

NEWS OF SPECIAL INTEREST TO WOMEN

SEASON CROWDED WITH SUCCESSES

Annual Meeting of Women's Canadian Club Discloses Activities Pursued.

A TIME OF STRESS Conditions Have Obliterated Class Distinction and All Work Together.

A season crowded with activity and success was brought to a close at the annual meeting of the Women's Canadian Club Saturday afternoon, held in the Y.W.C.A. Hall, Mrs. Campbell Myers presiding.

"This has been a year of unprecedented circumstances," said the president in her address. "But with the stress and anxiety that the existing conditions have brought, they have also brought many benefits and good effects."

The meetings through the year have taken the form of lectures on subjects dealing with the war, questions of social betterment, and problems of the unemployed. These lectures have been given by men of learning and experience.

Mrs. J. McCullough read a fine report, which showed the present membership of the club to be 1065. There have been eight executive meetings during the year, and twelve general meetings.

Treasurer's Report. In submitting her treasurer's report Miss Clark expressed her gratification at the financial assistance which the club had been able to give for patriotic purposes.

SUGAR REFINERY HAS BIG CAPACITY

New Atlantic Institution Capable of Producing Million Pounds a Day.

The new Atlantic Sugar Refinery, which commenced operation a few weeks ago, are capable of producing one million pounds per day of three hundred million pounds per year.

The plant is so situated that raw sugar can be unloaded from ocean-going vessels, while the finished product can be shipped out either by rail or boat to all parts of Canada.

Red Cross Contributions

Table listing Red Cross contributions from various organizations and individuals across different provinces like Ontario, Quebec, and Saskatchewan.

EDMONTON WOMEN GRANTED FRANCHISE

EDMONTON, April 17.—Prorogation of the Alberta house was reached today when the lieutenant-governor gave assent to 29 bills passed during the third session of the third legislature.

HON. FRANK OLIVER'S VOICE IS RESTORED

MONTREAL, April 18.—Hon. Frank Oliver, ex-minister of the interior, addressed the Montreal Reform Club at its weekly luncheon on Saturday and made no reference to the allegations against him in the house of commons last week.



The Lawn—Save the Cuttings

Many citizens have been busy at their lawns for some days, and those who have not yet started out to mow had better get hold of a rake as soon as possible.

All lawns should receive a thorough mowing before the first mowing is attempted, and the first mowing should be done just as soon as you can manage it.

Your lawn mower will, of course, need to be well sharpened for this first cutting. It is a great mistake to let the blade become blunt.

Often it seems advisable to repair bare spots in the lawn by laying down a few new sods, and when it is possible to get new sods easily this is by far the better way of mending up bad lawns.

It is a good plan to cut out a narrow strip of sod along the edge by the sidewalk on front lawns.

Those gardeners who always take care to rake off the cuttings immediately after the mowing has been done have prettier lawns than those who leave the cuttings on the lawn.

Sow Simmers' Seeds

You can buy from us all that is best in Vegetable and Flower Seeds, in packets as well as in bulk, in quantities to suit. Also

Dutch Sets, Shallots, etc.

Remember, the seeds we supply are of the very best quality and our prices are very moderate. Catalogue free on request.

J. A. SIMMERS Limited

141 TO 151 KING STREET EAST. Phone Main 2492.

Notes of Women's World

A very successful military euche and musical evening was held by the Beanes branch of the Patriotic League Friday evening, when \$65 was cleared.

The following have kindly consented to act as patronesses at the Commander Holbrook Chapter I. O. D. E. concert on Tuesday evening, April 27, in Convocation Hall.

Mrs. Franklin Johnson, jr. and her Wednesday workers for the University Base Hospital here in Orphea street, held a shower at the home of Mrs. Graham Chambers, 26 East Gerrard street, tomorrow afternoon, from 3 to 6 o'clock.

Mrs. Marion Long will give an address on "The Influence of Japanese Art on European Art," at the meeting of the St. Margaret's College Alumnae this afternoon at 3.30.

A special business meeting of the St. William's Chapter I. O. D. E. will be held in St. James' parish house tonight at 8 o'clock.

The Heliconian musicale will take place at 4 o'clock this afternoon.

The Rosary Hall Sewing Circle will meet this afternoon at 2 o'clock in St. Joseph's Convent.

The regular monthly meeting of the Westminster Chapter I. O. D. E. will be held in the High Park Lawn and Bowling Club rooms this afternoon at 3.

A meeting of the Lytle W. C. T. U. will be held in Eaton Memorial Church parlors at 3.40 p.m.

The Riverdale Reading Club will meet at the home of Miss Farncomb, 52 Victoria avenue, this afternoon at 2.50.

The following is a list of the contributions to the Red Cross sent by the Nurses Circle by April 1, organized in the training camp with Mrs. Struthers as president: 3855 complete dressings, 640 large pads, 2300 small pads, 9226 compresses, 25 pneumonia jackets, 96 triangular bandages, 60 yards buttercloth, quantity of mouth wipes, 25 flannel bandages, 240 three-inch bandages, 75 two-inch, 42 roller adhesive plaster, 25 sheets and three pillow-cases.

The proceeds of the sale of home-made goods in the Ladies' committee amounted to \$165.

Corinthian Chapter No. 12, Order of the Eastern Star, is holding a euche on Thursday afternoon, April 22, in the Fawcetts Avenue.

As a result of the euche and bridge held in Aura Lee, the Theta Pi Sigma Sorority was able to turn \$55 over to the University Base Hospital fund.

The annual meeting of the Toronto Women's Club will be held in the Margaret Eaton School, North street, on Thursday at 3. Membership cards for 1914-15 must be presented at the door in order to receive ballot papers. Members are recommended to bring circulars containing notices of motion and recommendations.

The regular meeting of Bathurst W. C. T. U. will be held this afternoon at 2 o'clock at the home of Mrs. McGill, 39 Gore Vale avenue.

HANDSOME PRESENTATION

Mr. and Mrs. Hamilton Cassels Honored by Friends on Saturday Evening.

On Saturday evening the teachers of the Central Prison Sabbath School and their friends, in all about eighty, met at 72 Clarendon avenue, the home of Mr. and Mrs. Cassels, for the purpose of expressing their esteem for them, and their appreciation of Mr. Cassels' services as superintendent of the Sabbath school for a period of six years.

On behalf of the teachers, both past and present, David W. White, assistant superintendent of the school, presented Mr. Cassels with a handsome sterling silver tea service, suitably inscribed and initialed. Mrs. Cassels was presented with a large sheaf of American beauty roses by Mrs. J. T. Gilmore.

Among those who made brief speeches were Hugh MacMath, W. H. Smith, O. McCormack, Rev. Dr. Chambers and Dr. J. T. Gilmore, warden of the prison, who acted as chairman. Mr. Cassels, the taken by surprise, made a suitable reply.

FAILED TO REGISTER.

LONDON, April 17, 5.17 p.m.—Ludwig Paul Selbach, claiming to be an American citizen, was remanded to custody in London today on the charge of being an alien enemy, who had failed to register himself in accordance with the British regulations.

Nesting Boxes For Birds



It must be apparent to all lovers of birds that as the towns and cities have grown the number of birds in our parks and gardens has steadily diminished. In a recent discussion by the Canadian Society for the Protection of Birds the consensus of opinion as to the cause was, firstly, the removal of dead branches and trees, thus destroying nesting holes, and, secondly, the want of clean water away from the public gaze where the birds can wash and drink.

It is now reported that from one to two feet in length, hollowed out nearly the whole length. The hollow is much wider at the bottom than at the top, an entrance hole is made high up and the box is roofed with a small piece of board. These boxes, which are fastened to a tree or post, are being made for the society at a nominal cost of from 25c to 50c, according to the size, and can be purchased from the society at that price.

ANOTHER SOLDIER VICTIM OF DISEASE

Private Nichols of Peterboro Succumbed to Spinal Meningitis.

BELLEVILLE, April 17.—Private Harry Nichols, a member of the 39th Battalion, C.E.F., mobilized in this city, died here at an early hour this morning of spinal meningitis. This is the third fatal case since mobilization here. He was 19 years of age and came from Peterboro. This afternoon the remains were sent to Peterboro for interment. The funeral was with full military honors. The 15th Regimental Band of this city headed the cortege.

300 WAR PRISONERS.

ST. JOHN, N. B., April 17.—The steamship St. George reached here today from Bermuda with 300 German prisoners of war. They are chiefly sailors from warships. They were taken to the detention camp at Amherst, N. S.



Proper Foods

Cream may well be substituted for butter whenever possible for young children. Fat is an essential element in diet and cream is the most easily digested form and always superior to butter. At five or six years butter may be given freely.

The use of orange juice should be continued right through childhood. Fresh fruit juices are also valuable; but it is wise to strain berry juices on account of the seeds. Stewed and baked apples and stewed prunes are good. Remember to give the fruit juice at times when milk and cream need not be part of the meal. The seeded varieties of raw fruit are best avoided until after the sixth year. Apples, plums, pears, peaches when in perfect condition are good fruits for children, with whom they agree. Peaches may be given to a three-year-old, cautiously.

Bananas are never advisable, because so difficult to digest. Desserts should never be allowed to take the place of the more substantial food. Junket, baked or boiled custard, blanc-mange, rice pudding, with once in a while in warm weather plain ice cream, preferably home-made.

Candy in small quantities of undoubted purity may sometimes take the place of dessert. Often a diplomatic mother makes a dessert accomplish much in the way of disposing of food not agreeable to the child. It seems to me, that something is or has been wrong in the training if a child really dislikes wholesome food. It is of the utmost importance that a child enjoy his meals; and mothers must consider this and make the food palatable without violating fundamental principles. Often a great deal may be accomplished by allowing a child over three years of age to mix a meal once in a while, if difficulty is experienced in persuading him to eat the proper food.

Let me warn you against a few of the really undesirable things that too often creep into the diet of little children. Pork in all forms, except perhaps very crisp, fat bacon, broiled, never ham, sausage or the like; veal, corn beef, salt fish, dried beef, goose, duck, kidney, liver, stew, hash, fried foods of all kinds, fresh bread, muffins, pancakes, cake, except sponge and gingerbread, rich puddings, pie, pastry, nuts, syrups, rich preserves, tea, coffee, pickles, catsup.

Food should be eaten slowly and well masticated.

SMART QUICK STEP OF NEW REGIMENT

Excellent Appearance of Hired and Nipsh Subject of Comment.

ON CHURCH PARADE

Rev. E. C. Cayley of St. Simon's Preaches to Soldiers' Congregation.

Nine hundred and thirty-five members of the 19th Regiment Light Infantry marched from the armouries, University avenue yesterday afternoon to attend service at St. Simon's Church, Broad street.

Colonel W. T. Stewart was in command, and his staff included Major W. S. Dinick, Major H. Hornblower, Adjutant (Capt.) A. Hall, Lieut. J. W. Duggan of No. 1 Company, Capt. Harris of No. 2 Company, Capt. Wright of No. 3 Company, Capt. Boehm of No. 4 Company, Staff Sergeant Instructor Livett of the regimental band, under Lieutenant Timpon, and the bugle band under Bugle-Major Cutbert. During the service the band assisted the organist in the music and the offertory played Handel's Magnificat.

The church service was conducted by Rev. E. C. Cayley, rector of St. Simon's, assisted by the curate, E. G. Burgess Brown, and Rev. W. H. H. Sparks, the regimental chaplain. The offering was taken up by the officers of the regiment and will be applied to the Regimental Fund.

In his sermon Dr. Cayley said: "Germans are waging this war against the law of the jungle, as Mr. Darwin, an Englishman, has shown in his book 'The Origin of Species' and that the clearest of the most and the strongest shall survive. Their own writers have told them that they should not only destroy the branches and leaves, but also to destroy the trunk and roots, and to lay waste the spirit of the people with whom they fight through striking terror and laying waste their property."

"This war has changed the position of our people, and they are beginning to see the hideousness of this awfulness of warfare. The empire and the allies are fighting for liberty and the principles of humanity, and that people must live together in peace and brotherhood. The world will be a vision of higher and better things before this war is over, and the terrorism of Germany must fall."

Dr. Cayley's sermon was well received and the service was a success.

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Polly and Her Pals

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Dr. Chase's

The old idea of...



Eczema

The old idea of...

