

After considerable study of the opinions of modern men of science, Mr. A. B. Norton has contributed an article on "The Care of the Eyes" to the *Atlantic Monthly*. Some of the precautions he recommends as to school children and school buildings are worthy of note. He advises that the eyes should be periodically examined during school life, and the process repeated year by year till the mind and body have attained their full development. The paper and type used for school-books should be carefully selected, the paper should be of dull finish, and the type equivalent to long primer. The architectural plan of buildings should be most carefully considered, and the rooms should be so flooded with light as to have sufficient illumination for reading on a dull day in the darkest corners. The distance of surrounding structures should be twice their height, and the window surfaces should never fall below one square foot of glass for every five square feet of floor space. He advocates pale green, grey, yellow or blue for the prevailing tint of walls and furniture. The ideal light should come from the left or the rear of the students, and all cross lights should be guarded against. The faulty construction of the school desk, which causes the pupil to bend unduly, Mr. Wilson declares, is no small factor in the increasing myopia of school life.

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