

DOCTORS DID NOT HELP HER

But Lydia E. Pinkham's Vegetable Compound Restored Mrs. Bradley's Health— Her Own Statement.

Winnipeg, Canada. — "Eleven years ago I went to the Victoria Hospital, Montreal, suffering with a growth. The doctors said it was a tumor and could not be removed as it would cause instant death. They found that my organs were affected, and said I could not live more than six months in the condition I was in. "After I came home I saw your advertisement in the paper, and commenced taking Lydia E. Pinkham's Vegetable Compound. I took it constantly for two years, and still take it at times, and both my husband and myself claim that it was the means of saving my life. I highly recommend it to suffering women."—Mrs. ORILLA BRADLEY, 284 Johnson Ave., Winnipeg, Manitoba, Can.



Why will women take chances or drag out a sickly, half-hearted existence, missing their three-fourths of the joy of living, when they can find health in Lydia E. Pinkham's Vegetable Compound? For thirty years it has been the standard remedy for female ills, and has restored the health of thousands of women who have been troubled with such ailments as displacements, inflammation, ulceration, tumors, irregularities, etc.

If you want special advice write to Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass. Your letter will be opened, read and answered by a woman, and held in strict confidence.

Guide-Advocate Watford, Ont.

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HARRIS & CO. PROPRIETORS

Guide-Advocate HARRIS & CO. PROPRIETORS WATFORD, APRIL 16, 1915.

NOTE AND COMMENT

The manufacture of denatured alcohol from potatoes may result from investigation being made by the Regina Board of Trade at the present time.

The crew of the German submarine which sank the Falaba are reported to have jeered and laughed as they watched the futile efforts of their victims to save themselves from drowning. Perhaps, though, their laugh is not the last one.

Rochester Post-Express:—If the women of America would only look to Queen Mary now, how much of toil and trouble of money and heart-burnings they might save themselves. She seems to be wise and womanly, always conventional and considerate of those who accept her as their model.

He may wear a greasy hat and the seat of his trousers may be shiny, but, says an expert, if a man's children have their noses flattened against the window pane a half hour before he is due home to supper—or dinner if you want to put it that way—you can trust him with anything you have. He is all right.

The Wall Street Journal declares that the great stroke planned by the Germans for a quarter of a century has failed. "The numerous plans which were to stagger humanity" have only done so in the sense that humanity has been appalled by their murderous fertility. The Journal believes that Austria is on its last

leas, and that the subjection of the Germans is in sight also, though perhaps only to be achieved, by several months more of costly warfare.

A party of our officers had an extraordinary escape on this day. They were on the point of sitting down to dinner in a dug-out when a bomb from a German trench mortar landed in their midst. When the smoke and dust of the explosion had cleared away the dinner had completely disappeared, but not a single man was hurt.—British Bye-Witness.

Louis Bond Cherry, of Kansas City, will apply for patents for a process by which, he says, it is possible to market gasoline at a profit for three cents a gallon. Cherry's process is an electro-chemical one, and differs from all others in that he uses nothing in the conversion of oil to gasoline but heat, pressure, natural gas and electricity.

This war will make us a more serious people. It will teach us there is more to live for than business speculation, pleasure, and even the homely joys of life. It will teach us to look back to the history of the past, when our forefathers fought and died to gain for the present generation its liberty, which in turn we must hand down to those who come after.—Sir George Foster.

Mr. Thomas Hoskin, of Grafton, president of the Mutual Fire Underwriters' Association of Ontario, at its annual meeting, said:—"The fire waste in Canada recently is the worst in the whole world. The loss in Canada would pay off the national debt in twenty years. It is seven times as great per capita as it is in Great Britain, and we are paying five times as much for our insurance as they are in Europe."

State of Ohio, City of Toledo, Lucas County.

Frank J. Cheney makes oath that he is senior partner of the firm of F. J. Cheney & Co., doing business in the City of Toledo, County and State aforesaid, and that said firm will pay the sum of ONE HUNDRED DOLLARS for each and every case of Catarrh that cannot be cured by the use of HALL'S CATARRH CURE.

FRANK J. CHENEY, Sworn to before me and subscribed in my presence this 6th day of December, A. D. 1886.

A. W. GLEASON, Notary Public. Hall's Catarrh Cure is taken internally and acts directly upon the blood and mucous surfaces of the system. Send for testimonials, free.

F. J. CHENEY & CO., Toledo, O. Sold by all Druggists, 75c. Take Hall's Family Pills for constipation.

Noblesse Oblige

Lord Kitchener's action, along with the letter of His Majesty King George, will do more to place the dispute about the liquor question on its true basis than anything that has yet been proposed. All the attempts from the pulpit and on moral and ethical grounds have aroused more opposition than sympathy, and the plan of making it a political issue has been ineffective wherever tried. Appeals from the medical point of view have been of little effect, either.

The whole question now enters on a new phase and will be regarded from the standpoint of patriotism, of efficiency, of business interest, and, briefly and chiefly, of national survival. If Great Britain cannot produce enough ammunition and arms during the next year to keep her troops in the field supplied, the cause of the allies may suffer defeat. This is the issue in England to-day.

It will be wiser, as it will be finer and nobler in every way, if the great problem can be solved by voluntary action after the royal example and the example of the ministers of the crown, rather than by compulsion and legislation. There is something in British blood totally averse from constraint. We abhor conscription, and look upon it as a last resort. Much the same idea prevails about prohibition. In a crisis such as the present, it will only be a baser sort who will make it necessary to bring into play any less inspiring principle than that of noblesse oblige.

A Pill That Lightens Life.—To the man who is a victim of indigestion the transaction of business becomes an added misery. He cannot concentrate his mind upon his tasks and loss and vexation attend him. To such a man Parmelee's Vegetable Pills offer relief. A course of treatment, according to directions, will convince him of their great excellence. They are confidently recommended because they will do all that is claimed for them.

The Lord's Bank Account

Those who say that Christianity is not advancing are unformed. The Son of Man, who found no place whereon to lay His head when he walked the earth twenty centuries ago, now has a bank account! It was instituted by the great self-advertising "evangelist," Billy Sunday, who announces that he deposits one-tenth of the "free-will offerings" credited by his admirers, to the credit of the Lord. In Philadelphia the free-will offering is said to have amounted to \$100,000 which, if true, adds \$10,000 to the Lord's credit. "Billy" himself draws the cheques on the account, presumably having been provided with a power-of-attorney for the purpose. Times have changed since the money-changers were driven from the temple. We may yet live to see the Twelve Apostles rated in Bradstreet's.

Don'ts For Parents

Don't tell your child the happiest days he will ever know are his days of childhood. Don't say that with maturity comes cares, and work, and troubles, and fears that make life a burden. If your child comes to you with a trial that is great to him, but to you in the light of your years and experience, is the merest trifle, don't say, "You are very foolish to be troubled by so small a thing," but remember he has but little reason to use, and no experience to guide him, and that for the time his grief "clothes him as a garment," and it is for you with your love and sympathy, to tend it, and bring him sunlight again. It is a great wrong to believe the wild fears, grotesque fancies, and nameless doubts which haunt the minds of children are passing whims. So vivid are these, they often come to use in middle life or old age, and cause us an involuntary shudder. If a child's troubles are usually small, the understanding is smaller. The pitiful gravity with which they attempt to settle weighty questions which their elders often give up as hopeless, demands our most delicate sympathy. Every stage of life has its peculiar trials, and just as surely its own joys. Let us not then so recklessly risk our reputation for wisdom as to point to children and say, "Now, my dear child, is your hey-day. Enjoy it to the full, for the years that are passing on you are full to the brim of care and trial." Say rather, "If the future has great work and responsibilities, so has it proportionate reward." The surest, greatest, happiness of life should come with the full development of mind and heart.

A Practical Hint for the Cook

Good combinations of vegetables to serve with different kinds of meat are suggested by cook, as follows: For roast beef you should provide a green vegetable together with potatoes. Roast pork should be served with hominy and apple sauce and lima beans. Boiled mutton may be accompanied by rice and jelly or some art sauce, peas or turnips. Wild fish there should be potatoes and a green salad. Sweet potatoes are excellent with chicken, and onions and celery are good vegetables to serve with fowl. A good many people have an idea that the reason certain foods should be served together is because some dictator of table etiquette has so dictated. This is a mistaken notion. The combinations are carefully planned with a view to proper nourishment and easy digestion, and it is the duty of every housewife to consider these things when planning her menus.

How to Care for Your Complexion

There is no truer saying than that "beauty is only skin deep." Good features lose their charm under a sallow or blotchy skin and poor features are glorified by a beautiful complexion. A very useful toilet booklet entitled "Your Complexion" has just been issued by Nyal's and contains many helpful health and beauty hints, including proper methods of massage. It can be had for the asking at the Nyal Agency Drug Store and you should call or telephone for it. Among other things it points out is that diet, sleep, ventilation, and a thousand other things we cannot escape are continually warring against our complexions. Get a 25c or 50c jar of Nyal's Face Cream and convince yourself of its cleansing and refreshing and beautifying qualities. It is greaseless, oxygenated and quickly absorbed by the skin, leaves no shine, and gives a pleasant, smooth, cool sensation, quickly removing the irritation produced by wind and weather. All Nyal preparations are justly famous and none more so than Nyal's Face Cream which we unhesitatingly recommend. Call or telephone us for your copy of this book which contains most valuable information.

TAYLOR & SON, Druggists, Watford

Advertisement for Chamberlain's Tablets. Includes illustration of a family and text: "No more Dyspepsia for Us! There isn't a member of the family need suffer from indigestion, sick headaches, biliousness, fermented stomach, etc., if he or she will take Chamberlain's Stomach and Liver Tablets. They cleanse the stomach and bowels and stimulate the liver to healthy activity and tone up the whole system. Take one at night and you're RIGHT in the morning. All druggists, 25c, or by mail from Chamberlain Medicine Company, Toronto, 16 CHAMBERLAIN'S TABLETS"

Seasonable Goods

- Horse Clippers.....\$1.25 to \$8.50
Sweat Pads.....35c to 50c
Cistern Pumps.....\$2.25 to \$3.00
Well Pumps.....\$5.50 to \$20.00
SPADES, SHOVELS, POST AUGERS, DRAIN CLEANERS, GARDEN RAKES, HOES, ETC., AT LOWEST PRICES.

GET OUR PRICES ON BUILDERS' HARDWARE

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Nothing But the Best

IN HOUSE FURNISHINGS we aim to keep the latest and most popular goods in our line. Everything for the Parlor, Bedroom, Dining Room or Kitchen. We are not after Big Profits but aim to supply goods of Elegance, Durability and Good Value. Let us show you our stock. Any article manufactured obtained on short notice.

Agents For MASON & RISCH PIANOS, GRAMAPHONES, STRING INSTRUMENTS, SHEET MUSIC, EDISON RECORDS, &c., and all kinds of repairs.

Our Prices are right, as low as is consistent with reliable goods

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PHONE 31. FINE FURNITURE MUSICAL INSTRUMENTS UNDERTAKERS

TRENOUTH & CO. DEALERS IN

Flour, Oatmeal, Cornmeal, Wheat Kernells, Flaked Wheat and Barley, All Kinds of Feed, Grain, Seeds and Poultry Food.

We Carry a Full Stock of INTERNATIONAL STOCK FOOD FOR HORSES, CATTLE, SHEEP, HOGS AND POULTRY. CALDWELL'S MOLASSES MEAL AND THREE DIFFERENT MAKES OF CELEBRATED CALF MEAL.

ALL KINDS OF GRAIN TAKEN IN EXCHANGE Chopping and Rolling Done While You Wait PHONE 39

Not Feasible

"I've been reading an article on electricity, John," said a woman to her husband, as she laid down a copy of a technical newspaper she had been perusing, and looked over her glasses at her better half. And it appears that before long we'll be able to get pretty well everything we want just by touching a button. "It will never pay here," growled the husband. "You never would be able to get anything in that way." "Why not, John?" growled his wife, the light of battle flashing in her eyes.

"Because nothing on earth would ever make you touch a button. Look at my shirt!"—Answers.

Most infants are infested by worms, which cause great suffering, and if not promptly dealt with may cause constitutional weaknesses difficult to remedy. Miller's Worm Powders will clear the stomach and bowels of worms and will so act upon the system that there will be no recurrence of the trouble. And not only this, but they will repair the injuries to the organs that worms cause and restore them to soundness.

Church Advertis

Churches are doing less ing from the pulpit and more local papers, says the Bow Statesman. This is right, a sacred desk was never into an advertising medium. The ville Daily Ontario editor many sensible things from day and on this question says: Opinions will diffi the propriety of using displa tising for making announce church meeting. But it has the practice of recent years churches to pay the public i informing the people when are to be held and what sub be discussed by the ministe size of type used can me difference in the principle. The newspaper is surely m nified, accurate, and sati than for the pastor himsel come a living bulletin b making all kinds of annou prior to his sermon.

What is Your Diet

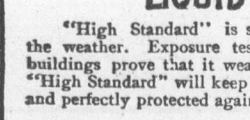
Canadians eat too muc They are one of the three meat eating peoples in the Australia and the United S ing the other two. High meat are coming. The cost as well as its nutritive valu be considered. Fresh vegetables are wh palatable and productive health. Though in direct fo vegetables yield a first i meats, it must not be supp are destitute of those nu which build up the body ti keep the machinery going. be possible, though not desi live exclusively on vegeta. But vegetables, and especia vegetables, are not to be merely from the standpoint tenance—though we asse nowadays they would mak good showing on the ground



Let's Im

"This street has hood improvement." "A few neighb grass and flowers. the whole street wi borhood to live in, w get busy and begin

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There is a Low A good neighborhood is your home outside and inside will follow. Be the first to c As exclusive agents for th neighborhoods. Let us mak making the plans for the bett

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