

descend from heaven to earth for my sake, seeking me in all the ways, wherein I had lost myself. With Thy humanity Thou didst ennoble my nature, and by Thy bonds didst deliver me from bondage. Thou didst challenge me from the power of the devil, by delivering Thyself into the hands of sinners, and didst destroy sin, by taking upon Thee the form of a sinner. With what reverence shall I speak of that other blessed Sacrament, which Thou also, O Lord, hast instituted and ordained for a remedy of all the miseries which have befallen me, and the many sins I have committed since my baptism, and for a salve and cure for all my spiritual diseases, even the Sacrament of Thy most precious Body and Blood! And as Thou hast bestowed upon me all these divine and heavenly blessings: so likewise, in plentiful manner, hast Thou heaped upon me temporal favours. Thou hast from my birth to this hour, preserved.