

condensing and preserving foods. In the article on foods that are required for special conditions the author takes up food in its relation to age, individual size, body weight, sex, diet and heredity, diet and race, and climate and season. Proper attention is paid to the subject of digestion and the conditions which especially affect it. The author considers the general relations of food to special diseases; those that are caused by dietetic errors and the administration of food for the sick, giving the necessary rules as to method, time, etc. Dietetic treatment in fever in general is followed by instructions for diet in specified diseases, with lists of food suitable for the patient in certain stages of the disease, as in the infectious fevers and other acute affections.

The work gives much evidence of careful and intelligent observation on the part of the author, and will, the publishers believe, be found to fill a field heretofore practically unoccupied. It is a book which will be found to be of great assistance to the practitioner in the dietetic treatment of diseases that are influenced by proper feeding, invaluable to the trained nurse in hospital and private nursing, and of inestimable service as a guide in the administration of proper food to infants and invalids in the home.

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INTELLECTUAL DETACHMENT.—In the *Nineteenth Century* for July, Sir Herbert Maxwell relates the following: "The outspoken ways and caustic sayings of Dr. Jephson, of Leamington, celebrated in the forties and fifties, have furnished the kernel of many anecdotes. One day he was called on by one whom Brantome would have called *une grande dame de par le monde*, the Marchioness of ——. Having listened to a description of her malady, the oracle pronounced judgment: 'An egg and a cup of tea for breakfast, then walk for two hours; a slice of cold beef and half a glass of Madeira for luncheon, then walk again for two hours; fish (except salmon) and a cutlet or wing of fowl for dinner, with a single glass of Madeira or claret; to bed at ten and rise at six, etc. No carriage exercise, please.' 'But, doctor,' she exclaimed at last, thinking he was mistaken in his visitor, 'pray do you know who I am? Do you know ahem!—my position?' 'Perfectly, madame,' was the reply. 'I am prescribing for an old woman with a deranged stomach.' From this it is clear that it behooved this exalted lady to cultivate detachment as the preliminary to a return to health; to regulate her life without any reference to her rank in the peerage, her station in society, or the number of carriage horses in her stable.—*Boston Medical and Surgical Journal*.

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DR. WILSON has removed from Richmond Hill to College street, in this city.