

vi. 9) with definite act of forgiveness (Matt. vi. 15,) (3) Pray *perseveringly* (1k. xi. 5-8, xviii. 7.)

The Constituent parts of Prayer are these : (a) Confession, (b) Praise and thanksgiving, (c) Petitions for all things necessary for souls and bodies, (d) Intercession for the Church, friends, etc. All these should find a place in our prayers.

Note.—On consideration it will be seen that our PRAYER-BOOK is framed on the above principles. Observe the following different parts—(a) Confession ; (b) Praise (Psalms, Canticles, etc.) ; (c) Instruction (the Lessons and Sermon) ; (d) Petitions (following Creed) ; (e) Intercessions (following 3rd Collect.) But its leading feature is that of humbly expressed but lofty *praise* coupled with petitions for God's glory and the welfare of His Church. The Prayer Book is the manual of the Christian Army assembled on parade in honour of the Divine Commander. To ensure action which shall be proper, united and effective, each soldier is instructed as to what he is to say and do. Spirit, voice and body have each a duty to God and are expected to perform it reverently and heartily. But the outward form is valuable for what it enshrines. And the thoughtful, earnest worshipper will gradually come to perceive and 'catch' the spirit of calm, lofty and chastened devotion which lies behind the service, hidden from the formal and the unthinking. Omitting the Absolution, Morning or Evening Prayer may be said by a layman or by a woman. And particular parts of it may be profitably selected for private devotion.

THE FAITH

This is summarized in the Apostles' Creed, which is a chart indicating the chief truths contained in the Bible.

1. Do I believe in God the loving Father and Creator ?
(Mal. ii. 10.)