

Farm Women's Clubs

FAIR time is coming, and one of our directors, Mrs. George Root, has made the splendid suggestion that we have a U.F.W. Rest Tent at every fair. This would be a great boon to the country women, driving in from long distances, for we all know the discomfort of a hot, dusty drive, the fixing up of exhibits, getting tired and dirty, and not having any place to tidy up, wash our hands, or rest.

A tent with a few comfortable chairs, a looking glass, a wash basin, soap, some paper towels, and water would be a Godsend. Have someone in charge, and plenty of U.F.W. literature on a small table where it can be seen. Have a good big sign over the door: "U.F.W. Rest Tent." If no tent is available, get the men to run you up a shelter with some poles and cover with poplar boughs, which will provide at least some shade and a quiet resting place where the babies can be put to sleep, and the tired mother can tidy up or rest a while, away from the crowd and noise.—Irene Paribby.

Christmas Puddings

I have been asked to bring the following notice, re Christmas puddings for Canadian soldiers to the attention of our U.F.W.A. members, and hope that as many as possible will help to provide these puddings:—

"The Canadian War Contingent Association proposes to put up 100,000 pounds of Christmas plum puddings for the men in the trenches, to be delivered in London in time for the puddings to be distributed for Christmas. The Hamilton Fruit Kitchen of the Canadian Red Cross Society has placed its plant and staff at the disposal of the association for this purpose, all expenses being met by the C.W.C.A. The amount named will ensure each Canadian soldier overseas being served a generous portion of delicious pudding on Christmas day.

"The puddings will be put up in five-pound tins and for each \$50 received, 60 puddings will be dispatched overseas, each tin being labelled with the compliments of the society or individual making the contribution, but the association cannot undertake to forward any puddings, specially addressed to units or individuals. Subscriptions for this fund should be sent to the provincial secretary, C.W.C.A., Rex Theatre Building, Calgary. The subscription list is open only for a short time as all arrangements for making and despatching the puddings must be concluded almost immediately. Will you not help to remind our Canadian soldiers in the field of the friends at home at Christmas time by sending in your contribution as quickly as possible."—Mary W. Spiller.

Co-operating All Around

An interesting report has been received from Prairie Rose U.F.W.A., which reads as follows:—

"This is an account of what we have done in the past three months. In April we arranged for a picnic with two of the U.F.A. locals to be held on June 15. We decided to use the egg-marketing service in Calgary as a means of shipping eggs, as in this way each of the members would get the proper grade and price for her own eggs. One of the members read an interesting paper on the Initiative, Referendum and Recall which has since been forwarded to the Central office. At our May meeting we donated \$15 to the Y.M.C.A. Hut Fund, \$20 to the Red Cross. We also decided to send to B.C. for our fruit as we did last year and the year before. We find that we save money in this way, and we have arranged with our local postmaster who has a store, to receive the fruit as it comes. In this way none of it is allowed to spoil at the station. The postmaster also ships and handles the eggs for the local which saves confusion and costs the members very little more. At the Junior meeting we decided to write for the books on Boys' and Girls' Clubs, and also sent in our petition for the Public Health Nurse to call at our schools. One of

our members is to read a paper on Food Conservation in July. We also selected members to read papers for each of the remaining months of the year. A large number of books are turned in each month to the Red Cross. We can fit the knitting in with our own work better than sewing as we can pick it up in odd moments better. We are all trying to conserve as much as possible to help win the terrible struggle."

Successful New Local

Nebraska U.F.W.A., which is also one of our new locals, is making good progress. At the meeting which was held on June 15, Red Cross work was discussed, and as the membership was not large enough to start a club of their own, it was decided that they should get their supplies through the Clive Club, and do their bit in that way. This has since been done, and everyone received their share to carry home. It was also decided that they should help the Red Cross funds by having a concert and a sale of anything that the farmers, both men and women, in the district round would give. So the members offered to canvass, each one being given a different route on which they were to start off at once, as the date of the sale was set for July 5, and there was no time to be lost. At a special meeting held for the purpose on June 26, the canvassers all reported pretty good success. It was decided that every cent collected should be sent to the Red Cross Fund and that each member, or any woman from the district who helped, should give her help free of charge, lunches being put in sacks and handed round and tea and coffee being given by the members of the local. The men of the U.F.A. helped by doing the auctioneering, clerking, etc. The sale has come and gone, and the results were very satisfactory, especially for times like these when the prices of necessities are so high, and the crops so poor, and it is not easy to make money move freely. Everybody did their best however, and the sale alone brought in \$137.50. The concert and lunch were given free and everyone who was present had a good time. The goods sold were a miscellaneous collection, including livestock, poultry, grain, vegetables, house plants, needlework, butter, a chair and two hats, besides some medicine which was very kindly donated by the Rawleigh men. The women in this district are very busy at their homes, especially since so many of the boys have been taken off the farms for military service, but they intend to do their utmost to keep up the interest and enthusiasm in the work of the U.F.W.A.

Reviving Quilting Bees

The Milestone W.G.G.A. have held their meetings regular since March and we have been piecing quilts and knitting and making aprons, but the money was coming in very slow, so we decided to make tickets and have each girl member sell thirty tickets each. To get enough young girls we took in two young girls who were not members, and they willingly helped. At the July meeting each girl brought in the money and her book of names which brought the nice sum of \$30. Then on July 5 the W.G.G.A. arranged a dance at Mr. Jence Jenson's barn and after the expenses were taken out we made the sum of \$50. The members decided to keep \$10 to work on and send half of the rest to the Red Cross and half to the Ambulance Fund.

We have now on hand some sewing of aprons and other articles that Eaton, Galloway and Simpson donated to the W.G.G.A. for such work. We have one quilt ready for sale, but we are waiting to get a lot of articles made and then I think we will hold a sale. We aim to do great things this year. There are many members who have sons training or at the front.—Mrs. G. Renwick, secretary, Milestone W.G.G.A.

Perley W.G.G.A.

I am enclosing \$32 in this letter to you, which we made at Perley, on June

8, in aid of the Blue Cross. We had quite a nice garden party, and the children sold Blue Crosses for ten cents each and made quite a bit from them. Thanks for your letter about the rules for the district nurse. You will be glad to hear that we have secured the district nurse and that she is already busy in the district. We could not get the council to engage her except for the whole municipality and she considered that too large a field for one nurse. We were in danger of losing the nurse altogether, so the Perley Grain Growers agreed to engage her for six months at a salary of \$400 and her board. Her charge is \$3.00 a day, and we hope this venture will be successful. We were encouraged to try this after hearing of the Sealac W.G.G.A. success.—E. Nicholson, secretary, Perley W.G.G.A.

High River Progressive

A very interesting report which has come to hand is that of the regular meeting of High River U.F.W.A. which was held on May 11. It reads as follows: "The regular monthly meeting of U.F.W.A. was held in the rest room, Saturday, May 11, a good attendance was present. After the usual business Dr. Stanley gave a very instructive talk on first aid and dealing with such subjects as convulsions, foreign substance in eye, bleeding at nose, burns and scalds and broken bones. Speaking of convulsions, he said these were entirely due to irregularity of diet and emphasized the looking after the diet to prevent, while suggesting the treatment to cure. In case of broken bone the greatest care should be used to prevent its cutting through the skin as bacteria would thus get into the wound making it much harder to heal. He demonstrated removing foreign body from the eye, also how to improvise slings and splints for broken bone till medical aid could be had. Some helpful hints on making brown bread were given by Mrs. Bower. The matter of arranging a picnic was discussed and decided to hold a picnic in June sometime. Date and particulars to be arranged later."

U.F.W.A. Rest Room

High River U.F.W.A. and U.F.A. held a picnic on June 14, which was very successful, although the weather was not all that could have been wished for. A strong, hot wind blew all day, bringing clouds of dust with it. This, however, did not prevent those who were present from thoroughly enjoying themselves. A good program of sports was arranged and an excellent lunch was served by the ladies. The speakers of the day were: B. S. Sears, district director; H. Higginbotham, provincial secretary of the U.F.A., both of whom gave very fine addresses. Miss M. W. Spiller addressed the ladies in regard to the work of the U.F.W.A. and the progress which that association is making. This local has furnished a very nice rest room in the town.

Hears Returned Man

The meeting for May was very brief, with a very small attendance, owing to the fact that it was directly after our picnic. The U.F.W. held a picnic, planned for May 24, but owing to the rain, postponed until the next Wednesday. It was quite successful. Everyone appeared to have a good time, which is the primary consideration at a picnic, and we cleared \$112.00, \$5.00 for the Travellers' Aid, \$36 for the Returned Soldiers' Fund, \$35 for the Red Cross, and \$35 for the Sunday school, to help provide room for the classes and also a better place for the U.F.W. to meet. Our June meeting was a joint meeting with the men, and the Rev. H. A. Edwards spoke to us on the subject of the Returned Soldiers. Mr. Kell, a returned soldier, told us of his experience at Vimy Ridge, where he was wounded.—Ethel A. Robinson, secretary, Rusylvia U.F.W.A., Alta.

We held our monthly meeting at the house of Mrs. Wm. Morley today. We

had a good attendance of members and friends, enrolling two new members. With regard to a rest room in Biggar for the accommodation not only of the members of the W.G.G.A., but of all women from the country, the matter is in train, and will I am sure go through. We are seeking the co-operation and help of both the town and the rural municipality, as well as other local bodies of G.G.'s, realizing to the full that we ourselves are too small a body to handle it. I had your appeal for the "Ambulance" for the western front, and was delegated the task of getting subscriptions. I shall get out and do what I can during the week. That the appeal fell on good ground and met with the full approval of the Clunie Women G.G. was testified by the fact that every member present gave me a donation. I intended to publish a list of subscribers in the local paper, and send you a full list at no distant date. At the conclusion of the business portion of the meeting, papers were read by Mrs. Dale, Mrs. Grahame, and Mrs. Thompson, which were interesting, elevating and entertaining. The meeting closed with the Clunie slogan: "The Lord watch over thee and me until we meet again."—Margaret Hindle, secretary, Clunie W.G.G.A.

Off To a Good Start

Mrs. J. W. Thomas, secretary of the new Zenith U.F.W.A. at Botha, Alberta, sends us in this report of what must be one of the liveliest organizations in Alberta: "On February 9, we organized our local U.F.W.A. and owing to good fortune in having a president that is very much alive, we feel that our club has a real neighborhood force. We have secured a travelling library from the extension department of the University at Edmonton. We have discussed consolidation of rural schools with the idea of having one some day. We have arranged to secure a pathoscope for the school and get our films from the university. We have monthly Red Cross sewing meetings besides our regular business meetings which are held in the school-house. Better roads, rural mail delivery, social hygiene, gardening, co-operative laundry, and egg-marketing have been discussed at our meetings."

Carrying On

For our June meeting we had a particularly good program. Before the meeting we sent out written invitations to all the women in the district who were not members. In spite of it being a rainy day we had 27 women at the meeting. The topic for discussion was Labor-saving Devices in the Home. Mrs. Shipley and Mrs. Simpson each sang a solo and Miss Alice Poole read. All together we had a real pleasant meeting which resulted in adding nine new members to our roll. Five more new members have been added since which brings our membership up to 40. At our July meeting we expect to have another big day. We are trying to get subscriptions for The Guide. We had the Brandon Juveniles out to give a concert and realized \$38 for the Red Cross. We have our War Time Cook Book ready and hope to realize something worth while for patriotic purposes from the sale of these books.—Miss Gladys Thornton, Little Souris W.G.G.A., Brandon, Man.

Doing The Work At Hand

Briarmound Homemakers are still holding their meetings regularly every month. Owing to so many of our boys leaving as soldiers the gatherings are sometimes not very large but we feel we still must keep together. Six boxes have been sent to the boys overseas. At our June meeting, held on July 4, our delegate to the Homemakers convention in Saskatoon, read her report, and it was very much enjoyed. Our club is trying to put on a collection of vegetables at our local fair if the cut-worms have left enough to be worth while. Last month some clothing was sent to a needy family. A picnic is being talked of for our anniversary in August to raise

cup corn syrup
up chopped fat
leapoon salt
up water

the sugar, add
and the egg well
powder and the
with the other
a teaspoon or
moderate oven.

in Pudding
up honey
leapoon salt
leapoon salt
leapoon salt

add to the mix-
ture, salt and
oven until the
down the crust

adding
up chocolate baking
powder
leapoon salt
leapoon cinnamon
leapoon nutmeg

fruit overnight,
or quarters, up
the dough which
be flour, baking-
bowl; add the
shortening and
fruit; put into
tettle. Place in
er and steam for
hallow bowl with

two cupsful of
up when canning
Bring the juice
cornstarch to
honey to taste,
sauce while hot.

ly-Cake
leapoon melted
fat

up blueberries, but
or canned and
strained
leapoon salt

ate in the order
dripping-pa-
oven for thirty
may be served
with a sauce of
blueberries.

Cakes
leapoon salt
leapoon
leapoon lemon
extract

sugar and salt,
be first mixture,
eggs. Add just
a mixture to be
1 inch thickness,
and place walnut
Bake in a slow

Cakes
with very little
sed.

cup blanched
almonds
leapoon sugar
up water

add the water,
and cook slowly,
cut very fine.
smooth remove
e to cool.

ns
leapoon baking
powder

leapoon salt
leapoon salt

a together, put
stir in the eggs
l. Bake in a
bread and when

Mrs. L. C. P.

up corn syrup
up chopped fat
leapoon salt
leapoon salt

lt with the cold
water and cook
and transparent;
he figs and cook
the nuts, chill

Cook.