FIRE PROTECTION AND WATER RID STOMACH OF SUPPLY SYSTEM INADEQUATE

Reports of Experts Furnish Startling Revelations Regarding Local Conditions

Sweeping Reforms Recommended by Engineers of National Board of Underwriters as Result of Thorough Survey of Civic Systems—First Survey of This Nature in Any Canadian City

ed in the report of the group of experts action."

Detailed consideration is given to con Detailed consideration is given to con Detailed consideration is given to con Detailed consideration. who recently made a survey of the water supply and fire protection facilities of this city. They give praise where praise is due but do not hesitate to lay bare conditions which would seem to demand the correct attention. where praise is due but do not hesitate where supply from the principal mercantile district, sours and forms gas; causes headache, duzines and nausea; cruetations of acid and undigested food—remember as soon and undigested food—remember aso

GASES, SOURNESS, AND INDIGESTION

"Pape's Diapepsin' Ends all Stomach Distress in Five

You don't want a slow remedy when our stomach is bad—or an uncertain ne—or a harmful one—your stomach too valuable; you mustn't injure it

Reasons for His Depressions

Teutons Did Not Want the Boers

Letters Published Cool Pro-German Ardor

In German East Africa

Captured Archives Show Governor Discriminated Against Those Already There

s too valuable; you mustn't injure it with drastic drugs.

Pape's Diapepsin is noted for its speed in giving relief; its harmlessness; its certain unfailing action in regulating sick sour, gassy stomachs. Its millions of cures in indigestion, dyspepsia, gastritis and other stomach trouble has made it famous the world over.

Keep this perfect stomach doctor in your home—keep it handy—get a large fifty-cent case from any drug store, and then if anyone should eat something which doesn't agree with them; if what they eat lays like lead, ferments and sours and forms gas; causes headache, dizziness and nausea; erustations of acid and undigested food—remember as soon as Pape's Diapepsin comes in contact with the stomach all such distress vanishes. Its promptness, certainty and ease in overcoming the worst stomach disorders is a revelation to those who try it.

COMBINED IN ONE answered: "Are you and van der Merwe going

You must not confuse this food cure with drugs taken to produce sleep, for it works in an entirely different way. It is not a quick relief, but a restorative, upbuilding treatment. As the nerves are revitalized sleep comes naturally with its soothing influence and hastens recovery.

Sleeplessness

WE can live without food, but not without sleep.

Many will recall Dr. Te-

without sleep and retain their reason.

ties of the day, is replaced.

Many will recall Dr. Tanner's 40 days without food, but who could live a single week

It is during sleep that the nervous system is re-

Sleeplessness is one of the first and one of the

With sleeplessness you find nervous headaches, tired, wornout feelings, indigestion, lack of energy and strength. You are nervous and irritable, and

The nerve force in the body is at low ebb, and the feeble, wasted nerve cells must be nourished back to health and strength by such treatment as Dr.

stored, and the nerve force, consumed by the activia

most torturing symptoms of nervous exhaustion.

cannot compose yourself to rest or sleep.

Mrs. Edson Brock, Trenholmville, Que., writes:—"I want to state that I have never taken anything to do me so much good as Dr. Chase's Nerve Food, and I am never without it in the house. I was so nervous I could not sleep, but now I sleep soundly at nights and wake up feeling refreshed and ready for the day's work. I used the Nerve Food for months, and found that it just suits my needs, and has built up the system wonderfully. I know it is Dr. Chase's Nerve Food that has brought about the great change in my condition, and I am thankful for it."

Dr. Chase's Nerve Food, 50 cents a box, 6 for \$2.50, all dealers, or Edmanson, Bates & Co., Limited,

Do not be talked into accepting a substitute

nsomma



Which Quartered in St. John—
Seven Recruits Yesterday

On Saturday last, at Buckingham Palace, among the Canadian officers invested by the King with honors awarded them for conspicuous or distinguished service at the front, was Major T. Malcolm McAvity, of this city, son of John A. McAvity.

and Kidney Trouble SINCE CHILDHOOD

Plasters and liniments will not cure
the kidneys, for they cannot get to the
seat of the trouble, but Doan's Kidney
Pills do, and the reason for this is that
they are a remedy for all kinding and
bladder troubles only.

Miss Mary M. Lancup, St. Kidore,
Quebec, writes: "Since my childhood I
have suffered very much from pain in the
back and kidney trouble. I have used
several remedies but nothing did me any
good. A friend advised me to take
Doan's Kidney Pills so I tried a box and
before I had finished it I felt relief. I
took three more boxes and am completes commission of the fact that many soft expects advise the use of as concern has good expects advise the use of as concern has good expects advise the use of as concern has good expects advise the use of as concern has good expects advise the use of as concern has good expects advise the use of as concern has good expects advise the use of as concern has good expects advise the use of as several expects and devised a club, which can be used in-stead of any five different sticks. This club is equipped with an adjustable head as the properties of the interview about the control of the interview about the control and devised a club, which can be used in stead of any five different sticks. This club is equipped with an adjustable head is equipped

Children Thrive on Grape-Nuts

This delicious food is made from whole wheat and malted barley - scientifically baked many hours to a high degree of

It provides, in concentrated form, the elements of nourishment so necessary for building active, growing bodies and brains, and the kiddies really like Grape-Nutsthey need no urging.

Every table should have its daily ration of Grape-Nuts-

"There's a Reason"

Made in Canada

Canadian Postum Cereal Co., Ltd; Windsor, Ont

John's party." "It's too late now, father," said Edward, gloomily, "I licked him today so he wouldn't invite me." REDROSE TEA "is good tea" Friend—Wot's wrong, Bill? The Misanthrope—Wrong! I lorst a bloomin' bet, 'ad to stand drinks, got a bad 'arf-crown in me change, and then