

**Real Hardship**

When the newspaper shortage causes the newspapers to suspend publication, what are we going to do—

About lighting the furnace? For something to line the shelves in the jam closet?

For another excuse at breakfast, when one is too grouchy to converse with the wife?

In the summer for a fly swatter?

About a substitute wrapper for little Johnny's school lunch?

For a screen to conceal oneself behind, when lady enters crowded street car and rather pointedly stands in front of the seat one is occupying?

About something to put under father's feet, when he will insist on taking those afternoon naps on the best bedspread?

For something to read?

**Red Hot July Days Hard on the Baby**

July—the month of oppressive heat; red hot days and sweltering nights; is extremely hard on little ones. Diarrhoea, dysentery, colic and cholera infantum carry off thousands of precious little lives every summer. The mother must be constantly on her guard to prevent these troubles or if they come on suddenly, to fight them. No other medicine is of such aid to mothers during the hot summer as is Baby's Own Tablets. They regulate the bowels and stomach, and an occasional dose given to the well child will prevent summer complaint, or if the trouble does come on suddenly will banish it. The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams Medicine Co., Brockville, Ont.

**"Your Teeth"**

By REA PROCTOR MCGEE, M. M., D. D. S., PITTSBURGH, PA.

**The First Molars**

You cannot build a house upon the sand unless the sand is thoroughly mixed with cement and water and shaped into a firm foundation that extends well down into the earth.

The first or as they are frequently called, sixth-year-molars are the foundations of the dental arch in the mouth. These teeth are the largest and strongest of the permanent set. There are four of them, one on each side above and one on each side below.

They come in behind the baby teeth. When a child is six years of age all of the temporary teeth should be in their places in the mouth.

When the first molars come they cause an immense amount of pressure. From the pain and reflex irritation of the nerves, children often exhibit serious symptoms such as violently inflamed mouth and throat, spasms of an epileptic type, dizziness, vomiting, headaches, insomnia and diarrhea.

These wide reflexes are not surprising when you know that the Fifth nerve, which supplies the teeth and mouth, gives sensory branches to nine of the twelve cranial nerves. This means that an irritation in or about the mouth can affect the nerve supply of a large part of the body.

When these big molars finally get into place, the child's face is larger and the first definite step from infancy to youth has been taken. These are by far the most important teeth in the mouth. They govern the positions of all of the other teeth of the permanent set. Irregular teeth, weak jaws, inexpressive face, and a crippled masticating apparatus are a few of the penalties that follow the loss of the first molars in childhood.

Unfortunately these teeth are found-decayed more frequently than are any other teeth in the mouth. From the sixth to the twelfth year children should be examined frequently by the family dentist.

Keep the foundations in good repair.

This is to certify that fourteen years ago I got the cords of my left wrist nearly severed, and was for about nine months that I had no use of my hand, and tried other Liniments, also doctors, and was receiving no benefit. By a persuasion from a friend I got MINARD'S LINIMENT and used one bottle, which completely relieved me, and I have been using MINARD'S LINIMENT in my family ever since and find it the same as when I first used it, and would never be without it.

ISAAC E. MANN, Metapedia, P. Q.

Aug. 31st, 1908.

He said to her, over the telephone. After his weekly visit: "Dearest, will you marry me?" "Why, 'yes,'" she said, "who is it."

**Wood Protection**

The effect of the lumber scarcity, and its antecedent, the depletion of the forest, is being felt by the ambitious householder who undertakes to make his own repairs or improvements. Costs of material are rapidly mounting, and the expense entailed causes a delay in making repairs.

In many cases, however, the necessity for repairs is due to delay in protecting woodwork. By the use of paint, much of the labour and expense of renewal would be obviated. It is remarkable how little thought is given to the protection of wood where it is exposed to the weather. The alternate absorption and drying out of moisture are conducive to decay. By painting the woodwork, moisture is excluded and the life of the wood will be greatly lengthened.

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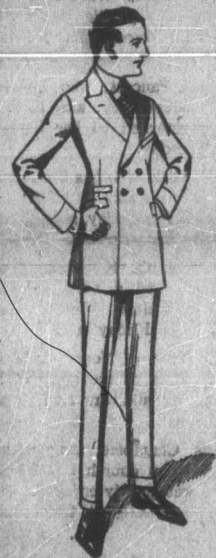
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Five Building Lots each with a frontage of 52 feet in the above location in the town of Wolfville offered for sale at a reasonable price.

The lots are owned by Mrs. Alice G. Merchant and adjoin the lands of Acadia College and are part of the Estate of the late W. C. Blackadder.

These lots must be sold at once as the owner is desirous of realizing their value.

For further information apply to Eugene T. Parker, Box 670, Halifax, N. S., who has full power to negotiate a sale.

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