

last year; Lot about 35x90. A snap at \$2,600; terms

Nelson Street - One House, 6'Rooms and bathroom, with kitchen addition, 10x20; good cellar; Lot about 32x132; good value at \$2,500; terms.

Woodland Avenue-2 Frame Houses, 6 Rooms and bathroom with kitchen addition; 10x20, good cellar; Lots about 35x80; well worth the money; \$2,500; terms

Russell Avenue-One Pebble-dash House; 6 Rooms; 3-piece bathroom; good cellar; hot air furnace, chestnut barn, lot about 33x78. A bargain at \$3,200; terms

Russell Avenue-2 Frame Cottages; 4 Rooms; cheap at \$1,500 each; terms to suit.

FOR PARTICULARS AND TERMS APPLY

## The St. Catharines Improvement **Corporation**, Limited 49 St. Paul Street - -Phone 1107



It is notified for the information of men discharged from the Canadian Expeditionary Force who require Medical Treatment that

DR. J. SHEAHAN will act as Medical Representative of the Department Soldiers' Civil Re-Establishment in and for the

City of St. Catharines

A BIG.FAT. OPPORTUNITY

IS KNOCKING AT YOUR DOOR.

ALLESSED ALLESSES ALLES

Wash away all the stomach, liver, than none, MORE JOBS THAN JOBBERS and bowel poisons before It is important for you to know breakfast. WINDSOR, June 18 .- All previous that our high grade plates are records were broken this week at the guaranteed in every way and To feel your best day in and da local Government Employment Burcome as low as \$7.50. out, to feel clean inside; no sour bile eau, with the placing of 190 persons to coat your tongue and sicken your FOR BLACK, WHITE, TAN, DARK BROWN OR OX-BLOOD in positions. These included 100 re-Offices 368-378 Main Street, breath or dull your head; no constipa turned soldiers, 78 civilians and 12 tion, bilious attacks, sick head ache, Corner of Eagle women. The previous high-water colds, rheumatism or gassy, acid stom Open until 8; No Sunday work mark reached last week was passed • SHOES. ach, you must bathe on the inside by 40 per cent. Supt. Cooper finds Phone: Seneca 405. like you bathe outside. This is vast jobs more plentiful than men and ly more important, because the skin women, and the demand increases pores do not absorb impurities into every day. the blood, while the bowel pores do, says a well-known physician. THE DOMINION To keep these poisons and toxins MEAT INJURIOUS well flushed from the stomach, liver, kidneys and bowels, drink before breakfast each day, a glass of hot water with a teaspoonful of limestone TO THE KIDNEYS CHAUIAUUUA phosphate in it. This will cleanse purify and freshen the entire alimentary tract. before putting more food June 18 to 24 nto the stomach. Tablespoonful of Salts If l'ake Get a quarter pound of limestone Back Hurts or Bladder **Armoury Grounds** phosphate from your pharmacist. It Bothers is inexpensive and almost tasteless, Cor. Lake and Welland Ave. except a sourish twinge which is not We are a nation of meat eaters unpleasant. Drink phosphated hot and our blood is filled with unic acid \$2 A PLATE water every morning to rid your syssays well known authority, who warns tem of these vile poisons and toxins; us to be constantly on guard against also to prevent their formation. What a banket we have prekidney trouble. To feel like young folks feel; like pared! Rather, it is a feast, The kidneys do their utmost to you felt before your blood, nerves and running through six days, free the blood of this irritating acid muscles became saturated with an acwith an extra meal free on but become weak from the overwork cumulation of body poisons, begin this Sunday if you wish to partake they get sluggish; the eliminative treatment and above all, keep it up! First Day-3 courses, 2 tissues clog and thus the waste is As soap and hot water act on the skin concerts and a Lecture. retained in the blood to poison the cleansing, sweetening and purifying, entire system. Second Day-4 courses, so limestone phosphate and hot water When your kidneys ache and feel 2 concerts and 2 Lectures before breakfast act on the stomach like lumps of lead, and you have Third Day-4 courses, 2 iver, kidneys, and bowels. stinging pains in the back or the concerts and 2 Lectures urine is cloudy, full of sediment, or Fourth Day-4 courses, 2 the bladder is irritable, obliging you concerts and 2 Leciures to seek relief during the night:when Fifth Day-1 course-a you have severe herdaches, nervous full feast-The Play. and dizzy spells, sucrpressiess, acid stomach or rheumatism in bad wea-Sixth Day-4 coursesther, get from your pharmacist about The Junior Play, 2 confour ounces of Jad Salts: take a certs and 1 lecture. tablespoon in a glass of water be-This makes 20 courses for fore breakfast each morning and in \$2.00, or 10c for each item a few days your kidneys will act provided, War Tax added. fine. This famous solts is made from Get that \$2 ticket in advance, the acid of grapes and lemon juice combined with lithia and has been or you will pay 50c and 25c every time you sit down to used for generations to flush and stimulate clogged kidneys, to neuthe Feast of good things. tralize the acids in urine so it is no Profits Are to Be Given to longer a source of irritation, thus the Local G. W. V. A. ending urinary and bladder disord-Tickets now on sale at Mrs. Bixby's, Veal Bros, Bradley's Grocery Stores, Standard

POLISHES Acide With Me Hymn LIQUIDS & PASTES FOR BLACK, WHITE, TAN, DARK BROWN NEAT OP OXED OOD Tests at Universi **Disclose** New LEATHER. THE F.F. DALLEY CORPORATIONS, LTD. HAMILTON, ONT. MONTREAL, June 19 .-im alloy two thirds the w minum and one quarters of cast iron has been disc tests at McGill University GRAND TRUNK SYSTER is being used in the man MISSING EXHIBITS airplane, engine, piston . machines of the Italian **Double Track Route** MONTREAL, June 18 .- After a concern in Shawinigan Fa ournment of the public hearing of the newsprint inquiry yesterday, a Between DEATH OCCURS OF new turn was given to the situation Montreal, Toronto, y the production of almost all the Detroit and Chicago nissing exhibits. With this material Unexcelled Dining Car Service in their possession, the tribunal sett-There passed away at ed down to consideration of the eviresidence, 42 Welland av Sleeping Cars on night trains dence and it is now understood that and Parlor Cars on principal day morning, John Sullivan, the tribunal will remain in Montreal engthy illness. Deceased trains. with a view to reaching an early deborn in this city, had be Full information from Grand cision, which is expected within ten Trunk Ticket Agent, or C. E. to his illness, an employe lays. This will preclude all likeli-Horning, District Passenger iod of twenty-eight years ood of the tribunal's jurisdiction and Vale Company, wh Agent, Toronto, Ont. lapsing before judgment is given. very popular among h C. J. HARRIS -- Agent 106 St. Paul Street Phone 947 ployees. He was also throughout the commun Willim Barnes ways arrested in Newagreeable and kindly disp astle on a charge of forgery, but later Pte Henry Wasson, suffering from his death will be heard of caped while in charge of Chief Jarvis. hell-shock, committed suicide by regret. Mr. J. A. Parent, K. C., of Hull, has drinking carbolic acid at Woodstock. Besides his sorrowing is survived by one son. van, and( one daughter at home. Four sisters, th The Wide Outdoors city, and one in Toront vive. DUTCH USE SEAWEE pure health-giving air and miles of beautiful surrounding country are yours for the asking, if you own a car. Investigations of seaw Of course, you want the tires kept up in good condition and ference to the posibility don't want to entrust them to bungling amateurs. tain species as food for That's why you'll be interested when you meet with a puncture, recently been carried on tcu or other tire troubles in our work in Agricultural Station for of cattle food at Wag Vulcanizing land. The general conclu i sthat, in the absence of We have ample facilities for vulcanizing tires and tubes. The latest machinery, tools and equipment, backed by fifteen ages, seawceds may be vears' experience in the tire industry, place us in a positionot whon the sodium chlo give you the very best results. sufficiently removed. In land and the Faroe Islan weed is used as a winter Phelan's Vulcanizing Works tl and horses. In southe is fed to swine. In Gen during the war, specia Rubber Tires For All Vehicles Tire Repairing of All Kinds Jad Salts is inexpensive and can were issued concerning Opp. Glen Ridge Bridge We Sell Tires of All Makes! not injure: makes a delightful effer and preparation of sea Office; Karn Bros., John W. vescent lithia water drink, and no-20 St. Paul St. W. Phone 734 House Phone 732. as fodder. The weed Gordon, Beattie Bros. any body can make a mistake by taking spread out so that the FREE AIR AT YOUR SERVICE member of the G. W. V. A. a little occasionally to keep the kidwash out the sodium c neys clean and active. ciried and baled in a pi

God Save the King

MR. JOHN

AS FOOD F