2,000 VANCOUVER WOMEN PLEDGE THEMSELVES TO FOOD SERVICE.

A Canadian Press despatch from Vancouver, dated June 17, says: The women of Vancouver at a mass meeting yesterday afternoon attended by nearly 2,000 pledged themselves to conform exactly to the requirements of the Canada Food Board, and to apply the food regulations governing restaurants and bakeries to their homes. Furthermore, it was "especially resolved that we discountenance all social functions which promote the consumption of wheat products, pork, sugar and fats."

SOUR AND CLAMMY BREAD. Letter Tells of Food Conditions in Paris at the Present Time.

Following is an extract from a recent letter from Paris: "As you may know, no white bread is to be bought in Paris, and I am told that in some parts of the provinces conditions are even worse-that bread of any sort is difficult to get. The quality of the bread in Paris is very poor. It is mixed with many substitutes which do not seem to respond to the yeast. It is generally sour and clammy, and has made a number of people sick. Besides no white bread, there is no cream or sugar or butter desserts of any kind except stewed, and fresh fruits served in any hotel or restaurant; and no cheese is served if the cost of the meal exceeds a dollar and twenty cents. Imagine sitting down to the early French breakfast at a hotel like the Ritz, in Paris, and being served sour war bread and this miserable French coffee which tastes like chicory and soft soap, and then being told that you could not have butter for your bread, nor sugar nor cream for your coffee."

REDUCING THE CITY WASTE. Returns are Received Weekly from Toronto and Cases Investigated.

Officials of the cities of Montreal and Toronto are now sending to the Canada Food Board weekly returns showing the amount of food stuffs destroyed in incinerator plants in these cities. Details are given, showing the class of material destroyed, amount and by whom delivered. These cases are promptly investigated and the Canada Food Board is prepared to take immediate action, wherever the loss could have been prevented. As a result of this arrangement, the amount of food destroyed in this way in Montreal and Toronto has shown a very great decrease.

"A Profiteer", says an exchange, " is a man who is more interested in getting his bite than in giving his bit".

PLEDGED TO CONSERVATION.

Toronto Synod Urges Clergy to Assist in Promoting Food Saving.

The Anglican Synod of the Diocese of Torento at its recent meeting adopted a resolution, which among other things, urged "that the clergy take a leading part in moulding public opinion so that our people everywhere will abide by and assist in the enforcement of the regulations and requests of the Government for conservation of food and for increased production and in particular that, until the reaping of the 1918 wheat harvest, greatly increased saving of wheat and wheat flour be urged upon every household as a patriotic duty, the assurance having been given that transportation will be afforded for every pound of wheat and flour saved to help to relieve the undoubted shortage overseas, and that in using such saving care be taken to emphasize this duty notwithstanding that such saving may necessarily involve trifling sacrifices as some substitutes may cost more than the wheat and flour saved."

HELPING OR HINDERING.

"This war is not, as in the past, a war merely of opposing armies, but a war of nations, and there is not to-day a man or woman in the Empire who is not doing something either to help or to hinder the winning of the war. A man of great distinction told me the other day that he estimated the weight of purely military effort at only 25 per cent of the whole, the remaining 75 per cent being. strictly speaking, of a non-military nature, and made up of many elementsagriculture, food shipping, diplomacy, etc. I think he is probably not far wrong, and when people ask me, as they sometimes do, how the war is getting on. I feel inclined to reply. 'Why ask me? Why not ask yourself and the remainder of the 75 per cent?'"-Sir William Roberson.