THE SENTINEL OF THE BLESSED SACRAMENT

105

cration of human joy to divine purposes; it is our brightest comfort in our dying hour, the foretaste and harbinger of eternal glory. And yet against it have been vomited forth a foul torrent of scorn and obloquy. The dreadful words *idolatry*, *hypocrisy*, *mummery* have been directed against people and priesthood, on account of a doctrine concerning which the plainest proof of Scripture is repeatedly offered, which was the unanimous belief of Christendom for fifteen hundred years, and which, by a word of inquiry, may be revealed as the deep spring of the waters of eternal life in the souls of neighbors, friends, and even relatives, whose virtues are an edification to all, to say nothing of the countless millions of God's servants who adhere to the Catholic faith.

(The end.)

"AS NOTHING ELSE CAN DO."

Nothing, so spiritualizes and strengthens the character and soul of a child as frequent Communion. This Heavenly Bread fortifies the child against the fierce assaults of the passions, checks their growth and weakens their power as nothing else can do. It is the sovereing remedy against all spiritual diseases. It strengthens in the child's soul the theological virtues of faith, hope and charity. It enlightens and purifies the mind and draws the young heart irresistibly to God and to the love of spiritual things. In short, frequent, and, if possible, even daily Communion is the most powerful and most important element in the spiritual, and, to a great extent, too, in the intellectual education of the young. Children should be early and carefully prepared to receive the Sacraments.

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