POOR DOCUMENT

THE EVENING TIMES AND STAR, ST. JOHN, N. B., TUESDAY, SEPTEMBER 24, 1918

Side Lights on The Somme Drive

Nothing Too Good to be Said of the Canadians Who Fought From Amiens Into the Old Somme Battlefields

(By Lacey Amy, special correspondent of the Times.)

With the Canadian Forces, France, Aug. 16—There is nothing too good in the English language to hand to the boys who fought from a few miles in front of Amiens into the old Somme battlefields without more than a momentary pause. And their commanding officers are the first to insist that they be given the credit.

mentary pause. And their commanding officers are the first to insist that they be given the credit.

But I have collected from the plethora of detail where the trails cross, how the commanding officers were the guiding stars by which the boys shaped their course. Already I have told of Lieut.-Colonel Jones of the 21st, who paid with his life for his refusal to remain from the fight on account of an injured leg and arm. One other battalion commander was killed to my knowledge, and a number more or less wounded. In every case that I can trace the colonels of the battalions, were right on with the boys, usually in the lead, always keeping an eye on the trend of operations, and often lending a personal hand in the tightest places.

One brigadier donned a new suit and cap for the event. And all over his front his gilt-braided cap was a spur to lagging spirits, an incentive to do and dare. His scheme of attack was laid out beforehand, with times and places; and bis colonels saw to it that he should.

The place is the fact of the storm of bullets and ran from shell hole to shell hole. "Where's the colonel?" he detoined to all who were alive. And the dead or wounded he rolled over to see their faces. And in the end he came within hearing of the colonel's voice. It was a devotion that pays better tribute than words.

In a pause of the gunning the colonel crept to the nearest shell holes, organized a party, led the way up the flanks into the woods, and cleared it himself of the obstacle to his advance.

One senior officer was in a small hamlet with his headquarters before Fritzy had left the other end. And within half an hour had to move back until the village was thoroughly mopped up.

Padres Right There.

The padres, too fice in with the spirit. One heldline forward with the spirit for the storm of bullets and ran from shell hole to shell hole. "Where's the colonel?" he detoined or wounded he rolled over to see their faces. And in the end he came within hearing of the colonel. The face of the storm of bullets and ran f

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Don't Suffer From Piles

Sample Package of the Famous Pyramid Pile Treatment Now Offered Free to Prove What It Will Do for You. Pyramid Pile Treatment gives quick relief, stops itching, bleed-ing or protruding piles, hemorrhoids



Daylight Saving Time Abandoned On October 27

Ottawa, Sept. 23 Canada will resume ordinary time at 2 a. m. Sunday, October 27. All clocks will at that hour be put back sixty minutes.

Canada Adopts

Ottawa, Sept. 23—Canada has adopted the Allied war loaf. Twenty per cent. substitutes must be used with wheat flour. Announcing this policy, an official

full consideration of the matter, has adopted the policy of the allied food controllers' resolution, so far as wheat products are concerned, and will use the allied loaf. This means that twenty per cent. of substitutes must be used with wheat flour. The government heartily approves this policy. While the crops in Europe and the United States have been considering everything, excellent, this year, and while there is a suffi-

IBSEN PLAY AT THE INTESTINAL IMPERIAL THEATRE

Elsie Ferguson in Difficult Role

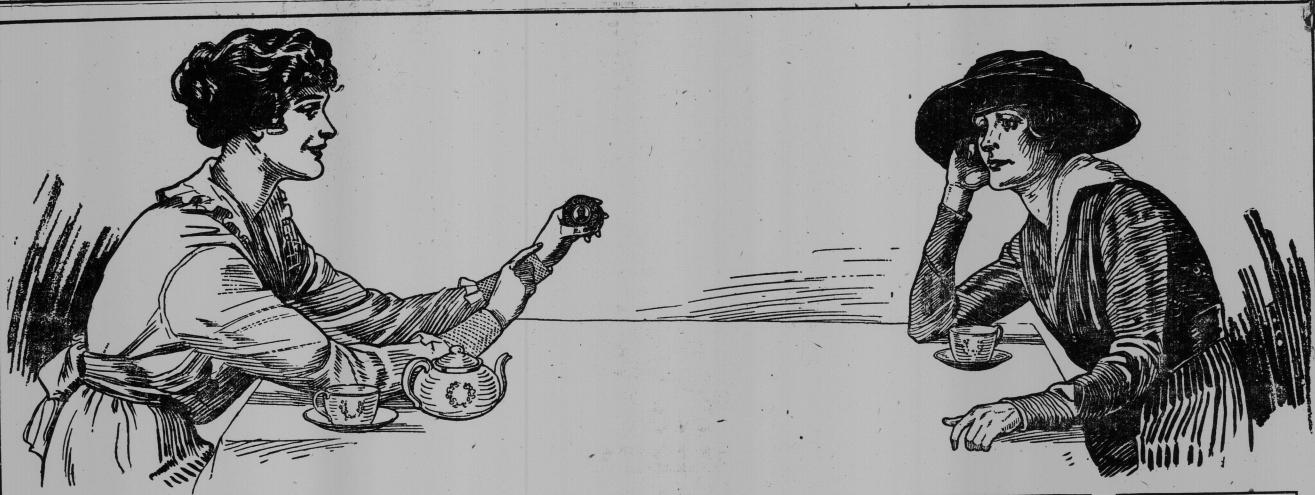
Which lests Her Ability to Its

Fullest, Holds Audience Spell-

"Fruit-a-tives" Quickly Relieved This

THE LATEST

or scald is by the Zam-Buk process. Zam-Buk contains herbal ingredients that literally grow new skin How much safer, simpler and cheaper than the old method, which



BELLEVILLE

Mrs. A. Lott, 49 Grier street, Belleville. Ont., writes: "About nine so bad that my arms and shoulders had to be bandaged, and sometimes my friends had difficulty keeping me in bed. One time I went to the me in bed. One time I went to the hospital to see my sister, and while there became so nervous that my arms and feet had to be bandaged and I had to be brought home. Through reading of it in the Receipt Book, I was induced to use Dr. Chase's Nerve Food, and after taking several boxes I began to recover and get stronger, and now feel perfectly well. I am very pleased to recommend Dr. Chase's Nerve Food to all my friends."

BRANTFORD

Mrs. A. North, Grand street north, Brantford, Ont., writes: "Both my husband and I can speak very highly of Dr. Chase's Nerve Food, having husband suffered from weakness and a rundown system, and became so had he finally had to give up work. He also had spells of melanwork. He also had spenis of hietarcholia. He commenced using Dr.
Chase's Nerve Food, and after a
treatment of this medicine I never
saw such a change in anybody. He
is now able to attend to his work,
and is enjoying splendid health.
"Before I started taking Dr.
Chase's Nerve Food I was troubled

with nervousness, sleeplessness and a pain around the heart. The Nerve Food built up my system, made me feel stronger in every way, and relieved me of the annoying symptoms from which I had suffered. We always keep Dr. Chase's Nerve Food in the house ready for use in case they are needed."

PETERBORO'

Mrs. C. French, 104 Lansdowne street, Peterboro', Ont., writes: "I was troubled with nervousness, sleeplessness, frequent headaches and indigestion. For many years I was troubled with a twitching or fidgety feeling about my limbs after fidgety feeling about my limbs after retiring, causing me much loss of sleep. If wakened up out of my first sleep, even had I been asleep for only five minutes, I would lie awake for hours and could not get to sleep again. Any sudden noise or a door slamming would set my nerves going, and I would fear that something dreadful was going to happen. I had tried different remedies for this trouble, but without success. A friend asked me one day why I didn't try Dr. Chase's Nerve Food, so I thought I could at least give it a trial. I secured some and commenced using them, and found they benefited me so much that I have taken fully a dozen boxes. My nervousness or fidgety feeling in the liberty to put the particular care power. nervousness or fidgety feeling in the limbs is entirely cured. I can now eat and sleep well. I can recommend Dr. Chase's Nerve Food strongly, and would advise anyone suffering from nervous trouble of any kind to use them according to directions."

How the Good Word is Passed Along

T is over the teacup that women exchange confidences. Not infrequently "Health" is the subject, and this often leads to the discussion of the merits of Dr. Chase's medicines, and more particularly his Nerve Food. The doctor had a fine appreciation of the needs of the feminine system,

More blood—and always more blood—is required in order to make up the periodic loss and to supply the nourishment required to sustain the

and had this in mind when developing this great restorative treatment for

delicate and complicated nervous system. Because no treatment ever seemed to meet this need so nicely as Dr. Chase's Nerve Food, this food cure has attained wide popularity and

There is sure to come times in every woman's life when such restorative, blood-building treatment is required. It is a blessing to know just where to turn for help. Ask your friends about Dr. Chase's Nerve Food, and then give it a chance to build you up with new energy and vitality.

Dr. Chase's Nerve Food

LONDON

Mrs. S. Meathrel, 23 Hyla street, London, Ont., writes: "About a year ago I had a complete collapse from my nerves. I was taken to the hospital for a treatment, but it did not give me much relief. Then I went to the country for a change of air, but after my return home I did not feel much better. I used to have nervous spells, when my limbs would begin to shake, then grow cold, and I would be completely exhausted. I was also troubled with an accumulation of gas on my stomach, which caused palpitation of the heart. At last I decided to try Dr. Chase's Nerve Food, and after I had used them for a while I could see that they were helping me, so I continued using them until. I got well again. I became real strong and healthy, could sleep well at night, and was able to do my own housework. As I got stronger, the nervous spells disappeared, and I have not had one since."

WOODSTOCK

Mrs. Lydia Mackay, 285 Hunter street, Woodstock, Ont., writes: "I suffered from a weak and rundown condition of the system. I also had severe headaches. I got some of Dr. Chase's Nerve Food, took a good treatment of this medicine, and the results were most satisfactory. treatment of this medicine, and the results were most satisfactory. I feel much stronger now, have got rid of the headaches, and am able to do my own work without any difficulty. I have recommended the Nerve Food to many of my friends, and would recommend it to anyone suffering from nervousness of any kind."

GALT, ONT.

street, Galt, Ont., writes: "I was very ill with anaemia, could not sleep at night, and my appetite seemed entirely gone. I suffered in seemed entirely gone. I suffered in this way for nearly three years, and had treatment from two doctors in Toronto, where I was living at the time, but did not get any relief. I became completely run down, and as I did not see any immediate hopes of getting better, I went back to live with my mother in Galt. I thought perhaps the change of air might do me good. My mother saw that I was in a bad state, because my nerves were affected, and everywhere I went I used to take dizzy and fainting spells. My hands and limbs would become numb, I would see black specks before my eyes, and cold perspiration would come out on me. My mother had been taking Dr. Chase's Nerve Food with excellent results, and she advised me to do the same. But it is hard for me to take pills, so I went to a doctor in Galt instead. However, his treatment did me no good, so I at last decided to follow mother's advice. I began taking Dr. Chase's Nerve Food, and gradually found myself getting better. I soon was able to sleep at night without any difficulty, my appetite came back, and I began to gain back my natural color. After taking about twelve boxes of this medicine I was able to return to my work in Toronto. My friends there all noticed the improvement in my condition, and I am now stronger and healthier than I have been for a long, long time." this way for nearly three years, and