CHRISTIAN ENDEAVOR.

RE more completely we keep in sight the simple, grand, first principles of our society, the better. By day and night, working and resting, remember that as Endeavorers we are pledged to live "For Christ and the Church,"-"For Christ in the Church,"-"For Christ through the Church."

"For Christ." This means that my work, no matter what it be, is to be done in such a way as will honor Christ; that my recreations and amusements are to be of such a character as will leave me better fitted in body, mind, and spirit for Christ's service, and such as will tend to draw others to Him, and that my worship is to be engaged in, when and where and how, will best glorify Him, even if it do not best please myself. What a grand life! No doing of wrong work, even though profitable; no slighting of work when I am not watched; no sharing in questionable amusements: no running around from place to place of worship, even though I might fancy doing so. Nothing but "whether ye eat or drink, or whatsoever ye do, doing all to the glory of God." Blessed, joyous life!

"For the Church." This is the other half of the Siamese twin motto. It means belonging to a particular church, being in my place in that church when possible, helping that church by my giving and prayers; getting others who may have no church connection to attend that church; speaking well of that church and trying to make it better, helping the minister and elders and not criticizing them. What glad ministers and prosperous churches, and what a triumphant Christ. the million and a half of Christian Endeavorers would make if every one of them would but live the motto to which the society is pledged.

The Ontario The fifth convention of the Ontario Union. Christian Endeavor Union, held in St. Catharines, October 10-12, was large, representative, practical and helpful. Among the prominent speakers were Secretary Baer, of the United Society of Christian Endeavor: Mrs. Scudder, the well-known "Junior" worker; Rev. Dr. Carman, superintendent of the Methodist Church; Judge Senkler, of St. Catharines; Rev. A. P. McDiarmid, of the Baptist Missionary Society; Rev. J. McP. Scott and Mr. G. Tower Ferguson, of Toronto, and many others. The conferences on different branches of the work were specially interesting, and it was quite evident that the Presbyterian societies, which head the list numerically, are also second to none in efficiency and in aggressive work, especially in their missionary endeavors. A most hopeful advance was reported all through the province in regard to missionary, temperance, and other lines of active work. Our "denominational rally" was large and enthusiastic; Rev. J. G. Shearer, of Hamilton, was in the chair, and led the discussions, which were largely confined to missions and to the relation of the societies to the Church. A general desire was expressed for more information regarding the missionary work of our Church suitable for the purpose of increasing the young people's interest in this great

The new president of the Union is Rev. Canon Richardson, of London, who has done much to spread the C. E. movement in the Episcopal Church, and he is surrounded by a strong executive.-Com.

RALLY TO YOUR PASTOR. BY REV. JOHN NASON.

By efforts made to win souls to Christ. By showing spiritual growth as the result of his labors.

By illustrating in practice the truth of his preaching.

By being always ready to assist in the work of the church, when possible, as he may indicate.

By being present at all the regular services of the church, when possible.

By being ready to speak or pray in prayermeetings.

By attending the Sabbath-school, and doing what lies in your power to aid this department of Christian work.

By speaking well of him in the presence of others.

By opposing anything which would tend to weaken his influence as a Christian minister, or as a pastor.

By not hastily criticising what he does, without any knowledge that his motive is wrong.

By remembering that he has your best interests at heart, and is grieved to see any shortcomings on the part of his people.

By remembering that when he speaks the truth, it is in love; and that, whenever the truth penetrates the conscience to hurt, "faithful are the woulde of a friend." the wounds of a friend.

By casting no reproach upon the church and the cause of Christ by any careless and wrong word or act.

By freely seeking his counsel when in need of spiritual help.

By offering him any kindly suggestion which, if carried out, will increase his faithfulness and efficiency as a servant of God.

By letting him know, by word and act, that he has your confidence.

By supporting him in any enterprise which he may advance for the good of the church.

By being filled with love for one another.

By occasionally giving him a word of encouragement.

By being social; especially by being mindful of strangers who may come to your meeting.

By keeping the Christian Endeavor pledge.-Golden Rule.