

## Contents.

	PAGE.
Preface.....	3
Introduction.....	4
Life's Guiding Star .....	6
Equipment for Life .....	7
The Praises of Philosophy ....	7
The True Province of Science.....	10
Technical Education .....	11
The importance of a Working Man having a Scientific Knowledge of his Trade or Occupation.....	14
Honor To the Toiling Hand . .....	19
The Dignity of Labor.....	19
Man dependent on Labor.....	26
Labor .....	28
Pride in Manual Labor... ..	28
The Usefulness of Manual Labor.....	29
The Advantages of Manual Labor .....	31
The Rationale of Labor.....	32
Act Well Thy Part. . . . .	38
On Labor, (Translated from the French of M. Thiers)	39
The Spirit of Progress .....	45
Be Industrious .....	50
The Olympiad of Labor .....	51
Work .....	56
Happiness Attainable by the Working Man.....	58
A Psalm of Life .....	76