

arterio capillary fibrosis with the various pathological changes so ably written of by Fothergill and others.

Gouty people drink as a rule too little water and more is essential to their well being, and if the water be alkaline, as at Banff, so much the better, for taken before meals it stimulates the secretion of the acid gastric juice as Ringer has demonstrated, thus materially aiding digestion, relieving the drowsiness, despondency and mental apathy, common to disorders of the alimentary canal. 'Banff combining as it does the climatic benefits of the mountains with the therapeutical activity of the hot springs, in a most agreeable form, seems to be the best health resort in America in the treatment of the diseases of which we have spoken.

The waters are to be taken in combined drinking and bathing courses, and we find their best effects in the following disorders: Hepatic congestion, hæmorrhoids, laryngeal, pharyngeal, and bronchial catarrh, in early lung mischief, in rheumatism and gout, cutaneous disorders and constitutional syphilis, the latter especially being benefited as many of the cow boys and other residents of this western country can testify. Mercury of course is given as usual. Space will not permit of my telling how the baths are taken, but all is done under competent medical advice. Dr. Brett, the resident physician at the "Sanitarium," having charge of this department, any further information will be given by him to those writing for it. I cannot, even at the risk of being considered prosy, omit telling of the many persons met with, who, after patronizing in vain the "Spas" of Europe, at length found relief in Canada for their chronic pains and aches. Persons were seen who had come to Banff confirmed cripples with rheumatic disorders, and, after a due trial of the thermal baths were able to throw away there now useless crutches, and depart to their homes enjoying a peace of body and mind to which they had been strangers for years. In concluding I can only state that if any of my medical confrères send patients to the mountains they may rest assured that every attention possible will be paid to them by the C.P.R. people, whose courtesy is proverbial, and that they will be benefited physically, I am most positive; if the universal satisfaction which I saw evinced on every side be any criterion.

## Reports of Societies.

### CANADIAN MEDICAL ASSOCIATION.

The 23rd annual meeting of the Canadian Medical Association was held in the Theatre of the Normal School, Toronto, Sept. 9th, 10th, and 11th. The programme was a full one, but the attendance, especially at the opening, was small. The President, Dr. James Ross, of Toronto, delivered a very interesting address, in which he fully explained the aims of the Association and its purpose. In the afternoon Dr. Prevost, of Ottawa, gave the address in medicine—an excellent one which appears in this issue of THE CANADA LANCET. The programme, which we gave in our last Number was pretty faithfully carried out.

The officers for next year are as follows:—

President—Dr. T. G. Roddick, Montreal.

General Secretary—Dr. Birkett, Montreal.

Treasurer—Dr. W. H. B. Aikins, Toronto.

Vice-Presidents—Ontario, Dr. A. H. Wright, Toronto; Quebec, Dr. S. P. Lachapelle, Montreal; New Brunswick, Dr. S. H. Coburn, Fredericton; Nova Scotia, Dr. John Stewart, Pictou; Manitoba, Dr. D. Young, Selkirk; British Columbia, Dr. E. A. Prager, Nanaimo; Prince Edward Island, Dr. Taylor, Charlottetown; North-West Territories, Dr. E. A. Kennedy, of McLeod.

Local Secretaries—Ontario, Dr. Prevost, Ottawa; Quebec, Dr. P. Robertson, St. Andrew's; New Brunswick, Dr. Bruce, St. John; Nova Scotia, Dr. A. Morrow, Halifax; Manitoba, Dr. Milroy, Portage la Prairie; British Columbia, Dr. Fagan, New Westminster; Prince Edward Island, Dr. McKay, Summerside; North-West Territories, Dr. Oliver, Medicine Hat.

Committees—Necrology—Drs. J. L. Davison, Stewart, Montreal; and Daniel, St. John.

Publication—Drs. Sheard and A. H. Wright, Toronto; George Ross, Campbell, Desrosiers, Fortrie, Montreal; A. Morrow, Halifax; Pennefather, Winnipeg.

Ethics—The President, Secretary, and eight vice-presidents.

Arrangements—Drs. Bell, Roger, Lachapelle, Desjardins, Lamarche, and Shepherd, with power to add to their number.

Climatology—Drs. Oldright, Toronto; McGuinness, Edmonton; D. A. Campbell, Halifax.

Auditors—Drs. T. A. Rogers, Montreal, and A. A. Macdonald, Toronto.

Education and Literature—Drs. I. H. Cameron, Toronto; Chown, Winnipeg; Shepherd, Montreal.