

date or the city as cheques bearing this information cannot be negotiated by the Cuban authorities.

Cuban Pesos: It is unlikely that you will need to buy pesos as virtually all of your expenses (shopping, restaurants etc.) will be in hard currency (U.S. or Canadian dollars). Pesos can, however, be purchased at the hotel — a peso is worth approximately \$1.90 Cdn. (March 1984). A currency exchange slip will be issued to you if you purchase pesos. However, even with this slip, only \$10 in pesos per person can be exchanged back into hard currency upon leaving Cuba. It is recommended that you do not purchase pesos. Tipping is not required, although it is acceptable to have a nominal tip at restaurants. Also, a pack of cigarettes is gratefully accepted for special services provided.

Health Regulations

For Canadian visitors who have not been out of North America during a 30-day period prior to their trip to Havana, there are no special health regulations in effect. In all other cases, you should consult the nearest Cuban Consulate or the Cuban Embassy in Ottawa.

Hotels

Your hotel reservations will normally be made by the Cuban empresa responsible for your visit. Most business visitors are booked into one of the following hotels: Riviera, Capri, Havana Libre, Nacional.

Internal Travel and Taxis

All internal travel arrangements will be made for you by your host empresa. There are no official restrictions on travel in Cuba. Cars can be rented, with preferably one day's notice, from the Empresa HAVANAUTOS or from the state-owned taxi fleet identified with the sign TURISMO on each of the front doors. Payment is in hard currency and arrangements can be made through your hotel. Taxis are usually available in front of major hotels but otherwise they are difficult to obtain and almost impossible to flag down.

Hours of Business

Cuban government offices are open from 8:30 a.m. to 12:30 p.m. and from 1:30 p.m. to 5:30 p.m. Monday to Friday and every other Saturday. Business visitors usually find that they are picked up at their hotel between 9:00 and 9:30 a.m. for meetings at 10:00 a.m. Luncheon is usually from 12:30 to 2:30 p.m. and afternoon meetings start at about 3:00 p.m. Dinner will usually be at 8:00 or 9:00 p.m.