

the food of unstimulating character, the disease was low, as in Sardinia, 1.9; in Sicily, 2.8; in Calabria, 2.4; in Southern Spain, the same; in Northern Africa, almost none. Open-air life; frugality in living, and little animal food, greatly lessened the frequency of the disease.

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DIPSOMANIA TREATED BY HYPNOTISM.—Dr. J. Milne Bramwell (*Quarterly Journal of Inebriety*, July, 1900), relates his experience in this method of treatment. He claims to have had good results. The main points to be observed are that the patient must be willing to be cured. In chronic cases there may be much difficulty in gaining the patient's assent to treatment and cure. The susceptibility to hypnotism varies, all yield in time, except idiots and some insane cases. Treatment ought to commence at the beginning of a period of quiescence. When stimulants are used continuously, these patients should be encouraged to lessen as much as possible. Before suggestion has taken effect, these patients should always have some reliable person with them. They often relapse, but the treatment must be continued. The distaste for alcohol, as well as the abolition of the craving, must be suggested—the will must be strengthened by suggestion.

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ANNUAL MEETING OF TRAINED NURSES.—The graduates of the Toronto General Hospital held their annual meeting on October 16th at the Temple Cafe. Representatives were present from Guelph, Stratford, Hamilton and St. Catharines. Miss Snively, Superintendent of the Training School of Nurses in the Toronto General Hospital, presided. After luncheon the business of the society was discussed and reports were presented by the secretary and treasurer. The attention of the alumni was devoted to the discussion of two important matters. During the past fifteen years 347 nurses have graduated from the Training School, and they are now most desirous of having in the city of Toronto a home for nurses. It is desirable that this home be open to all general nurses, who will have a place of rest and retirement, congenial society, and the enjoyment of intercourse with kindred spirits. Another project discussed was the formation of a sick benefit association. In connection with this association, it is intended that there shall be a bed endowed either in the General Hospital or in the proposed home. Both matters met with the fullest approval of the alumni, and steps will be taken during the coming year to secure some tangible result of the deliberations.