

## Mrs. H. VON RODEN of LYNDON, KY.

**Recommends Lydia E. Pinkham's Vegetable Compound for Backache, Nervousness, Headaches.**

Lyndon, Ky.—"I have been taking Lydia E. Pinkham's Vegetable Compound for headaches, neuralgia pains, backache, nervousness and a general run down condition of the system, and am entirely relieved of these troubles. I recommend your remedies to my friends and give you permission to publish what I write."

—Mrs. H. VON RODEN, Lyndon, Ky.  
When a woman like Mrs. Von Roden is generous enough to write such a letter as the above for publication, she should at least be given credit for a sincere desire to help other suffering women, for we assure you there is no other reason why she should court such publicity.

**Canadian Woman's Experience:**  
Windsor, Ont.—"The birth of my first child left me a wreck with terrible weak spells, but I am glad to tell you that I do not have those weak spells and I feel like a new woman since taking Lydia E. Pinkham's Vegetable Compound. I am now well and strong and can do my own housework. I do not take medicine of any kind. It was Mrs. ROBERT FAIRBAIRN, 72 Parent Avenue, Windsor, Ontario.



Lydia E. Pinkham's Vegetable Compound that restored me to health."  
—Mrs. ROBERT FAIRBAIRN, 72 Parent Avenue, Windsor, Ontario.

If you want special advice write to Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass. Your letter will be opened, read and answered by a woman and held in strict confidence.

## Guide-Advocate

Watford, Ont.  
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HARRIS & CO.  
PROPRIETORS

## Guide-Advocate

HARRIS & CO. PROPRIETORS.  
WATFORD, MAY 23, 1913.

### The Man Who Pays as He Goes

There's a man who is greeted with anthems of joy, with thunderous plaudits and cheers—the only original curly-haired boy whose'er in our midst he appears; from ocean to ocean, from north unto south, we hail him wherever he grows, and loudly his praises pour forth from each mouth—the fellow who pays as he goes. Wherever he dwells in this beautiful land his home is a scene of content; the first of each month with the bills in his hand he hikes off and settles the rent; no bailiff will enter by force in his door, and hurl him outside by the nose; he's welcome as spring in the grocery store—the fellow who pays as he goes. How proudly erect he can carry his head each day as he walks down the street and passes the shop of the baker of bread, the store of the seller of meat; how happy in sooth is the honest man's lot—how calmly he sips at his brose, how sweet to his taste is his pease porridge hot—the fellow who pays as he goes. There's many a rock of misfortune he'll miss on which other folks will go smash. His plan is a goodly and wise one, I wis—to deal

**Every Woman**  
is interested and should know the new Vaginal Sprays.  
—Does not irritate. It cleanses and disinfects. It is your biggest friend.  
If you cannot supply the MARVEL, except on order, we send them for illustration and directions available to ladies.  
WINDSOR SUPPLY CO.,  
Windsor, Ont. General Agents for Canada.

on a basis of cash. The men who buy aught with the gold of their dreams are laying up troubles and woes; but always the sun of prosperity beams on the fellow who pays as he goes.

### The 100 Years' Peace Celebration

A very notable event is the invitation sent forth as the first act of the representatives of the English-speaking people, now assembled in the United States, to all the nations of the earth to join them in the celebration of their hundred years of peace. They could not have appealed to two more willing agents for the forwarding of this invitation than to Sir Edward Grey and Mr. Bryan. If ever there was a man sighing for days of settled peace, that man is Sir Edward Grey, who for months has been fighting manfully for peace against all the powers of strife, and holding the unenvied position of a sort of umpire between angry disputants. The congress of the powers which has so long been acting as mediator between the nations is an earnest and a foretaste of the day when friendly counsels shall triumph over war.

### Learn to Laugh

A good laugh is better than medicine. Learn how to tell a story. A well told story is a welcome sunbeam in a sick room. The world is too busy to care for ills and sorrows. Learn to keep your own troubles to yourself. Learn to stop croaking. If you cannot see any good in the world, keep the bad to yourself. Learn to hide your pains and aches under pleasant smiles. No one cares whether you have the earache, headache, or rheumatism. Don't cry. Tears do well enough in novels but are out of place in real life. Learn to meet your friends with a smile. A good humored man or woman is always welcome, but the dyspeptic is not wanted anywhere and is a nuisance as well. Above all, give pleasure. You will pass through this world but once. Any good thing, therefore, that you can show to anyone, you had better do it now; do not defer nor neglect it, for you will pass this way again.

### Time Brings Many Changes

Appropos to the death of a large number of papers in recent years, the *Kemptville Advance* says: "A dozen years ago, when boss printers could be hired for six dollars a week, and extensive printing house machinery was not a necessity, little one-town papers flourished. To-day the successful rural newspapers must serve a wider business constituency, and must possess an equipment suited to such service. Country weeklies are dying off in this growing Dominion at the rate of two hundred per annum—this in spite of new towns in our western provinces. The passing of the little village paper is to be deplored; just as was the passing of the village hatter, or shoemaker, or fuller; but it cannot be prevented. Meantime the strength of rich and progressive communities is reflected in such rural weeklies as survive. They are not to be regarded, either, as the last survivors of a passing class of industries, but rather as the fittest survivors of a passing industrial era. The new era will be one of centralization; of consolidated schools; of centralized postal service; of amalgamated telephone service; of co-operative farming and of general business consolidation. The people are bound to be served much better, even if somewhat less picturesquely, in this age."

### NOTE AND COMMENT.

Official figures of the Bulgarian losses in the war, published at Sophia, give the following estimate:—Killed, 300 officers, 29,711 men; wounded, 950 officers, 52,500 men; missing, 3,195.

A motorist who was stopped by a deflated tire in Essex, found a nail in it with a piece of leather attached, whereon was the usual inscription, "Votes for Women."

Foreign missionaries will be pleased to hear that the King of the Cannibal Islands, who was wont to broil them on coals in his evening fire, has passed in his tentacles. His last feast was an old editor who had turned missionary. The ex-editor's cheek proved to be indigestible and

for the first time in his life the king succumbed to the force of circumstances.

About \$600 was spent last year in Windsor in placing oil on the streets. This was largely in the nature of an experiment, but the results were so satisfactory that the board of works proposes to increase the appropriation to \$1,800 for this year. Reports similar to this have been made by nearly every municipality. From a sanitary standpoint oil is recommended in preference to water.

The young woman who keeps her hands white at the expense of her mother, who performs the household duties, is never likely to astonish people with her order and cleanliness when she gets a home of her own. Neither is the young man who depends on his father for the necessities of life and the good clothes which he wears, apt to set a very large portion of the world afire.

Words of kindness do more good than hard speeches, as the sunbeams without any noise, will make a traveler cast off his coat, which all the blustering winds could not do. If we are kind to others, we not only benefit them, but the influence on them is great, and if we cultivate the grace of kindness our own characters grow nobler and better.

### Oil Ran Down Creeks

In a book entitled "Sketches of Creation," by Alexander Winchell, L.L.D., a professor in the University of Michigan, we read the following interesting history of the discovery of oil in Lambton county.

"The amount of oil that has been ejected from certain wells is marvelous to relate. Though Western Pennsylvania has produced numerous flowing wells of wonderful capacity, there is no quarter of the world where the production has attained such prodigious dimensions as in 1862 upon Oil Creek, in the township of Enniskillen, Ontario. The first flowing well was struck there January, 11, 1862, and before October not less than thirty-five wells had commenced to drain a store-house which provident Nature had occupied untold thousands of years in filling for the uses—not for the amusement—of man. There was no use for the oil at that time. The price had fallen to ten cents per barrel. The unprosperous settlers of that wild and wooded region seemed inspired by an intuition. Without an object save the gratification of their curiosity at the unworldly sight of a combustible fluid pouring out of the bosom of the earth, they seemed to vie with each other in plying their hastily and rudely-erected "spring-poles" to work the drill that was almost sure to burst at the depth of a hundred feet, into a prison of petroleum. Some of these wells flowed three hundred and six hundred barrels per day. Others flowed a thousand, two thousand, and three thousand barrels per day. These flowed severally six thousand barrels per day; and the "Black & Mathewson" well flowed seven thousand five hundred barrels per day. Three years later, that oil would have brought ten dollars per barrel in gold. Now its escape was the mere pastime of full-grown boys. It floated on the water of Black Creek to the depth of six inches, and formed a film upon the surface of Lake Erie. At length the stream of oil became ignited, and the column of flame raged down the windings of the creek in a style of such fearful grandeur as to admonish the Canadian squatter of the danger, no less than the intility and wastefulness, of the oleaginous pastimes. From detailed determinations, I have ascertained that, during the spring and summer of 1862, no less than five millions of barrels of oil floated off upon the water of Black Creek—a national fortune totally wasted, as inherited fortunes are apt to be wasted by those not educated to an understanding of the amount of labor and time consumed in the accumulation of such fortunes."

### Bodies of Four Explorers Found in Ice

Christiania, Norway, May 16.—Death has overtaken Lieut. Schroder-Stranz and four of his companions of his scientific expedition, which became icebound near Spitzbergen while pursuing scientific researches, according to a cablegram received here today from Capt. Straxrad, leader of a Norwegian relief expedition. Two members of the party, Dettmers and Moeser, were drowned; another, Eshard, was frozen to death, and the fourth, Slave, succumbed to illness brought on by exposure.  
Lieut. Schroder-Stranz was reported missing and given up as lost.  
The German expedition under Lieut. Schroder-Stranz was organized last year. It was expected to be away from three to four years, making scientific explorations.  
Lieut. Schroder-Stranz led a research party into Spitzbergen, where they were caught by the Arctic winter. After a time the party managed to get word of its plight to civilization.  
One relief party set out but had to turn back.

Of course, experience is valuable, but nearly every man you meet is willing to swap some for money.  
We once met a woman who was such a slave to fashion that she was even willing to work for the clothes.

## 25 Cents to Stop That Itch

Does it not seem strange that so many people suffer year in and year out with eczema?

A 25 cent bottle of a simple wash stops the itch and will surely convince any patient.

This wash is composed of mild and soothing oil of wintergreen mixed with thymol and glycerine, etc., and known as D.D.D. Prescription. We do not

know how long the D.D.D. Laboratories will continue the 25 cent offer, as the remedy is regularly sold only in \$1.00 bottles and has never before been put on the market in Canada on any special offer.

If you want relief to-night try a bottle at 25 cents on our personal recommendation.  
Taylor & Son, Druggists, Watford.

## MINERVA PAINTS

Cover Better—Wear Longer—Protect—Beautify  
Every can contains Full Imperial Measure. No matter what your painting requirements are

### MINERVA PAINTS

Will give you absolute satisfaction, and the most economical results.

Ask the "Minerva" Agency for descriptive color folders

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HARDWARE, PAINTS, ETC.  
WATFORD

## 2 IN 1 SHOE POLISH

GOOD FOR THE LEATHER  
IN ALL KINDS OF WEATHER

EASY TO USE  
GOOD FOR THE SHOES

## A. D. HONE

### PAINTER and DECORATOR

Specialist in Hand Painted Decorations.

The Best Work at Reasonable Prices. Estimates Furnished

A COMPLETE LINE OF  
Samples of WALL PAPER on Hand.

When you have work in his line let him figure on it.

## SPRING

Housecleaning generally makes it evident that a new piece of Furniture would be an improvement to some room. Let us show you the new patterns. Our stock comprises everything for

Parlor, Dining Room, Bedroom, Library or Kitchen.

Comfort, Elegance, Durability and Value are features that our goods are noted for.

No Big Profits to Pay Here

Our prices are as low as consistent with reliable goods.

MASON & RISCH  
PIANOS, GRAM-APONES, STRING INSTRUMENTS, MUSIC BOOKS, SHEET MUSIC, EDISON RECORDS

NEW & SECOND HAND SEWING MACHINES

REPAIRS FOR SEWING INSTRUMENTS

THE NEW CURTAIN STRETCHER

## HARPER BROS.

PHONE 31  
FINE FURNITURE FUNERAL DIRECTORS

### Do You Know These?

What is that of which the common sort is the best? Sense.  
Enough for one, too much for two and nothing for three; takes one to make and two to keep? A secret.  
Why is a girl not a noun? Because a lass (alas) is an interjection.  
Why are lazy persons' beds too short for them? Because they lie too long in them.  
Why is a kiss like a rumor? Because it goes from mouth to mouth.  
When is it easy to read in the woods? When Dame Autumn turns the leaves.  
Which is the largest turn in the world? Room for improvement.  
Why are the western prairies flat? Because the sun sets on them every evening.  
Why are the laws like the ocean? Because most trouble is caused by the breakers.  
Why are the stars the best astronomers? Because they have studied (studied) the heavens since creation.  
Why is a schoolmistress like the letter "Q"? Because she forms lasses into classes.  
What two words contain all the vowels and in their proper order? Facetious and abstemious.

### Color is Mark of Progress

Linen holds undisputed claims to seniority among textiles, dating back to 5,000 years. Silk comes next, and it is to Siling Chi, the Chinese Empress of twenty-seven centuries ago, that it owes much of its development. Although we have been unable to improve but little in the matter of texture in the intervening ages, we have advanced in the art of dyeing, until to-day, instead of three, there are 15,000 different colors, shades and tints in silk. Color is the mark of human progress. For long ages color was limited to blue, yellow and red, the products of indigo, annatto and madder.

A POWER OF ITS OWN.—Dr. Tho nas' Electric Oil has a subtle power of its own that other oils cannot pretend to, though there are many pretenders. All who have used it know this and keep it by them as the most valuable liniment available. Its uses are innumerable and for many years it has been prized as the leading liniment for man and beast. It

## Children

# CAS

The Kind You Have in use for over 30

Chas. H. Fletcher  
All Counterfeits, Imitations, Experiments that try Infants and Children

### What is

Castoria is a harmless, non-toxic, non-nutritive substance. Its age is long and it always cures Colic, Indigestion, Stomach and Bowel troubles, The Children's Panacea.

GENUINE CASTORIA

Chas. H. Fletcher  
The Kind You Have in Use

Our Lawn Mowers are a full line of Carpenters' NEW PATENT T. DODD

### THE BUSINESS MAN HIS STATIONERY

"Is the Cobbler's Son Well"

The merchant encourages us to buy a good article in preference to a cheap one—without doubt, but how often he learns this lesson himself—especially this noticeable in stationery—stationery and envelopes which through the mail are a disgraceful sender.

We wonder if the merchant understands that his business is often times by the class of stationery he sends out—yes, even by the quality of the paper in the bills he renders—we say there is nothing which poor business men's carelessness and make-up more plainly than the style of the stationery he uses. He advertises his standard—it is clearly to the public what class they may expect at his store.

If the merchant sends out a cheap, shabby, or a public notice, he may expect the same quality of goods.

Just think over the business firms are acquainted with and notice the quality of their stationery.

And Mr. Business-man, think too and see that you do not neglect but very necessary details.

THESE PILLS CURE RHEUMATISM TO THE MAN WHO SUFFER FROM IT. A TRIAL OF PARMELEE'S VEGETABLE TABLETS IS RECOMMENDED. THEY HAVE PRODUCED MORE PLAINLY THAN ANY OTHER REMEDY THE ACTION OF THESE PILLS BY REGULATING THE ACTION OF THE BLOOD AS AN ALTERNATIVE TO THE USE OF ADMIXTURES OF URIC ACID AND BLOOD CAUSES THIS PAINFUL DISORDER. THEY BE TAKEN ACCORDING TO DIRECTIONS AND USED STEADILY AND THEY WILL SPECIFICALLY EVIDENCE THEIR BENEFICIAL EFFECTS.