## The Dome

### Woman's Ambition.

There is no woman living who would not sacrifice everything in order to attain magnetism. Magnetism is that magic quality which can make a woman with a Roman nose and a pea-green complexion so fascinating that no other woman in the same room with her can get attention from your woman in the same room. ating that no other woman in the same room with her can get attention from any man present. It is the one great quality against which there is no argument and concerning which there is no explanation; it is the quality before which beauty, virtue, wealth, and even good cooking fade into insignificance; it is the secret power by which a homely woman often holds the love of her husband and for lack of which many a pretty girl dies in an old maid's home.

Whenever a nice, handsome, rich, adorable young man marries a girl whom you you will be more potent than the muscular beauty of the athletic clubs. If you are feminine in thought and tastes, your buoyant health will not run to muscle, your good spirits will not become loud and hoydenish and your self-confidence will not lead you out of your own sphere.

you out of your own sphere.

Any woman who is perfectly healthy, persistently cheerful, sanely self-confident, and enduringly feminine, will possess plenty of magnetism. Add to these a little beauty, a dash of cleverness and a knowledge of how to dress and she will be irresistible. At any rate, the cultivation of magnetism is a great deal more interesting and a great deal more worth while than the cultivation of a complexion.

## Hints for the Housewife.

When cutting new bread, always put the knife in hot water first, and you will find it a great improvement.

To prevent new clothes-pegs from splitting, let them stand in cold water a few hours before using.

Don't scour the inside of coffee-



JAS. McKAY'S HOUSE AND BARN, FIVE MILES SOUTH OF LACOMBE, On Edmonton Trail.

can see no possible reason for any one wanting to marry, you may conclude that she has magnetism. It has nothing whatever te do with beauty, with goodness, nor with cleverness. Some women are born with it. Books have been written on how to acquire it. acquire it.

acquire it.

Finally, to be a woman and to be magnetic to men, you must be thoroughly feminine. From the time when you rise in the merning until you go to bed at night you must be constantly conscious of the fact that you are a woman. No woman ever was magnetic who did not revel in ruffles, ribbons, perfume and pretty frocks. You may not be stylish, nor even beautiful, but if you are dainty and thoroughly feminine

pots, but wash them with hot soap suds, using a mop to dry thoroughly.

If baby's gums are red and swollen during teething, rub them gently with the finger moistened with lemon juice.

Old kid gloves are useful for many purposes. If worn when ironing they will preserve the hands and render them less likely to become sore.

Did you ever try letting half a dozen ordinary marbles bob around on the bottom of your kettle of fruit? Try it, and you will find that you considerably lessen the amount of stirring neces sary to prevent burning.

Don't try to be anything else but a gentlewoman, and that means one who has consideration for the whole world and whose life is governed by the golden done by."-The Christian World.

Cleansing brooms. — This may be rarely thought necessary, but they require cleaning as much as anything else, and, if washed occasionally, will be found to last far longer than other wise. About once a week prepare a good lather of hot water and soap, and into it dip the broom; shake it until it is nearly dry, and hang it up, with the bristles downward, until quite

If a wound has been made by any poisonous, rusty iron or steel, inflammation may be allayed and lockjaw, mortification, etc., often prevented by holding the wound over the smoke of burning wood prevously saturated with sweet oil or lard.

Cut up a pound of beef into very thin, small slices, which, with a half a pound of white fresh lettuce, put into a salad howl; season with a teaspoonful of salt, half teaspoonful of pepper, two tablespeonfuls of vinegar and four of good 'ad oil. Stir all together with a fork When well mixed it is ready to serve.

Don't object that your duties are so insignificant; they are to be reckoned ot infinite significance, and alone important to you. Were it but the perfect regulation of your apartment, the sorting away of your clothes and trinkets, the arranging of your papers, Whatever thy hand findeth to do, do with all thy might, and all thy worth and constancy.

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#### How to Dress at Home.

The housewife has to dress for her work. She cannot do anything in I'ght clothes. Absolute freedom of motion is necessary. Corsets and long or heavy skirts must be avoided. The easiest costume is a short, light skirt, suspended from the shoulders, and a demi-loose sack, worn over a stout twilled domestic underskirt.

The wife likes to appear fresh and pleasant to children and husband at breakfast, and if she is the chief or st perintending genius in the kitchen, she will hardly have time to change her dress for breakfast. A neat wrapper can be put on in the morning, the skirt pinned up and a long, loose pinafere of coarse gingham worn over it. with separate sleeves-cooking sleeves they are called-made of oil cloths that button at the wrists and come up over the elbow.

The "over all pinafore," as it is called, is made something like a child's Mother Hubbard apron, comes up to the bust-being sloped to avoid too much fullness-and has shoulder straps fastened to the band before and behind It is easily slipped on, easily washed, and protects the dress completely when supplemented with the "cooking

## NEW YORK HAIR STORE



## Wise Sayings.

If a man is tongue-tied he can never hope to become a pugilist. Some men actually know a few of

the things they believe. Good actors and good architects draw good houses.

All boys who pursue their studies are not able to catch up.

Some men are freethinkers and some

others are married. Some men spend their money as feolishly as others spend their time.

A woman's favorite writer is a husband who is capable of writing cheques.

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SUPER

Hash Sprinkle one rather coarse, and one tables

into a small st or cream and vessel closely Season with or on rounds of ley. Serve nic panion dish. Cook a head

utes; drain an chop and mas a half inches under a weigh slices with a all, as you wand crumbs
Dish alone or of the cabbas and heated w in the centre

Beets after sliced may ha over them, we enne and a minutes and yolk when rea table to serve Put a laver

fine, in a butt pepper and m a layer of cra milk. Add a on until the a layer of the bake. Ten m cover and le Beet

Cut beets, eighth of an rcoms with o press between a batter mad egg, adding butter, four white, with these fritters

Dissolve in spoon of bak scur milk, a a dash of gra salt; then stir and sifted gra proper consist hot and greas of salt pork small pitcher when filled plack of the r slowly. Dip o

Scald eight by stirring i add four tab of salt, one-i soda, two w minutes

Blend thore two curs of s a pinch of sugar, a tal tablescons a linder meal sifted with a land of the whole the sugar of th