

in the form of a bill. The Government was anxious that this matter should be taken, as well as to suggest a reorganization of the medical boards of health. He desired that Mr. Downey should withdraw his bill for this session, with the understanding that the whole matter be referred to the Provincial Board of Health, who will take it up actually with a view to informing the Government as to what should be done.

Mr. Downey agreed to the suggestion and formally withdrew his bill.

Mr. Downey in making the statement, that only one municipality had taken advantage of the Sanatoria Act of 1900, overlooked the important and successful work that has been carried out in Muskoka by the National Sanitarium Association within a period of ten years. Over twenty-three hundred pat-

ients have been treated, with gratifying results, in these two Muskoka homes.

Again there is the work of the Toronto Free Hospital for Consumptives directed by a separate board of trustees. Fifty thousand dollars has already been expended in equipment, including the \$4,000 grant from the Government, provided for under the statute referred to by Mr. Downey. And at the present time further buildings totalling \$30,000 are in course of construction. In this institution, opened to receive patients in September 1904, over four hundred in the advanced and far advanced stages of Consumption have received treatment.

Patients in the Muskoka institutions are admitted from all parts of the Province, and the matter of ability or inability to pay is not a barrier to admission.

## Dinner-Table Dissipation

**P**ROBABLY comparatively few of those who are addicted to harmful and vicious dissipation at the dinner-table are really aware of the fact that they might properly be charged with gluttony. Gluttony is eating for the pleasure of eating, without regard to the taking of food to satisfy the necessities of the body or to preserve life. The question with the vast multitude of people in civilized lands is not, "Do I need to eat?" but, "Can I eat?" It is not, "Does my blood need nutrient material to nourish it?" "Do my muscles need material with which to support the demands made upon them for energy?" "Do my nerves need recreation, or a supply of material from

which the nerve cells may be provided with energy?" "Does this ever-consuming fire within my body need fuel to maintain animal heat?" The more common question is, "Can I obtain pleasure from the taking of food?"

Nature usually employs a sufficient safeguard against repletion by taking away the appetite when an excessive amount of food has been ingested. Man, however contrives to circumvent nature, and refuses to take the hint that no more food is needed, by creating an artificial appetite by the use of mustard, pepper, pepper-sauce, and various other condiments, and by stimulating the palate by means of highly seasoned dishes and palate-tickling combinations in great variety.

### A SENTIMENT

There shall never be one lost good! What was, shall live as before;  
All we have willed or hoped or dreamed of good, shall exist;

Not its semblance, but itself; no beauty, nor good, nor power,  
Whose voice has gone forth, but each survives for the melodist,

When eternity affirms the conceptions of an hour.  
The high that proved too high, the heroic for earth too hard,

The passion that left the ground to lose itself in the sky,  
Are music sent up to God by the lover and the bard;

Enough that He heard it once; we shall hear it by and by.

*Browning*