

## A PAGE OF INTEREST TO WOMEN

FAMOUS AUTHORESS

## THE FASHIONS

[By Eleanor Gunn.]  
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## THE ALL-IMPORTANT QUESTION OF THE SILHOUETTE.

First and foremost comes the silhouette. It is the consideration above all others each season—no matter how beautiful in detail a costume may be, if its outline is not correct as adjudged by present standards, all its beauty counts for naught. Here are two distinct silhouettes that have been in vogue this season, and which, it appears, will be good for next. The bouffant Spanish silhouette and the classic

## AT CUPID'S CALL

BY MAY CHRISTIE.

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## XLIX.—VANDAVEER IS ANXIOUS.

Kismet gazed out of sight as stealthily as he had appeared. And Mary, with quickly-beating heart, wondered if the Oriental had seen her, recognized her?

His mad pursuit of her today—it wasn't possible that he had been drunk at all! He could not then have sobered up so quickly.

Besides, after Dick Calardin had felled him to the ground he had leaped up like an acrobat, sprang through the hedge and flown like a hare across the fields. Such agility was not usually displayed by drunken men.

"A dangerous fellow!" Dick had called him.

"Is he your servant?" Mary faltered, turning to Vandaveer.

At her question a curiously perturbed light gleamed in the eyes of her companion. Mary was a friend of Dick Calardin; the part that Kismet had played in Dick's young life was not a thing to be made known, for Kismet had taken her place five years ago and had been telling her that Kismet had not been very long in his employ—a clever fib!

"Come on—let's have a game of bridge," he yawned. She did not like another girl to absorb the conversation. She was not going to let a little chit like Mary Drew attract her friend's attention away from herself.

Mary guessed her thoughts. She moved over to a distant corner of the hall and began to examine some old-fashioned armor to which Carrington Ballards followed Mary. She wished to have a chat with the young girl.

"We'll leave the others to their bridge," she was expectedly condescending. "Dear Eve is so ridiculously fond of cards."

From the dining-room emerged Carrington Ballards, and a good-natured neighbor from a neighboring estate. They joined Mrs. Vandaveer and Vandaveer and the other woman guest.

"Carrington won't play cards," she remarked to Mary. "He thinks it's a waste of time and I'm half inclined to agree with him. Also, he hates poor Eve to play for money! I'm sure I don't know why—she plays for very trifling sums. Besides, isn't Carrington's own business a perpetual snarl?"

Mary smiled. She did not wish to make any comment on her employer's business methods. She was too discreet to permit herself to be "drawn" into the conversation.

Her inquisitive hostess, produced her knitting and began a one-sided conversation with the girl.

Tomorrow—The Summing Up.

## Personal Health Service

(By WILLIAM BRADY, M.D., Noted Physician and Author.)

## General Decline Arrested.

The notorious General Decline, perhaps better known to many of our readers by its aliases, "T. B.," "Phthisis," and "The Con," who at one time or another has boldly claimed membership in nearly every family, has been arrested at Pittsburgh, Pa., Denver, Col., Boston, Mass., Boise, Idaho, Hamilton, Ont., Richmond, Va., Oswego, N. Y., and New Orleans, La., to mention eight hundred and forty-three other places throughout the country. In fact, this old offender may be arrested at any place where his deceptions against rich and poor subject him to the surveillance of the health authorities.

Suspicion was long ago directed against the culprit, but although he was temporarily "detained," examination was waived against the advice of medical counsel. Not until a "nervous breakdown" persuaded his unlightened host to slip away to some distant city where a fashionable practitioner handed out a pleasing diagnosis of "neuro-circulatory asthenia," with a fine of \$300, did the host begin to cough up anything to speak of.

This "neuro-circulatory asthenia," which of course, none other than the old reliable man himself—himself a twentieth century way of saying nervous prostration—with the human circulation grafted in, to cover every conceivable contingency. Had the charge been just sufficient; and back in 1892 probably \$48.50 would have been collected for nervous prostration.

While out on probation, so to speak, the luckless host visited Denver, where the luckless host arrived he spat some blood and was committed to a sanatorium on the charge of obtaining money under false pretences. The charge was an indeterminate period, not bed for an indeterminate period, not twenty months at the san, and by good behavior was paroled. Close friends declare that at one time the fortunate

man was indicted by Minnesota specialists for exophthalmic goitre, but he absconded and the operation was postponed.

When interviewed by our correspondent at his hotel where he is staying pending the final disposal of his case, T. B. issued the following statement.

My case should be a warning to all young people to live hygienic lives and, when that course has broken down their health, to listen to their doctor's advice. I made a false start when I tried "nervous breakdown"—if I knew then what I do now I would have realized that some shrewd medical man sooner or later would rule that I was an absolute case of a "heavy cold" or "weak lungs" or "a little catarrhal trouble," all of which alibis I'd advise persons contemplating a run of "con" to turn down cold.

My message to young people who feel tempted to try this T. B. thing is this: If you're gone have it be honest and have it and get it over with, and don't try to fool yourself that you have something else.

**QUESTIONS AND ANSWERS.**

**Wetting the Bed.**

A doctor told me he learned this in Germany, and I tried it for my child, with happy effect. The two yards of toweling about the lower waist, with as many knots as you can tie in it across the back. That will make the child lie on the side, and will overcome the habit of wetting.—MRS. G. C.

**Ans.**—The effect is to fully or partly awaken the child at intervals through the night. That may suffice. But I think it is better to attend to the cause. The child should be instantly awakened at 10 p.m. by the parent to empty the bladder, then not again until 6 a.m. Of course it is also necessary to insist on a strict diet and schedule through the night, and to properly regulate the diet and general activities of the child for a few months, as described in the pamphlet on bed-wetting, which I sent you.

**Badly Advised.**

I have been told that while babies are teething they must have wool or flannel shirts and a bellyband, no matter how hot the weather is.—B. S.

**Ans.**—In very hot weather a baby should have nothing but a cotton diaper on, through the heat of midday. It is cruel to swathe an infant in heavy clothes or woolen garments when the weather is torrid. Of course, all babies are teething from the age of a few months to the age of 18 or 25 years.

## WESTERN ONTARIO WOMEN'S ACTIVITIES

Address News For This Column to The Editor of Woman's Page.

## LYONS GARDEN PARTY.

The third annual garden party of the Women's Institute on Tuesday evening, August 10, 1921, at the home of J. Mitchell.

The program will include a performance by Will Thirkettle, comedian of Toronto, songs by Mr. Peter Stott, baritone soloist of Hamilton, and readings by Miss Sylvia Higman of London. The Pascoe Orchestra of Woodstock will furnish music, and R. Hudson of London will act as chairman. Admission: Adults, 50 cents; children, 25 cents over 8 years old; children 8 and under free.

## CLUB NEWS

There will be a meeting of the executive of the hospital committee on Thursday afternoon, August 18, at the Y. W. C. A. at 2:30 o'clock.

## Cynthia Grey's Mail-Box

One need only grow old to become gentler in one's judgments. I see no fault committed which I could not have committed myself.—Goethe.

Sends Thanks.

To Cynthia Grey Mail-Box.—Kindly convey to the friend who sent five dollars to the Day Nursery the board's sincere thanks. We wish many would visit our day nursery, and I am sure their hearts would be touched and their pockets would be opened. We are very much in need of help such as money, fruits, vegetables, bedding and children's clothes. Yours sincerely, CARRIE I. KARN, sec.

Dear Miss Grey.—Well you find my cool place these days? I have been in bed, sick, and oh, the heat was terrible. I would think sometimes I surely couldn't stand it, but I am up now and better.

I read in your Mail-Box where so many were getting help for their children. I haven't been to my mother's for a year and I and the children could so now if my boys only had clothes. There are four, their ages are 12, 9, 6 and 4.

I have taken men's pants where the legs were good and made nice little pants. Probably someone could help that way. The oldest boy needs a pair of shoes, size four or five.

It is 30 miles to my home and they would take us with car I hope. I am going to watch the Mail-Box pretty close, you bet. Please get my letter in as soon as you can. Will send some change for the children's fund next time.

Will sign my name as MOTHER NO. 2.

## Who Will Make A Block?

Dear Miss Grey and Boxites.—I just came in for a minute to say I would finish the quilt up. So those who volunteered to make blocks can get my address from Miss Grey and send blocks direct to me. Be sure and have blocks eighteen inches square when finished and don't have your pieces too large so you can get more pieces on, as there is supposed to be a name of each piece. So the more pieces, the more money we'll bring in.

If anyone has not enough colors perhaps we could change some pieces with some one else or beg some from a friend.

Now maybe the Boxites are afraid they will be known who they are in their neighborhood, but they don't need to tell their names. They can volunteer to be one of the persons who volunteered to make a block and I don't think anyone would inquire any more. I forgot to say in my last letter that if you decided to guess the number of names the one that puts the quilt together cannot have a guess as she will have to count the names. So now I have offered to put the quilt together and I am quite willing to give up my chance for guessing and count the names. Well, I will go now, and come along Boxites, let's see how much money we can raise for the S. C. H. fund.

P.S.—Inclosed you will find money for S. C. H. and will you please send me a S. C. H. P. for which I am sending a dressed envelope.—T.

Ans.—Am mailing you a s-o-o-k-i-n-g foot pattern, many thanks for the hospital quilt for same. At last our quilt is going to materialize. I am quite sure it will

## HOME ECONOMICS

MRS. ELIZABETH KENT, MacDONALD COLLEGE.

## PLANNING BREAKFAST.

If breakfast provides fruit, cereal and one protein dish, such as eggs in some form, bacon or fish cakes, it covers the desired range of food for all ages.

Oranges, prunes or apples, fresh or dried, may be used to provide juice or strained pulp for the very young and old, and the whole fruit for the rest of the family. The fruit may be served first, or with the cereal, or at the end of the meal. The cooked cereals offer much variety, are cheaper, and are better food than prepared cereals, which should be used only occasionally for children, a light one for sedentary adults. The fresh egg, which can be best served in breakfast, eggs may be served in different ways, but as a matter of fact children do not demand more than adults do. For most normal people it is the meal of the day, to which appetite brings the best sauce, and, so that it is well cooked and well served, it can be fairly standard.

If eggs and bacon cannot be afforded, or only occasionally, fish cakes, mashed potatoes, an egg and milk, form a good substitute. Enough cakes can be prepared at one time for several days, kept in a covered dish in a cool place, and fried fresh in a little very hot grease as needed.

Plenty of milk for cereal and to drink should be provided with breakfast. Cream is, of course, desirable, and at any rate this is the meal for the top milk of the bottle.

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Black Canton Silk Crepe, good heavy quality, rich dye, excellent weight for dresses; will not crease; full 40 inches wide. Special ..... \$3.95

Shepherd Checks for odd skirts or children's dresses, your choice of four size checks, washes perfectly; full 42 inches wide. Special ..... 75c

Three pieces All-Wool Jersey Cloth, nice fine weave, heavy quality for separate coats or jumper blouses, in circular and plain, full 54 inches wide; shades of grey, sand and taupe; regular \$4.50. To clear ..... \$3.00

Special—Five dozen pairs Corsets, fine imported coutil, four clasps and hooks, elastic sides, four horse supporters, lace-trimmed tops, all sizes. Only ..... \$1.98

Long White Silk Gloves, sizes 6½ to 7½, 12-button length, double-tipped ..... \$1.98

Special sale of Purses, genuine leather, silk lined, small purse, vanity case and powder puff; colors of black, grey, brown, tan; regular \$1.75 and \$2.00. Saturday ..... \$1.39

Five dozen Women's Pure Silk Hose, extra quality, double heels and toes, high-spliced ankle; colors of brown, navy, grey, black and black; regular \$2.00. For... \$1.49

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See our magnificent stock of Tablecloths, Napkins and Sets, specially priced: 8-4 Imported Sheeting, full bleached, made from best of yarns by best of manufacturers. .... \$1.75 quality \$1.25, \$1.98 quality \$1.35

Same make, 9-4: \$1.98 for \$1.35, \$2.25 for \$1.50. Don't miss these values.

36-inch Unbleached Sheeting; this is really wonderful value. At, per yard ..... 25c

36-inch Longcloth, a very special number; 1920 price 60c. Today's price ..... 39c

Just to hand, Fine Nainsooks. .... 35c, 45c, 60c

A good showing of Printed Dress Voiles, in medium and dark shades. .... 35c, 75c, \$1.00

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Broadcloth Suits in plain tailored styles, full satin lined; colors of navy blue, brown, sand and black; all sizes. At, ..... \$45.00

Wool Jersey Dresses, embroidered in floss, overskirt style, with sash belt; colors of sand, grey and Belgian blue. Clearing at ..... \$18.50

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## BABY'S OWN SOAP

In the interest of your skin, insist on Baby's Own Soap. Cleansing—Healing—Fragrant.



## THE BANDIT DOGS.

Part Fifteen.

The bandit dogs were bandit dogs so long. They had all been adopted by a very fine master—Pickles, the clown to be sure, and of course, old Billy the goat had been re-adopted by Pickles too.

"I just don't know how it is you and Billy came back, Rigles," said Billy, "but I am going to have a feast in celebration of it anyway," so all the dogs and Billy were invited to a feast at the cookhouse of the circus. And Pickles had chairs drawn up to the tables for them too. This was quite new experience for Rigles and Billy, but Rigles had been used to sitting at a table in his circus days, but little Cha had all the while had a place at his master's table before he had been stolen from the show. Old Billy, however, couldn't be persuaded to sit at the table. He pre-ferred to get under the table and munch up the paper napkins the circus people had discarded there.

"What am I to do with four dogs and a goat?" Pickles asked. "I am sure I won't be able to use you all in my act, but seeing Rigles and Billy brought you strangers with them I'll

## PUPPY STORIES

(by Vincent G. Perry)

have to keep you all. So for the time we will keep.

As the days went on little Cha and old Tigie were the only discontented members of the band—for Rolf had been a quick dog, a fine hand and Pickles had taken him into his act with Rigles and Billy the goat. Even though they were discontented, Tigie and little Cha were not entirely unhappy for Pickles was short after his arrival he spat some blood and was committed to a sanatorium on the charge of obtaining money under false pretences. The charge was an indeterminate period, not bed for an indeterminate period, not twenty months at the san, and by good behavior was paroled. Close friends declare that at one time the fortunate

Tigie was the first to spy it. A tiny spark from a train had fallen on the roof of the circus tent and a tiny whiff of smoke started to come up. The smoke got wider—a black streak went up the roof and then flames burst out—the circus was on fire. What were the dogs to do?

(To Be Continued.)  
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