Doctor Tells How To Strengthen Eyesight 50 per cent In One Week's Time In Many Instances

A Free Prescription You Can Have Filled and Use at Home.

Philadelphia, Pa. Do you wear glasses? Are you a victim of eye strain or other eye weaknesses? If so, you will be glad to know that according to Dr. Lewis there is real hope for you. Many whose eyes were failing say they have had their eyes restored through the principle of this wonderful free prescription. One man says, after trying it: "I was almost blind; could not see to read at all. Now I can read everything without any glasses and my eyes do not water any more. At night they would pain dreadfully; now they feel fine all the time. It was like a miracle to me." A lady who used it says: "The atmosphere seemed hazy with or without glasses, but after using this prescription for fifteen days everything seems clear. I can even read fine print without glasses." It is believed that thousands who wear glasses can now discard them in a reasonable time and multitudes more will be able to strengthen their eyes so as to be spared the trouble and expense of ever getting glasses. Eye troubles of many descriptions may be wonderfully benefited by following the simple rules. Here is the prescription: Go to any active drug store and get a bottle of Bon-Opto tablets. Drop one Bon-Opto tablet in a fourth of a glass of water and allow to dissolve. With this liquid bathe the eyes two to four times daily. You should notice your eyes clear up perceptibly right from the start and inflammation will quickly disappear. If your eyes are bothering you, even a little, take steps to save them now before it is too late. Many hopelessly blind might have been saved if they had cared for their eyes in time.

Note: Another prominent Physician to whom the above article was submitted, said: "Bon-Opto is a very remarkable remedy. Its combined ingredients are well known to eye specialists and widely prescribed by them. The manufacturers guarantee it to strengthen eyesight 50 per cent in one week's time in many instances or refund the money. It can be obtained from any good druggist and is one of the very few preparations I feel should be kept on hand for regular use in almost every family."

Patriotic Hockey

CITY VS. ARMY.

A Fast and Closely Fought Exhibition —Big Attendance, Unbounded Enthusiasm and Excitement at Fever Heat—City Victorious by 5 Goals to 3—Clean Play a Special Feature.

Upwards of two thousand people witnessed at the Prince's Rink last night a first-rate game which marked the opening of the hockey season for 1917. The competitors were a picked team from the City and seven players selected from the Regiment, the former winning by five goals to three. What accounted for the large attendance was the fact that the entire proceeds were to be devoted to the W. P. A. Fund.

Amongst those present were His Excellency the Governor and Lady Davidson accompanied by Capt. Riley, M.C., A.D.C., and Capt. Abraham.

Notwithstanding the depletion of our hockey athletes, owing to enlistments it was generally conceded to be one of the fastest and unquestionably the cleanest exhibition ever pulled off here. The players were:—

Regiment.	City.
Goal	
L. Corp. Duley	Power
Point	
Lieut. M. Churchill	Herder
Cover	
Lieut. Strong	Ford
Rover	
L. Corp. Winter	Watts
Left	
Lieut. E. Churchill	Trapnell
Right	
Pte. Sinnott	Brien
Centre	
L.-Corp White	Jerrett

SUMMARY OF GOALS.

Winter (Regiment) 3 mins. 55 secs.
Watts (City) 38 mins. 10 secs.
Herder (City) 41 mins. 16 secs.
Winter (Regiment) 44 mins. 30 secs.
Herder (City) 45 mins.
Brien (City) 48 mins.
Winter (Regiment) 52 mins.
Trapnell (City) 55 mins.

Mr. W. J. Higgins refereed and Messrs. Ellis, Howlett and James Timekeepers.

At eight o'clock the teams were called together and soon every player was in his position ready for action.

FIRST PERIOD.

When the puck was put in motion the City made a vigorous rush. Jerrett picked up a pretty pass from Trapnell, but was ruled off-side. On resuming the soldiers started a "big offensive." The City remained on the defensive and played their opponents down hard, but could not withstand the attack of the opposing forces for long. Sinnott and Winter controlled the puck, displaying neat combination work. The latter shot and made a "bullseye," giving first honours to the Regiment as well as scoring the first goal for the season. Spectators cheered vociferously for the lads in Khaki and excitement ran high.

Play was resumed at a fast pace with the soldiers again the aggressors. Winter made a brilliant dash and passed to White, who missed a splendid opportunity. At this juncture the City put more energy and vim into their work. They broke through the enemy's lines repeatedly and bombarded the danger zone, of which the custodian, Duley, proved himself invulnerable. Indeed he gave a marvellous exhibition of goal tending that won for him the admiration of the onlookers. For the balance of the first half hour play was of an individual and give and take nature and no further scoring was done. The teams crossed: Regiment, 1; City, 0.

SECOND PERIOD.

Play re-opened with the City on the offensive. Several strenuous rushes were repulsed by the Army. Matters then became hot. The City put forward all that was in them whilst their opponents put up a dogged defensive. The City forwards tried several individual runs, which were ineffectual. Shots were rained at Duley but he was an impenetrable barrier and prevented the disc from entering the net. Eventually Watts broke loose and scored the equalizing goal for the City amid prolonged applause. This enlivened matters and the Regiment spurted, giving their opponents a few moments of anxiety. Herder and Jerrett then combined, the former registering the second goal for the city.

The Regiment tried their utmost to even the score and called on Power a couple of times. During a mix-up near the City goal net Jerrett accidentally got a blow on the chin and had to go into dry dock for repairs. On resuming the soldiers had the best of play and Winter succeeded in netting the second goal for his side, followed by the City scoring twice in quick succession through Herder and Brien.

The Army were not discouraged. Sinnott captured the puck, gave it to Winter, who after a brilliant exhibition of stick-handling, beat Power for the third time. Trapnell scored again for the City before the close.

NOTES ON THE GAME.

Considering the amount of practice they had, the players on both sides showed up well.

Both goal keepers were remarkably good.

Winter, White and Sinnott were the mainstay of the Regiment and for the winners, Herder, Ford, Jerrett and in fact all the City boys did excellently as they were not in as good training as the soldier lads.

There was not a single penalty handed out, even in the heat of intense excitement and fast play. There is no reason why circumstances shouldn't be similar during the regular League games.

Secretary Tobin who looked after the arrangements in connection with the game and helped materially to make the affair the success it was, surrendered his place as Point to Gus Herder. The latter was in his old time form.

After the game the untiring ladies served teas, etc., and were responsible for bringing the total proceeds up to $200.

The St. Bon's and Feildians will play the first League hockey match to-morrow evening. The line-ups are:

Feildians	St. Bon's.
Goal	
Hayward	Power
Point	
Wilson	McGettigan
Cover	
Bennett	Knight
Rover	
Jerrett	Kelly
Centre	
Bennett	Murphy
Left	
Ewing	McGrath
Right	
Bugden	Walsh

Over 30,000 bottles of Stafford's Liniment sold last year.
jan2,tf

"We never have coffee at our house, because I can't make good coffee".

Have you ever started right —with Chase & Sanborn's "SEAL BRAND" COFFEE?

In ½, 1 and 2 pound tins. Whole—ground—pulverized—also fine ground for Percolators. Never sold in bulk. 185

CHASE & SANBORN, MONTREAL.

Presentation and Address

TO L.-CORP. KENDALL.

At the close of the service in Gower St. Church, on Sunday night the members of the choir presented their Organist and Choirmaster, Lance Corporal A. Roy Kendall, with an illuminated address and a purse of gold. The recipient, who was taken by surprise, thanked the donors for their kind words and the most useful gift and referred to the many pleasant relations that had existed between them.

Thanksgiving Offering

Frees Gower Street Church of Debt.

On Sunday the Thanksgiving Offering at Gower Street Church amounted to $5,800. This, with other amounts to come in, realized the expectations of the church officers, as the debt on the building and all outstanding obligations amounted to about $6,000.

At 4 p.m. yesterday the committee of management met and were highly pleased with the splendid response the congregation had given to their request.

"Cascarets" Best If Headachy, Bilious Sick, Constipated

Best for liver and bowels, bad breath, bad colds, sour stomach.

Get a 10-cent box.

Sick headache, biliousness, coated tongue, head and nose clogged up with a cold—always trace this to torpid liver; delayed, fermenting food in the bowels or sour, gassy stomach.

Poisonous matter clogged in the intestines, instead of being cast out of the system is re-absorbed into the blood. When this poison reaches the delicate brain tissue it causes congestion and that dull, throbbing, sickening headache.

Cascarets immediately cleanse the stomach, remove the sour, undigested food and foul gases, take the excess bile from the liver and carry out all the constipated waste matter and poisons in the bowels.

A Cascaret to-night will surely straighten you out by morning. They work while you sleep—a 10-cent box from your druggist means your head clear, stomach sweet, breath right, complexion rosy and your liver and bowels regular for months.

Sealing Captains.

Among the changes of Captains of sealings steamers, we learn, are Captain Sam Bob Winsor, who last year met with such remarkable success in the Terra Nova, goes in the Ranger, being replaced in the former by Capt. A. Kean, who last year was in the Florizel. Capt. George Barbour goes in the Thetis, being succeeded in the good ship Neptune by Capt. "Billy" Winsor. Capt. Clarke, of Brigus, it is said, goes in the Njord and Capt. G. Whiteley again in the Bloodhound. We hear that Capt. Joe Kean is going to command the Halifax steamer Seal.

SALVIA IS A PREPARATION THAT WILL GROW HAIR ABUNDANTLY

This is an age of new discoveries. To grow hair after it has fallen out to-day is a reality.

SALVIA, the Great Hair Tonic and Dressing, will positively create a new growth of hair.

If you want to have a beautiful head of hair, free from dandruff, use SALVIA once a day and watch the results.

SALVIA is guaranteed to stop falling hair and restore the hair to its natural color. The greatest Hair Vigor known.

SALVIA is compounded by expert chemists.

Watch your hair if it is falling out. If you don't, you will sooner or later be bald.

SALVIA prevents baldness by fastening the hair to the roots.

Ladies will find SALVIA just the hair dressing they are looking for.

Old Time Smoker.

AT B. I. S. CLUB ROOMS.

The old time smoker held in the Club Rooms of the B. I. S. last night proved a great success, a large number of members and their friends being present. Hon. J. D. Ryan presided and the programme consisted of songs, recitations, musical selections and choruses. The performers were:

Messrs. T. P. Halley, E. L. Carter, W. Brophy, C. J. Fox, Channing, M. McCarthy, M. F. Aylward, G. F. Power, H. Brophy, Gerald Power, A. Bulley, D. French, C. Hutton, M. J. Dawson, E. Devereaux, B. Channing, J. P. Crotty and P. K. Devine. There will be another smoker held next fortnight.

CITIZENS' COMMITTEE. — The Citizens' Committee will meet in the Board of Trade Rooms at 8 p.m. to-night. Important business will come up for discussion and all members are requested to be present.

AND ALL OTHERS NOW IN STOCK. PRIMARY.

PAINS ALL THROUGH LIMBS

168½ Rue Victoria, Quebec.

"I beg to inform you that for a long time I had been suffering from my kidneys and consequent pains all through my limbs. I tried several remedies without success. After using Gin Pills I was soon relieved of my pains and now I am perfectly well, which is due, I believe, entirely to Gin Pills.

Mrs. J. Ouy."

All druggists sell

Gin Pills FOR THE KIDNEYS

at 50c. a box or 6 boxes for $2.50. Sample free if you write to NATIONAL DRUG & CHEMICAL CO. OF CANADA, LIMITED Toronto, Ont. 85

U. S. Address—Na-Dru-Co. Inc. 202 Main St., Buffalo, N.Y.

Promoted to Assistant General Supt.

Mr. J. P. Powell, who for upwards of twenty years has been associated with the Reid Newfoundland Company has been appointed Assistant General Superintendent of the whole company's system with offices at headquarters here in St. John's. For the past eight years Mr. Powell has been chief of the Engineering Department and has superintended the construction of all the branch railways.

McMurdo's Store News

TUESDAY, Jan. 30, 1917.

Stearn's Wine of Cod Liver Oil is one of the most palatable preparations of this class, and one of the most effective, as in addition to the extract of Cod Liver Oil contained in it, it contains a large amount of peptonate of iron, one of the most easily assimilated forms of iron, and other active ingredients. One of the best tonics after Grippe or other febrile diseases. Price (large bottle) $1.30.

Soldiers' Mirrors and Carryalls, very convenient for the boys. Price (Mirrors) 90c. each; (Carryalls) $1 and $2 each.

Hr. Grace Notes.

The rink has been well patronized by ladies and young folks during the week, but the familiar faces of many young men who attended last winter can only be seen in imagination, as they are now in France helping Britain to rid the world of the vicious Hun.

Mr. C. R. Duder, D. G. M. of the Masonic Fraternity in Newfoundland, was in town yesterday to instal the officers of Lodge Harbor Grace. Several visitors from Carbonear, Spaniard's Bay and Brigus were also present. Following are the officers for the year:—

Bro. W. S. Goodwin, R. W. M.; Bro. E. E. Parsons, S. W.; Bro. E. Simmons, J. W.; Bro. J. Cron, Treas.; Bro. J. Davis, Sec.; Bro. (Rev.) F. S. Coffin, Chaplain; Bro. E. Rogers, S. D.; Bro. Eleazer Davis, J. D.; Bro. H. D. Archibald, S. of S.; Bro. Oliver Leach, S. of W.; A. E. Dixon, I. G.; Bro. J. Brunicees, Tyler.

Born at Sydney, N. S., on Jan. 5th, a son to Mr. and Mrs. Norman Pynn, formerly of this town.

Mrs. Millie Sweetland, an aged widow of the east end, passed away last night at the home of her nephew, Mr. James Sweetland. The old lady, a widow of the late Edward Sweetland, has been in poor health for some time. She was paralysed on Sunday night and passed away last night.

The concert by the pupils of Victoria Street School will take place in St. Paul's Hall, on Thursday next, Feb. 1st. A very pleasant evening is assured for all who attend.

CORRESPONDENT.

Hr. Grace, Jan. 27, 1917.

BELOW ZERO.—Last night the thermometer was down to 2 below zero in the city and the harbor was caught over.

Flattering to the Original

But Imitations Only Disappoint

There are many imitations of this great treatment for coughs, colds, croup, bronchitis and whooping cough. They usually have some sale on the merits of the original, but it should be remembered that they are like it in name only.

This is a facsimile of the package bearing portrait and signature of A. W. Chase, M.D.

KILL COLD

With the PERFECTION Oil Heaters.

It is a compact little furnace of heating energy about 25 inches high and 12 inches in diameter. It is light in weight and easy to carry. The PERFECTION burns kero oil. It is fuel which is easy to get everywhere, easy to handle and low priced when compared with coal, and it produces a great deal of heat with low cost. No smoke, no ashes, no soot.

CHARCOAL FOOT WARMERS

Make sleigh driving a luxury by using one of our Charcoal Foot Warmers. This is a modern wonder and suited for office, church, or anywhere where foot heat is needed. Disorders of the system which result from cold feet can be warded off by this little engine of comfort.

RUN INTO OUR HARDWARE DEPARTMENT AND SEE THE PERFECTION AND FOOT WARMER IN OPERATION.

AYRE & SONS, Ltd.,

HARDWARE DEPARTMENT.

Seasonable and Smart!

CHILDREN'S

Wool Coat Sweaters,

— in colors of —

White, Tan, Oxford, Red.

Size 22 inch	75c.
" 24 inch	80c.
" 26 inch	85c.
" 28 inch	90c.

S. MILLEY.

Ideal Value in FURS.

This week we make an extra special and most seasonable offer of

Black Fur Collarettes, at $3.00, $3.80, $4.50 each.

MUFFS, $3.80, $4.00, $4.20.

Brown Fur Collarettes, $4.50 ea.

MUFFS, $2.80 $3.20.

Also exceedingly nice values in

Black Fur Sets, at $7.00 and $8.00 set.

SEE THEM AND DELAY NOT YOUR BUYING.

A. & S. RODGER.