

## The Evening Chit-Chat

By RUTH CAMERON



The problem of how to go a way to the country to recuperate and yet stay at home to save your purse, recently solved by two young friends of mine in a rather interesting and suggestive way. The young folks are a doctor and his wife. His wife was run-down and needed country air. But the doctor's purse was also run down. It was one of the hardest cases he ever ran up against. But he rose to its level with an ingenuity that ought to bring him as many patients as he can take care of.

Although they live in the heart of the town, there is a section of hill, wooded land about two miles from them. It is a very beautiful spot and people continually remark on the purity and freshness of the air on this little pine-studded hill.

Mildful of this fact, the doctor has driven his wife out there every morning before he went on his rounds all summer long.

He establishes her comfortably with book or sewing, a heap of pillows and a lunch, and then goes back to his work. Late in the afternoon he goes out and brings her home.

Has it really done her much good? Well, I just wish I could publish a before-and-after picture of her.

Why isn't that a good idea for anyone whose purse and health are simultaneously out of gear?

Of course not everyone has a carriage or just such an ideal spot, but I don't believe there are many people who couldn't manage to get them-

selves daily transported to some healthy spot, at a fairly reasonable rate, if they really made the effort.

Some weeks ago I wrote a little talk on the golden rule of lost articles. That is the duty of everyone who finds any valuable article to do his best to get it back to his owner, just as he would like the person who finds his lost article to do for him.

I commented at the time on the lack of any system for dealing with lost articles in this country, and a traveller sends me this interesting item:

"Some time ago I lost a handbag and a few articles therein, in a London stage. Next morning I went to Scotland Yard, gave a description of my loss and in half a minute the bag and contents were before me. I paid ten per cent of the value, about \$5 cents, of which 12 cents the police put into their orphan fund and the balance goes to the finder. Why not have the same system here?"

Why not, indeed? Isn't this a bit of constructive reform that your woman's club might well work to get introduced in this city?

Want to know how a few bits of colored paper and a few inches of wooden stick can sometimes take the place, and set free the time, of a human being?

In amusing a baby. Buy or make one of those little colored paper windmills. Stick it up in baby's carriage when you put him out of doors and you will be surprised how long he will be contented to watch its revolutions in the breeze. Instead of demanding that you amuse him.

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## A Poor Weak Woman

As she is termed, will endure bravely and patiently agonies which a strong man would give way under. The fact is women are more patient than they ought to be under such troubles.

Every woman ought to know that she may obtain the most experienced medical advice free of charge and in absolute confidence and privacy by writing to the World's Dispensary Medical Association, R. V. Pierce, M. D., President, Buffalo, N. Y. Dr. Pierce has been chief consulting physician of the "Invalids' Hotel and Surgical Institute, of Buffalo, N. Y., for many years and has had a very practical experience in the treatment of women's diseases than any other physician in this country. His medicines are world-famous for their astonishing efficacy.

The most perfect remedy ever devised for weak and delicate women is Dr. Pierce's Favorite Prescription. IT MAKES WEAK WOMEN STRONG.

SCA WOMEN WELL.

The many and varied symptoms of woman's peculiar ailments are fully set forth in Plain English in the People's Medical Adviser (128 pages), a newly revised and up-to-date Edition of which, cloth-bound, will be mailed free on receipt of 50 one-cent stamps to pay cost of mailing copy. Address as above.

## Household Notes.

Ice cream served in half a cantaloupe is delicious for dessert.

If bureau or pantry drawers stick, rub the edges with damp soap.

Salt mixed with vinegar is excellent for cleaning copper vessels.

Almonds chopped fine and browned in sugar make delicious ice cream.

Boiled starch is much improved by the addition of a little salt or gum arabic.

Rustic hanging baskets for the piazza are more practical than the zinc-lined ones.

To test beef, press it down with the thumb. If it rises quickly, the meat is good.

Oil of lavender, sprinkled about in the bookshelves, will prevent books from mildewing.

Potato parings, dried in the oven, are good to kindle fires as they light more easily than wood.

A pair of scissors is infinitely better for trimming off the rind from ham or bacon than a knife.

Grease on the top of a hot stove can be quickly rubbed off by putting salt on the scrubbing brush.

To polish aluminum, make a mixture of borax, ammonia and water. Apply with a soft cloth.

Tiny ends of candles should be kept

to add to the starch on wash days. They will add to the gloss.

When next making rice pudding flavor with lemon and cinnamon. It will be found exceedingly tasty.

To beat the white of egg quickly add a bit of salt; in making mayonnaise, the salt should go in last.

To shrink new flannel, soak it for 24 hours in cold water. Hang it or the line without wringing too dry.

If a piece of cheese is carefully wrapped in a cloth wrung out in vinegar it will neither dry nor gather mold.

When using sandpaper to remove old paint, try wetting it with benzine. The work will be accomplished sooner.

Cold cereal, served with ripe berries, sugared and creamed, makes a nourishing luncheon dish for a hot day.

If fish is dipped in milk and then in flour or cracked crumbs it will brown quite as well as though first dipped in egg.

Cream and butter should be eaten freely by those who do not eat much meat, as they furnish fats for the system.

After almonds are blanched and buttered, they may easily be brown-

**Ayer's Sarsaparilla**  
Purity



ed by shaking them over a fire in a corn popper.

If a teaspoonful of water is added to each egg used for dipping croquettes it will prevent the egg from becoming stringy.

Never leave foodstuffs of any kind in cardboard boxes, as they will not only gather moisture but will attract insects.

The careful housewife never throws away a bit of bacon fat. She uses it for frying fish or potatoes to good advantage.

Mince chicken, to which a generous amount of mayonnaise has been added, makes a delicious filling for a summer sandwich.

Nuts are excellent as a substitute for meat, but should be eaten at meal-time. They are more digestible with a little salt.

A paste made of emery powder and olive oil is excellent for polishing steel articles of any kind. Follow with a clean rag.

For dinner on a hot night try a mold of jellied chicken. It is not difficult to prepare, and will be found most appetizing.

When wiping silver take care to use a towel free from lint. Silver, like glassware, shows every particle of lint that touches it.

It is a wise plan to add cornmeal to gasoline used for cleaning anything badly spotted. The meal helps in rubbing out the spots.

When repairing a rent in a glove it is well to turn the article inside out and then sew it over and over with cotton, not with silk, thread.

When laying oilcloth or linoleum on floors, if the edge is well smeared with brewer's yeast it will keep its place and will not curl up.

**The Ladies of St. John's May Now Have Beautiful Hair.** McMurdo & Co. Has the Article and Guarantees it to Grow Hair, or Refund Your Money.

McMurdo & Co., backed up by the manufacturers of SALVIA, the Great Hair Grower, guarantees it to grow hair.

SALVIA destroys Dandruff in ten days. The roots of the hair are so nourished and fed that a new crop of hair springs up, to the amusement and delight of the user. The hair is made soft and fluffy. Like all American preparations SALVIA is perfectly perfumed. It is hard to find an actress who does not use SALVIA continually.

Ladies of society and influence use no other.

SALVIA is a non-sticky preparation, and is the ladies' favorite. A large, generous bottle, 50c. The Scofield Drug Co., St. Catharines, Canadian distributors.

**SCOURGE OF EUROPE**  
How Cholera Plagues Travel Across Continents.

Cholera, the most dreaded of the plagues that occasionally find their way Westward from the crowded East, has its real home in Southern China and round the mouth of the Ganges. Every few years, however, it comes drifting slowly to Europe, moving steadily, it is said, at the rate of an average walker travels.

Certainly, the path it prefers is along the ancient caravan routes through Afghanistan and Persia to Russia. An old tradition has it that this dreaded disease always follows in the footsteps of the wandering Jew.

Russia always suffers terribly when it comes. In the last visit—that of two years ago—there were 400 cases a day in St. Petersburg alone. The terrible havoc it works in Russia is largely due to the stupid-

ity of the peasants, and their disobedience to the medical authorities. Indeed, only a few weeks ago, a whole village attacked a couple of doctors, accused them of putting the cholera poison into the village wells. Some of them drink fearful mixtures of tar resin, and petroleum as preventatives in some parts householders hire men to stand at their front doors and shoe guns to frighten the cholera away.

Cholera has several times got grip firmly fixed on England. The first time was in 1830-2. But it is safe to say that it never will again. On the last occasion—in 1892—a few scattered cases occurred in Hull, Grimsby and Yarmouth; but the scourge was soon stamped out.

What is Cholera? Well, it shows itself in violent vomiting and diarrhea, followed quickly by exhaustion and death. A man who is well, an strong at midday may at five be half dead and sunken, and quite unrecognizable, with sunken eyes, and cheek bones almost protruding through the skin. It is quite common for a patient to lose two stones in four hours or five.

When cholera first came to England, it was thought that the disease came on the wind from Russia, as did influenza on its first visit. But now we know that it is infectious, and that it spreads by the mouth. Drinking water is its favorite path from the plague-stricken to the healthy. A person may carry cholera germs on his clothing without injury. But, if infected clothing touches food, or drink, the plague begins its work. It is believed that what brings it West along the caravan routes is the dirty habit some pilgrims have of washing the infected clothing in wayside drinking-wells.

When the germ is swallowed, the disease always shows itself within four days. The germs on infected clothing lose all power after twelve days. It was the famous Dr. Koch who discovered the real nature of the disease. He went to Egypt in 1885 when the plague was raging there; discovered the bacillus, and brought it back in a bottle. A certain cur has not been found yet, though, under the latest treatment, only one in five dies, as against three in five twenty years ago. But medical science does know exactly how it spreads, and every port in England there are keen eyes watching for the enemy.

It is a curious fact that birds, without making any bacteriological examinations, are as quick to detect cholera as the most skilful medic man. It has often been noticed in India that birds at once desert an infected district. The first sign the epidemic is dying is their return. The same thing was noticed in Ireland during the terrible year 1831.

The strangest beliefs have been held about cholera. Many ignorant people used to believe that the disease lay bottled-up in volcanoes, an came out when an eruption took place. Others thought it swept away on those who were unwise enough to sleep in beds with the head pointed due north.—Answers.

## \$17,000 in Bullion

STOLEN FROM MAIL.

Vancouver, Sept. 30.—It has just leaked out that a big mail robbery took place at White Pass, on the Yukon Railway, between White Horse and Skagway, on August 17, when a load of bullion was substituted for gold bullion.

This following the theft of bullion between Fairbanks and Seattle seem to indicate an organized gang on the Yukon River route.

Post Office Inspector Greenfield from Vancouver, and several other officers are working on the case.

The missing gold is valued at \$17,000, and although the robbery took place on American territory, it was a consignment from Dawson, and located from the Canadian mail.

**Dr. de Van's French Female Pills**

A reliable regulator; never fails. While these pills are exceedingly powerful in regulating the generative portion of the female system, they are strictly safe to use. Refuse all cheap imitations. Dr. de Van's are sold at \$3.00 and \$5.00 a box. Mailed in any address. The Scofield Drug Co., St. Catharines, Ont.—this

## City Council.

The regular weekly meeting of the Council opened at the Council Rooms last night at 7.30. The Mayor and all the Councillors, with the exception of Councillor Mullaly, were present.

After the adoption of the minutes, the Mayor, on behalf of the Committee appointed to deal with the matter, made an official report of the purchase of the Seamen's Home for a City Hall, the purchase price being \$10,650. The building was at present held in trust by Mr. Conroy for the Council, until such time as the latter were in a position to take it over.

The Councillors expressed their approval of the matter, and congratulated the Mayor on the good bargain that had been made for the city. They were also glad to observe that this step had met with the approval of the general public.

The Council then settled down to a large programme, which it disposed of in a business-like manner and with unusual despatch.

Sir E. P. Morris, in reply to a request from the Council for assistance from the District Grant, to repair the South Side Road, wrote that on account of the heavy expenditure in connection with the destruction of wharves and roads in St. John's West District during the year, he was unable to find funds to help the Council in the proposed work, but promised to keep the matter in mind and render any assistance he could as soon as funds could be spared.

James Harris, Secretary Board of Works, requested the Council to repair lane east of Museum building, fatter will receive attention.

P. J. O'Reilly requested the Council's attention to broken sidewalk in front of his building on Water Street East. He also stated that gravel had been dumped in his yard, and requested removal of same. Matters will be attended to.

In the matter of fence around property on Duckworth St., the question of liability has not yet been decided on enquiry is still going on.

J. A. Paddon, Manager of Bank of Montreal, requested Council to repair sidewalk near Bank of Montreal Bldg. The Engineer had already given instructions and work was going on.

Steele Bros. complained of stench from Cove, and asked Council's attention. The matter involves the question of dredging, which is being considered by the Government and the Council.

E. A. Thomas and others asked for sewer to be laid in Barnes' Place. Granted.

Wyatt Bros. and Thos. McGrath applied for share of blacksmith work. Applicants will receive attention when next work is required.

The R. N. Co., in reply to request of Council, stated they would cover unused rails on Military Road and repair crossing at foot of Cochrane St.

Harvey & Co. complained of defective hydrant on premises. The Engineer will attend to the matter.

Job Bros. & Co. called attention to condition of breast work in their Cove, pointing out that it needed repairs. Action deferred until next finance meeting. They also applied for insurance policy on Seamen's Home, to be taken with one of their Companies. Matter deferred.

Butler and MacDonald and Jonas Carter, architects, asked to be employed to draft the plan for the alterations to Seamen's Home. Matter deferred for the present.

The tenders for oats were then read, and the contract awarded to Frank MacNamara, his tender, 59 1/2 cents per bushel, being the lowest.

The Sanitary Committee recommended some slight repairs to Sanitary stables, which are ordered to be done.

Peter Shortall and D. A. Ryan applied for permission to effect repairs to building. Granted.

In accordance with request of residents of Parade and Field Streets for water and sewerage, it was ordered that work commence immediately.

Councillor Martin again drew attention to houses not numbered, and the Road Inspectors were ordered to report on the number and locality of same for next meeting.

On motion of Councillors Channing and Ryan, it was decided to construct, in accordance with the original plan laid down by Engineer Hering, a storm sewer on Monkstown Road, as the present pipe is inadequate to take off surplus water during rain falls, and many people have suffered damage to their property.

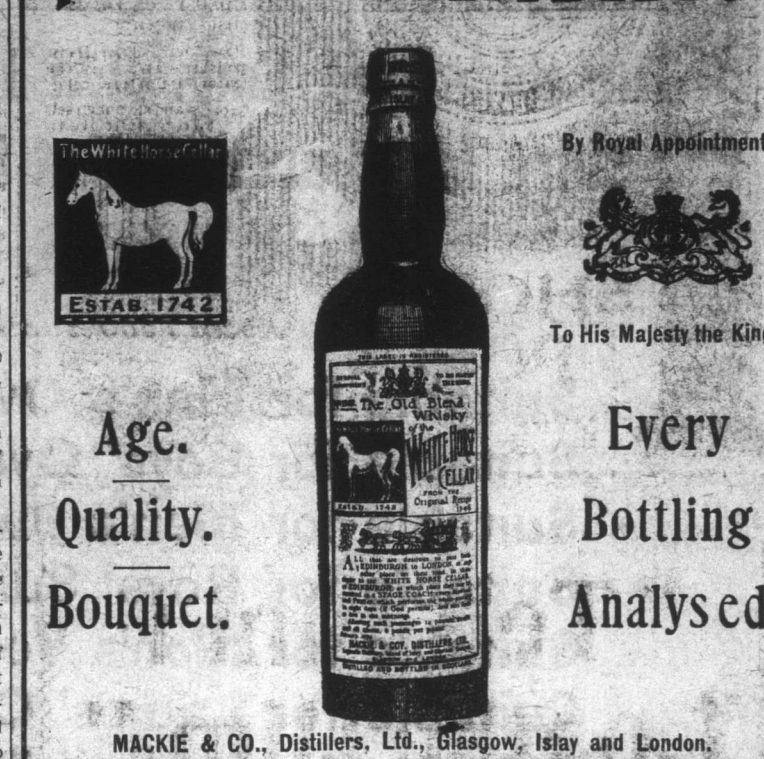
With regard to W. O'D. Kelly's complaint of insufficient water on Howley Avenue an effort will be made to improve the pressure during the winter months.

The Mayor suggested an improvement in the present system of watering ships, by running a pipe line down to the wharves, instead of using long lengths of hose. The proposed alteration would mean a considerable saving of expense.

The Health Officer reported four new cases of scarlet fever and one of typhoid.

The Engineer reported progress of

## WHITE HORSE WHISKY.



MACKIE & CO., Distillers, Ltd., Glasgow, Islay and London.

work for the week, as follows: 300 feet of pipe laid and back filled, and 150 feet of additional trench opened on Freshwater Road. 100 feet of sewer finished and 50 feet additional stripped on Pleasant Street, where rock has been encountered. Lime St. completed.

After passing of pay rolls and bills, the meeting adjourned at 10 p.m.

**"Honour to Whom Honour is Due."**

Editor Evening Telegram.  
Dear Mr. Editor.—In this morning's account in the "News" of the finding of the young man Dunn, near Fox Harbor, an injustice is done—apparently intentionally—to one of our foremost young merchants in Pleasant Street, whose name is not mentioned at all in the matter. I refer to Mr. Frank Murphy through whose energy and zeal the search culminated so successfully. He was "on deck at the first gun and was there at the last," organizing, searching—and better still—supplying the shewers of war in the shape of "beef, biscuit and butter," without which the search could not have been conducted at all. This is no joke when you have 200 or 300 men to nourish. Give the due—his due.

Yours truly,  
Oct. 8th, 1910. M. SINNOTT.

Minard's Liniment Co. Limited.  
Gents.—A customer of ours cured a very bad case of distemper in a valuable horse by the use of MINARD'S LINIMENT.

Yours truly,  
VILANDIE FRERES.

**More Whales Captured**

Passengers by the shore train last night say the Port Saunders, yesterday, again killed two whales in Conception Bay and towed them into the factory pier at Harbor Grace. One of them was a very large fish. Since Tuesday they have made their appearance in very large numbers in the Bay. Fishermen believe that the whales are after caplin in the deeper waters of the Bay, and that this accounts for their presence there in such large numbers.

**A Neglected Cold May Cause Consumption.**

Thousands of people die every year from the effects of this dreaded disease, which, if treated in its first stages with

**MATHIEU'S SYRUP**  
of Tar and Cod Liver Oil and other medicinal extracts, will cure the diseased lungs and give strength to the patient. **Sold everywhere.**

PORT GREVILLE, C.B., Dec. 31, '09.  
Blacking & Mercantile Co.'s, Ltd.  
Dear Sirs.—Please ship by next express, if possible, 3 doz. Mathieu's Syrup. It is the best cough mixture on the market. Yours truly,  
W. STERLING.

CHURCH POINT, July 31, '08.  
Blacking & Mercantile Co.'s, Ltd., Amherst, N.S.  
Dear Sirs.—Nearly one year ago I had my first order of "Mathieu's Syrup" from you. It was not known in this country, and I gave samples to several families whom I knew would use it. After a few weeks I began to have a call for it, and trade has increased wonderfully since. I have not the least doubt but that it will soon be the best selling remedy for coughs, colds, etc., on the market. In my store here sales are good and our people ask for it. Several stores in this country now keep it in stock and report sales increasing. I have bought from you since August 10th, 1907, 4 Gross and have only 3 dozen on hand at this date, and which I am holding for retail trade in my store. Yours truly,  
LOUIS A. McLANSON.

**MATHIEU'S NERVE POWDERS** are free from opium, alcohol and other dangerous drugs and they are supreme against headache, sick headache, neuralgia, overwork, 25 cts. per box of 18 powders. Prepared by

J. L. MATHIEU CO., Sherbrooke, Can.  
T'OS. McMURDO & Co., Wholesale Chemists and Druggists, St. John's Rd.