

The Home Bank of Canada Makes Steady Progress

Steady progress and expansion is reported by the Home Bank of Canada in its statement for the fiscal year, ending May 31st.

Under conservative and energetic management the Home Bank has been forging ahead and improving its financial position.

Right along the Management has carried out a number of thrift campaigns and these have resulted in a very considerable increase in the number of savings accounts at the various branches.

With its larger resources the Bank, in turn, has been able to handle a larger amount of general business throughout the country.

One of the outstanding features of the report is the gain of almost \$3,000,000 in total deposits. During the Victory Loan Campaign the Bank lent every assistance to its customers and depositors, with the result that there were withdrawals of \$2,000,000 for investment in Victory Bonds of close to \$2,000,000. If this campaign had not developed the increase in deposits for the twelve months period would have been close to \$5,000,000.

The marked gains made by the Home Bank during the past few years must be regarded as the best indication of the further strides it is likely to make with its organization strengthened in different parts of the country.

The total assets have increased almost \$2,000,000 and now stand at \$29,575,732, compared with \$29,745,829 a year ago. Of this amount liquid assets amount to \$11,073,182. Holdings of Dominion Notes amount to \$3,129,010. Canadian municipal and British, foreign and colonial public securities amount to \$2,727,332 as compared with \$1,214,469 last year.

The success of the thrift campaigns carried out by the Bank has resulted in a net standing at \$11,639,486 up from \$10,243,553, while deposits not bearing interest now stand at \$4,145,264 up from \$2,396,865.

WOMEN FIRST TO GREET KING.

War Workers Congratulated Their Majesties on Silver Wedding Anniversary.

Three thousand women engaged in war work, representing twenty-two organizations, presented King George and Queen Mary with an address on June 29, expressing loyalty and extending congratulations upon the silver wedding anniversary of the royal couple, which was celebrated on July 6. It was the first time any British ruler had received such a deputation of women. There were no precedents, therefore, to serve as a guide for marshalling the parade and for the reception.

Among the organizations represented were those of the nurses, the munition workers, the workers on farms and those more actively connected with the operations in the field. An address was made by Mrs. F. H. Durham, chief woman inspector in the Ministry of Labor. King George replied with an address to the women.

The King spoke as follows:

"We are touched by the thought that the first expression of loyalty and devotion on the occasion of our silver wedding should come from this representative body of women who, by their services, have assisted the State in the full mobilization of its manpower."

"In our visits to various centres we have had opportunities of seeing and appreciating the great part which all the women of our land are taking in all the branches of war service, and everywhere we have been filled with admiration at their achievements, an admiration which we believe to be shared by the whole nation. When the history of the war is written, no chapter will be more remarkable than that relating to this service. The range and extent of the women's participation in this service has been rendered only at the cost of much self-sacrifice and endurance."

"I trust this procession to-day will bring home to those who have not yet realized it the country's need of their help. Sure in the hope that your labors soon may have their reward in that decisive victory and enduring peace toward which we, with all our brave allies, are ever striving, I wish you god-speed. In that happy day it will be your proud satisfaction to feel that you have nobly shared in securing these priceless results."

Keep all gates closed and all gaps up. It will save steps.

When You Eat Grape-Nuts

you get the solid nourishment of whole wheat, malted barley and other grains in more pleasing, easily digestible form than in any other way.

This great, ready-cooked cereal is very economical—requires no sugar, less milk, yet is probably the richest of all prepared cereals.

Grape-Nuts
A Fitting War-time Food
"There's a Reason"
Canada Food Board License No. 1-015

NORWAY SUFFERS FROM WAR TURMOIL

ECONOMIC SITUATION BRISTLES WITH DIFFICULTIES

Necessity of Increasing Imports Grows Steadily More and More Imperative.

Never since the memorable war between England and Norway 110 years ago has the Norwegian nation been confronted with a situation so full of difficulties as the present one, says a despatch from Christiania. Until the United States entered the war the difficulties, although great, did not impress themselves so strongly on the public mind as they do now, owing to the fact that, even if other European sources of supply dried up, there was still something to be had from the United States.

When the United States finally ranked herself on the side of the allies the question gradually arose how Norway, dependent as she is on her imports for the most important necessities, would manage to get on in the long run under these altered conditions.

It was obvious that an arrangement ought to be made, and in order to settle the question a delegation to Washington was appointed under the leadership of Professor Nansen. The pinch of the rationing system has now begun to make itself felt, and stricter rules are officially announced. Norwegian trade and industry are handicapped for want of regular supplies, the coast traffic is disorganized and Norwegian resources in general are diminishing at an alarming rate. Travelers fresh from Germany are surprised at Norway's scanty rations of bread, which they say are even smaller than they are there.

Imports a National Necessity.

It is a matter of the highest importance to Norway to procure at the earliest possible date as many imports as possible. The supply of foodstuffs and raw materials needed by the population has, from a statistical point of view, been much misunderstood abroad. Owing to the fact that several countries from which, in time of peace, Norway was drawing rather heavy imports, have been virtually closed—for example, Russia and Prussia as cereal exporting countries—Norway has been bound to draw more heavily on America and other overseas countries.

This fact has been overlooked and too willingly it has been believed in the Allied countries that the greater part of these imports were destined for Germany. Nor has it been realized by the authorities or the general public of the Allied countries that the economic expansion of Norway during the last few years has necessitated a larger supply of raw materials.

The vast majority of Norwegians expect nothing from Germany. Her disruptive submarine war, which during the last year has inflicted upon us a loss of 435 vessels and 700 lives, speaks volumes. It is also a public secret that her own means are very scanty.

On the other hand, it is no use to deny that Norway is largely dependent on England, while at the same time Norwegians feel entitled to say that in view of the services rendered to England and her allies through the courage and intrepidity of the Norwegian seamen and the energetic straightforwardness of the shipowners they have a reasonable claim upon their gratitude.

Thinks England Ungrateful.

Norwegians regret that this fact is far less understood in England than it ought to be, and express the opinion that this state of things not only impairs Norwegian friendship for England, but is detrimental to British commercial interests.

Through their cruel treatment of defenceless Norwegian seamen, the Germans have gradually lost all sympathy in this country. England's escutcheon is untarnished, but Norwegians consider it their duty to tell her that the treatment to which they have often been subjected by British officials has created a painful impression in this country. Norwegians regard it as unreasonable that their authorities and the Norwegian business community should be measured by the standard applied to Germans. When they pledge their word, they mean no less than the British to keep it. They do not regard their treaties as "scraps of paper," but as obligations. They claim to be considered as gentlemen, and are not willing to stand the pin-pricks of suspicion.

Over and over again prominent men of business have told me of their experiences. They describe the suspicious attitude of the British authorities as entirely unfounded, and say that it would be ridiculous were it not so detrimental to important interests. A leading shipowner in conversation with me said:

"If England had been less suspicious toward us we should have had considerably more supplies in this country at the present time, and England a considerably heavier Norwegian tonnage at her disposal, to her own benefit and those of her allies."

These words express the general opinion of all Norwegians entitled to speak with authority in these matters. They consider it a matter of importance that the two kindred nations should never cease to meet one another in a friendly and businesslike spirit of mutual confidence.

The Latest Models.



Girlishly simple is this attractive little dress. McCall Pattern No. 8432, Misses' Dress. In 4 sizes, 14 to 20 years. Price, 20 cents.



The cape's the thing, this year, at any rate! McCall Pattern No. 8421, Ladies' Cape. In 1 size. No. 8415, Ladies' Two or Three-Piece Skirt. In 6 sizes, 22 to 32 waist. Price, 20 cents each.

These patterns may be obtained from your local McCall dealer, or from the McCall Co., 70 Bond St., Toronto, Dept. W.

YES! LIFT A CORN OFF WITHOUT PAIN

Cincinnati man tells how to dry up a corn or callus so it lifts off with fingers.

You corn-pestered men and women need suffer no longer. Wear the shoes that nearly killed you before, says this Cincinnati authority, because a few drops of freezezone applied directly on a tender, aching corn or callus, stops soreness at once and soon the corn or hardened callus loosens so it can be lifted off, root and all, without pain.

A small bottle of freezezone costs very little at any drug store, but will positively take off every hard or soft corn or callus. This should be tried, as it is inexpensive and is said not to irritate the surrounding skin.

If your druggist hasn't any freezezone tell him to get a small bottle for you from his wholesale drug house. It is fine stuff and acts like a charm every time.

Use Your Fresh Vegetables.

Now is the time to use the fresh vegetables which the war gardeners have been so assiduously striving to cultivate. We must never forget that the use of these short-lived greens results in the liberation of the more concentrated and staple foods for overseas.

Usually there is great waste where garden trucks is concerned. It seems so abundant that we do not value it sufficiently. As a matter of fact, by the judicious use of vegetables many meatless meals can be prepared, and the housewife should regard them during the hot weather, when appetites are jaded.

The French people are now reduced to three meatless days a week of necessity. We in Canada might get down to that by choice, at least for as long as our war gardens flourish. It will mean all the more meat for the people of France, who need it so badly.

The use of canned goods at the present time is anything but patriotic. Most families have a garden of their own. For those who have not, the stores are selling plenty of fresh vegetables and they are about as cheap as anything we can buy.

RE-MODEL YOUR Winter Coat

Our Mail Order Department will assist you. Toronto's Best Designers and Tailors do our work. The small charge will both please and pay. We remodel any women's coat of any material. This offer is good for July and August only. Send us four coat by mail or express. We will reply at once with suitable suggestions and price. No charge is made for this advice. You can then instruct us to do the work or return your coat. The summer slack season makes our low charge possible. You get New Fall style Effects, Individual Attention and Prompt Service at a big saving. \$5.00 will remodel a coat that \$25.00 will not buy this Fall. We do this work for Merchants or Private Homes.

ROSS-HEED CO., 74 Bay St., Toronto

Somehow.

Somehow I never thought that you would go,
Not even when red war swept through the land;
I somehow thought, because I loved you so,
That you would stay. I did not understand
That something stronger than my love could come,
To draw you, half reluctant, from my heart;
I never thought the call of life and drum
Would rend our cloak of happiness apart!

And yet you went. . . . And I—
I did not weep;
I smiled instead and brushed the tears aside.

And yet, when night time comes, I cannot sleep.
But silent lie, while longing fights with pride—
You are my man, the foe you fight my foe,
And yet—I never thought that you would go!

Western Crop Conditions.

A need of rain over considerable sections of the grain growing areas in Manitoba, Saskatchewan and Alberta is indicated in the weekly crop report of Canadian Northern Agents to the general offices of the company. There are, however, a large number of agents who report that as yet the drought had not affected any damage, and that rain would entirely relieve the situation. Moreover, advice received show that rain has already fallen over a considerable section.

The presence of cut-worms is reported in a small section to the north on both sides of the border of Manitoba and Saskatchewan, the damage however appearing to be but slight.

To Kill Potato Bugs.

The potato bugs should be poisoned before they get too much of a start. Paris green used at the rate of one-half pound to fifty gallons of water is satisfactory. If a pound or two of lime is added it will prevent any leaf burning that might otherwise occur. Arsenate of lead is a good poison and sticks on the leaves for a long time. It does not burn the leaves. Of the dry use one and a half pounds to fifty gallons of water, and of the paste three pounds.

I fell from a building and received what the doctor called a very bad sprained ankle, and told me I must not walk on it for three weeks. I got MINARD'S LINIMENT and in six days I was out to work again. I think it the best Liniment made.

ARCHIE E. LAUNDRY,
Edmonton.

Horse Sense.

In the mines of Hainault horses that travel back and forth over a certain road exactly thirty times each day go to the stables of their own accord after their last trip, and refuse to take another step. In Montaigne's Essays we read that the oxen employed in the royal gardens of Suse for turning the wheels to which the water pails were attached refused to make more than the hundred rounds that constituted their daily task.

Minard's Liniment Cures Garget in Cows

Catch Hold of the Golden Bird.

There are two ways of saving money: Some men get hold of the golden goose and proceed to pull all her feathers out. Then they squeeze her so she will never be good for anything more. What is left they put in their socks or hide in a crevice in the wall. Other men get hold of a golden goose, promptly put some eggs under her, and in a short while there are more golden eggs—and so on. Then the surplus is put into thrift stamps, thus allowing others in need to supply their wants.

The useful dollar is the one that continues to serve its owner and his Country year in and year out.

Minard's Liniment Cures Colds, Etc.

When a man is eager to show you how to do something, it means that he doesn't know a thing about it himself but wants to experiment.

In the Balance.

What can we do
To match those men who stand to-day
—a wall of pulsing blood; of fearless hearts—between the savage lust of brutes unleashed and
All that we hold dear?
What can we do?

How can we help
To match these men who severed ties
of home and outstretched arms—
treasures of the years of peace—
and bravely placed their gift of priceless youth between a race gone mad and
All that we hold dear?
How can we help?

What can we give
To match those men who gave and gave, and gladly gave, until at length they offered up their lives at Freedom's shrine? They had no more to give. And this they did for us and
All that we hold dear.
What can we give?

LEMON JUICE IS FRECKLE REMOVER

Girls! Make this cheap beauty lotion to clear and whiten your skin.

Squeeze the juice of two lemons into a bottle containing three ounces of orchard white, shake well, and you have a quarter pint of the best freckle and tan lotion, and complexion beautifier, at very, very small cost.

Your grocer has the lemons and any drug store or toilet counter will supply three ounces of orchard white for a few cents. Massage this sweetly fragrant lotion into the face, neck, arms and hands each day and see how freckles and blemishes disappear and how clear, soft and white the skin becomes. Yes! It is harmless.

Valuable Australian Wood.

Figured blackwood is mentioned by a consular report as perhaps the most beautiful of Australia's many ornamental hardwoods. The "fiddleback" and "mottled" grains are most sought, the grain of the former being not unlike that of the North American curly maple. The color, however, is different, being a rich golden brown. The panel effects are obtained by combining the figure with the plain blackwood.

MONEY ORDERS.

It is always safe to send a Dominion Express Money Order. Five Dollars costs three cents.

The Real Proof.

From idle bragging stay aloof; You'll find that this is true: Your work is taken as the proof Of things that you can do.

Minard's Liniment Cures Diphtheria.

New Air Raid Alarms.

For the suburbs a new system of air raid alarms has been devised to supplement the sirens and the firemen's signals, says a Paris despatch. The new device is the use of a sort of rocket, which, when lighted, produces two explosions, one as it leaves the ground, the other at a considerable height in the air.

Tests showed the noise was distinctive, that it could be heard at a considerable distance and could not be confused with the noise of the anti-aircraft guns.

The shortest answer is doing it.

KEEP YOUR SHOES NEAT

2 in 1 SHOE POLISHES

LIQUIDS and PASTES

FOR BLACK, WHITE, TAN, DARK BROWN OR OX-BLOOD SHOES

PRESERVE the LEATHER

THE T. T. QUALITY CORPORATION LTD., HAMILTON, CANADA

SMOKE TUCKETTS

ORINOCO

CUT COARSE FOR PIPE USE

ABSORBINE

Will reduce Inflamed, Strained, Swollen Tendons, Ligaments, or Muscles. Stops the lameness and pain from a Splint, Side Bone or Bone Spavin. No blister, no hair gone and horse can be used. \$2.50 a bottle at druggists or delivered. Describe your case for special instructions and interesting horse Book 2 R Free.

ABSORBINE, JR., the antiseptic liniment for man and horse, reduces Strained, Torn Ligaments, Swollen Glands, Veins or Muscles; Heals Cuts, Sores, Ulcers, Allays pain. Price \$1.25 a bottle at dealer or delivered. Book "Endorse" free.

W. F. YOUNG, P. O. Box 516, Uman's Bldg., Montreal, Can. Absorbine and Absorbine, Jr., are made in Canada.

SMOKE TUCKETTS

T & B

CUT OR PLUG



Mares with foals may be given some light work, but the real heavy work should be left for the other horses. The proper development of the foal depends very largely on the quality of the milk the mare gives, so that every precaution should be taken that the foal is not allowed to suck when the mare is at all overheated.

Minard's Liniment Cures Distemper.

The poorest fish alive are the selfish.

FOR SALE

WEEKLY NEWSPAPER FOR SALE in New Ontario. Owner going to France. Will sell \$2,000. Worth double that amount. Apply J. H. c/o Wilson Publishing Co., Limited, Toronto.

WELL-EQUIPPED NEWSPAPER and job printing plant in Eastern Ontario. Insurance carried \$1,600. Will go for \$1,200 on quick sale. Box 89, Wilson Publishing Co., Ltd., Toronto.

MISCELLANEOUS

WILL PURCHASE ALTERNATING Current Motors for Cash. Milton and Prentiss, Traders Bank Building, Toronto.

CANCER, TUMORS, LUMPS, ETC. Internal and external, cured without pain by our home treatment. Write us before too late. Dr. Hollman Medical Co. Limited, Collingwood Ont.

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and be prepared against attacks of rheumatism, lumbago, neuralgia, sprains and all similar painful ailments. For over 40 years a family friend. Don't experiment—try Hirst's—your doctor, or write us.

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HIRST'S Family Sale, (50c) **35c**
HIRST'S Precious Syrup of Horehound and Eucalyptus. (34c) **BOTTLE**

DOCTOR URGED AN OPERATION

Instead I took Lydia E. Pinkham's Vegetable Compound and Was Cured.

Baltimore, Md.—"Nearly four years I suffered from organic troubles, nervousness and headaches and every month would have to stay in bed most of the time. Treatments would relieve me for a time but my doctor was always urging me to have an operation. My sister asked me to try Lydia E. Pinkham's Vegetable Compound before consenting to an operation. I took five bottles of it and it has completely cured me and my



work is a pleasure. I tell all my friends who have any trouble of this kind what Lydia E. Pinkham's Vegetable Compound has done for me.—NELLIE B. BRITTINGHAM, 609 Calverton Rd., Baltimore, Md.

It is only natural for any woman to dread the thought of an operation. So many women have been restored to health by this famous remedy, Lydia E. Pinkham's Vegetable Compound, after an operation has been advised that it will pay any woman who suffers from such ailments to consider trying it before submitting to such a trying ordeal.

SMOKE TUCKETTS T & B

CUT OR PLUG

Myrtle Cut T & B CUT OR PLUG

Geo. E. Tuckett & Son