



# WHAT TO DO AT LAKE LOUISE

## LAKE LOUISE

**T**HE Pearl of the Canadian Rockies (altitude 5,670 feet). "Probably the most perfect bit of scenery in the known world. A lake of the deepest and most exquisite coloring, ever changing, defying analysis, mirroring in its wonderful depths the sombre forests and cliffs that rise from its shores on either side, the gleaming white glacier and tremendous snow-crowned peaks that fill the background of the picture, and the blue sky and fleecy clouds overhead."

On the shores of the lake the Canadian Pacific operates a magnificent Chateau hotel—open from June 1st to September 30th.

Some there are who are satisfied to sit on the verandah of the hotel watching the marvellous kaleidoscope of color, while others are eager to be out on the trail either on foot, or on the back of a sure-footed pony. These trails are being constantly improved and extended, so that there is a wide selection from which to choose. The hotel itself occupies a very large area and has recently been greatly enlarged. No more beautiful spot and no more comfortable hotel could be chosen by anyone wishing to make either a short or long stay in the Canadian Pacific Rockies. The hotel has 260 bedrooms.

## LAKE LOUISE PROMENADE

Along the westerly shores of Lake Louise to the boat landing (distance, 1¼ miles), a delightful walk along a level trail with splendid views of Castle Crags, Mount Lefroy and Mount Victoria.

## LAKES IN THE CLOUDS AND BIG BEEHIVE

The trail leaves the west end of the Chateau and rises gradually to Mirror Lake (altitude, 6,650 feet), thence upward to Lake Agnes (altitude, 6,875 feet). There are beautiful views on the way up, and the trail is excellent. (Round-trip distance is five miles; time, two and one-half hours.) A charming tea house has recently been established on the shore of Lake Agnes. The trail is now continued around Lake Agnes and up a zigzag path to the Observation House on the Big Beehive.

## LITTLE BEEHIVE AND MOUNT ST. PIRAN

After reaching Lake Agnes by the trail described above, follow the path behind the Shelter Cabin for a quarter of a mile. Here the trail forks, and the left branch may be followed to the summit of Mount St. Piran (altitude, 8,681 feet), or the right branch to the summit of the Little Beehive. From either summit splendid views of the Bow Valley are obtained. Round trip, ten miles (time, six hours).

## UPPER GLACIER TRAIL

This leaves the trail to the Lakes in the Clouds at Mirror Lake, and continues along the side of the mountain to Look-out Point, situated about one thousand feet above Lake Louise. The trail then descends gently to the level of the Lower Glacier trail and the visitor may continue on towards the wall of Victoria or return to the Chateau. Distance from the wall of Victoria to the Chateau, four miles.

## SADDLEBACK CABIN

Crossing the bridge over Lake Louise Creek, the trail rises rapidly on the slopes of Mount Fairview to the Saddleback. From this point Mount Saddleback and Mount Fairview (altitude, 9,001 feet) are easy of access. Round-trip distance to the cabin is six miles (time, four hours). The view of Paradise Valley and Mount Temple, from the Saddleback, is one of the finest in the Rockies. The return trip may be varied by going by a steep, zigzag trail via Sheol Valley to the Paradise Valley trail and thence to Lake Louise.

## VICTORIA AND LEFROY GLACIERS

The path along the shore of Lake Louise may be taken to the Victoria and Lefroy glaciers, distant four miles. Parties should not venture out on the ice unless properly equipped, and, indeed, the services of a guide are recommended to point out the peculiar ice formations. The hanging glaciers of Mounts Lefroy and Victoria are impressive in their grandeur. The glacier is 200 to 250 feet thick. The summit of Mount Victoria is five miles in an air line from the Chateau.

## MORAINE LAKE AND VALLEY OF THE TEN PEAKS

Automobiles run daily to Moraine Lake (distant nine miles), situated in the deeply impressive Valley of the Ten Peaks. From the road one sees an interesting rock formation known as the Tower of Babel. For the past few summers a small permanent tea house and camp for anglers has been maintained on the shores of Moraine Lake.

## PARADISE VALLEY

Ponies may be taken up Paradise Valley, via either the Saddleback and Sheol Valley, or via the low trail. The journey is continued up the valley to a short branch trail leading to the Giant's Steps, a step-like rock formation over which the water glides in silver sheets. The journey may then be continued across the valley to Lake Annette (altitude, 6,500 feet), a tiny emerald sheet of water on the side of Mount Temple, and thence back to Lake Louise—distance, thirteen miles; and the journey, eight hours.

## SENTINEL PASS

Via either the high or low route, Paradise Valley, thence to the Giant's Steps and across the valley to Sentinel Pass (altitude, 8,556 feet). The descent is then made through Lodge Valley, past the Minnestimma Lakes, to the Valley of the Ten Peaks. Return to the Chateau by the carriage road.

## CONSOLATION LAKE

Leave the Chateau in the morning by automobile or carriage for Moraine Lake. From here the journey may be continued to Consolation Lake, distant about three miles. The waters of the lake contain a plentiful supply of cut-throat trout, a vigorous fish which takes the fly in July and August. The waters of these regions are re-stocked from the hatchery at Banff.