

CORRESPONDENCE COLUMN.
HELPS FOR HOME-KEEPERS.
RECIPES AND STYLE NOTES.

A PAGE FOR WOMEN

BRIGHT ARTICLES DAILY ON
WOMEN'S INTERESTS AND
ACTIVITIES HERE AND THERE

The Storks

AS TOLD BY AUNT GERTIE

CHAPTER III.

"One, two, three, one, two, three," round and round the chimney top went the little storks.

"How the boys stared and how they leaped one of the little creatures might fall down!"

But mother stork watched them, oh, so carefully and drilled them, oh, so thoroughly.

One day one of the baby storks got very tired and cross.

"I am not going to try any more," he said, in a grumbling voice. "I am not going to bother to learn to fly. It is too much trouble."

"Very well," said the patient mother. "Then I suppose you want to stay here and let the small boys get on and kill you!"

"Oh, no, no, no, mother, dear. I will try again," he cried loudly.

"Stork, stork, long-legged stork!" cried the biggest boy down on the ground beneath the roof.

"Shall we fly down and peek out their eyes?" suggested one of the strongest little storks.

"No, child," said the mother. "Just leave them alone. Do as I tell you. It is of much greater importance."

"Very well," said the little storks, "but we intend to get revenge on those boys."

One boy, in particular, bothered the child storks more than all the rest. He sang louder and shouted noisier and seemed meaner than all the rest.

"We must do something to that horrid boy, anyway," said all the little storks one day to their mother.

"Very well, children," she answered. "I will think up some way to avenge you. In the meantime you must behave very well, and you must make me proud of you at the convention of storks which meets next week."

"We will, we will," said the children storks. And they practiced harder than ever.

At last the convention time arrived. The little storks flapped their wings and showed General Stork how well they could fly!

They did so well that their daddy and their mother were awfully proud of them, and the General said they had been well trained.

"Goody, goody," said the little family of storks, "now we will get even with those boys, especially the one bad, bad one."

"All right," said the mother. "Now what do you think they did?"

(To Be Continued.)



I come again to bother you.

1. I am sixteen years old, five feet, three inches tall, and weigh one hundred and twelve pounds. Do you think I am too stout, and how long should my dresses be?
2. Do you consider when a girl of seventeen is ready to take a position as stenographer or bookkeeper, smart or dull?
3. Do you think I show any business form in my writing?

Thanking you in advance, I am,
"TOODLES,"
Auntie.

A—1. I should think you are very well proportioned. To within six inches from the floor would be a nice length.

2. If she is ready for such a position at seventeen, she is rather clever, I think.

3. Some of the letters are a little crude in formation, and your writing is rather large; but, on the whole, your communication is very neat and legible.

The Poets' Corner

THE LAUGH.

Build for yourself a strong-box,
Fashion each part with care;
When it's strong as our heart can make it,
Put all your troubles there.
Hide in it all thought of your failure,
And each bitter cup that you quaff.
Look all your heart-aches within it,
Then sit on the lid and laugh.
Tell no one else its contents,
Never its secrets share;
When you've dropped in your care and worry,
Keep them forever there.
Hide them from sight completely,
That the world will never dream half—
Fasten the strong-box securely,
Then sit on the lid and laugh.
—Selected.

Daily Menu

SATURDAY.

Breakfast,
Sliced Bananas, Corn Flakes,
Baked Cream Toast, Coffee.

DINNER,
Clear Vegetable Soup,
Mock Duck,
New Potatoes, Green Peas,
Deep Gooseberry Pie.

SUPPER,
Cottage Cheese Salad,
Fresh Berries, Tea Biscuit,
Tea.

Baked Cream Toast.—Toast slices of stale bread, dip quickly in hot salted water and lay on a platter. Spread the toast with butter, then pour over it some rich milk, and place in a hot oven. Garnish with slices of crisp bacon and parsley.

Cottage Cheese Salad.—Make into balls some fresh cottage cheese which has been mixed with cream, and a minced green pepper. Place on leaves of lettuce and dress with French dressing.

WOMEN'S INSTITUTES

LOBO.

On account of conflicting dates, it has been thought advisable to hold the monthly meeting of Lobo Women's Institutes on Friday evening, July 11, at Mrs. P. L. Graham's home, Lobo, Tuesday afternoon, July 15. Roll-call responded to by stating a fact. All ladies are extended a cordial invitation to attend.

WOMEN AND BEE-KEEPING

Procuring the Finished Article—Bees in Winter—Protection From Stings.

[Written for The Advertiser.]

Part II.

As I said before, the bees live in the brood chamber; when the honey season arrives the beekeeper puts a queen excluder (wire screen) on top of this hive, which the worker bees can easily get through, but the queen cannot, as she is so much larger. Then he puts on the surplus hives, in which the bees store the honey. These hives and combs with care will last for years.

Gathering Honey.

When the beekeeper wishes to take some honey from the hive, he arms himself with a smoker, which is a little arrangement of tin or copper to hold the fuel and fire, and a leather bellows to blow the smoke into the bees. He lifts the cotton cover inside the hive and puffs a little smoke; the bees then run and fill themselves with honey, which makes them better natured. The bee-man replaces the full combs with empty ones, and after brushing all the bees off the full ones he takes them to his honey-house, where he uncaps and extracts the honey.

To do this, the beekeeper takes a large knife, and cuts off the capping or covering of the cells, and puts two or more of these combs in the extractor. This is a large round can, inside of which is a basket with four or more separate compartments made of woven wire of a proper size to hold the combs. In the centre is a crank and handle, which is turned back and forth, and the honey flies out or "extrudes" after being strained through wire strainers it is then ready for sale, shining clear and golden in bright tin pails or glass jars.

Wintering the Bees.

In October the bees are packed away in a hive several inches larger than the brood chamber. This space is usually filled with wax-chaff, but planer shavings or dry leaves will do.

The bees should be left plenty of honey, for one does not see inside a hive for about four months, and, of course, wonders what they are doing, and if they have plenty to eat. Usually the first warm day finds the beekeeper looking into his hives. In the cold weather the bees cluster in a bunch on two or three combs, and if the weather continues cold long at a time they will starve and starve rather than move. The first time I look into them in the spring, I put a comb full of honey on each side of this cluster, so they can get it easy. If they haven't enough in their hives one has to feed them. It is a great pleasure to a beekeeper to find the hives all alive after not seeing them for so long.

Bees Veil and Gloves.

The reader be wondering how I keep from getting stung. I wear a bee veil, which is made of a straw hat, wire screen, and cheese cloth. One can buy bee gloves, but I wear ordinary kid gloves which are a few sizes too large, as one's hands swell with the heat, and one often wants to take them off in a hurry. The stings go through these somewhat, but I never know afterwards when I have been stung, as they hurt very little, and once they get daubed with honey the bees do not sting the hands very often. My mother, who works with me, never wears gloves, but I am braver with them on.

A MIDDLESEX BEE-WOMAN.
(To Be Continued Tomorrow.)

SMILE WHEN YOU EAT— THINK PLEASANT THOUGHTS

[By a Physician.]

Digestion depends very largely on the state of mind!

Be merry when you eat is more than a mere saying. There is real wisdom in it.

It is best NOT to sit down to a meal when you are tired out, physically or mentally. It is best NOT to eat a hearty meal when your mind is perturbed or in an unhappy state.

It is best NOT to eat in solitude and to the accompaniment of unpleasant thoughts.

It may sound strange to the average person to say "Watch your thought while you are at the table." But it is good common sense when you think it over and get at the reason. Watching your thought simply means that you will, by intention, think of and talk of pleasant, bright things.

Thinking and talking of bright, pleasant things simply means your mind will be in a proper frame. And

then you are several points nearer properly digesting your food.

The next important matter, which, by the way, is just as "fired" as the state of mind question, has to do with the way you eat your food.

Do you masticate it, or do you swallow it almost whole?

Hurrying through a meal is poor policy. Many foods should be acted upon, in part, by the mouth secretions. If they are bolted into the stomach they lose this part of the process of digestion entirely.

And do you know that the preservation of the teeth depends very largely on the use of them in masticating food. That which we do not put to good use is very likely to disappear.

Thirdly and lastly, do not get into the habit of reading or studying while at a meal. It is a heavy tax on the digestive organ, and in the end will not prove either a saving of time or a relaxation.

Bedroom's Keynote Should Be Simplicity

Our bedroom sees us in all moods, in our joys and in our sorrows, in sickness and in health. Its influence is vital part of our environment, and yet too many of us overlook the importance of its message and fail to let it bear the necessary responsibility.

There is a tendency towards flimsy artificiality in bedrooms—towards meaningless ruffles and frills—towards dust-collecting bows and fripples. While daintiness is desirable it can be obtained without the sacrifice of simplicity.

Many of us use our bedroom as a living room. It is the sanctuary to which we retire to write or to read undisturbed. It is the haven to which we fly when there are perplexities to be faced. Before we think of the furnishings and decorations it is well to consider what general qualities we wish the room to have.

Above all it must be cheerful and yet it must be suggestive of repose. It must be simple and sensible. It must afford perfect privacy, and a certain freedom. The room should not, therefore, be overcrowded. The furnishings should be substantial. There must be no tables to topple over if we stagger sleepily into the room.

Style Notes

All signs point to red and yellow as the most popular summer colors.

Elaborate petticoats of china silk and lace are being worn with summer negligees.

An attractive belt is made of scrim, embroidered in colored silk in Bulgarian style.

Lace and chiffon or lace and tulle are favored for sleeves and the upper portion of décolleté waists.

The new style skirt has a deep seat on hem finished with stitching or piping and softly gathered about the waist.

A corsage bouquet for summer gowns is made of roses and leaves of lace, which are either white or tinted to match the color of the gown.

A novelty for outing and traveling is the snakeskin serge, in dark gray, with dots of red, black and blue over its surface.

DR. MARY E. WALKER



The American woman doctor who has for years worn men's clothing, by special permission of the United States Government.

About Typhoid

[By a Physician.]

People differ in the way they have diseases as much as in the way they do things.

For instance, some people have typhoid fever, and go to bed with it. Others have typhoid fever and walk around with it. We say they have WALKING typhoid.

The strange part about it is that the typhoid bacillus in these two classes of individuals suffering with the disease, may be the same in virulence, just as poisonous, just as active in growth, just as prompt in getting into the blood. But the effect is different.

Perhaps it may be a surprise to some people to know that it is just as dangerous to have a case of walking typhoid around the milk house as it would be if the patient were seriously ill.

Possibly some people will wonder how they are to tell when a person really has typhoid if he can walk around and still have a serious case.

That's where the skill of diagnosing comes in. Every state and most cities have laboratories now where tests can be made free of charge.

These include the blood tests, and especially the Widal tests and the bacteriological blood examination.

The ordinary test only requires a drop of dried blood in a clean piece of glass.

In the fall a good share of the blame for typhoid fever cases falls on the shoulders of the people. The fall rise in typhoid fever means infection by careless people, walking typhoid carriers, typhoid milk and by flies.

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Removal Sale

Saturday Will See Many Bargains Here

One-Piece Serge Dresses, \$4.95

Ladies' and Misses' Handsome One-Piece Dresses, well tailored from a good quality all-wool English serge. This is a lot made up of broken sizes and odd numbers. Colors are tans, navys and saxe blue. Sizes are 34, 36 and 38, and misses', 16, 18 and 20. These were exceptional good values at the regular prices, \$7.50 to \$10.00. Saturday to clear at each \$4.95

Suits!

See the Ladies' Suits we are clearing out on second floor. Removal sale prices, suit, \$5, \$10.50

Middies!

A few only Misses' Mid-dy Blouses, white linen with sky blue collar and cuffs. Clearing at...79¢

Trimmed Hats

All that are left of our Trimmed Hats, 52 in number, we will clear out Saturday or next week. Here are the prices:

27 Hats, regular \$4.50 and \$5.00, for.....\$1.95
19 Hats, regular \$5.50 to \$7.50, for.....\$2.95
6 only Hats, regular \$8.00 to \$12.25, for.....\$3.95

Table Linen Specials!

Three pieces of Half-Bleached Table Linen, very special values, just received. On sale Saturday.

70-inch all pure linen, 33 yards, handsome damask pattern, at yard69¢

64-inch all pure linen, only 23 yards, handsome damask pattern, yard69¢

72-inch half-bleached Table Linen, about 40 yards, yd. .39¢

Cotton Challies

30 inches wide, dainty floral patterns or conventional stripe design with three or four inch borders. These make very pretty and cool summer dresses. All are good washing colors. You should see these Saturday. Removal sale price, yard12½¢

Silk Gloves, 10c Pair

Black Silk Gloves, two domes. Removal sale, Saturday, pair10¢

Dress Trimmings

You will be able to pick up many odd lines and ends of dress trimming at low prices here Saturday.

DURING JULY AND AUGUST WE CLOSE AT 5 P.M., SATURDAY EXCEPTED.

GRAY'S
LIMITED.

Drygoods, Ladies' Ready-to-Wear Garments, Millinery.
150 Dundas St. Phone 1182

GRAY'S
LIMITED.

Helps For the Amateur Tourist

Tourists should remember that on German, Swiss and most other continental railways only hand-baggage which can be placed in the racks of railway carriages is carried free, and the charge for trunks is very high. Experienced travelers, therefore, limit the amount of their baggage as far as possible. It is advisable to carry only what is immediately needed and to forward by fast freight, rates or which are very reasonable, cities where one intends to make a more lengthy stay.

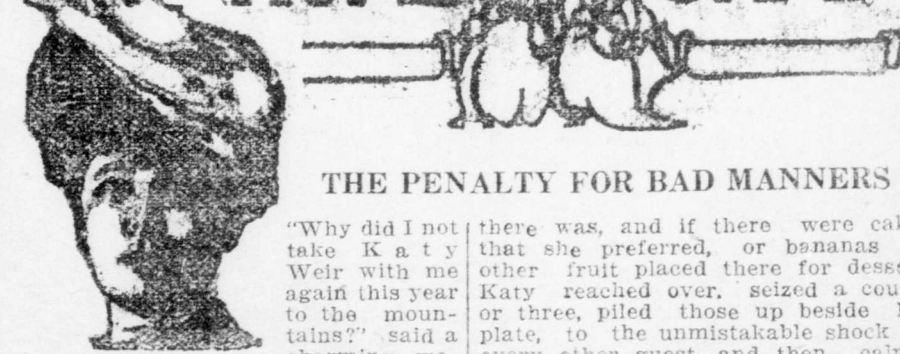
Warm clothing and steamer rugs should be taken for the ocean voyage and for journeys in Northern Europe, there being few months in the year when they are not found necessary. Aboard ship women should wear a simple costume, which can be quickly donned.

A suit of serge will be found most serviceable for all occasions, both on the steamer and for travel abroad; a thick veil is indispensable. Stout shoes and caps and soft felt hats and a mackintosh are recommended for both men and women. Men will require a heavy suit and an overcoat and a black or dark blue suit is desirable for dinner, theatre and concerts. Ladies will find a silk dress of some dark shade suitable for any contingency. Although charges for laundry are not exorbitant, they are no cheaper than in Canada and tourists of experience agree that waists and petticoats of silk or some other light material, which will not crush, are both desirable and economical.

"Father," said little Herbert, "why doesn't mother travel with the circus?"

"What could she do in a circus?" "She might be the strong woman. I heard her tellin' grandma this morning that she could wind you around her little finger."—Judge.

KATHERINE LESLIE'S HOME CHAT



THE PENALTY FOR BAD MANNERS

"Why did I not take K a t y Weir with me this year to the mountains?" said a charming woman to two inquiring friends recently. "I will tell you why. Because she is the worst-mannered girl I have ever undertaken to chaperone. I was constantly humiliated by her behavior last season, and constantly shocked by her selfishness, constantly annoyed by her complete disregard for my wishes in everything that I felt was for her benefit. The children's grandmother was with us, and Katy showed no more courtesy to her than if she had been a stick or a stone. Katy would rush into the hall before grandmother, march into the dining-room before her, and take her place at the table without ever dreaming of waiting for her grandmother or me. If any of the older women came out on the veranda, did Katy rise to offer a chair? By no means. All the other girls rose at once, but Katy sat, her legs sprawled out, and never dreamed of disturbing herself. When we went to table, Katy looked about the table to see what

there was, and if there were cakes that she preferred, or bananas or other fruit placed there for dessert. Katy reached over, seized a couple or three, piled those up beside her plate, to the unmistakable shock of every other guest, and then, calmly began her meal. Is it not incredible that a girl could behave no like a barbarian? Yet, in looking at her you see a tall, good-looking, well-dressed girl, one who has been well educated, and who is intelligent, and even clever, one who ought to be popular and loved. But she was not clever enough to see the looks exchanged all about the table when she made these daily exhibitions of her greed and ill-breeding, and she was so selfishly absorbed in her own pleasure that she did not see that she was not desired by the older or younger women, or by the girls of her own age, all of whom daily, hourly, gave her lessons in manners by their example. I have come to the conclusion that only a bitter humiliation, a frightful snub brought upon Katy by her own behavior will ever awaken her to a sense of her own self-complacency and ill-breeding. She is of those who must be taught through badly-wounded feelings."

MRS. CORNELIUS VANDERBILT'S MARSHMALLOW PASTE

All the women of the Vanderbilt clan are very devoted mothers, and their children think they have a great treat when their mothers concoct some candy or cake for them.

Mrs. Cornelius Vanderbilt makes a very delectable marshmallow paste, which her children prefer to that purchased in the sweetmeat shops. This is concocted in the chafing dish in the nursery. First, a pound of pure, clear gum arabic is dissolved in a quart of water and strained. After adding a pound of refined sugar it is placed over the lamp and stirred continually until the sugar is dissolved and the mixture becomes of the consistency of honey. Then to the mass are added gradually the whites of eight eggs whipped to a stiff froth, the whole being stirred constantly until it becomes smooth and does not stick to the fingers when handled. The mixture then is poured into a pan or box which has been dusted with fine starch. When cool it is cut into convenient cubes and dusted with powdered sugar and starch mixed.



Mrs. Cornelius Vanderbilt.

PROBLEMS OF THE FAIR SEX SOLVED BY CYNTHIA GREY

[Correspondents are requested to make their inquiries as brief as possible, and to write on one side of the paper only. It is impossible to give replies to all letters, as all letters have to be answered in turn as they are received. No letters can be answered privately.]

A "Goop" Picture Book.

Dear Miss Grey: I am making my little girl of 4 a scrapbook made of the "Goops" cut from The Advertiser, but have not enough to fill the book. I thought perhaps you could help me by asking some of the readers if they would kindly cut me some. I think the pictures teach a good lesson in a novel form, and she likes them better than her animal book. I have sent a stamped envelope. Hoping I have not bothered you very much.

A BUSY MOTHER.

P. S.—It does not matter if some of the pictures are the same.

A—I fear that for the present at least, The Advertiser has discontinued the little "Goops." If I run across any of the pictures myself I shall gladly forward them, and perhaps some of our readers also will send me a few clippings for you.

"Nissourian" Sends Poetry.

Dear Miss Grey: Enclosed is the two pieces of poetry—The Drummer Boy of Waterloo, and The Gypsy's Warning. I hope you will pass them on.

The poems have been forwarded to the lady making the request. Many thanks, indeed, for your kindness in sending them.

Best Perfume and Powder.

Dear Miss Grey: Will you kindly answer the following questions for me: 1. What is the best perfume and powder made?

2. How to clean a mesh bag which is kid-lined? "ELIZABETH."

A—1. There are many excellent makes of both commodity on the market. For obvious reasons, I cannot recommend one brand above another. The best way is to try a number of reliable articles, and then always purchase the one you prefer yourself.

2. If the lining can be pulled out from the bottom of the purse, the meshes can be nicely cleaned with a

good silver polish, moistened with a little water. But if the kid lining is caught in with the metal, it would pay to take the bag to a jeweler to be cleaned. The cost is slight.

An Eagle Cake Recipe.

Dear Miss Grey: May I ask a few favors also. Will someone be so kind and send me a few poems? Am sending a stamped envelope for the same. The Drummer Boy of Waterloo, The Heavenly Railway, and The Gypsy's Warning; and in return for your kindness, will send a good cake recipe.

Eagle Cake.—One-half cup butter, one cup granulated sugar, one cup sour milk, two-thirds teaspoon soda, one-half teaspoon each cinnamon, nutmeg and cloves, one cup raisins, two cups flour. Sincerely, TOSPY.

A—Two of the poems you ask for have been sent in, and I forward them to you. "The Heavenly Railway," which were sent me some time ago, have previously been passed on to readers, desirous of obtaining them. I retain your address, and should I get another copy, shall mail it to you.

Thanks for your cake recipe.

Has Been Helped.

Dear Miss Grey: Having before been helped by your appreciative answers,

Daily Healthogram

There are many breathing spots in the city. Make use of them now that the weather is fine. Take your share of the fresh, free air. Don't let the other fellow beat you out of the health-giving devices which Dame Nature has provided in large enough quantities to go around.