

*Home Treatment.*—Can treatment of tuberculosis be carried out at home? Yes, in many cases, if the patient be intelligent and willing to submit to regulations and friends are willing and able to provide the means. For the patient's sake, leaving out the public, it is apparent, however, that consumptives must not continue to work indoors. It may be hard to arrange, but a life is at stake. If then the patient remains at home, she may find light employment in rooms, bright and fresh, and hope for time and care to assist in recovery. But if, as is commonly the case, the disease is not diagnosed till fever is present, it is evident that active measures are demanded. At once then the patient may in a balcony on the south side of any house live in the pure condensed oxygen of our winter days, and exposed to the sunshine and wrapped in flannels and furs, breath such an amount of oxygen that reconstruction of tissue by increased food may be fairly expected to follow. If men engaged indoors become infected, then a similar rest cure till the fever is reduced and strength increased must be instituted, after which we may find it possible to engage in light work in the outer air, and recover health.

Sleeping in tents in the open is equally effective, and in doubled-walled tents I have had hundreds of persons, smallpox patients, live comfortably at 20 degrees below zero.

*Treatment in Sanatoria.*—It is evident, however, that for poor persons, removal from home surroundings for a time would be better, and hence within recent years sanatoria, or health Homes, have been instituted in different places, where under wise medical supervision patients are instructed in every thing likely to promote health. First, they are removed from the danger of infecting those at home; the varieties of type in the disease may be studied, the digestion corrected, the amount and kind of food regulated, and education in the many details of daily habits carried on.

*Climatic Treatment.*—But after what has been said regarding differences of climate, it is only natural to suppose that certain places where the air is pure and cold, exposed to no great changes as regards moisture and temperature, would seem to provide conditions especially favorable to cure. We have in Canada three distinct types of climates, which, for reasons already stated, appear to me to possess superior advantages.

They are, first, the great Laurentide areas of Quebec and Ontario, where in winter, the climate if cold is equable, the atmosphere, owing to the forests, free from great changes, while the air, ozonized by the evergreen forests, supplies for