## THE Whitely Exerciser

It is a complete Home Gymnasium, composed of elastic chord running over fine puileys.

It requires no floor space. It is absolutely noiseless.

There are no weights to change and no straps to buckle.

No toois of any kind are required.

Its weight is a trifle over one pound. It will last several years. It takes the place of all other forms of exercising apparatus, besides giving a great many movements requiring quick action, such as throwing, bowing, etc.; these can only be had with the "Whitely." The Exerciser is suspended from two

small steel hooks in a moment of time, or from the hinges of a door. It can be carried without inconvenience by travelers. The Whitely Exerciser is equally suitable for the strongest man and for the smallest child.

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It is especially adapted to the use of ladies.

It is impossible to overdo with the "Whiteiy."

## **Price List**

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