

# Delicious Drink

Horsford's Acid Phosphate

with water and sugar only, makes a delicious, healthful and invigorating drink.

Allays the thirst, aids digestion, and relieves the lassitude so common in midsummer.

Dr. M. H. Henry, New York, says: "When completely tired out by prolonged wakefulness and overwork, it is of the greatest value to me. As a beverage it possesses charms beyond anything I know of in the form of medicine."

Descriptive pamphlet free.

Rumford Chemical Works, Providence, R. I.

Beware of Substitutes and Imitations.

## A Protection for the Estate

"While the free breezes are blowing things your way, while success follows success, and everything promises a golden harvest, then is it eminently proper time for you to barrel up some of your luck or enterprise, and insurance affords the means.

"Sentimentally, many men are disposed towards life insurance kindly, but they don't attend to it. The result is the same as in the case of those who 'didn't know it was loaded,' that is to say, destructive to others and no self-benefit.

"Putting off insurance is like waiting for a rising river to run by. The longer you wait, the smaller becomes the opportunity to cross." Profit by this suggestion and secure an interview with an agent of that progressive home company, the North American Life. He will show you the best medium of making provision for your dependents. The Compound Investment Policy of the North American is suitable for all classes of insurers—ask him particularly about it, or address Wm. McCabe, Managing Director, Toronto, for full particulars.

The Political Science Quarterly for June is a strong issue, and treats upon important subjects of current interest. The first paper is upon "Federal Railway Regulations," by H. T. Newcomb, followed by the views of Edward Cary on "Party Politics and Finance." Prof. Frank Fetter writes on "The Gold Reserve," and Prof. J. B. Clark on "Free Coinage and Prosperity." Other able papers there are in this number, besides the usual book reviews and record of political events.

## Periodicals.

Harper's Bazar for the 3rd July is a bright issue. Its editorial is entitled "The Fourth," and is followed by papers on "The Fashions," and various articles of interest such as: "Kindergarten Work in Hospitals," "The Cup that Cheers," "Women and Men," "The Outdoor Women," "A Panacea," etc., besides the usual fiction, poems, and attractive illustrations.

Among the contents of the St. Nicholas for July which are as interesting and varied, as usual, are: "Owney's Trip Around the World," by Charles Frederick Holder; "Toby Hinkle, Patriot," by Pauline Wesley; "Gunpowder," by Lieut. John M. Ellicott, U.S.N.; "A Story of Admiral Farragut," by Charles H. Bodder; "A School for Firemen," by Charles Thaxter Hill, besides further instalments of the serial stories, poetry, "The Letter Box," "Riddle Box," etc.

The Methodist Magazine and Review for July is full of good articles among which are: "Every day in Bible Lands"; "Our Indian Empire"; "The Life and Work of Emerson"; "Dalmatia and its Memories"; "The Religious Element in Education"; "Michael Faraday"; "Anglo-Saxon Supremacy"; "God's Glory in the Heavens"; "The Menonites of Manitoba"; "Hiram Golf's Religion"; "The Hand on the Helm"; "What Should Ministers Preach"; "For Peace and Brotherhood," and the usual book notices, Religious Intelligence, etc.

The July Arena contains a very striking and suggestive paper by the editor, B. O. Flower, entitled "The General Discontent of American Wealth Creators as Illustrated in Current Cartoons." Those who wish to make themselves acquainted with the condition of the industrial population of the United States and the causes which have produced this condition, should not miss reading Mr. Flower's paper. It contains many illustrations which tell their own story in a most convincing way. In the same number Anna E. U. Hilles discusses in an interesting manner, in a paper entitled "Woman in Society To-day," woman's status in society at the present time, her enlarged opportunities for active work and the excellent use she is making of those opportunities. Besides these there is a number of other papers of current interest.

The July number of the North American Review commences with a paper on "The Declaration of Independence in the Light of Modern Criticism," by Prof. Moses Coit Tyler, of Cornell University. "After the Coronation at Moscow" is the title of an article by Karl Blind, who discusses the future home and foreign policy of the newly crowned Russian Czar, and "Some International Delusions" are described by the Rev. Dr. Francis E. Clark, President of the United Society of Christian Endeavour. W. E. Smythe, Chairman of the National Executive Committee of the National Irrigation Congress, writes of "The Stepchild of the Republic," while the Hon. Charles W. Stone advocates his scheme for "A Common Coinage for all Nations." An important contribution to the literature of the day is an essay on "The Teacher's Duty to the Pupil," by his Eminence, Cardinal Gibbons. A consideration of the "Right of Privacy" is presented by John Gilmer Speed, and M. Romero, the Mexican Minister to the United States, furnishes a review of the differences existing between "Criminal Jurisprudence, Roman and Anglo-Saxon." The late General John Gibbon, U.S.A., asserts "Why Women should Have the Ballot," and the Hon. R. B. Mahany in "Sound Money the Safeguard of Labour" depicts the evils which free and unlimited coinage of silver would entail upon the American workingmen. Max O'Rell piquantly discourses upon "Petticoat Government," and comments on the subject are given by Mrs. Harriet Prescott Spofford and Mrs. Margaret Bottome, President of the International Order of King's Daughters and Sons. Other topics dealt with are: "Storm Tracks," by F. L. Oswald; "A President of No Importance," W. B. McCracken; "The Necessity of Limiting Railway Competition," by H. T. Newcomb, and "American Diplomats in Europe," by H. C. Chatfield-Taylor.

## Rheumatism's Victims.

AFTER SPASMODIC EFFORTS FOR A CURE  
USUALLY GIVE UP.

There is One Medicine That Has Cured Thousands After Other Medicines Had Failed  
—A Released Sufferer Adds His Strong Endorsation of This Wonderful Remedy.

From the Trenton Courier

What an innocent sounding name has rheumatism, and yet how terrible a reality to the thousands who suffer with it. Doctors agree that rheumatism results from poison of and deposits in the blood, but as to just how they can be reached and eradicated, it would seem that their knowledge fails. The usual treatment is a long series of medicines which may give temporary relief, but do not cure, and then the patient usually gives up, thinking that there is no medicine that will cure him. This is a mistake. Rheumatism is not not a necessary evil, and because one is growing old it is not imperative that one should accept rheumatism as a natural accessory to advancing years.

There is a remedy for rheumatism despite the general belief that it cannot be cured—a remedy that has cured thousands of the most severe cases. A noted instance of the truth of this assertion, which has just come to the knowledge of the editor of the Courier, is the case of Robert Francis, Esq., formerly of Trenton, now retired from business in Rat Portage, Ont., and still residing there. He has been a victim of rheumatism for over three years. Last winter he visited his friends in Trenton and was then contemplating a visit to the south in search of relief from his constant foe. He had to use a staff in walking and went at a slow pace. This Christmas he was here again on a visit to his friends, smart and erect and without the stick or the sorrowful look of a year ago. His friends and acquaintances all accost him as a new man, and congratulate him on his healthy, fresh and active appearance in contrast with a year ago. He has cheerfully and gratefully given the following statement of his efforts after a cure: "My home is at Rat Portage, Ont., where for years I was engaged in business and where I still reside. For three years I have been a great sufferer from rheumatism. I tried several highly recommended remedies to no purpose, as I continued to grow worse till it was difficult for me to walk. I was for thirteen weeks confined to my bed at home and in the Winnipeg hospital. I was then induced to try the Mount Clement Springs. I took six courses of baths or twenty-one baths each without any seemingly beneficial result. I read of several cures in the Courier from Dr. Williams' Pink Pills for Pale People, and friends who used them with benefit to themselves urged me to try them. I did so and after a short time I felt an improvement in my condition. I have taken twelve boxes in all and my improvement has been continuous and satisfactory, so that I need the cane no longer and I have increased my weight from 140 pounds to 175 by the use of Pink Pills. I am not entirely free from rheumatism but I am a new man, one thousand per cent. better than I was a year ago and I attribute my health entirely to Dr. Williams' Pink Pills."

Dr. Williams' Pink Pills strike at the root of the disease, driving it from the system and restoring the patient to health and strength. In cases of paralysis, spinal troubles, locomotor ataxia, sciatica, rheumatism, erysipelas, scrofulous troubles, etc., these pills are superior to all other treatment. They are also a specific for the troubles which make the lives of so many women a burden, and speedily restore the rich glow of health to pale and sallow cheeks. Men broken down by overwork, worry or excesses, will find in Pink Pills a certain cure. Sold by all dealers or sent by mail postpaid, at 50c. a box or six boxes for \$2.50, by addressing the Dr. Williams' Medicine Company, Brockville, Ont., or Schenectady, N. Y. Beware of imitations and substitutes alleged to be "just as good."

Cassell & Co. have in preparation a new "Illustrated Guide to London," which will be fully illustrated and sell for sixpence.