this: I will mail the sick one an order—good at any drug store—for six bottles of Dr. Shoop's Restorative. He may take it a month at his risk. If it succeeds, the cost is \$5.50. If the sick one even thinks it has failed, I will pay the druggist myself.

Please note what that means. I furnish a costly treatment that costs a lifetime in perfecting, and whenever it fails the test is entirely free. But failures are rare. My records show that 39 out of each 40 get well, and pay for the remedy gladly.

No other remedy, in chronic and difficult cases, could stand a test like that. The reason is this: My Restorative alone strengthens the inside nerves. There is no other way to bring back that nerve power which alone makes each vital organ do its duty. There is no other way to make weak organs well.

Simply state which book you want, and address Dr. Shoop, Box 52, Racine, Wis.

Mild cases, not chronic, are often cured by one or two bottles. At all druggists.

FUR SOAF FREE

Soft, warm, glossy black, 3 feet 6 inches long, 5 inches wide, made of selected full fur, skins with 6 fine full black tails. A handsome, stylish fur, given for doing two things, (1) selling at 10c, each 10 packages, (2) getting 3 more agents to do the same, or by selling 20 years if one package equals 20c worth of Liquid Flavouring and is far better. **Every house-keeper buys one or more packages.** Write today and we will send the Flavouring Powders, and we will send the Fur in a few minutes. Home Art Co., Dept. 562, Toronto.

FREE STEAM FIRE ENGINE

made entirely of steel, non-rust, with driving wheel, shaft and piston, polished brass boiler and steam chest. Runs on iron or furnace compartment, brass steam pump with a long fire hose, with a brass nozzle, given for selling at 15c, each only 1 doz. **Canadian Home Cook Books.** These books are nicely printed, beautifully bound and each contains 739 choice recipes. **Every house-keeper buys one.** You can earn this wonderful Fire Engine in a few minutes. Write today and we will send you the Cook Books postpaid. **THE HOME SPECIALTY CO., Dept. 571, Toronto**

GOSSIP.

Mr. Wm. Ormiston, Jr., Columbus, Ont., breeder of Shorthorn cattle, in offering a change in his advertisement, offers for sale seven young bulls and some heifers, and reports among sales due to his advertisement in the "Advocate," that of a young bull to Mr. W. Locher, Sunderland, Ont., and a heifer to Capt. T. E. Robson, Ilderton, Ont.

Mr. J. G. Truman, manager of the Pioneer Stud Farm, Bushnell, Ill., writes under date November 17th: "Our sixth importation of this year, consisting of Shire, Percheron and Suffolk stallions and Shire mares, arrived here on Thursday last. Our Mr. J. H. Truman came through from our place in England with them, and they are beyond any doubt the highest-priced and choicest lot of horses that ever left the shores of Old England. My father bought them for the express purpose to show at the coming International Show, and in addition to our large selection of stallions on hand will make us about 100 head of the best of the Old Country affords. We have not only quality, but we have the weight, as many of the stallions weigh from 2,200 to 2,300 pounds, and the mares up to 2,200 pounds. Many of them have won laurels in England, one of the mares, Infield Fuchsia, having to her credit something like twenty prizes, and was bought at Mr. Crisp's sale at a good round figure. The Shire stallions include Dunsmore Heirloom, bought from Sir P. A. Muntz, Dunsmore stud, a winner of over a dozen prizes, also Stainton Combination, a winner of several prizes; Duke X., one of the kind so much sought for but seldom found. Among the Suffolk stallions we have Ironsides, a winner of seventeen first and two second prizes in England, including the Royal; His Grace, another winner and has to his credit several other good prizes; Record is another of the right sort, and has to his credit a number of prizes at the different shows. In addition to these winners just imported, we have four Shires, all sired by the unbeaten Blaisdon Conqueror, for which Mr. Stubbs refused from us \$15,000.00, and related to the horse, Blaisdon Pluto, that we secured the gold medal with at the International Show last fall. To our readers that are anticipating buying a draft stallion we would ask them to apply for our catalogue and write us what they wish to buy, and we will be pleased to write them fully what we have and prices thereon. We also have a very select lot of dark grey and black Percherons, some of them prizewinners in France this year, with plenty of bone and scale, the three-year-olds weighing up to 2,100 pounds.

One of the most noted stock farms in Northern Ontario is Lakeview, situated in the Co. of Grey, 9 miles south-west of the flourishing town of Meaford, and is the property of Mr. James Bowes, breeder of up-to-date Shorthorn cattle. The herd at present numbers 23 head of Stamfords, Crimson Flowers, Marr Florinas, Minas, Village Girls, Buchan Lassies and Lavinias, at the head of which stands the massive, well-formed and short legged bull, Royal Tim 23562, sired by imp. Royal Memur, dam Coristine 18744, by Wm 13079, grandam Oenone 16825, by imp. Albert Victor. Royal Tim has proven his ability to sire exactly the kind of stock wanted to-day; he weighs, in breeding condition, 2650 lbs., and is the thickest bull through the heart the writer ever saw, with both ends in proportion. He is now 6 years old, and for sale. Village Girl, Vol. 18, by General Middleton 19407, dam Red Lily 25449, by Village Burgomaster, is a thick, even, red cow, built on true type lines. Buchan Lassie 18805, by Golden Lion 4994, dam Queen of Scots 3rd 4405, by High Sheriff 2nd, is an extra thick, well-balanced cow, smooth and graceful. Crimson Lily, by Scott's Nobleman 17391, dam Rose of Lynden 13072, by Barmington Hero, is a red roan and an extra nice, even, smooth cow. Out of her is a one-year-old red bull, Crimson Tim, by the stock bull, that is considerably above the average in true type and superior quality. Maggie L. 2nd is a Marr Flora-bred cow, sired by Bell Duke of Oxford 17285, dam Maggie S. 22778, by Stanley of Allenford. She is a very thick roan cow, broad and massive and withal very smooth. Mina Princess 5th, Vol. 18, by imp. Royal Prince, dam Mina Princess 3rd, by imp. Sittytan Stamp, is a one-year-old and a right good one. That grand old milking family, the Lavinias, is represented by Ingram's Lass, by Arkell's Warrior 22485, dam Lily Ingram 21467, by Arthur Fitz Ingram. She is a nice, even, roan cow, and is the dam of a very thick, even, one-year-old roan bull, by the stock bull. There are also five or six heifers of this family that really are something extra good; all reds, low down, thick, square, smooth, and beef from the ground up. There are also two Stamford heifers, one one year old, the other two years old, the latter in calf. This pair are show heifers. There are also several other heifers belonging to the various families mentioned, and we feel safe in saying that any one in want of a dozen choice heifers will not be disappointed when he sees this lot. The animals are all in A1 condition, and anything in the herd is for sale. Write Mr. Bowes, to Strathnairn P. O., Ont.

SUMMERHILL HERD OF

Large English Yorkshires.

HEADQUARTERS FOR THE IDEAL BACON HOG.



Our winnings at the large shows, for 1901, are as follows: At Toronto every possible first prize and five seconds, two silver medals, and first for pen of pure-bred bacon hogs, also sweepstakes on bacon hogs over all breeds; at London every possible first but two; while at the Pan-American, where our herd was divided, half going to Toronto, we won six out of ten possible firsts, also sweepstakes on boar any age. At the Pan-American (Buffalo), Toronto and London there were thirty-six first premiums and medals given: all the medals and every first prize but six won by the Summer Hill Yorkshires. When in need of the best write D. C. FLATT & SON, MILLGROVE, ONT. om Telephone: Millgrove, Ont.

HILLCREST HERD OF Large English Berkshires

My brood sows are imported or show animals, and the sires are big, long fellows of the bacon type. For sale: An excellent lot of young pigs, and a few young sows recently bred. Can supply pairs not akin. Enquiries promptly answered. Vine station, G.T.R.—near Barrie. Jno. Lahmer, Vine, Ont.

HOLWELL MANOR FARM SHROPSHIRE.

Choice shearing rams at farmers' prices. A choice lot of ram and ewe lambs for sale.

D. G. GANTON, ELMVALE, ONT.

IMP. COTSWOLD SHEEP

Five rams (year-olds), both sires and dams imp.; 10 ewes (year-olds), sire imp. Also this year's lambs, both sexes; Yorkshire and Tamworth hogs.

BROOKS & LANGMAID, COURTICE P. O.

BROAD LEA OXFORDS.

Am offering at present 30 superior shearing ewes, bred to a good ram, and a number of ewe and ram lambs for sale at reasonable prices. Always pleased to hear from or see sheepmen, whether they buy or not.

W. H. ARKELL, TEESWATER, ONT. Broad Lea Farm.

MILDMAY, G. T. R. 7 miles from farm. TEESWATER, C. P. R. 3 1/4 miles from farm.

SUMMERHILL OXFORDS.

Present offering: A choice lot of ram lambs and ewe lambs. Also 50 extra nice yearling ewes.

PETER ARKELL & SONS, Teeswater P. O. and Station.

LINDEN OXFORDS

A choice lot of ram lambs (yearlings) and a few two and three shear rams fit for show and to head pure-bred flocks; imp. and home-bred, well covered, good quality.

om E. J. HINE, Dutton, Ont.

"FARNHAM FARM" Oxford Down Sheep

Am offering 40 choice yearling rams to head flocks 50 superior yearling ewes. 70 ranch rams. 100 ram and ewe lambs of 1902. From imported sires, and a number from imported dams. All registered. Barred Rock eggs, 75 cents per setting.

HENRY ARKELL, ARKELL, ONT.

GLENBURN STOCK FARM.

FOR SALE—Choice young Berkshire boars, ready for use; also young sows. Shorthorn calves. 2-year-old Shropshire ram, ram lambs, and Barred Rock cockerels.

JOHN RACEY, JR., LENNOXVILLE, QUE.

Imported Chester Swine.

Our present offering is both sexes, all ages, bred from prizewinning and imported stock. We claim to have as good as the country produces, of the true bacon type. We guarantee everything just as represented. Write us, a trial will convince. Pairs not akin.

GEO. BENNETT, CHARING CROSS P. O. and STATION.

TAMWORTHS.

Young pigs for sale, from medal-winning sow, O. A. C. 110, and other good ones, sired by Imp. Starlight, Pan-American First, and Bold Boy, Toronto winner. JOHN HORD & SON, Parkhill P. O. and Station.

Imported Poland-China Hogs.

We are offering something extra choice, of both sexes, any age (pairs not akin), from imported stock, and of the true type. Easy feeders, rapid growers. ROBT. L. SMYTH & SONS, Fargo P. O. and Station, M. C. R.

WILLOW LODGE BERKSHIRES

Herd headed by Long-fellow 10th of H. F., assisted by the noted prize-winner, Highclere Crown 3rd. Sows, the best money will buy, and are winners. Young stock of both sexes and all ages for sale, not akin.

W. WILSON, SNELGROVE, ONT.

YORKSHIRES FOR SALE.

Boars fit for service, sows in farrow and ready to breed, and young stock on hand. Prices reasonable.

om WM. HOWE, BRUCE CO. NORTH BRUCE, ONT.

For the Next 30 Days.

Newcastle Herd of Tamworth Swine

Have for a number of years taken a share of the best prizes offered at Toronto Exhibition, but this year has excelled all past records, having taken the sweepstakes for the best herd; also both silver medals for best Tamworth boar and best Tamworth sow, besides many other prizes in the various classes. Our present offerings are several young sows, bred or just ready to breed; also a lot of beautiful young pigs of both sexes, just fit to wean and ship. They are all descendants of our sweepstakes stock. They will be sold very reasonably during the next 30 days. Pairs supplied not akin. Enquiries promptly answered.

Colwill Bros., Newcastle, Ont.

SNELGROVE BERKSHIRES

This old-established herd, having made a continental reputation, is not being exhibited this year, but we are still breeding Berkshires as good as ever, and of the right type for the present-day markets—large, lengthy and smooth. We have boars and sows four months old, not akin, and young pigs two to three months. If you want the best, write us for prices and particulars. o SNELL & LYONS, Snelgrove, Ont.

Coldspring Herd Tamworths

Offer choice Oct. and Nov. boars and sows. Also my stock boar, Advance. This is the spot for the best. Write for prices. They are moderate, quality considered.

NORMAN M. BLAIN, ST. GEORGE, ONT. BRANT CO.

Spring Brook Stock Farm.

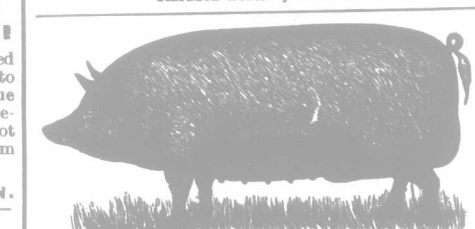
Am offering two choice Tamworth boars, ready for service; several sows, ready to breed; also a choice lot of young pigs, ready to wean. Also a few choice Holsteins to offer, of different ages.

A. C. HALLMAN, BRESLAU, ONT. Waterloo Co.

PINE GROVE FARM HERD of LARGE ENGLISH YORKSHIRES.

The oldest-established registered herd in America. We have 12 imported boars and sows and 20 home-bred animals breeding, and have a limited number of young boars and sows for sale, suitable for this fall's breeding. Satisfaction guaranteed in all mail orders.

Joseph Featherston & Son, Streetsville Station, C. P. R., and P. O. and Telegraph. Clarkson Station, G. T. R.



One hundred Tamworth and Improved Chester White Spring Pigs of a true bacon type, our herd having won the best prizes offered at the leading exhibitions throughout Ontario and Quebec for the past ten years. Stock for exhibition purposes a specialty. We pay express charges between stations, and guarantee safe arrival of all stock shipped. Pairs furnished not akin. Write for prices.

H. GEORGE & SONS, Crampton P. O., Ont.

Yorkshires—For the next 3 months I can supply either sex, that for ideal bacon type, smooth, even finish, are unsurpassed. Prices reasonable. WM. TEASDALE, Thornhill Sta., and electric cars. Dollar P. O.

Large English Yorkshires

Imported and Canadian-bred Yorkshires, from stock of the best British herds. A choice lot of boars, ready for service, and a number of sows being bred to Import-ed Dalmeny Long Sam, for sale. Also young pigs, all ages.

H. J. DAVIS, Box 518, WOODSTOCK, ONT.