

The Fateful Years For Every Woman

How to Overcome Troubles That Afflict Women Only

So far as a woman's health is concerned, probably the most fateful years in her life are those between 45 and 50. Many women enter this period under depressing conditions, through overstrain in household cares, or a neglected condition at the blood, and so they suffer heavily.

Among the commonest symptoms of this time are headaches, pains in the back and dizziness and depression. It is well to know that these variations of health can be relieved by home treatment. What women stand in need of all their life, but never more so than in middle age, is rich, red blood. As a tonic for the blood and nerves, Dr. Williams' Pink Pills are always useful, but especially will they help women at this time. Among those who have found benefit through the use of Dr. Williams' Pink Pills is Mrs. J. A. McDougall, Rhodena, N. S., who says: "I was greatly troubled with nervousness, palpitation of the heart, dizziness, and a generally run down condition. It was only with difficulty that I could do my work, and although I had been taking medicine for some time I did not improve. Finally a friend advised Dr. Williams' Pink Pills, and I got a supply and began taking them. The result more than met my expectations, and I am feeling better than I have done for years, sleep well, eat well, and do my housework much more easily. In my case the pills certainly did what you claim for them."

Dr. Williams' Pink Pills are sold by all dealers in medicine, or you can get them by mail at 50c a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

It is an interesting fact that the first woman member of a Legislature elected in North America to succeed her husband, is a native of England—Hon. Mary Ellen Smith, M. P., of Vancouver, widow of the Hon. Ralph Smith, who now adds the further distinction of being a member of the British Columbia Cabinet. It is another interesting fact that the first woman member of Parliament elected in England to succeed her husband, Viscountess Astor, is a native of the United States. She is M. P. for Plymouth. She has not yet reached the dignity of being a member of the Cabinet. It is not improbable that this honour will come to Viscountess Astor in time, although there is not much prospect of it now, and so for the present Canada leads.

Our idea of a scientific nut is the fellow who tried to graft a strawberry plant to

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For children from 6 months to 16 years of age, boys and girls. Apply to H. STAIRS, Wolfville. Agent Children's Aid Society.

SHOULD REDUCE PRICES

(From Sydney Mines News.)
 While piles of sawn lumber are told, are lying along the railway lines throughout the province, much of it going to destruction, the price of this commodity still keeps at a price that almost precludes anyone from purchasing it. Just why this lumber should remain at such a top price no one seems able to understand. If it were sold at a lesser price which would surely be better than having it go to waste, building operations would be encouraged and a large measure of work undertaken that would help out the present situation. For three or four years the building of suitable smaller houses has practically been at a standstill and there is a noticeable shortage. If some philanthropic lumber man could be induced to take the plunge, pocket his losses by reducing prices to a saleable level, a change in conditions might be invoked. Lumbermen have undoubtedly been hard hit lately. The foreign or export trade has ceased and they are waiting for a change in that direction. The change will surely come, but the our look does not suggest that it will come in time to market much of the lumber already cut and some of it for two or three years. They would not a lower price be better than a total loss.

Running on all four with lumber we are told are quantities of cured fish held throughout the province. This commodity is of course not in evidence along the railways, but is said to be held in warehouses, for instance, in Lunenburg and Halifax. These stocks are held awaiting price adjustments. The best adjustment would be a reduced price and let the people eat them.

Sign on an undertakers window:—"We bury others—why not you?"

It isn't true that men will do anything for money. Some won't work for it.



Mail Contract

SEALED TENDERS, addressed to the Postmaster General, will be received at Ottawa until noon, on Friday, the 13th May, for the conveyance of His Majesty's Mails, six times per week, over the KENTVILLE NO. 1 RURAL MAIL ROUTE.

under a proposed contract for four years, to commence at the Postmaster General's pleasure.

Printed notices containing further information as to conditions of proposed Contract may be seen and blank forms of Tender may be obtained at the Post Office of the office of the Post Office Inspector:

W. E. MACLELLAN
 Post Office Inspector,
 POST OFFICE INSPECTOR'S OFFICE,
 Halifax, 1st April, 1921.

DE MILLE, FINE DIRECTOR

Excels Previous Efforts in "Male and Female", New picture

Cecil B. De Mille, famous for his long string of artistic motion picture successes, is declared to have excelled all previous efforts in "Male and Female", his latest Paramount - Arctcraft picture, which will come to the Opera House on Wed, Thurs, May 4-5. The story was adapted for the screen by Jeanie Macpherson from Sir James M. Barrie's great play, "The Admirable Crichton". No effort was spared by Mr. De Mille to make it a faithful reproduction in every respect. The story centres around Crichton, the butler in an English lord's family. He is externally intelligent, and when the lord's yachting party is wrecked on a tropical island, Crichton takes command. After the party is rescued and returns to England, Crichton is forgotten by all but the lord's daughter, who has fallen in love with him, Thomas Meighan, Gloria Swanson, Lila Lee, Bebe Daniels, Theodore Roberts, and other prominent players are in the cast. Don't miss seeing it.

APPLE PRODUCTION

The production of apples in Canada to-day barely equals the output of 25 years ago, according to the statement of Dominion Fruit Commissioner C. W. Baxter at the annual meeting of the Ontario Fruit Growers Association.

Minard's Liniment Relieves Neuralgia.

PORT WILLIAMS NOTES

(Received too late for last issue.)
 Miss Jessie Lockwood spent a few days in Halifax last week, the guest of her sister Miss Alice Lockwood.
 Mrs. A. B. Rand visited Halifax last week.

Mr. Fred Vaughn has purchased a fine new automobile, of the Studebaker make. The boy scouts of Wolfville played the Port Williams scouts, in a game of basket ball, on Friday evening of last week, it was a well played game, the score being 9 to 8 in favor of Wolfville. Albert Corey acted as referee.

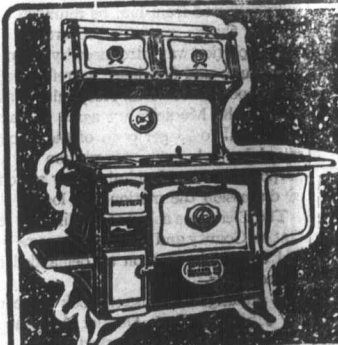
The "Lily of the Valley" division is invited to meet with the "Cornwallis" division, Canard, on Monday evening, May 2nd.

Miss Laura Hanson is expecting her mother to join her this week from Amherst, where she has resided for some time. They intend to start housekeeping at once in the house formerly occupied by Mr. Ira Gates.

Master Frank and Miss Shirley Balcom are both confined to their home for a few days following an operation (having both tonsils an adenoids removed) performed by Dr. Elliott, at "Westwood wood" hospital.

Dr. Zwicker and family of Halifax are expected to return the 1st of this month to their summer home, the O'Key farm, Belcher St.

Mrs. A. K. Gates spent the week end with her daughter, Mrs. J. W. Meisner, Hortonville.



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Furniture that is scratched and scarred is an eyesore. If the surface is spoiled, the article is considered useless. This is not so. Save the surface and you save all.

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YOUR INCOME TAX

CUSTOMERS and Friends of the Bank are reminded to file their Income Tax Returns for 1920 before April 30 at the office named on the form—otherwise a penalty will be incurred.

Forms may be obtained from any Post Office.

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