



Dr. Stanley A. Holling holds a copy of his book "Our Heritage" which discusses the 150 year history of Christ Church United.

Heritage recorded

The congregation of Christ Church United on Mazo Crescent in Clarkson is celebrating its sesquicentennial — 150 years of church history in the community.

In honor of the event, Dr. Stanley A. Holling of Parkland Avenue has written a book entitled *Our Heritage*. Dr. Holling is a former director of the tuberculosis division of the ministry of health and has been a member of Christ Church United, the oldest congregation in Clarkson, since 1951. He is 80 years old, still an active member of the Mississauga Historical Society and recently researched his family history dating back to the 18th century.

Our Heritage describes how the life of the church and community have been intertwined since pioneer times. Several pictures are included as well as maps depicting the purchase of land around the mouth of the Credit River from the Mississauga Indians in 1806.

According to Dr. Holling's research, the second land patent to be issued in the Clarkson area was granted to Sebastian Greeniaus in July, 1808. Descendants of the Greeniaus family are still members of the present church. An appendix of ministers of the church is also added to the book.

A reception in Dr. Holling's honor was recently held in the Merigold Room of the church. The room was named after a church member who donated a parcel of land at the corner of Clarkson and Lakeshore Roads for the second of four buildings in which the congregation worshipped. Used as a church from 1875 to 1956 the building erected on the

land still stands, although it is now used for commercial purposes.

At the reception Dr. Holling spoke, giving some insight into the deprivation of early settlers in their struggle to survive. Health, sickness and death were dominant concerns in the minds of the pioneers as reflected from early letters, he said.

Dr. Holling described some of the home remedies used to treat injuries and ailments and discussed the work of itinerant Methodist preachers who visited the far-flung pioneer communities. One of the earliest records of church services indicates gatherings on the old Bradley farm south of the Lakeshore in 1826. His book includes names and anecdotes of early settlers and more recent residents of Clarkson.

Copies of the publication may be obtained for \$5 by calling the church office at 822-9834.

Comment

IWY: It's all over

By CONNIE RAE
International Women's Year is now over, and thank God!

In 1976 I refuse to go out of my way to open any more doors or pick up any more parcels for the 'dominating' sex. Not that common courtesy is a bad idea, mind you, but something has gone wrong.

Too many men have opened doors this year and picked up parcels for the fairer sex, but instead of fluttering eyelashes and a demure thank-you they have had doors whacked out of their faces and parcels snatched out of their hands by indignant women's libbers who expressed their outrage by screaming: "You fawning chauvinist pig!"

Now men are more cautious — she may not look like a libber, but then again she could be, better be wary and leave well enough alone.

I used to have a pair of black leather gloves and a favorite scarf. I had them for three years, and I don't think I ever got off the subway without dropping a glove

on the floor or trailing a scarf half way up the stairs. But miraculously enough, the 'dominant' sex always whisked up behind me to retrieve it.

This year both the scarf and gloves are gone.

This year I've even had to learn how to open my own car hood, locate the gas tank and serve myself gas at those confounded pumps. I've learned that oil has to be changed every three months — not every three years. I've learned that for some mysterious reason radiators crave antifreeze in winter instead of water and I've even learned to my surprise that cars don't come equipped with a lifetime supply of windshield washer. I even know how to use my dip stick.

In 1976 I promise to feign female flusters the next time I get a ticket or go up a one-way street the wrong way. Seat belt law — what seat belt law?

Maybe ladies, as time passes, men will forget that IWY ever existed and treat us like females again.

After all, 'they' are on our side... aren't they?

Help food flavor

Muriel Blinkhorn



Food should have a definite flavor to make it truly satisfying and enjoyable eating. We may not be able to describe the flavor, but it is there to taste.

Added flavor, where little or none is there naturally, will stimulate a jaded appetite; it may even help improve one's health. Where the food was rejected before, because of lack of flavor, with flavoring it may now be acceptable and eaten with relish.

Everyone knows how unappetizing invalid dishes are. They lack taste and color. With the addition of color and flavor, they become much more acceptable to a palate affected by illness.

Not so many years ago, cooks were restricted in their choice of flavoring agents. Vanilla was, and still is, the most popular flavor. Besides vanilla, almond and fruit flavors are important ingredients in desserts.

Angostura bitters come from Venezuela. The name is derived from the town where it is produced, not from angostura bark. It is a very secret recipe using gentian, vegetable extracts, vegetable coloring and alcohol. It may be used with meat dishes, vegetables, sauces, desserts, soup, fish, salads, and alcoholic drinks. It is the ingredient that colors pink gin, the drink the English are so fond of. It also has medicinal qualities. A few drops, or a dash, is all that is needed in any dish.

Rosewater is used to flavor petit fours or plain white cake. It can also be used in icings, fondant, and Turkish Delight. It has a definite scent of roses that imparts a delightful flavor where a delicate taste is desirable.

The larger supermarkets carry the bitters; the rosewater may be bought at any drug store.



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