

HEAT FLASHES, DIZZY, NERVOUS

Mrs. Wynn Tells How Lydia E. Pinkham's Vegetable Compound Helped Her During Change of Life.

Richmond, Va.—"After taking seven bottles of Lydia E. Pinkham's Vegetable Compound I feel like a new woman. I always had a headache during the change of life and was also troubled with other bad feelings common at that time—dizzy spells, nervous feelings and heat flashes. Now I am in better health than I ever was and recommend your remedies to all my friends."—Mrs. LENA WYNN, 2812 E. O Street, Richmond, Va.



While Change of Life is a most critical period of a woman's existence, the annoying symptoms which accompany it may be controlled, and normal health restored by the timely use of Lydia E. Pinkham's Vegetable Compound.

Such warning symptoms are a sense of suffocation, hot flashes, headaches, backaches, dread of impending evil, stinging, sounds in the ears, palpitation of the heart, sparks before the eyes, irregularities, constipation, variable appetite, weakness and inquietude, and dizziness.

For these abnormal conditions do not fail to take Lydia E. Pinkham's Vegetable Compound.

Guide-Advocate

Watford, Ont.

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HARRIS & CO. PROPRIETORS

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WATFORD, JULY 6, 1917

NOTE AND COMMENT

The United States in sending a commission to Russia, evidently are determined to get at the "Root" of the trouble in that country.

The Canadian Scottish Borderers are now connected with the Gordon Highlanders, one of the regiments which has made the name Scotland shine with glory on many of the battlefields of the world.

It is about time the English correspondents stopped talking about Canada as one of "England's dependencies." Just now the status is pretty well the other way round and Britain is depending upon Canada in more ways than one.

Ministers in several church governing bodies are asking that the clergy be not exempted under the terms of the proposed conscription bill. There are many ministers in the ranks of the army today as well as in officers' positions and we have yet to hear that they make any less efficient soldiers than the layman recruit.

Dr. Franklin H. Martin, of the General Medical Board, speaking of sending physicians to England and France said in both countries war has depleted the medical staffs and the need that America furnish more is imperative. In one retreat the British lost 267 doctors, all killed near the same spot within half an hour, he said, and as a result 5,000 men lay on the ground unattended for seventy-two hours.

As the war continues from month to month, it clearly demonstrates the foibles and frailties of human opinions. Various authorities have determined the time when peace will be restored. These prophecies

have covered every interval of time from a few weeks to many years. Recent events would place the war's extension beyond this year at any rate. Just how much longer, no one can say, but no immediate let-up is in prospect. The United States Government, is making its preparation for war, speaks of three to five years as the ultimate duration. If this period is suggested with any authority, and events seem to substantiate the opinion, it is pregnant with meaning.

Should the war be lost, and the eyes of the German people be opened to the fact that the war was really one of aggression from the first, there would be a swift end to the Hohenzollern dynasty and to the great industrial leaders and magnates who have assisted the Kaiser and his Ministers in deluding the people. Already the eyes of many have been opened, a writer tells us. Here is where the censorship comes into play. Discussions in the Reichstag are smothered with the excuse that military ends will be interfered with. Therefore the Government is able to fence with the demands of a few Socialists to know whether Belgium is to be annexed, and whether the German Government is prepared to accept a policy of "no annexation, no indemnities." The German watchword in all circles is "Hold On." The people are told that they are winning and that a little more fortitude will bring lasting peace.

Catarrh Deafness Cannot Be Cured

by local applications, as they cannot reach the diseased portion of the ear. There is only one way to cure catarrhal deafness, and that is by a constitutional remedy. Catarrh deafness is caused by an inflamed condition of the mucous lining of the Eustachian Tube. When this tube is inflamed you have a rumbling sound or imperfect hearing, and when it is entirely closed, Deafness is the result. Unless the inflammation can be reduced and this tube restored to its normal condition, hearing will be destroyed forever. Many cases of deafness are caused by catarrh, which is an inflamed condition of the mucous surfaces. Hall's Catarrh Cure acts thru the blood on the mucous surface of the system.

We will give One Hundred Dollars for any case of Catarrh Deafness that cannot be cured by Hall's Catarrh Cure. Circulars free. All Druggists, 75c. P. J. CHENEY & Co., Toledo O.

Higher Authority.

Willis—The Highfliers are going to give up their big house this year. Mrs. Willis—You must be mistaken. I was talking with Mrs. Highflier only yesterday. Willis—Well, I was talking with the mortgagee only this morning.—Puck.

Trouble on the Road.

First Centipede—What's the matter? Second Centipede—I need a traffic cop; my feet want to go different ways.—New York Sun.

Masculine Form.

"What is a hunch?" "A hunch is the masculine equivalent of feminine intuition."—Boston Transcript.

Boiling Alive.

The last instance of boiling to death took place in Persia in 1890. The offender was guilty of stealing state revenues and was put into a large caldron of cold water, which was slowly heated to the boiling point. His bones were distributed as a warning among the provincial tax collectors.

Walking Is Work.

Putnam—Did you walk to work yesterday? Halsey—Yes, and the wind blew off my hat, which landed in an auto, which did not stop; my eyes were filled with dust, and I bumped into a man I owed \$10. Hereafter I follow no more health tips.—Brooklyn Standard Union.

The British Cabinet.

It is the inflexible unwritten rule of the British cabinet that no member of the cabinet shall take any note or record of its decisions except the prime minister, and he does so solely for the purpose of sending his written report to the king.

Made Clear.

"What is the distinction between verse and poetry?" "Well, if you can understand it it's verse, and if you can't understand it it's poetry."—Life.

Trial is Inexpensive.—To those who suffer from dyspepsia, indigestion, rheumatism or any ailment arising from derangement of the digestive system, a trial of Parlee's Vegetable Pills is recommended, should the sufferer be unacquainted with them. The will be inexpensive and the result will be another customer for this excellent medicine. So effective is their action that many cures can certainly be traced to their use where other pills have proved ineffective.

BRAVE BRITISH AIRMEN

THE "EYES OF THE ARMY" ARE GALLANT YOUTHS.

Take Terrible Chances in Scouting, and Frequently Pay With Their Lives—Typical Stories Told of Young Lieutenants Illustrate the Risks That the Members of the Flying Corps Have to Take.

THE announcement that "Improved weather conditions permitted increased aerial activity along the entire front" is the laconic and prosaic way in which the official communique dismisses some of the most spectacular episodes of the war.

To those who have once witnessed this "increased aerial activity" such an announcement conjures up at once a picture of countless aeroplanes in the air—scouting, fighting, diving, spinning, hovering over enemy targets and calmly sending wireless signals through the fountains of enemy fire, photographing the enemy lines, bombing his ammunition dumps and sheds and supply columns, and otherwise "carrying on" in the sky in a manner wholly bewildering to the onlooker, but inspiring in supreme degree the indispensable part aviation is playing in this war.

With a candor often uncommon in times of strife, the British communique may end from day to day with the simple statement that one or two or three or four "of our machines have not returned." This means they have either been hit and forced to land in the enemy lines, or have been shot down to a fate more certain. It is no child's play to circle above a German battery observing for half an hour or more, tortured by exploding shells and black shrapnel puffs coming nearer and nearer like the extending finger tips of some hand of death. But they are little more than children—these mere boys who are bringing the lustre of everlasting fame to the British aviation service. Some are scarce eighteen. It is rare to find a flying man over twenty-five.

In the aggregate, however, the losses in the flying corps are as nothing compared with the useful and vital work the "wings" accomplish. Without them the big guns would have no far-seeing eyes to correct their shells. Without them and the hundreds of photographs they daily take the map-makers could not trace each detail of the trench positions. Without them the general staff could not accurately know just what is going on by day and night behind the enemy lines. Without them modern war would lose its most fascinating phase.

The "good flying" of a single day on the British front alone may represent a day of a hundred fights, a day of four score aeroplanes in wing-to-wing combat—a day of a thousand personal incidents and deeds of daring in the once strange strata of high thin air.

It might tell, for instance, of how Lieutenant A in a fast-flying scout machine encountered a squadron of twelve German Rolands. The odds were one-sided enough, but the young Britisher decided to take a chance. He climbed swiftly and surely until he got far above and to the rear of the hostile craft. Evidently the Germans were intent upon some errand which they proposed to carry out in force, for they paid no heed to the khaki-clad airman until he deliberately dived into them, firing as he came. This threw the twelve Germans into a panic, and their formation was entirely broken up. Meantime Lieutenant A got beneath the nearest machine and fired an entire drum of cartridges into it at fifteen yards. The hostile machine collapsed and "crashed." That is a supreme word in the lexicon of the flying corps. A machine may fall, or dive, but until it is actually seen to "crash" it is not counted as an enemy "casualty."

After seeing his particular enemy "crash," Lieutenant A drew off to think things over. He was somewhat amazed to see still more hostile machines coming up in formation. But he dashed at the leader of the new-comers and sent him in a spiral nose drive to a "crash." This led to still more complications, and the intrepid little pilot soon found himself engaged with three machines. His fight with these was indecisive.

"For," says the official record, "having expended all his ammunition, Lieutenant A set off for home."

A few days later, it is related, he took a running dive into a formation of twenty hostile machines with all the self-assurance an eagle might have in the midst of a flock of sparrows. Before he was through he had sent three adversaries "crashing."

"This time," says the record, "he returned to one of our aerodromes for more ammunition and returned to the scene of battle where he engaged and dispersed such enemy machines as remained in the vicinity. One was seen to crash upon a house-top."

Guaranteed To Satisfy

The "Sunshine" Furnace gives healthful, warm air heat—and plenty of it. When installed, according to plans furnished by our heating engineers, it is guaranteed to give absolute satisfaction. Write for free illustrated booklet.

McClary's

SUNSHINE FURNACE

LONDON TORONTO MONTREAL WINNIPEG VANCOUVER
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When you build your new cottage or bungalow or fix up the old one—even if it's nothing more than a job in the attic—it will pay you to look into Beaver Board.

If you want better walls and ceilings—warmer in winter, cooler in summer, sanitary, durable, beautiful in their decorative effects and free from cracks—nothing will satisfy you so well as the original, pure-wood-fibre Beaver Board.

Be sure it's Beaver Board. Look for the Beaver trade-mark on the back of every panel.

BEAVER BOARD

In new work, Beaver Board is nailed direct to the studs, joists and "headers." In remodeling it is nailed right over the old plaster.

MADE IN CANADA

A Beaver Board room is finished by painting, after the board is on the walls. Then decorative wood strips are applied over joints in a pleasing panel design.



Est. 1870. G. CHAMBERS EST.

Spring House-cleaning Days

These days are near at hand, and no doubt you will be adding a few pieces of Furniture to your home. Perhaps it will be some Chairs, a Table, a Buffet, a Bedroom Suite, a Spring and Mattress, or something for your parlor.

When you are making these purchases be sure to come to this store and see our Complete Stock, bought before the advance in prices.

Agents for Mason & Risch Pianos, Gramophones, String Instruments, Sheet Music, Edison Records, &c., and all kinds of repairs. New and second hand sewing machines and all supplies.

HARPER BROS.

PHONE 31.

PINE FURNITURE MUSICAL INSTRUMENTS UNDERTAILERS