

Little Beauty Chats

By BLANCHE BRACON

Something New in the Way of Shampoo

To the woman who wishes to have beautiful hair I say, "Keep it clean." Hair grows slowly and dull when it is not cleaned in some manner at least once a month.

If you happen to be the maid who is convinced that both dry and wet shampoos disagree with the hair, then try not use the new hair cleanser—white of egg? As you can scarcely believe that it is well for the hair to be covered with grime for five or six months at a time, you will doubtless seize with joy upon a shampoo which is neither wet nor dry.

First, of course, you should beat the whites of two eggs until they are as stiff as stiff can be, after which you must repair to your bedroom and sit down in front of your dressing table.

Now take a handful of the white of egg and proceed to massage the scalp, rubbing with a light circular movement of the fingers. When the egg whites are exhausted, take a seat near a hot radiator and read or sew for fifteen or twenty minutes. A clean hair brush should then be applied to the hair for several minutes, by the end of which time the eggs will have disappeared, leaving the hair and scalp as clean as heart could wish. I might add, on the chance of interesting you, that the white of egg treatment will make the hair delightfully fluffy.



SHIPPING

ALMANAC FOR ST. JOHN, APRIL 23. AM. P.M. High Tide... 1.00 Low Tide... 7.48 Sun Rises... 5.30 Sun Sets... 7.14 Time used is Atlantic standard.

PORT OF ST. JOHN. Arrived Yesterday. Star Calvin Austin, 2,843, Pike, from Boston via Maine ports, J. F. Lacombe, has and gun cargo.

CANADIAN PORTS. Chatham, N. B., April 21—Arr star August, Sevald, from Hamburg. BRITISH PORTS. ... 21st—Arr star ... from ...

FOREIGN PORTS. ... London, Conn. April 22—Arr star ... from ...

HIGH MEDICAL AUTHORITY. "The Journal," the official organ of the American Medical Association, the organization of physicians of the United States, in a recent article lists a number of things the family medicine chest should always contain to be used in emergencies before a physician can arrive.

1 cs samples; Blacklock Bros., - pkg; T. McAvity & Sons, 1 box bricks; rolls sheet lead; Victoria Hotel, 1 cs whiskey; Gandy & Allison, 1 box of brick; order, 130 cs whiskey; J. O'Rogan, 175 cs whiskey; at & T. McGuire, 25 cs whiskey; A. G. Co., 382 bags sugar; Scovill Bros., 1 cs rubber coats; order, 10 cs tea; Green, 5 cs whiskey; J. B. B., 30 cs whiskey; R. Sullivan, 50 cs whiskey; D. McCall Co., 50 tons pig iron; W. H. Thomas Co., 100 bags clay; J. Ryan, 25 cs whiskey; Comaun & Sheehan, 32 cs whiskey; Foster Co., 80 cs whiskey; order, 20 cs sprites; J. Hunter White, 17 pgs effects, 388 fire clay connections; 4 casks fire clay; 10 casks; H. Dolan, 8 cts whiskey; order, 14 pgs goods; M. R. A., 5 cs; I. & E. R. Burpee, 5 steel plates; Babcock, Wilson Co., 12 pea boiler parts; Robert Bedford Co., 622 bags of coal; 5 cs mds; H. H. Schaeffer, 845 salted hides; Webster Sons, 437 bags fire clay, 80 cs whiskey; C. P. R., 3,244 pgs.

WEBSTER'S ILLUSTRATED DICTIONARY COUPON. April 23, 1913. SIX COUPONS OF CONSECUTIVE DATES. Cut out the above coupon, with five others of consecutive dates, and send them to this office, with the expense books amount hereto set opposite any style of Dictionary selected (which covers the terms of the cost of postage, express from the factory, shipping, clerk hire and other necessary EXPENSE items), and receive your choice of these three books: The \$4.00 (Like illustration in the announcements from day to day.) WEBSTER'S ILLUSTRATED DICTIONARY on back and sides, printed on Bible paper, with red edges and corners rounded; beautiful, strong, durable. Besides the general contents as described elsewhere there are maps and over 600 subjects beautifully illustrated by three-color plates, numerous subjects by monotone, 16 pages of valuable charts in two colors, and the latest Census. Present at this office SIX Consecutive Dictionary Coupons and the ... 98c

ANOTHER FREAK MARRIAGE PLAN



LILLIAN BELL BOGUE. Chicago, April 23—Married people should never live in the same house! This is the astounding theory of Lillian Bell Bogue, author and playwright, who has tried the old-fashioned way of wedlock and found it wanting. Her new articles of faith, unique enough to be interesting, require husbands and wives to have—Separate establishments, side by side or in different parts of the city. Separate telephones. Separate mail boxes, and Separate bank accounts. She believes a wife should never see her husband without a collar or without a shave, and that a husband should never see his wife with cold cream on her face, curl papers in her hair or wearing an unbecoming gown. The failure of marriage, she declares, is usually due to the fading of illusions of engagement days. While waiting to play hostess at a luncheon in her mother's home in Chicago, Mrs. Bell Bogue unraveled some of the reasons why "in her new and novel marriage creed."

DATE PUDDING. A nice eggless pudding: Soak 1/2 cup raisins overnight in cold water. When ready to use, drain, put in buttered baking dish; wash and stone pound dates, add to rice, also 1 cup sugar, a little salt and 2 quarts of milk. Bake three hours in moderate oven, stirring every 10 or 15 minutes till last half hour. Serve cold.

The Demonstrator Package. It has been specially prepared just to solve that little problem as to which of the Neilson varieties appeal to you most. It contains an assortment taken from 10 of the favorite Neilson packages—and each variety is distinctly labeled so that you may choose the particular package your fancy dictates. Neilson's Chocolates. Sold by leading Druggists and Confectioners everywhere. William Neilson Limited - Toronto

PURITY CONGRESS

Convention to Be Held in Minneapolis in November

A WORLD GATHERING

Annihilation of White Slave Traffic, Suppression of Public Vice, and Other Social, Civic and Moral Reforms Aimed At

The Seventh International Purity Congress will be held in Minneapolis, from November 7 to 12. It will be a world gathering for the annihilation of the white slave traffic, the suppression of public vice, instruction in sex hygiene, and for social, civic and moral reform. This congress is called by and will be held under the direction of the World's Purity Federation, with the cooperation of government officials, various societies organized for the social uplift, and eminent reformers and philanthropists throughout North America and foreign lands. The six great international gatherings which have preceded this congress, held since 1899 under the auspices of the federation, have been prominent factors in bringing about the present general agitation against the social evil, and in creating that high state of sentiment and intelligence on the problems resulting from public vice and contributory and allied evils which today makes the discussion of these questions possible and demands clean men and women and clean cities. The coming congress gives every promise of being far more successful than any of the gatherings which have preceded it.

Books! EVEN a good cook likes to work with "easy" ingredients. But she has learnt that all is not gold in fact that glitters in promise. Does the following look to you like a gilded promise or a truthful fact? Gold: Regal Flour makes the best quality and the utmost quantity of bread per barrel of any flour you have ever used. White, light loaves always. And pastry of melting flakiness. Substance: Unless Regal Flour proves every bit as worthy as we say, your dealer will return your money. We protect him in that. Isn't that a substantial offer? The sooner you ask for Regal the easier your bakesdays.

Minneapolis is known the world over as one of the most beautiful and enterprising of cities, and its hospitality as a "convention city" is famous. It is a principal rail road centre and possesses unsurpassed advantages in hotel and auditorium accommodations for entertaining large conventions. Our invitation to meet in Minneapolis comes from the Civic and Commerce Association, joined by Governor Elworth, Mayor Nye, and leading religious, educational, social, civic, and reform bodies, and we are assured that every possible most advanced method of dealing with vice by cities. A programme of the highest merit will be carried out, including addresses by eminent reformers and religious workers, discussions covering the various phases of our movement by recognized authorities, and possibly one or two debates touching points where there now appear to be honest differences of opinion. Ample opportunity will be given at morning sessions, and following addresses, for open discussion in which delegates may feel free to participate. Every moment will be of real and practical worth to all who are endeavoring to promote true morality. The one aim of the congress will be to give needed information and impart helpful knowledge and to formulate safe and sane constructive methods and plans of work for the individual and organizations represented. A most cordial invitation is heartily extended to religious, reform, civic, and philanthropic societies, and to all organizations laboring for the social uplift and to promote purity and eradicate vice, to send official delegates to this congress. Governors of states and provinces, mayors of cities, police departments, and other departments of government are invited to send representatives. Individuals not connected with any organizations will welcome. For further information address: World's Purity Federation, La Crosse, Wis., U. S. A.

J. Marcus Furniture. One of our BEST VALUES! Dining Chair, made of Elm, Nicely Finished and Well Grooved. Made - 98c. Large Roll Seat Rocker, Solid Oak Back, Splendid Value \$4.45. Willow Rocker, in Green, Brown or Natural - \$2.95. Open Evenings 30 DOCK STREET.

When I Studied Flour. LIKE many other women, some of the things I have used most I have known least about. Flour is one of them. When I studied flour, I was surprised to learn that only about 72% of a grain of wheat is fit to go into flour; and only about 40% goes into Rainbow Flour, which is the very best flour made. That is why it pays to remember the name of the most carefully made flour and insist on having it. I heartily recommend Rainbow as being all that a good flour should be. The great difficulty of the miller is to separate perfectly the waste particles from those that belong to good flour. If he is too zealous he takes away much of the good gluten without which flour will not raise properly. If he is careless he is not particular about leaving in some part of the five skins, the germ and the "crease dirt," and the fibre. His make of flour would be impure, bad in color and poor in keeping qualities. It is only the expert miller who can make perfect flour.

RAINBOW FLOUR. MAKES GOOD BREAD. At grocers'. In 7-lb., 14-lb., 24-lb., 49-lb. and 98-lb. bags and in barrels. Canadian Cereal and Flour Mills Limited, Toronto, Canada. Makers of Tillsen's Oats—Rainbow Flour—Star Flour.