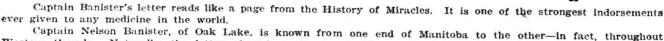
A MIRACLE IN **MANITOBA**

CAPTAIN BANISTER STRICKEN WHILE IN CAMP

HAD TO BE CARRIED TO TRAIN HELPLESS IN BED FOR SIX WEEKS





with all thinking people. OAK LAKE, Man., June 15, 1909. Fully appreciating the great benefits that I have derived from using your wonderful remedy, I feel it is my duty to write you a little history of my case and ask you to publish it, for the good of some others that may be

About two years ago, while in Camp at Brandon with "A" squadron, Twelfth Manitoba Dragoons, I was stricken with Sciatica and Neuralgia of the muscles of the heart. I was so bad that I had to be carried to the train and sent home, and after being again carried from the train to my bed on arrival at Oak Lake, I was forced to stay there six weeks. Doctoring and nursing in time enabled me to get on my feet, but I could do no work, and was almost as helpless as when confined to bed. A sample of "Fruit-a-tives" came to our house about that time and I tried them. Believe me-that from the first dose I experienced great relief and continued taking them until I was as well and strong as ever. This satisfactory change and restoration to health, I attribute wholly to "Fruit-a-tives," and I never

miss a chance to recommend them to my friends and neighbors. Previous to taking "Fruit-a-tives," my heart was examined by doctors, and found to be so weak that it was considered unsafe for me to take chloroform, or any anaesthetic, but since taking "Fruit-a-tives," the heart has become so strong that I was able to have a minor operation on one of my hands, and took chloroform without any ill effects. Today the whole family uses "Fruit-a-tives"; we puchase them from Mr. Graham, our local druggist, keep them in the house all the time, and just simply could not get along without them. They are the best medicine in the

Truly, the days of the miracle have not passed away. When these small fruit tablets can do what physicians, with all their skill, cannot do, it does seem almost miraculous. Yet nothing is more logical and scientific than the medicinal action of "Fruit-a-tives."

are caused by poisoned blood. It is the duty of the Bowels, Kidneys and Skin to rid the system of waste matter, or urea. If any of these organs are weak, the waste matter stays in the system

It is uric acid which poisons the blood and inflames the delicate nerves, membranes and muscles, causing what is known as Rheumatism, Sciatica or Neuralgia.

"Fruit-a-tives" promptly cures these troubles because "Fruit-a-tives" cures the Bowels, Kidneys and Skin. "Fruit-a-tives" makes these three great eliminating organs well and strong. And when the waste of the body is regularly disposed of, there can be no excess of uric acid.

"Fruit-a-tives," as Captain Banister says, "is the best medicine in the world." It is made of fruit juices and valuable nerve and heart tonics, and is pleasant to take. 50 cents a box-6 for \$2.50, or trial box, 25 cents. At dealers, or sent on receipt of price by Fruit-a-tives, Limited, Ottawa.

liberty, or their autonomy, against not to risk one man or one dollar for foreign aggression. She was able to the preservation of British supremacy do so because of all Europe, England on the high seas. I have only to say is the nation which has spent the least to this that this service will not be upon armaments. She extended her compulsory. No one on the other side trade and developed her resources, of the House, no one in any part of and in time of war she was able to assist other nations with her money, which, as we know, is the nerve and will of any one who wishes to risk sinew of war. Napoleon, in a fit of his life for his King. Those who ob-

arguments of those who say that our should engage in war, whose liberty policy is wanting in the duty we will be affected by it? whose right house-boat on the canals of Holland. of the House those who arraign our policy, because, as they say, we sacriland for the interests of the empire. in this country that any man's liberty Marjorie Wood is praised for the hit There are the two extremes sitting will be interfered with, nor his rights which she makes as the aunt, obcheek by jowl, blowing hot and cold. I have endeavored to deal with those who blow hot. with those who blow cold. say that this applies chiefly to Mr. F.
D. Monk, and those who think with him upon this question? The policy is—that these men will fight for the Str Charles

There is nothing peculiarly original

in the thought, "How use doth breed

a habit in a man." It is the manner

in which it is stated that attracts.

From earliest times experience has made men realize that continuous

spontaneous and unconscious. Shakes-

and crystallized it into a sentence

peare has taken this world-old thought

sible to accomplish but little during

ance of forming correct habits, virtu-

ous habits, is self-evident. A habit

once formed is as difficult to break as

it is to make a bent tree grow straight.

acts. Men can become angels or devils. It largely depends on their

former perform their evolutions awk-

wardly, clumsily, self-consciously; the

latter march and turn and wheel with

admirable precision-at the word of command, from habit they obey.

Drill has been necessary to bring them to soldierly perfection. Life is a battle;

to fight to the best advantage drill and

workmen. But some workmen pos

We speak of skill. What after all

discipline are essential.

compels the attention of the

Act. IV., Scene 2.

this navy of ours. It will be the free endangered.

French-Canadians Will Fight. Let me try a word blow cold. Need I descent in that fleet, and if, as God congratulate Charles Frohman on his latest offering. him upon this question? The policy which they have taken in Quebec is that our attitude is at present unnecessary, is a surprise upon the country, that we never had a mandate to carry it on. Have these men been asleep for eight years? Are they Rip Van Winkles?

Sir Charles Wyndham and Miss which and the Empire Theatre, New mond, the other, with Herbert Kelsey and Effice Shannon, plays Indianapolis, was called before the curtain and said that he was glad to be in America again, but that he was even gladder the Apollo Theatre in Atlantic City. On the following Monday, Jan. 31, sine Sir Wilfrid then quoted the paper same rock of Quebec, they fought for that his appearance here was suffused of 1902, in which Canada agreed to ican invasion, and still later on, at with no farewell tears. "Mr. Frohof 1902, in which Canada agreed to take her share in imperial defence military and naval, in accordance with her resources. He continued: This paper has been before Canada for eight years. Canada has progressed to lican invasion, and still later on, at with no farewell tears. "Mr. Froh- following Sir Charles Wyndham in man," he said, "has just given Miss Moore and myself an invitation to come back every season for the next five years, and we have accepted it." Sir Kentucky has given Miss Hattle English, I follow the events without Charles is 73, but as young in his williams and "Defective Sparkes" and we have accepted it." Sir Williams and "Defective S The population has risen any sense of shame or humiliation, step and movements, as well as in warm welcome. Plays with "go" apfrom 5,400,000 to about 7,400,000; the for history attests that my ancestors his heart, as he was half a century peal to that community of sportsmen, revenue, from \$68,000,000 to at least fought with a prowess equal to that ago. He indulges in no talk about especially when acted by players like \$100,000.000. We, therefore, think of their opponents. They lost the "retiring." Mr. Sam Sothern and Miss Williams, who infuse everything \$100,000.000. We, therefore, think of their opponents. They lost the 'retiring." Mr. Sam Sothern and Miss the time has come, as was stated in battle, but they did not lose their in-1902, when we should take a step dependence, their liberty, their rights company which could not well forward, and this is what we are do-ing But, sir, this is not all. They does not set his light upon any people Mollusc" this week at the Empire took another position, that the naval upon the face of the earth enjoying Theatre, and then proceed on the tour service is absolutely unnecessary. Why more liberty than my fellow-country- of the larger cities which Charles do we ask Parliament to vote for this men of French extraction. My last Frohman has laid out for them, exnaval service? It is simply because word to the doubters is that freedom tending to the Pacific Coast. this is a necessity of our position, and is worth fighting for, and worth dying the status we have received as a na-tion. Do these gentlemen forget the tain be lost—and it would be lost if growth of the revenue and population their supremacy on the sea were lost delphia where it was tried out before of Canada? Do they forget that there —and the prosperity of Canada and being brought to the Liberty Theatre. are growing up on the Pacific coast the prosperity of Quebec would be cities fast approaching in strength affected for years, if not forever.

After quoting from speeches by Laftnement and charm, on the beauty of the scenes, the stage pictures and of Arctic Circle? Do they forget that on this occasion, as in the case of

Canada is expanding like a young Lafontaine, we appeal to moderate giant? Are we to be told that under such circumstances we do not require a naval service? Why, sir, you appealed, in a spirit of amity, of

might just as well tell the people of unity, of fraternity. We appeal as they Montreal, with their population of appealed, in the highest conception half a million, that they do not need of the duty which we owe to our country, and to the mother country. But there is something more. The Such is the position of these great position is taken by gentlemen on the other side of the House, speaking in turning this page of the history of Canada.

sinew of war. Napoleon, in a fit of anger, called England "a nation of shop-lect will not have to lift a finger if that fleet is called out. Their part will be simply to enjoy the security, I would desire no better title than also to be called "a nation of shop-lect with a society of the called and better the case, the comfort gained for them leave to lift a finger if that fleet is called out. Their part will be simply to enjoy the security, the ease, the comfort gained for them leave to lift a finger if that fleet is called out. Their part will be simply to enjoy the security, the ease, the comfort gained for them leave for the called "a nation of shop-lect will not have to lift a finger if that fleet is called out. Their part will be simply to enjoy the security, the ease, the comfort gained for them leave for the called "a nation of shop-lect will not have to lift a finger if that fleet is called out. Their part will be simply to enjoy the security, the same fleet is called out. Their part will be simply to enjoy the security, the same fleet is called out. Their part will be simply to enjoy the security, the same fleet is called out. Their part will be simply to enjoy the security, the same fleet is called out. Their part will be simply to enjoy the security, the same fleet is called out. Their part will be simply to enjoy the security, the same fleet is called out. Their part will be simply to enjoy the security, the same fleet is called out. Their part will be simply to enjoy the security, the same fleet is called out. Their part will be simply to enjoy the security, the same fleet is called out. Their part will be simply to enjoy the security, the same fleet is called out. Their part will be simply to enjoy the security, the same fleet is called out. Their part will be simply to enjoy the security, the same fleet is called out. Their part will be simply to enjoy the security, the same fleet is called out. Their part will be simply to enjoy the security, the same fleet is called out. Their part will be sim also to be called "a nation of shopkeepers," and to be able to supply the
sinews of war.

To Those Who Blow Cold.

The ease, the comfort gained for the and better and better and better author of "Mrs. Wiggs of the Cabbage author of "Mrs. Wiggs of the Cabbage author of "Mrs. Wiggs of the Cabbage author of "Mrs. Using before the curtain fell there was no doubt that he had sethere was no doubt that he had se-I have endeavored to meet the of Parliament that this navy of ours the reguments of those who say that our should engage in war. whose liberty owe to England as part of the empire. jeopardized? This is a constitutional offers a brilliant medium for his unique offers about there are also on the other side country, and the majority have the abilities as a comedian. "Fat people engagement on Jan. 29. Constance Colright to speak and to dispose, and it must avoid this farce," says the New lier, Graham Brown and Edwin Arden is the part of the minority to agree York Times, and that seems to have have won new laurels with the powerficed by it the interests of our native and to accept. There is no question been the general verdict of the critics, ful Bernstein play.

Charles Frohman's duck pond was tained by advertisement, and the scenery, costumes and uniform excellin it. At his seven New York theatres lence of the company all are appreciatione had seven full-blown success, seven ed by the metropolitan critics, who eral of them "turning money away."

"The Arcadians" has succeeded New York as completely as in Philabuild a railway to the Hudson Bay; that we have gold mines under the Arctic Circle? Do they forget that on this occasion, as in the Canada is expending to the constitutional speeches by Lafinement and charm, on the beauty of the scenes, the stage pictures and of the women who appear both as principals and in the charm. the shrewdest dramatic writers that the piece with its tuneful delicacy, coming at a time when musical Babbit in the western company comedy has been characterized by banging orchestras and hoarsely belowing singers gains much by the contrast. Ethel Cadman, Julia Sanderson and Audrey Maple all receive praise ated on all sides upon having at one time the two greatest musical comedy successes seen in years. The other, of course, is "The Dollar Princess."

treating California to "Father and the only \$15 a week.

"Refrain," he says, "and that shall Maude Adams will play "What Every Woman Knows," at the Broadway Theatre, Brooklyn.

> The long-heralded opening of Miss Billie Burke in the Maugham comedy, "Mrs. Dot," took place at the Lyceum Theatre Jan. 24.

Kyrle Bellew with his successful The drunkard is the offspring of play, "The Builder of Bridges," by the use." Frequent practice has become author of "The Walls of Jericho," is

The senior class of the Yale Shef-

full last week, and not a lame duck Charles Frohman's two "Thief" com-

panies on Jan. 29 will both be playing

On the following Monday, Jan. 31, she goes to the Empire Theatre, New York.

they act with their own life and viva-

Facts Not Generally Known

Christy in support of Robert Edeson in "A Man's a Man," made her American debut with Mrs. Fiske at Harrisburg. Pa., and her London debut at the Ageiphi Theatre in "The Heart of Maryland."

note of the Four."

That Diana Huneker, who plays Mrs. "The Travelling Salesman," made her debut on the stage with Grace George in Channing Pollock's play, "Clothes.

That Resalind Coghlan, who plays for their acting, singing and beauty.

Beth Elliott in "The Travelling SalesPercival Knight, as the sad-faced man" Company C, made her debut on jockey, has scored a great hit and the stage as Elaine in "The Second Charles Frohman is being congratu- Mrs. Tanqueray."

That Robert Edeson, who is starring in "A Man's a Man," once played a summer stock engagement at the Soldiers' Home, Dayton, O., and was glad This week William H. Crane is to get it, even though the salary was

That Frank Keenan, who is starring Paul in the initial production of 'Christian," when it was given at The week of the 24th of January, Empire Theatre, Albany, Friday Sept. 23, 1898.

> That Rose Stahl, who is starring in James Forbes' comedy success, "The Chorus Lady," had her first stage experience at the age of nine. ateur in "The Cantata Leily" her tirst dramatic experience as an amateur in "Arrah-na-Pogue," and her portant engagement as a professional under the management Frohman, in the leading role of Men and Women." She was first seen in "The Chorus Lady" as a vaudeville on June 3, 1904 at Proctor's Fifth Avenue Theatre, New York.

> That Anna Steese Richardson, co. author with H. L. Fridenberg of "A Man's a Man," Robert Edeson's starnewspaper

Western Canada. Naturally, the letter of such a prominent citizen and officer is bound to carry convincing weight

today suffering from the complaint that I am happy to say "Fruit-a-tives" completely cured me of.

NELSON BANISTER (Capt. "A" Squadron, Twelfth Manitoba Dragoons.)

Sciatica, Rheumatism and Neuralgia in any form

and is converted into uric acid.

(Continued From Page Eleven.)

LAURIER'S SPEECH

taking part in such a war as that, if the conditions were the same as then However, if war was now declared be-tween England and Russia, Canada's first duty would be to protect British Columbia from attack on the Pacific. Charged With Treason.

am aware that in expressing the which I now repeat, I shocked many a good Conservative mind. I was ac

heard them in my own province time and time again, and I have heard them ! of treason are easily manufactured.

HIS DAUGHTER KNEW THE RIGHT REMEDY

TO CURE KIDNEY TROUBLE.

know, but Uncle Sam's doctors have not found a cure for serious Kidney When sick folks down there want to get well, they send to Canada Atlantic seaboard, and must divide for Gin Pills. Ball, of Oxford, Ohio, was cured of a sent to such an insignificant navy as bad case of Kidney Disease.

Canada, Mr. Ball wrote of his serious The eleven were to have been four condition. His daughter immediately Bristols, one Boadicea and six destroy- in two boxes of Gin Pills, which ers. Because we have to protect the Mr. Borden that England had subsi- of raw recruits and veterans. The large time and former their evolutions awk-

please send me two boxes of Gin Pills.

My daughter sent me two boxes and I had a bad case and am getting well fast. I find lots of men down here in the same fix that I was in, and I shall to have an armored vessel of the

H. S. BALL. Gin Pills are a product that every more competent authority than

she wanted to force the American an approximate idea until we know colonies to contribute to her arma-exactly the proposition to be made to ment by taxation. The American us. I give these figures as the result people protested, and at last severed of the best inquiry I can make.
the tie which bound them to the Mr. W. F. Maclean—If it requires

mother country. taxation without representation, or that we would go in the meantime? into rebellion, but I cite this because there are men here who have learned nothing, and, like the Bourbons, have forgotten nothing, and do not appreopinion which I did the other day and ciate the difference in the conditions existing in England and the colonies.

Objection from Quebec.

cused of treason. Charges of treason seem familiar to me. I have Quebec because the bill provides that emergency the Government may d time again, and I have heard them the Province of Ontario. Charges disposal of the imperial authorities. of treason are easily manufactured. It is provided that when this is done, day, while approving the principle of Sir Wilfrid referred to Mr. Foster's Parliament, if not in session, shall this measure, thought that it did not practice. Men are what they are aids, purely physical, have been resorting of the word meet within fifteen days. Great object of the word "suzerainty" at Toronto, and quoted serious this is authority for the Gov"sovereign and suzerain" as applying to the same condition of the same condition of the same man.

The same man.

The same of the word suzerain is use of the word suzerain, and it is held to the same is obvious. Condition of the same is obvious. Condition of the same of the word suzerain were engaged dual has been acting thus or thus.

The same of the word suzerain also jection has been taken in Quebec bejection has been taken The great mistake which is made ment may be forced to take immediate by Imperialists of the school of Mr. sources to rescue a part of the country for the country and all British countries. It is true Germany is idle by neglecting his duties in early Foster to confound the condition which may be threatened. British which exists in Great Britain with Columbia, for instance, might be the conditions which prevail in the threatened with attack from the conditions which prevail in the threatened with attack from the conditions which prevail in the threatened with attack from the conditions which prevail in the threatened with attack from the conditions which prevail in the condition which may be threatened. British countries. It is true Germany is idle by neglecting his duties in early creating a navy, but I see no reason for believing that Germany is creating a navy for purposes of attack, or labeled the conditions which prevail in the conditions which can be conditioned by the conditions which can be conditioned by the conditions which can be conditioned by the condit colonies. England is one of a circle Orient, though there is no danger of of four or five European nations which that until Japan should cease to be are always watching one another. She an ally of Britain, and Russia recover for purposes of attack. The fact is pelled to pause at every act and conhas no public works to carry on, and her strength. But all things change, that all the nations of Europe are at sider whether or not it were being present arming, but I do not believe preformed correctly it would be posments. But in the colonies the chief ment meets to act in conjunction with that any of these nations is arming the short span of life. A thousand velop the resources of the country. Circumstances may be such as the colonies the chief ment meets to act in conjunction with that any of these nations is arming the short span of life. A thousand acts are each day done unconsciously by every individual. The import-

> after fifteen days, it can approve or disapprove. Composition of the Fleet.

In the composition of the fleet we have not had the good luck to satisfy the Opposition. It has been said that we should have accepted the ad-The United States is all right, you miralty suggestion, and have put our fleet unit on the Pacific. Is there a man who will blame us because we would not agree? We have a large our force between the two oceans. least, that is the way Mr. H. S. Then we are asked why did you conthe one you propose? Well, we con-Mr. Ball took the usual remedies sidered it prudent. Two plans were prescribed by the doctors, and wore proposed. One was for a fleet of seven plasters, and was rubbed with lini- and the other for a fleet of eleven all ments—but steadily grew worse. In a ships. The seven were to have been letter to his daughter, who lived in three Bristols and four destroyers. he had found the right remedy at last. divide our fleet, we thought it better again to enable them to defend their "Find inclosed one dollar for which this we acted on the advice of the

Sir Charles Beresford's Authority. We are blamed that we are not surely recommend Gin Pills to every-body."

Dreadnought type. Perhaps I can cite an authority which will satisfy the Opposition. I could not give a Canadian may take pride in, and one Charles Beresford, who is as good a that thousands indorse. They are seaman as there is in the British navy made by the largest wholesale drug and as everyone knows he has conhouse in Canada, who fully guarantee demned this plan of Dreadnoughts beevery box. In fact, Gin Pills are sold ing built by the colonies. It is our a cold and cure coughs, bronchitis, tonwith a positive guarantee. If, after intention to have our ships built in silitis, etc., with simple, home-mixed sans have a skill in peculiar crafts

take in the eighteenth century, when would be difficult to give more than

There is no danger today that Eng- four years to construct the navy, what one year to construct the plant and would we do if an emergency arises Sir Wilfrid Laurier-I think we

are getting pretty far from the question. It is the intention of the Government to establish a new department for this service, not under a different minister, but to have a deputy minister charged with the duty of looking practice of an act tends to make action And either lay the devil, or throw him from after this naval expenditure.

No Danger to Britain The leader of the Opposition, if I which

apprehended him aright, the other most careless reader. In the word day while approving the principle of "breed" there is the Shakespeare Well, the answer is obvious. Condi-tions may be such that the Governin a struggle, there would be a following good or evil courses, and in wave of enthusiasm to assist her the end he has become vicious or viring a navy for purposes of attack, or Habits are necessary. They are Gentlemen opposite should avoid this to force us to do what Japan did—because they are afraid they will be mistake. England made this mis-strike the enemy before the enemy attacked. I was much struck by the strikes us. When Parliament meets, statement of the leader of the Opafter fifteen days, it can approve or position, that if war came it would come within three or four years. Ger- As the twig is bent the tree is inmany commenced to build a fleet in clined; as the child acts the character but, as my honorable friend of the mature man is moulded. If rightly adds, no European nation commencing as Germany did, with noth- world, it is because their ancestors ing, can create a fleet in less than had formed evil habits which have de-15 or 20 years. If that be so, it is scended to the children. The prisons not to be expected that Germany will of every land are filled with men who be in a position to attack England in have been made what they are by the three or four year. In 1912 the dis-selfish acts, the cruel acts, the vicious placement of the British navy will be acts, of their childhood days. 2,000,000 tons, and that of Germany thief has been bred by "use"; in boy-890.000 Under such circumstances hood he has coveted objects and, not danger is not to be apprehended being forced to resist temptation Moreover, Britain and Germany have stealing has become a habit. Kleptobeen fast friends so far back as con- mania is a mental state occasioned by temporary history goes. Then, too, the practice of theft. On the other ocracy is coming to the front in countries, and democracy is opdemocracy is coming to the front in posed to war, because it is well-known

New Formula Cures Coughs, Colds, Bronchitis and Hoarseness in Five Hours.

Much is being done in these days to stop the ravages of consumption, but probably nothing has been so effective as teaching the public how to break up every box. In fact, Gin Pills are sold with a positive guarantee. If, after taking Gin Pills according to directions, you can honestly say that they have not done you any good, simply return the empty boxes to your dealer and your money will be promptly refunded.

For Kidney Trouble, for irritated and inflamed Bladder, for Pain in the Back, for Constipation and Biliousness which usually accompany Kidney and Bladder Troubles—Gin Pills are a certain and speedy cure. 50c a box—6 for 256. Sample free if you write National Drug and Chemical Company Department G, Toronto.

To Trouble of the colonies is so our ships built in ing built by the colonies. It is our slitts, etc., with simple, home-mixed acrold and cure coughs, bronchitis, ton-sill silitis, etc., with simple, home-mixed and cure coughs, bronchitis, ton-sill silitis, etc., with sill is out and cure coughs, bronchitis, ton-sill sold and cure coughs, bronchitis, ton-sill silitis, etc., with simple, home-mixed and cure coughs, bronchitis, ton-sill silitis, etc., with sill place of and cure coughs, bronchitis, ton-sill sold and cure coughs, bronchitis, ton-sill silitis, etc., with sill place of and cure coughs, bronchitis, ton-sill silitis, etc., with sill place of and cure coughs, bronchitis, ton-sill silitis, etc., with sill place of and cure coughs, bronchitis, ton-sill silitis, etc., with sill silitis, etc., with sill silitis, etc., with sill silitis, etc., with sill place of and cure coughs, bronchitis, ton-silitis, etc., with sill silitis, etc., with sill silitis, etc., with sill silitis, etc., with sill silitis, etc., with sillits, etc., with

"How use doth breed a habit in a easy to break. Hamlet in his endeavor man!"—Two Gentlemen of Verona, to arouse his mother to a virtuous splaying Brooklyn this week at the course of action points out the only Montauk Theatre.

John Drew, in "Inconstant George," "The Heights," under the management is playing Brooklyn this week at the Of Henry B, Harris, played Brother Paul in the initial production of "The way in which vice can be vanquished:

Sermon From Shakespeare

lend a kind of easiness To the next abstinence; the next more For use can almost change the stamp of nature,

With wondrous potency.'

'use." But no evil habit can be cast out without a battle. The battle won, i is necessary to erect strong walls around the citadel of the soul, to keep alert guards in the watch-towers enemy will return and endeavor to undermine the walls, to scale the citadel in times of darkness. The surest safeguards against sin evil habits. are good deeds, generous

or virtuous habits. In Portland, Maine, there is a bronze statue to Longfellow in the town; and distinguished natives were N P. Willis, Sara P. Parton (Fanny Fern) Commodore Preble, Neal Dow and there are moral idiots born into the Thomas B. Reed.

acts. Heredity, habits of ancestors;

practice-all play their part and tend

to virtue or vice. In the last analysis

character is the sum of a man's vicious

habits of neighbors

environment.

The Boudoir of

various restrainers, retainers detainer (names unknown); perspiration disinfect-ants; blackhead eradicators; pimple speciics; blood medicine. Strewed around practice of unselfish few candy boxes maybe an exerciser on the wall. These "properties" signify that depends on their at various times this pleasant room is the scene of fashionable tortures, burnings, of fallings from grace. Here the poor lady gasps in her retainers, her harness. Here she hides her fat-caused pimples, perspiration, blackheads: here, when her spirit is weak, she forsakes the exerciser for the deadly candy box. What

time, will reduce that fat (a pound a day) down to the firm flesh beneath; banish the fat-caused blemishes; give a license to eat all the candy, etc., craved, and sleep as long as one desires. Investigate; is skill but correct habit? Practice large case, or write the Marmola Commakes perfect, and by constant practice the apprentice becomes the master Mich. Do not be timid—Marmola Tablets tender 75 cents to your druggist for a are safe—being made strictly in accordance with the famous, fashionable formula: ½ oz. Marmola, ¾ oz. Fl. Ex. Cascara Aromatic, 4% oz. Peppermint Water; consequently, go ahead—without fear. A month will emancipate you.



a Fat Woman

What do we see? Terrifically long and austere-looking corsets; tiny (as possible) shoes, uppers bulging over the vamps: a life—what a four-flush!
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Tablet, taken after each meal and at bed-

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