

13 cents per package, 2 packages 25 cents.

This is now the price of

SHREDDED WHOLE WHEAT BISCUIT AND CRACKERS

With milk, fruit or vegetables

As bread, toast or crackers

THE NATURAL FOODS

BETTER THAN MEAT

See that your grocer supplies you at this price.

Send for our "Vital Question" Cook Book—It's free. THE NATURAL FOOD CO., TORONTO.

TO AID, NOT SUBSTITUTE.

Postmaster-General Says Present Office Will Not Be Abandoned.

"The impression that another, a new postoffice, is about to be erected in Toronto to the abandonment of the present one is entirely erroneous," said Sir Wm. Mulock yesterday. "No such plan is contemplated by the government. There will be, however, an office placed within easy access of the Union Station for the purpose of receiving and despatching mail matter for delivery in the city to several sub-offices to be located, say, in the north, west and east. This will be done in the interests of economy of time. It will greatly expedite matters if the receiving and despatching takes place immediately upon the arrival of mail matter by train. It will mean the immediate despatch to these various sub-offices of their mail matter without the delay necessary in going to the post-office at the head of Toronto street. Upon the introduction of the tube system which is proposed, the mail properly sorted, will be sent a few seconds after its arrival to the proper local stations."

Sir William also said that the postmen here were being sufficiently paid; during his time their wages have increased 20 per cent, giving a maximum salary of \$725 a year.

The Ontario Veterinary College.
The opening of the session of this well-known and popular college was inaugurated by an address to the students by the principal, Prof. Andrew Smith, F.R.C.V.S., on Wednesday, Oct. 12, and the full course of lectures has now commenced. The session opens under exceedingly favorable auspices. A large class of students are assembled from eastern and western Canada, the far west, many from the United States, some from Great Britain, the West India Islands, the Argentine Republic and other distant localities.

Street Cars on Dupont Street.
A meeting of the electors of the northwestern portion of Ward 10 will be held on Monday evening in the basement of St. Cyril's Church, to discuss the extension of the street railway along Dupont street west of Bathurst-street. H. Allen will be chairman.

Redmond Welcomed Home.
Queenstown, Oct. 13.—John Redmond and his party, including J. J. O'Connell, arrived in Queenstown this morning. In reply to addresses from the national bodies Mr. Redmond emphasized the immense success of his mission to America. He is proceeding to Dublin, where a magnificent procession will be held to-night.

Palma Contest at Ottawa.
New York, Oct. 13.—Developments lead to the belief, says The Herald, that the contest next year for the Palma trophy may be held in Canada.

The National Rifle Association of America probably will challenge Great Britain again on condition that the match be decided in the Dominion. In case of acceptance it is likely the match will take place in the Rockcliffe ranges at Ottawa. This is said to be one of the best rifle ranges in the world.

SEVENTY HOUSES WRECKED.
Hundreds of Mexicans Will Starve Unless Help is Offered.

Albuquerque, N.M., Oct. 13.—Seventy dwellings in San Marcial, 80 miles south of Albuquerque, have been wrecked by the floods of the past week and there is great suffering and destitution. The plight of the Mexicans is terrible, and hundreds must starve unless immediate help is furnished from outside. The State Ex. announces that it will require two weeks to restore train service between Albuquerque and El Paso.

"Dry Monopoly" Champagne.
Heldwick's "Dry Monopoly" Champagne is acknowledged by all connoisseurs to be the very best champagne produced in the vineyards of France. The house of Heldwick & Co. Reims, the original house of the name, established in 1785, are the sole proprietors of "Dry Monopoly" brand champagne. It is without doubt the finest quality of champagne that can be produced.

Saw Sights of a City.
Kingston, Oct. 13.—The police are working on a case which will probably implicate some people in a charge of assault and robbery. The victim, a Scotchman, who came to the city from Montreal, and engaged a driver of a cab to take him to his hotel. During the course of his travels he visited several saloons, and finally wound up at a saloon in the city. He complained that he had been ill-treated and robbed of \$25.

Self First.
London, Oct. 13.—T. G. Horridge, the Liberal candidate in East Manchester, who is to oppose Mr. Balfour at the next general election, addressing a meeting at Ardwick last night, said: "With regard to the colonies, we are bound to look to ourselves. We may have large herds for the colonies, but home comes first."

If It Imagines.
London, Oct. 13.—The Financial Times says: "If the steel trust imagines that it can browbeat Canada and injure Canadian industries on Canadian soil, it is pretty sure to run up against costly restriction."

Another Insurrection.
Cape Haytien, Hayti, Oct. 13.—The Haytian exiles have gathered here from the frontier to re-enter Hayti and attempt an insurrection against President Nord in favor of Gen. Faidin.

Justified in Killing.
New York, Oct. 13.—Miss Rosa D. Pietro, a young Italian mother, who on Oct. 3 shot and killed Michael Rago, a man who had been beating her, was acquitted by a coroner's jury on a verdict of justifiable homicide.

Calvary's Great Need.
Calgary, N.W.T., Oct. 13.—The board of trade here have sent a communication to T. C. Irving, general manager of British Columbia, requesting that the Board of Trade Company open an office here for the convenience of the wholesale trade and bankers.

Beauty and strength in women vanish early in life because of monthly pain or some menstrual irregularity. Many suffer silently and see their best gifts fade away. Lydia E. Pinkham's Vegetable Compound helps women preserve roundness of form and freshness of face because it makes their entire female organism healthy. It carries women safely through the various natural crises and is the safeguard of woman's health.

The truth about this great medicine is told in the letters from women published in this paper constantly.

Mrs. C. Kleinschmidt, Morrison, Ill., says:—

"DEAR MRS. PINKHAM:—I have never before given my endorsement for any medicine, but Lydia E. Pinkham's Vegetable Compound has added so much to my life and happiness that I feel like making an exception in this case. For two years every month I would have two days of severe pain and could find no relief, but one day when visiting a friend I ran across Lydia E. Pinkham's Vegetable Compound,—she had used it with the best results and advised me to try it. I found that it worked wonders with me; I now experience no pain and only had to use a few bottles to bring about this wonderful change. I use it occasionally now when I am exceptionally tired or worn out."

Miss Alice M. Smith, of Minneapolis, Minn., tells how woman's monthly suffering may be quickly and permanently relieved by Lydia E. Pinkham's Vegetable Compound.

"DEAR MRS. PINKHAM:—I have suffered ever since I was thirteen years of age with my menses. They were irregular and very painful. A doctor advised me to try Lydia E. Pinkham's Vegetable Compound, which I did, and after taking a few bottles of it, I found great relief."

"Menstruation is now regular and without pain. I am enjoying better health than I have for some time."

How is it possible for us to make it plainer that Lydia E. Pinkham's Vegetable Compound will positively help all sick women? All women are constituted alike, rich and poor, high and low,—all suffer from the same organic troubles. Surely, no one can wish to remain weak and sickly, discouraged with life and without hope for the future, when proof is so unmistakable that Lydia E. Pinkham's Vegetable Compound will positively help all sick women? So monthly suffering—all womb and ovarian troubles, and all the ills peculiar to women.

\$5000 FORFEIT if we cannot forthwith produce the original letters and signatures of those testimonials, which will prove their genuineness. Lydia E. Pinkham Medicine Co., Lynn, Mass.

PLACE EXPRESS COMPANIES

UNDER NEW COMMISSION

Canadian Manufacturers' Association to Ask the Government to Take Action.

The first meeting of the newly-appointed local executive of the Canadian Manufacturers' Association was held yesterday afternoon, the chairman, T. A. Donald, presiding. Sixteen of the eighteen members composing the board were in attendance.

The suggestion made by the board of control, that the association and a delegation to the city hall on Monday morning, to discuss the proposed new commission with the city authorities and deputations from the board of trade and underwriters, was unanimously agreed to.

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Saturday Bargains

Coopers, we want you to know

It's a Rare Comicality

Buy Your Horse a Blanket

Something new in a Wall Finish

A Shot Gun Bargain

A Good Glass Cutter

A Saving for Shavers

A Razor Home Special

A Chair Seat Snap

Cut Priced Loaded Shells

A Saving in Wheel Knives

A Gas Fixture Special

Much Sport for Little Cost

A Bargain for Bird Lovers

How About Window Glass?

You Can Do Your Own Graining

An Item for Paperhangers

A Saving in Smoothing Irons

Underpinned Nail Sets

A Gas Fixture Special

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A Saving in Smoothing Irons

TREASURER'S

SALE OF LANDS

ARREARS OF TAXES

In the Township of Scarborough, County of York.

To wit: By virtue of a warrant, issued by the Receiver of the Township of Scarborough, bearing date the twenty-seventh day of June, 1904, and to me directed, commanding me to proceed with the collection of the arrears of taxes on the lands herein set forth, together with fees and charges, I therefore, give notice that unless the said arrears of taxes and costs are paid, I shall, on Saturday, the 22nd day of October, 1904, at the hour of one o'clock in the afternoon at the railway station, Scarborough, proceed to sell the said lands, or as much thereof as may be sufficient to pay such arrears of taxes and charges thereon. All the following lands are patented:

PLAN NO. 1022, LOT 27, CONCESSION C. Block A.

Sub-plot 23, 24, 25, 26, 27, 28, 29, 30, 31, 32, 33, 34, 35, 36, 37, 38, 39, 40, 41, 42, 43, 44, 45, 46, 47, 48, 49, 50, 51, 52, 53, 54, 55, 56, 57, 58, 59, 60, 61, 62, 63, 64, 65, 66, 67, 68, 69, 70, 71, 72, 73, 74, 75, 76, 77, 78, 79, 80, 81, 82, 83, 84, 85, 86, 87, 88, 89, 90, 91, 92, 93, 94, 95, 96, 97, 98, 99, 100, 101, 102, 103, 104, 105, 106, 107, 108, 109, 110, 111, 112, 113, 114, 115, 116, 117, 118, 119, 120, 121, 122, 123, 124, 125, 126, 127, 128, 129, 130, 131, 132, 133, 134, 135, 136, 137, 138, 139, 140, 141, 142, 143, 144, 145, 146, 147, 148, 149, 150, 151, 152, 153, 154, 155, 156, 157, 158, 159, 160, 161, 162, 163, 164, 165, 166, 167, 168, 169, 170, 171, 172, 173, 174, 175, 176, 177, 178, 179, 180, 181, 182, 183, 184, 185, 186, 187, 188, 189, 190, 191, 192, 193, 194, 195, 196, 197, 198, 199, 200, 201, 202, 203, 204, 205, 206, 207, 208, 209, 210, 211, 212, 213, 214, 215, 216, 217, 218, 219, 220, 221, 222, 223, 224, 225, 226, 227, 228, 229, 230, 231, 232, 233, 234, 235, 236, 237, 238, 239, 240, 241, 242, 243, 244, 245, 246, 247, 248, 249, 250, 251, 252, 253, 254, 255, 256, 257, 258, 259, 260, 261, 262, 263, 264, 265, 266, 267, 268, 269, 270, 271, 272, 273, 274, 275, 276, 277, 278, 279, 280, 281, 282, 283, 284, 285, 286, 287, 288, 289, 290, 291, 292, 293, 294, 295, 296, 297, 298, 299, 300, 301, 302, 303, 304, 305, 306, 307, 308, 309, 310, 311, 312, 313, 314, 315, 316, 317, 318, 319, 320, 321, 322, 323, 324, 325, 326, 327, 328, 329, 330, 331, 332, 333, 334, 335, 336, 337, 338, 339, 340, 341, 342, 343, 344, 345, 346, 347, 348, 349, 350, 351, 352, 353, 354, 355, 356, 357, 358, 359, 360, 361, 362, 363, 364, 365, 366, 367, 368, 369, 370, 371, 372, 373, 374, 375, 376, 377, 378, 379, 380, 381, 382, 383, 384, 385, 386, 387, 388, 389, 390, 391, 392, 393, 394, 395, 396, 397, 398, 399, 400, 401, 402, 403, 404, 405, 406, 407, 408, 409, 410, 411, 412, 413, 414, 415, 416, 417, 418, 419, 420, 421, 422, 423, 424, 425, 426, 427, 428, 429, 430, 431, 432, 433, 434, 435, 436, 437, 438, 439, 440, 441, 442, 443, 444, 445, 446, 447, 448, 449, 450, 451, 452, 453, 454, 455, 456, 457, 458, 459, 460, 461, 462, 463, 464, 465, 466, 467, 468, 469, 470, 471, 472, 473, 474, 475, 476, 477, 478, 479, 480, 481, 482, 483, 484, 485, 486, 487, 488, 489, 490, 491, 492, 493, 494, 495, 496, 497, 498, 499, 500, 501, 502, 503, 504, 505, 506, 507, 508, 509, 510, 511, 512, 513, 514, 515, 516, 517, 518, 519, 520, 521, 522, 523, 524, 525, 526, 527, 528, 529, 530, 531, 532, 533, 534, 535, 536, 537, 538, 539, 540, 541, 542, 543, 544, 545, 546, 547, 548, 549, 550, 551, 552, 553, 554, 555, 556, 557, 558, 559, 560, 561, 562, 563, 564, 565, 566, 567, 568, 569, 570, 571, 572, 573, 574, 575, 576, 577, 578, 579, 580, 581, 582, 583, 584, 585, 586, 587, 588, 589, 590, 591, 592, 593, 594, 595, 596, 597, 598, 599, 600, 601, 602, 603, 604, 605, 606, 607, 608, 609, 610, 611, 612, 613, 614, 615, 616, 617, 618, 619, 620, 621, 622, 623, 624, 625, 626, 627, 628, 629, 630, 631, 632, 633, 634, 635, 636, 637, 638, 639, 640, 641, 642, 643, 644, 645, 646, 647, 648, 649, 650, 651, 652, 653, 654, 655, 656, 657, 658, 659, 660, 661, 662, 663, 664, 665, 666, 667, 668, 669, 670, 671, 672, 673