say, every thought which passes through man's busy brainfor deeds and words are directly or indirectly but the expressions of thoughts-bears its impress on the outer world for good or evil, greater or less, according to its character, and to surrounding circumstances. Cast a stone into the river: outwards spread from the common centre, constantly enlarging circle after circle of ripples, which may approach and break on the shore at your feet, but away beyond they roll outwards until imperceptibly they are lost on the surface of the water, the effect being prolonged or shortened as the ripples are smaller or larger, the water ruffled or smooth. So it is with the thoughts and words and acts of every day life. In many instances their effects may not extend beyond the individual though even there, in the case of thoughts, they may have their wider influence through subsequent resulting thoughts or acts. There is, however, no man who cannot, from his own lifetime's experience, speak of the constant influence which each individual, even the most humble, wields for good or evil through what he says or does, and the increased means at the present day for diffusing thought, have vastly extended this influence. Let each one bear this in mind, that he has it in this way in his power to accomplish much. It does not require immediate position and power to do something for our country's service, though upon those who have these, the responsibility that rests is great. The public spirit of a few can accomplish great reforms, and what vast aims cannot be reached if we all strive, hand in hand, in the good work? Let no man say that there is not a wide sphere in which he can direct his energies; or give as a reason for apathy, that there is not room for the attainment of every one's ambition. All men, it is true, cannot reach to positions of influence, but it is equally true that no man will attain such positions who will not work hard and earnestly. But more than this. It is noteworthy that the opportunities for work are on the constant increase. Even more in a young progressive Dominion like ours, than among the older nations, do we find it true, that as the world rolls onward, and each country's resources are developed, and science and skill on every hand lend their new attainments to