

sents the natural order of things. If, on the other hand, the disposal of carbohydrate by the exercise of protoplasmic power should not be properly effected, if, in other words, the circumstances should be such as to lead to the faulty accomplishment of protoplasmic action; or if, even with a natural state existing as far as the system is concerned, it should happen that the function is unduly taxed by the ingestion of an exceptionally large amount of carbohydrate in a readily absorbable form, especially at a period of fasting, sugar will be permitted to reach the general circulation, and in proportion as this occurs sugar will be found in the urine.

The process of transmutation into the lower state of hydration is exemplified by the production of glycogen in the liver. Carbohydrate which escapes being transformed into fat or synthesized into proteid passes on to the liver, and here, according to the evidence presented, it may be looked upon as undergoing in the first instance the change of state referred to. It is well known to physiologists that the liver becomes charged with glycogen in proportion to the largeness of supply of carbohydrate with the food. Possessing the colloidal property that belongs to it, it forms a serviceable storage-material, which, placed in the position it is, is favorably situated for being gradually utilized by transformation into fat, and possibly synthesis into proteid. That it should be destined to come back into sugar to be discharged into the general circulation and conveyed as such to the tissues for oxidation is incompatible with the condition in which healthy urine is found.

It was a subject of dispute in former times whether animals possessed the power of forming fat from carbohydrate. The matter is not now open to question. The power, indeed, is largely turned to account by those engaged in husbandry for the fattening of animals for the table. In the practice of our own profession if we want to reduce obesity we advise the restriction of carbohydrate articles of food, and conversely we recommend that they should be freely taken if we wish to fatten. For many years the state of the lacteals of the rabbit after a meal of oats has been fixed on my mind. Formerly it stood unintelligibly before me, but now I think the meaning is to be read off. It is common knowledge that after fatty food the lacteals, of the dog, for instance, are to be found conspicuously injected with milky chyle. In the rabbit, when in a vigorous but not when in a poor or sickly state, fed on oats and taken at the proper time afterward, I have seen the lacteals about as fully injected with milky chyle as in the dog after fatty food. Oats in their dry state contain about 5 per cent. of fat, which I am convinced upon full consideration of the matter is altogether inadequate to account for what is observed. The extent to which the villi under the circumstances are charged with fat-globules I have represented by photo engravings from microphotographs in my work on "The Physiology of the Carbohydrates." It is admitted that animals are fat-producers from carbohydrate, and with its production in the villi it reaches the system and subsequently passes on in precisely the same way as fat derived from without. In the one case we have to deal with fat emanating from a ready-formed supply, and in the other with fat formed by the protoplasmic agency of the cells of the villi, for it is not for a moment contended that what occurs is of the nature of a