Not a Bite of

Breakfast Until

Says a glass of hot water and

phosphate prevents illness

and keeps us fit.

Just as coal when it burns, leaves

pehind a certain amount of incom-justible material in the form of ash

so the food and drink taken day if

ter day leaves in the alimentary can

al a certain amount of indigestible material, which if not completely

eliminated from the system each day

teria which infest the bowels. From this mass of left-over waste, toxins

and ptomain-like poisons are formed feeling right must begin to take inside baths. Before eating breakfast

Men and women who can't get

each morning drink a glass of real hot water with a tablespoonful of limestone phosphate in it to wash

out of the thirty feet of bowels the

previous day's accumulation of pois-ons and toxins and to keep the entire

alimentary canal clean, pure and

Those who are subject to sick

headache, colds, biliousness, consti-pation, others who wake up with

bad taste, foul breath, backache,

rheumatic stiffness, or have a sour,

gassy stomach after meals, are urged

to get a quarter pound of limestone phosphate from the drug store, and

begin practicing internal sanitation. This will cost very little, but is suf-

ficient to make anyone an enthusist

Remember inside bathing is more

mportant than outsie bathing, be-

cause the skin pores do not absorb impurities into the blood, causing

poor health, while the bowel pores

cleanses, sweetens and freshens the

skin, so hot water and limestone

phosphate act on the stomach, liver,

OLD-STANDING

COUGHS

30 cents and 60 cents, from drug-

gists and stores throughout Canada

"CANADIANS AT YPRES."

(See Store Windows.)
12 Quter Covers from the 60 cen

size of Veno's Lightning Cough Cure

or 24 from the 30 cent size, mailed to Harold F. Ritchie and Co., Lte...

10, McCaul street, Toronto, entities you to a beautiful colored reproduc-

tion of this famous Royal Academy

GRAND TRUNK RAIL-

WAY.

MAIN LINE-EAST.

6.50 a.m. For Dundas, Hamilton

7.05 a.m. For Toronto and Mont

1.57 p.m.—Hamilton, Toronto, Ni-agara Falls and East.

6.00 p.m.—For Hamilton, Toron-to, Niagara Falls and East.

8.32 p.m.—For Hamilton, Toronto

MAIN LINE-WEST.

Departures.

3.21 a.m.—For London, Detroit,

9.37 a.m.—For London, Detroit,

Port Huron and intermediate sta-

6.52 p.m.—For London, Detroit,

Buffalo & Goderich Line.

uffalo and intermediate stations.

Leave Brantford 6.00 p.m.—For suffalo and intermediate stations.

West.
Leave Brantford 10.05 a.m.—For

loderich and intermediate stations. Leave Brantford 8.15 p.m.—For

oderich and intermediate stations

Galt, Guelph and North

alt, Guelph and Palmerston.

Leave Brantford 6.50 a.m .- For

Leave Brantford 10.05 a.m.-For

Port Huron and Chicago.

9.55 a.m.—For London. 3.52 p.m.—For London,

1.56 a.m.—For Hamilton, Torono, Niagara Falls and intermediate

Falls and East.

to and East.

stations.

and East.

Departures.

view in most druggists' windows.

The reproduction is

Just as soap and hot water

on the subject.

kidneys and bowels.

and sucked into the blood.

comes food for the millions of ba:

You Drink Water

Classified Advertising

RATES: Wants, For Sale, To Let, Lost and Found, Business Chances, etc., 10 words or less: 1 Insertion, 15c.; 2 insertions, 20c.; 3 insertions, 25c. Over 10 words, 1 cent per wo'd; 1/2 cent per word each subsequent insertion. Coming events...Two cents a word each insertion. . Minimum ad.,

25 words. Births, Marriages, Deaths, Memorial Notices and Cards of Thanks,

Above rates are strictly cash with the order. For information on ADDITIONAL LINERS ON PAGE 5.

You can buy or sell through these columns at very low cost, but most effectively.

Male Help Wanted.

M 52 tf

WANTED-Good bright boy, for all

day. Apply J. M. Young & Co. WANTED-Bright youths, not un-ANTED—Bright youths, not under sixteen, as apprentices to ply 38 Darling. learn machinist's trade. Apply Sup-

orintendent's office Waterous

gine Works.

Female Help Wanted.

WANTED- Girls; can make big FOR SALE-Sugar Barrels. Apwages and have steady work. Apply, Superintendent's Office, Brantford Cordage Co.

WANTED-A good maid for gen. eral house work. Apply between 6 and 8 p.m. Mrs. F. D. Reville, 75 Dufferin Ave.

ments of knitting mill, good wages Chambers. light work. Previous experience not necessary. The Watson Manufacturing Co., Ltd., Homedale.

STANTED-Girls over 16, exper enced or unexperienced in the nanufacture of silk gloves. Apply in person, at Niagara Silk Co

OVER \$2,00 daily easily earned at Colb home on Auto-Knitters making 504. War Socks, experience unnecessary, distance immatrial. Enclose three cent stamps to-day for contract form. Dept. 12C Auto-Knitter Co., College Street, Toronto.

Miscellaneous Wants.

TO LET-Warm furnished from parlor, 81 Terrace Hill.

WANTED-10,000 pairs of skates to sharpen, work guaranteed, C. J. Mitchell, 80 Dalhousie St.

I ADY DESIRES room and board in good locality. Box 28 Courier.

WANTED-Everyone to know that the best place in the city to buy hockey shoes and skates is New and second hand stoves, C. J. Mitchell's, 80 Dalhousie St. heaters and cooks. Repairs of all

TOR DESTROYING PAIN GET sale by all leading druggists.

WANTED-Cotton Mill Help; feed er and slubber tenders. Apply Slingsby Mfg Co.

WANTED - Experienced weavers and apprentices. Splendid oppor-unity to learn trade, which offers steady employment at high wages Special inducements to learners. For full particulars, Telephone 1448 or apply Slingsby Mfg. Co.

Eye, Ear, Nose and Throat. DR. C. B. ECKEL-Eye, Ear, Nose and Throat Specialist Office, 65
Brant Avenue Bell Telephone 1012
Wachine 101

Dental.

stand over the Bank of Hamilton, entrance on Colborne St. d-mar26-15

OR RUSSELL, Dentist-Lates American methods of painless dentistry, 201 Colborne St., opposite George St. over Cameron's Drug Store Phone 306.

Osteopathic Physicians.

DR. CHRISTINE IRWIN- Gra duate of American School of Osteopathy, is now at 38 Nelson Street. Office hours: 9 to 12 a.m. and 2 to 5 p.m. Bell telephone 1380

DR. C. H. SAUDER-Graduate American School of Osteopathy, Kirkville, Missouri. Office, Suite 6, Temple Building, 76 Dalhousie Street. Residence, corner Bedford and William Sts. Office phone 1544, house phone 2125. Office hours: 9 to 12 a.m., 2 to 5 p.m., evenings by appointment house or office

HAND MADE. MACHNE FINished, all solid leather, sizes 11 to 5. Also Shoe Repairing of all kinds.

BRING your Repairs to Johnson's Electric Shoe Repair Store, Eagly Place. Satisfaction guaranteed. Phone 497. Machine. W. S. PETTIT.

10 South Market St. Restaurants.

Lost

WANTED—Good smart boy for of-fice and messages. Apply The LOST—On Colborne St., Monday, phone Miss Pettie, 70.

To Let.

TO LET_Red brick cottage. East

Articles For Sale.

FOR SALE-Save money on Furniture and Rugs. 44 Colborne St.

Wanted-Vegetable Cook. Apply Housekeeper The Bodega | For Sale-A full line of hockey shoes and skates, at C. J. Mitchell, 80 Dalhousie St.

ply The Wm. Paterson & Sons Co., Limited. NOR SALE- Selected fumed oak

dining room suite, new, at an extremely low price. 45 Colborne St. MONEY TO LOAN

WANTED-Girls for various depart- MONEY TO LOAN on City proper ty. L. W. Wood, Commercial

Legal.

TONES & HEWITT-Barrister and Solicitors. Solcitors for the Bank of Nova Scotia. Money to loan offices: Bank of Hamilton Chambers Colborne and Market Sts. Bell phone Alfred Jones, K.C., H. S

RREWSTER & HEYD-Barristers etc., Solcitors for thReoyal Loan and Savngs Co., the Bank of Hamil Money to loan at lowest ton etc. Money to loan at lowest rates. W. S. Brewster, K.C. Geo. D Heyd

ERNEST R. READ-Barrister, Solicitor, Notary Public, etc. Money toloan on improved real estate at cur rent rates and on easy terms Office 1271/2 Colborne St. Phone 487.

Business Cards.

kinds. General hardware.

Delone's Magic Oil, most pene-ting remedy yet discovered. For R. FEELY—181 Colborne street— Stoves repaired and set up. Furnaces installed. Special attention.

Painting.

A J. OSBORNE, Successor to the late Joseph Tilley, is carrying full and up-to-date range of Papers, 168 Market St.

Architects

WILLIAM C. TILLEY-Registered Architect. Member of the On ario Association of Architects. Office Temple Ride Phone 1007

Elocution.

M. E. SQUIRE, M.O.,—Honor graduate of Neff College, and of the National School of Elocution and Oratory, Philadelphia. Pupils taken in elocution, oratory, psychology, dramatic art, literature and deport ment. Special attention paid to defective speech. Persons wishing to graduate from Neff College may take the first year's work with Miss Squire. Studio 12 Peel St.

Hairdressing.

MRS. MABEL ANGUISH - Elec trolysis, Shampooing, Hair Dress ng, Facial and Scalp Massage, Mani uring; manufacturing of Hair Goods West St Bell Phone 2048. Auto. 822

UMBRELLAS

FOUND AT LAST—re Olde English Fried Fish and Potato Restaurant. Come and have a good fish dinner, by an expert cook. Hours: 11 a.m. to 12 p.m. 145½ Dalhlousie St. Bell Phone 2616.

Always make sure to get the right scalp with the finger tips. By morning most, if not all, of this awful scurf will have disappeared. Two or three applications will destroy or three applications will destroy every bit of dandruff: stop scalp itching and falling hair.

Jeave Bran Galt, Guelph, or three applications will destroy or three applications will destroy every bit of dandruff: stop scalp itching and falling hair. Recovered and Repaired

CARRIE M. HESS, D. C., AND FRANK CROSS, D. C. -Graduates of the Universal College, Davenport. Ia. Office in Ballantyne Building, 195 Colborne St. lantyne Building, 195 Colborne St. Office hours, 9.30-11.30 a.m., 1.30-5 and 7.30 to 8.30 p.m. Evenings by appointment, Phone Bell 2025.

Chiropractic

OGG & OGG-Mrs. Robt M Ogg. D.C., Ph.C., and Robert M Ogg. D.C., Ph.C., graduates of the Palmer School of Chiropractic, Davenport, Ia Office in the Canadian Bank of Commerce Building. Office hours: 10.00 a m to 12.00 a.m.; 2.00 p.m. to 5.00 p.m. Evening hours by appointment, Telephone: Bell 2265; Automatic 226.

Cleaning and Pressing.

Bell Phone 560 - Automatic 560 The Gentlemen's Valet CLEANING, PRESSING, DYEING AND REPAIRING. LADIES' WORK A SPECIALTY.

Goods called for and delivered on the shortest notice. G. H. W. Beck, 132 Market St.



IN PARIS

Responsible Party to Look After Courier Circulation

Apply BUSINESS MANAGER, THE COURIER. BRANTFORD.

Fire, Life and Accident INSURANCE

IN THE LEADING BRITISH

-and-CANADIAN COMPANIES.

J. E. HESS Phone 968, 11 George St.

Brantford, Ont.

WEST LAND REGULATIONS.

INTEL Sole head of a family, or any many over 18 years old, may homestead plicast must appear in person at the Deminion Lands Agency or Sun-Agency (a quarter-section of available Dominion Lands Agency (but as Bub-Agency), on certain conditions.

Duties—Six months residence in each othere years after carning homestead gaient; also 50 acres extra cultivation. Presumption patent may be obtained as seen an homestead patent; also 50 acres extra cultivation. Presumption patent may be obtained as seen an homestead patent, on certain conditions.

Duties—Six mouths residence upon an cultivation of the land in each of threyears. A homesteader may live within ainmiles of his homestead on a farm of a least 80 acres, on certain conditions. In habitable house is required except where residence is performed in the vicinity.

In certain districts a homesteader in good standing may pre-empt a quarter ection alongside his homestead Price 53 per acre.

A settler who has exhausted his home WEST LAND REGULATIONS.

Port Huron and Chicago.
7.32 p.m.—For London,
Port Huron and Chicago.
8.34 p.m.—For London,
and intermediate stations. Shoe Repairing.

Shoe Repairing and the Indicate Shoe Repairing and the Indicate Shoe Repairing and the Indi

************************* To Remove Dandruff

Get a 25-cent bottle of Danderine points north. at any drug store, pour a little into

often need relief. Don't for properly fitted eyeand scientific.

Open Tues. and Sat. Evenings

Brantford & Tillsonburg

Cured by
Veno's Lightning Cough Cure.
Veno's Lightning Cough Cure is
just as quick to relieve the cough and bronchial troubles of the old, as it is those of the young. Veno's cure at all ages, and its wonderfully soothing and healing effect is never more strikingly shown than in the treat Leave Brantford 5.15 p.m.-For ment of those old-standing coughs and wheezings, that asthmatic breath-Tillsonburg, Port Dover and St.

> Buffalo & Goderich. From East—Arrive -Arrive From West—Arriv 10.00 a.m., 5.42 p.m.

G. T. R. Arrivals. From East—Arrive Brantford, 2.53 a.m., 9.15 a.m., 9.37 a.m., 3.52 p.m., 6.52 p.m., 7.32 p.m., 8.10 p.m.

From North—Arrive Brantford, c.05 a.m., 12.30 p.m., 4,29 p.m., 8.33

EAST BOUND 4.51 a.m.—For Hamilton, Niagara New York. 8.30 a.m.—For Hamilton, Niagara

Falls and intermediate stations.

Hamilton and intermediate points—
10.29 a.m.—For Hamilton, Toron- | Toronto, Peterboro, Winnipeg and 5.12 p.m. Ex. SUNDAY—For Hamilton, Welland, Buffalo, New York and Boston.

7.08 p.m. DAILY-For Hamilton and intermediate points—Toronto, Ottawa, Montreal, Buffalo and New

WEST BOUND erford and intermediate points—St. Thomas, Detroit and Chicago.

2.31 p.m. DAILY-For Waterford Port Huron and Chicago.

8.53 a.m.—For London, Detroit, Detroit, Toledo, Bay City and Sagin-Port Huron and intermediate sta-

> Thomas, Detroit, Chicago and Cincin-9.22 p.m., DAILY-For Waterford and intermediate points—St. Thomas, Detroit, Chicago.

Ar 7.55 9.55 11.55 1.55 3 55 5.55 7.55 9.55 Lv\8.00 10.00 12.00 2.00 4.00 6.00 8.00 10.00

P'rs 8.20 10.30 12.30 2.30 4.00 6.00 8.00 10.00 Gl's 8.35 10.35 12.35 2.35 4.35 6.35 8.35 10.35

Galt, Guelph, Palmerston and all

Leave Brantford 8.55 a.m.-For to the by mornis awful
Two destroy op scalp

Dave Brantford 3.55 p.m.—For destroy of State and Guelph,

Ar 7.50 9.50 11 50 1.50 3.50 5.50 7.50 9.50

Leave Brantford 3.55 p.m.—For destroy of State and Guelph,

Leave Brantford 8.40 p.m.—For Scale Brantford 8.40 p.m.—For Galt and Guelph,

Galt and Guelph,



neglect getting glasses under the impression that they must, necessarily be unbecoming, glasses need not be unbecoming in the least. We can fit your eyes perfectly and give you stylish-looking glasses. Our methods for examining eyes are thoroughly. up-to-date

MFG. OPTICIAN

8 Market Street, South

Leave Brantford 10.35 a.m .- Fo illsonburg. Port Dover and St

lessness from which so many old tolks suffer. All coughs yield to Veno's Lightning Cough Cure. Prices 8.45 a.m., 5.10 p.m. From South-Arrive Brantford

> From West—Arrive Brantford. .56 a.m., 7.05 a.m., 9.30 a.m., 10.29 a.m., 1.57 p.m., 3.50 p.m., 6.00 p.m.

W. G. & B.

T., H. & B. RAILWAY. 7.37 a.m. DAILY-For Hamilton and intermediate points—Toronto, Welland, Niagara Falls, Buffalo and

2.31 p.m., Ex. SUNDAY — For

9.46 a.m. Ex. SUNDAY-For Wat-

4.36 p.m., Ex. SUNDAY—For Waterford and intermediate points—St.

PORT DOVER TO GALT

8.52 10.52 12.52 2.52 4.52 6.52 8.52 10.52

GRAND OPERA HOUSE

Week of DEC. 25th XMAS DAY MATINEE AND NIGHT. Geo. Beban

ERNIE MARKS STOCK COMPANY Special matinees Monday, and Saturday

OPENING DAY The sensation of all Sensations, the Dramatic Triumph of the Theatrical World: After a world's record run of three years in New York City, and the first time on any stage at popular prices-

XMAS MATINEE "The Legal Limit" XMAS NIGHT The White Slaver

Tuesday "For Her Husband's Sake." Wednesday, "The Rosary." Thursday, "The Girl and the Game." Friday, "Tess of the Storm Country." Matinee, "The Man of Mystery." Saturday Night, "Why Girls Leave Home." REFINED VAUDEVILLE SPECIALTIES BETWEEN THE ACTS. Special Scenery
Magnificent Costumes
4 2.30.

Matinees commence at 2.30.

Evenings at 8.15

Vaudeville Between Acts POPULAR PRICES-10c., 20c., 30c Reserve Seat Plan at Boles' Drug Store Friday.

umers that our power will be shut off from 2 a.m. to 12 a.m. Sunday morning, December 24, in order to make necessary re-

Western Counties Electric Co. Limited

Open Evenings The Courier Business office and Advertising Department will be kept open every evening till 7.30 for the convenience of both

vertisers. (Telephone 139.) Children Cry FOR FLETCHER'S

subscribers and ad-

BRANT THEATRE

Thurs., Frid. and Sat.

Imerica's Foremost Character An Alien

eight act drama adapted from "The Sign of the The play that took New York by Storm

wonderful and emotional

What the critics say: "A Masterpiece," — Moving Picture
World. "A super-feature"— New York Telegraph. "Created a sensation"—New York American. "If there was a dry eye in the theatre it must have a glass one."—New York Herald.

"The Shielding Shadow" Opening episode of Pathe's Greatest serial-A sequel to and more thrilling Than "The Iron Claw"

> The Novelty Trio In varieties of vaudeville

GET YOUR SEATS EARLY. NO ADVANCE IN PRICE.

Special Xmas Program Monday, Tuesday and Wednesday

25, 26, 27th December Daily at 2 p.m. and 7 p.m. The Great Dramatic Actor Juluis Steger

In His Recent and greatest Stage Triumph "THE MASTER OF THE HOUSE" Picturized in 5 acts of sustain. ed interest that goes right to the heart. "POULTRY A LA MODE" with Ben Turpin and Rube Mil-ler, a comedy of fun and pretty

"MATCHLESS JIM" with Anna Little and Frank Borsage, a fascinating drama of DR. DeVAN'S FEMALE PILLS Reliable

girls.

PHOSPHONOL FOR MEN Restores Vin

CALL LINDSAY'S

or TOURING CAR

Office Phone 2148.
Night Call: Residence 2004. CASTORIA

Maloney's Night and Day Service TAXI-CAB GARAGE

Cars Stored and Repaired

GASOLINE AND OILS 67 Dalhousie St. - Both Phones 730 Next to The Courier

●

MITCHELL'S New TOURING CAR

Brantford

55 Darling St.

tion by Neutral Call For Court

Inopportune and

FORTY-SIXTH YEAR

Make Da

London, Dec. 24.—Interest in receipt of President Wilson's remains unabated. Newspaper cussion was renewed to-day with new impetus administered by the sue of the Swiss note, with its closure of a Swiss-American contation weeks ago, and by long ca despatches recording the discuss speculations and criticisms in erica. On the main question how President Wilson's note similar communications should treated by the Allies, opinion mains as already recorded. The on the one hand a reiteration of "rooted objection of the Allies inopportune and ill-advised in vention by neutrals," and on other an appeal for courteous to ment of neutral representations, being urged that the Allies bound to take them into account, to do otherwise would be to red themselves "to the level of the

gressors who began the war." Apart from the main ques there is much discussion as to genesis, nature and probable effe of President Wilson's message. I patches from Washington and l York represent public opinion America as uninformed and as c ious on these points as opinio It seems a matter of spe satisfaction to some editoriers that criticisms of the Prophraseology and surprise a course he has taken are, accounts to these despatches, identical both sides of the Atlantic.

Armistice U Max F

Times says:

Germany, However, Says

Submit London, Dec. 26.—An armis should be declared, says Maxim

Harden, who writes as follows 'Whence, I ask, shall the m come to wipe out the war loan pay for the reconstruction of land, for the rebuilding of destr cities and villages, for supplies, the decent maintenance of crippled, the helpless, the wid the orphans?

"A cash indemnity, which, b way, would look quite tiny alon these tremendous figures, canno hoped for even by the most triu ant victor. As for the levy of bute exhorted by occupation last decades, such a thing was post in the days of Rome. To-day just as impossible as the realization of the dream foolishly fostered so many, the extinction of we races and peoples.

"None of the nations caugh this holocaust can expect any re-

thoughts, not the old embittere open the gates that lead out of Long-standing Debts "Let Europe's war debts beco-treasure of atonement, let the cr-of all belligerents, that is, t ready to accept arbitration, be good money guaranteed by all ors until the countries weakens war can redeem this internat instrument by payment with n money, metal or paper. It will

forty years at least, sixty at

pense other than such as it pro

by their own savings.

"At the conclusion of peace a court of nations administer treasure of atonement. Give court authority to impose fines Weather Bulletin Toronto high press

BECAUSE THEY AD TO YOUR BUISNESS, LIZZIE

snow falls occurred in Forecasts

Strong easterly winds, snow and sleet to-night an Wednesday; milder on Wednesday

ly all part itoba and Saskatchewan

Ottawa