- Blow on us, Breath of the pitiless passion that pulses and throbs in the heart of the sea!
 - Smite on us, Wind of the night-hidden Arctic! Breathe on us, Breath of the languorous South!
- Here, where ye gather to conflict and triumph, men shall have manhood, Man shall be free;
 - Here hath he shattered the yoke of the tyrant; free as the winds are the words of his mouth.
- Voice of the infinite solitude, speak to us! Speak to us, Voice of the mountain and plain!
 - Give us the dreams which the lakes are dreaming—lakes with bosoms all white in the dawn;
- Give us the thoughts of the deep-browed mountains, thoughts that will make us as gods to reign;
 - Give us the calm that is pregnant with action—calm of the hills when night is withdrawn.
- Brothers, who crowd to the golden portals—portals which God has opened wide—
 - Shake off the dust from your feet as ye enter; gird up your loins, and pass within;
- Cringing to no man, go in as brothers; mount up to kingship, side by side:
 - Night is behind us, Day is before us, victories wait us, heights are to win.
- God, then, uplift us! God, then, uphold us! Great God, throw wider the bounds of Man's thought!
 - Gnaws at our heart-strings the hunger for action; burns like a desert the thirst in our soul:
- Give us the gold of a steadfast endeavour; give us the heights which our fathers have sought:
 - Though we start last in the race of the Nations, give us the power to be first at the goal.