OF THE BLESSED SACRAMENT

even during His mortal life, but the goodness proper to His sacramental state, which is that of intimate friendship, heart to heart intercourse.

This is the true means of entering into relations with our Lord. How would you dare to receive communion if not because of that sweet and gentle voice saying to you personally, "Come," with such tender love that you could not think of aught else ! Then, you have scarcely received our Lord before you cried out to Him in wonder : "O Lord, how good thou art !" O quam suavis est spiritus tuns, Domine ! It is the feeling common to all, uppermost in the heart of every one who receives communion. It is an instinctive feeling. It is the proof that the sweetness and goodness of the Eucharistic Lord are the divine words by which He draws the fallen man and binds him fast in the bounds of intimate confidence and friendship.

Letters from a Débutante.

V.

Washington Square, N. Y.

My DEAR EUGÉNIE,

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Events have multiplied since my last letter to you.

I have returned to town after a most affectionate parting with Cousin Flo, who seemed much averse to my leaving her. "Jeanne," said she as we drove to the station, "tell me

truthfully, do you think me very worldly and superficial?"

"Well," I explained. mischievously pretending to ponder, "after all, I believe it is only a habit with you; you have too deep a nature to be wholly satisfied with the light existence you lead."

"Oh! I don't know," she answered, laughing gayly, "I find it quite charming, and then it is the only sort of life for a woman in my position. Besides are you not aware that human-